



HELLO  
GOODBYE







## SUMMER

June  
July  
August **08**  
Baseball **10**  
Softball **14**

## FALL

September **18**  
October **26**  
Boys' XC **28**  
November **38**  
Football **40**  
Boys' Golf **50**  
Girls' Swimming **52**  
Volleyball **56**  
Girls' XC **58**

## WINTER

December **62**  
Boys' Basketball **66**  
Wrestling **72**  
January **76**  
Bowling **78**  
Hockey **90**  
February **92**  
Girls' Basketball **96**

## SPRING

March **104**  
Girls' Golf **112**  
April **122**  
Boys' Tennis **134**  
Boys' Track **136**  
May **140**  
Boys' Soccer **142**  
Girls' Tennis **144**  
Girls' Soccer **148**  
Girls' Track **150**  
Boys' Swimming **154**







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ENROLLMENT 1,309

# HELLO

# GOODBYE











# HELLO GOODBYE

**180 days. the countdown begins.**

events pass daily without us really noticing. they seem insignificant compared to the daily drama of what are our lives. the last first day of school. the last pep rally of the year. the last time cheering for the football team senior year. these are things that happen every year to everybody. they are special because once you say goodbye, there's no going back. however, with every goodbye there's a hello, a new experience. the first time driving without your parents. the first college application you fill out. the first study cram-session of the year. looking back at the end, what will you remember about the beginning?

photo faisal alabsi | www.monika.sehic









# SIZZLIN' SUMMER

summer. three months. june. july. august.

we live for those long, lazy days filled with nothing but our own expectations. whether we were getting muddy at the big country bash at the blank park zoo or taking a dip at sandpiper, it was summer of what you wanted to do...or maybe not. fifa dominated june and soccer fanatics raved when spain won over the netherlands . july saw hundreds of bikers tread over iowa's tranquil terrain while ragbrai went on during the day, while bonfires illuminated the night. at the same time, senior megan campbell worked away at saylerville lake marina and sophomore chelsea reese scooped up creamy masterpieces at the beloved local ice cream shoppe, van dee's. august came with onslaught of rain, causing small delays in the frustrating construction of 86th st. in johnston and urbandale. in august, we witnessed the end of the h1n1 influenza pandemic, which had caused hysteria for months. goodbye summer, hello fall.

photo and words by monika sehic



**nick miller:**  
libertarian, social, economic pragmatist

debate, go." Those two simple words inspired dozens of Nick Miller's friends on Facebook to explore the core of their beliefs and who they are as people.

Miller's debate topics on Facebook started in the spring of 2010. His psychology teacher, Jason Jauron, suggested that after class they go home that night and bring up abortion at dinner with their parents. "It wasn't deliberate," Jauron said. In his class, Jauron had talked about confirmation bias, the idea that people favor information that confirms their preconceptions whether or not it's true.

"I have relatives on Facebook and I just wanted to see what my friends thought," Miller said. "Part of the debates is to just get a reaction."

The debate topics range from abortion to religion to gay rights. "Sometimes I'll just see who's online before I post it," Miller said. "The other part [of the debates] is to see what Johnston, IA, looks like. Our parents won't be making our country's decisions forever."

Miller gets a lot of his ideas from current events, especially from the news. "I like to watch Fox News," Miller said. "I usually end up yelling at the television. If I choose to marry a man, that shouldn't be [the government's] business. If someone chooses to have an abortion, I think that's her decision."

What happens if Miller doesn't agree with the responses? "I think everyone has a right to say what they think," he said. "But as soon as they insult me or my friends for what they think, it's not acceptable. I hope America will have mature debates and not be polarized as things are today."

Miller's ultimate goal and influenced for the debates focus on one thing: peace. "I suppose I was originally influence by the thought that everyone can live together in peace," he said. "The government should take care of its people. I hope that after one of my debates, everyone, both left and right, could quote one of my favorite Bob Dylan songs, 'My Back Pages.' "Ah, but I was so much older than/I am younger than that now."

print and photo by mandie whic



hello, my name is...



**Emily Mentzer**

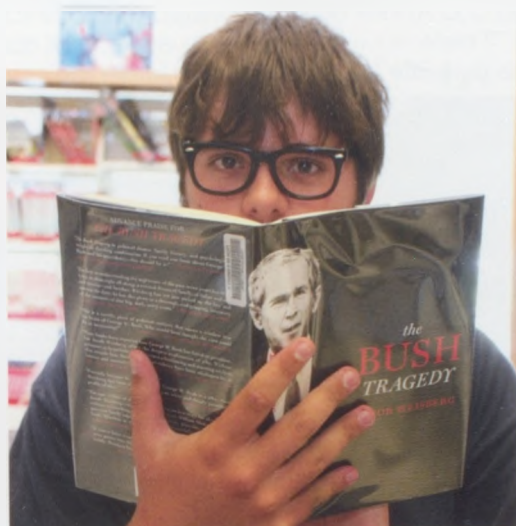
age 18 | des moines, iowa  
> Around kindergarten or first grade I used to be obsessed with "Grease". I used to wear black tights and leotard like Sandy at the end of the movie. She had a hairstyle where her hair was pulled back, but I couldn't do that to my hair. So I would sit in the bathroom and try to figure it out by looking at one of my plastic dolls who had hair like that and try to imitate it.



**Elli Grapp**

age 17 | waterloo, iowa  
> I used to own a hedgehog as a pet. I drove to Illinois because that's the closest place that sold them. After a month, I got really sick of it because I couldn't hold it because it was so sharp. Before I bought it I thought I could tape over its body so it wouldn't poke me, but it still did.





People seem to have their minds made up, no matter what other evidence comes up.



**zach vanderploeg**

age 17 | des moines, iowa

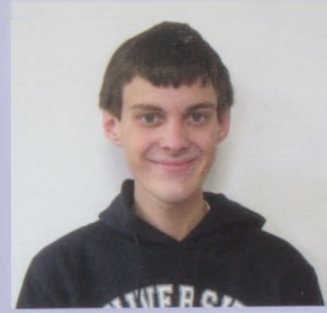
>One day I saw squirrels outside and I went and set up old raccoon traps outside. I wanted to catch a squirrel. The next day I was gone, but the ARL showed up at my house because a neighbor had reported it and told on me. I didn't get into legal trouble, but they stole my squirrel and my trap. I was pretty mad.



**Brenna Robinson**

age 15 | des moines, iowa

> I was in second grade and my sister Jordin and I were playing in the addition construction area of our house. We were playing hide and go seek with a stuffed animal and [the animal] was behind pieces of drywall. Jordin decided to push the drywall over and it crushed my legs. After, I went to the hospital, but nothing was broken. Looking back, it hurt then, but there was no long term damage. And I still love my sister.



**Alex Thomas**

age 17 | des moines, iowa

>I'm a workaholic. I had 4 jobs last year and I worked 3 at the same time. I started at Pagliai's, detasseled for the summer, and then worked at Sears and Hollister for the Christmas season. You might ask why I work so much and I would tell you it's my passion. My goal was to go to Italy and I met that goal and now I really don't have a goal besides the fact that I enjoy working.



**Alexa Anderson**

age 15 | omaha, nebraska

>I used to do karate. I did it for three years. My parents wanted me to know self-defense in case anything happened. I lived in Omaha and it was a bigger city and weird things happen. I got to the blue belt level, which is the fifth belt. I quit, but I still remember some of it. If somebody tried to do anything to me, I could probably defend myself more than if I hadn't taken karate.

\*People chosen at random



Flinging back his green card, senior Matt DeFrancisco plays Uno with friends at junior Ellie Minor's house. "We were really bored that day so we found Uno Attack and played" DeFrancisco said. "I believe I won."

photo by katie lashier



As senior Emily Bisenius waits for her food at local restaurant Stella's Blue Sky Diner, she passes time by coloring on the children's menu. Bisenius and her friends had visited the Botanical Center and got hair cuts earlier that day.

photo by jordin robinson



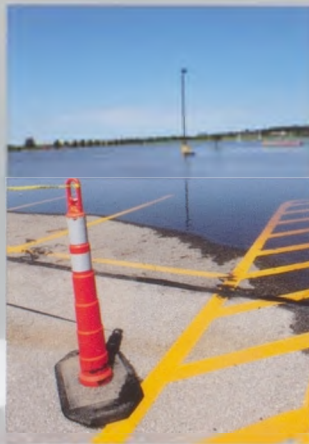
Making a shirt for fun, junior Brandi Jansen outlines "Twinki" on the back of her t-shirt with masking tape. "We named our t-shirts and acted like they were on a play date because they looked like small people," junior Lisa Friesth said. Friesth also made a shirt, named "Cookie," along with junior Taylor Mithelman who named her shirt "Cupcake."

photo by lisa friesth



Due to flash flooding (some areas received up to seven inches) the high school parking lot drains overflowed. The deluge of water happened Aug. 11 and extended into the practice soccer fields.

photo by monika sehic



Igniting her sparkler, senior Kelly McGowan uses her buddy's flame to spark her own. McGowan got together with some friends to celebrate the Fourth of July. "We did some long boarding and played with fire; I'd call that a good day," McGowan said.

photo by jordin robinson

“hey!

(Flooding) happened like twice in my basement and there were a couple inches of standing water. We had to take all the carpet out. And one night Emma Vanhouten and I were up at 1 AM with my dad and for about an hour we had to take buckets of water outside from the sump pump.

bye!”

Taylor Anderson

Junior



Participating as junior counselor at Camp Hantesa, senior Josh DeLanoit runs around the totem pole in Indian garb for a video project. Camp Hantesa was in Boone, IA, and the program's purpose was to create "caring, confident youth and future leaders," according to the organization's website.

# Deluge Dilemma



PHOTO BY KRISTINE HAUSER

## Personal account of summer flooding causes concerns

As the wind was violently blowing and the rain was coming down hard in Johnston, senior Logan Moe and his sister, sophomore Emily were enjoying a nice, week-long vacation in Colorado. What their family didn't know was that the floor of their basement was slowly being covered with water, soaking everything in its path.

When the Moe's got home, Logan and Emily's mom, Karen, went down to the basement to do the laundry. She ran back upstairs saying, "Oh my gosh, come help me." Emily and Logan ran to the basement to see what their mom was flustered about. When they got downstairs they saw almost everything destroyed under an inch of water. "My first thought was 'Oh crap, what are we going to do with all of our stuff that got ruined? How are we going to sort through everything?'" Emily said.

"I first thought we were going have to pick up a lot of crap and that was not going to be fun," Logan said.

Emily saw that her trophies were destroyed was her trophies. "When I saw my trophies I had a flashback to when I got them. Those were memories that I have," she said. She was very discouraged that she had to throw her trophies away, along with other sentimental things.

"I had some clothes down there that were ruined that I would have liked to keep," said Logan, "It was frustrating because the flooding could have been prevented. It kind of ruined the vacation because we got home in a good mood then we were disappointed by our basement."

The Moe's reluctantly started to clean the mess. Their basement was unfinished, which made the clean up easier, but they had to tear

out all of the carpet. "Some of our friends came to help us clean the basement," Emily said. "It was good to know that we have friends that would help us even though it was a crappy job," Logan said.

"We had three groups of stuff," Moe said, "things to keep, things to give to Goodwill, and things to throw out. Most of the stuff was is the trash pile. The pile that had the second to most stuff was the keep pile," Emily said.

"It was a relief when we were done cleaning up because it meant I didn't have to go to the basement anymore." When the Moe's were done with all the cleaning up they put everything they were keeping into plastic buckets in case this unfortunate event ever happened again.



marshalltown

4-5

valley

4-11

mason city

0-11/0-4

boone

13-0

lewis central

7-10

roosevelt

8-7/1-4

ankeney

8-4/0-10

east

3-11/3-2

ottumwa

4-1/0-4

dowling catholic

0-10/1-6

urbandale

2-3/1-5

s.e. polk

7-8/2-12

fort dodge

4-6/5-14

ankeney

15-11/1-2

indianola

8-7/8-4

dowling catholic

7-17/5-15

urbandale

9-1/5-6

carlisle

0-2

waterloo west

1-3

s.e. polk

2-4/7-5

indianola

3-4/12-2

dm lincoln

4-10

state playoffs

dm roosevelt

9-2

ankeney

3-4

all conference teams

second team

j.j. amick

michael kinning

honorable mention

cody brenner

mitch bruckshaw

blake hartsook

riley johnson

jordan ross



1



2



4



5



1. Winding up for a pitch, junior Ryan Stapes attempts to throw a strike against his opponent. "I enjoyed pitching. It was a good experience and it's something that I want to do," Stapes said. photo by kofi manteaw. 2. Scooping the ball out of the dirt, senior Alec Recker misses the tag of a S.E. Polk player. photo by kofi manteaw. 3. Sophomore Jon Hankins draws the walk in the sophomore game against S.E. Polk. The game was played at the Johnston Little League fields because the high school's outfield flooded from heavy rain. photo by kofi manteaw. 4. Rounding third off a base hit, junior Cameron Biondi makes the banana turn and tries to score. photo by kofi manteaw. 5. Following through his pitching motion, senior Blake Hartsook balances himself out. Hartsook had an ERA (earned runs allowed) of 2.30 with 15 strikeouts. photo by kofi manteaw





>> Sliding into third base to avoid a tag from S.E. Polk's Brock Daniels, senior J.J. Amick ends up being safe. The team always slid to the opposite side of the base to make a disadvantage for the defensive players. Amick had an on base percentage of .383 with two stolen bases. photo by kofi matnteuw

# Elephant stomps team in playoffs

## New mascot brings team unity at the end of the season

After losing the first game of a doubleheader against East, coach Bret Posegate decided to change the lineup for the second game. He felt he needed to do something to kick start a season that had not gone as planned for the first 11 games.

This gave senior Kevin Johnson his first varsity start. Johnson delivered. He went two for two at the plate with a walk. In the bottom of the sixth inning, he scored the go-ahead run making the score 3-2. In the seventh, playing right field, he knew what to do if the ball came to him. "I knew if I got the ball I would go home because they're going to try to score," Johnson said. With one out, the fly ball went to right — caught. Two outs. With the runner tagged up on third, East tried to push the run in. Johnson threw the ball to home and junior Cory Stapes made the tag and got the third out. Inning over. Johnston pulled off the win and splits with East.

The second East game was a highlight in a season that had potential, but did not materialize. While the season did not go as planned, team members were compatible. To make games more memorable, they invited a new player to the team. Jobu was the new team mascot, based off of a character from the movie "Major League Two," a small black elephant that seniors J.J. Amick and Kirby Singleton brought to the team. "I didn't know how the boys were going to react to him, but they all thought he was pretty cool," Amick said.

The team took him to every game and had fun playing hide and seek with him in the dugout. "We would hide it from each other, and then we would have someone try to find him," junior Mitch Bruckshaw said. "It was something fun to do while the game was going on."

When they took Jobu to the state playoff game, he became a legend when they won the game. "Jobu was a saint," junior D.J. Swift said. "He will never be forgotten." He turned into something that was more of a lucky thing instead of a mascot.

Once the season was over, Amick and Singleton buried him where he had started: the home field. The two boys wanted to keep his burial a secret so he was special to their season only. "I didn't even know that they buried him," Bruckshaw said. "I thought they still had him and took him with them."

With the season over, digging their hands in the ground, Amick and Singleton buried him, so he could bring luck for upcoming seasons. "That's something between me and another player, I can't tell anyone where he is," Amick said.

## What's up BARTA?

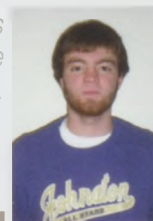
*"Coach Barta helped me keep a positive attitude and stop saying 'can't' all the time. He also helped me a lot with pitching."*



*"He always said the saying, 'you bet' a lot. He just acts like a little kid"*



*"Barta is a great coach. He knows what he is talking about, and he understands a lot of his players."*



print by erica white



michael kinning

caring, animal lover, positive

When most people hear the name Michael Kinning, they think of basketballs, footballs and baseballs. However, the sophomore also surrounds himself with pets — currently two cats, Rose and Molly, and a dog, Buck.

Kinning's hidden side is one of an animal lover. Throughout his life he has owned three previous cats, two lizards, one mouse, and various goldfish. "Animals are just fun to play around with," Kinning said.

The Kinnings acquired Rose at the Johnston baseball fields. Kinning came across a small, gray kitten with scratches all down her neck looking lost and helpless with no collar. "My dad and I just took her home, but my mom said that we could only keep her if we put up signs and called around." When no one claimed her, his parents said he could keep her. He named her after baseball player Pete Rose because she was found at the baseball fields. Rose is Kinning's favorite cat of all the ones he has owned because he found her.

Dolley, who passed away three years ago, had a story similar to Rose's. Kinning's parents, Micki and Joe, found her while driving along the interstate. The family pulled over and decided to take her home.

Although Kinning loves his dog, his love for cats is the most dominant in all of the pets he has had throughout his life. "Dogs are too hyper sometimes and cats just sit there and relax," said Kinning who enjoys how Rose will simply hang out and be laid back with him. With the previous cats in their family they thought they should add a non-feline to their crew of cats.

Usually, the Kinnings acquire pets from shelters. Buck came from the Animal Rescue League, as did other previous cats. "We'd rather get one that is in need of a home rather than [one at] a pet store," Kinning said.

When the family decides to have a new member of their family, they don't do it for themselves, but to help out a dog or cat with out a home. Although this athlete comes off as a sports-minded sophomore, he also enjoys his cats and dogs just as much as he loves sports. Sitting in a lawn-chair in his backyard cuddling with Rose, it is easy to see his love of animals.

print and photo by ellie minor



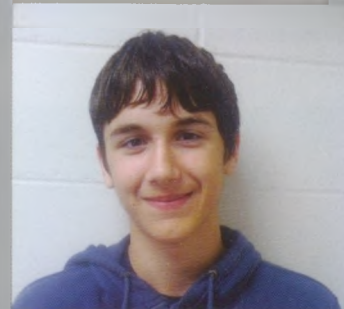
hello, my name is...



**Emma Gowey**

age 17 | johnston, ia

> "I've been watching 'Grey's Anatomy' ever since it came out about five years ago. I've seen all seasons more than once and pretty much have the first three memorized. The show is so interesting with all the drama and the hook ups!"



**Ammar Pasalic**

age 15 | dresten, germany

> "I went to Europe in fifth grade with my family. My favorite place was Italy because the temperature was so nice and we were surrounded by water so we got to swim in Venice. We started our trip by driving to Chicago then a 13-hour flight, we also had to drive all over Europe, it was definitely worth all the traveling."





There's nothing wrong with a kitty poster, I'm not ashamed to have one in my room at all!



**Justin Blackburn**

age 17 | oskaloosa, ia

> "I'm a huge Pittsburgh Pirates fan and I've been to about three or four games with my family. My favorite memory about the team is going to my first game there and seeing the stadium for the first time, it was so nice and cool and seemed so big to me, I'll never forget that."



**Cole Giudicessi**

age 17 | des moines, ia

> "I've been writing and recording music in my basement studio for about three years now. My band and I use it to practice or make our own recording or write new stuff. Without my house we really wouldn't have a place to go and make all of our music. I love being able to turn an idea or an emotion into something real."



**Amanda Soda**

age 17 | des moines, ia

> "When I was younger, around the age of four, I was a model for an ad in 'Better Homes and Gardens.' The advertisement was about children and music. I'm not quite sure how I got into modeling but I had an agent that got me into all my shoots. I made about \$175."



**Chelsea Elming**

age 17 | highland park, il

> "I have annual Harry Potter parties with (junior) Maddie Kremer. We watch all of the movies and dress up in Harry Potter costumes and play Harry Potter Scene It! My favorite memory about our parties is when we were little and mixed "potions" out of gatorade and then drank them. I don't remember if they tasted good but I know that we had a blast making them!"



mason city  
4-5/9-1  
waukee  
7-2  
fort madison  
9-1  
fort dodge  
12-1

ankeny  
4-2/1-12  
dsm east  
2-3  
solon  
9-1

maquoketa  
1-2

urbandale  
11-0/4-2

dowling  
7-3/0-5

s.e. polk  
1-2/4-5

linn-mar  
11-1

cedar rapids xavier  
3-2

solon  
6-0

dsm lincoln  
6-5

indianola  
3-0/9-4

waukee  
7-6/2-3

ankeny  
1-0/1-2

dowling  
1-2/3-9

urbandale  
3-0/4-3

chariton  
9-7/0-12

boone  
8-0

indianola  
1-0/12-0

s.e. polk  
1-2/3-7

state playoffs

roosevelt  
10-0

dowling  
3-8

all conference teams

first team

abbey wilmes

cassie curtis

jordan sandquist

second team

bailey wilmes

honorable mention

sammie hildreth

madison thompson

kayla ross

erica white

katie newbury

lauren goodale



1. Winding up, sophomore Abbey Wilmes prepares to pitch the ball during the varsity game against S.E. Polk. Wilmes made 26 pitching appearances, pitching a total of 134 innings throughout the season. *photo by kofi manteaw* 2. Sliding into second, eighth-grader Stanzi Synder makes it safe on base. Synder was pulled up to run bases during varsity games due to her speed. *photo by kofi manteaw* 3. Sophomore Maddie Kleve sprints through second base. "The drills we do at practice help to prepare us for offensive and defensive situations that may occur in a game," Kleve said. *photo by kofi manteaw* 4. Senior Cassie Curtis slides into third base in a game against Urbandale. The team won this double-header against the Jayhawks on July 1. Curtis started 34 of the 36 varsity games she played in. *photo by faisal alabsi* 5. Warming up their throwing arms, senior Jordan Sandquist, sophomore Sammie Hildreth, and senior Cassie Curtis do wrist flips before playing against S.E. Polk. Every team member went through this warm up before each game. *photo by morgan riessen*







>> Sliding into home, sophomore Claire Nichols scores a run during the junior varsity game against S.E. Polk. "From the minute, we started playing we knew it was going to be a tough game," Nichols said. "Johnston was not the victor, but believe me when I say, Johnston softball is ready for another game against S.E. Polk." photo by helen lagerblade

# MIRACLES ON HOME PLATE

## Team volunteers with Miracle League to make a difference

Despite a 23-14 season and dealing with the upset of missing the chance to qualify for state, the softball team spent some time giving back to the community. Members of the team volunteered to help with the Miracle League, an organization that let kids with a mental or physical disability play a game of baseball.

Senior Lauren Goodale introduced the team to this opportunity. Goodale's mother knew Jan Burch and her husband, who started the Miracle League in Des Moines. "I knew this was something we had to do," Goodale said. "How could you pass up the opportunity to help kids who can't do the thing you love to do?" Goodale and thirteen other team members decided to travel downtown by Principal Park during the spring season to volunteer. Once there, they were paired up with a buddy for the game.

The Miracle League field was made up of all rubber material with painted-on bases. It was specially designed so kids in wheelchairs could easily move and visually impaired kids didn't have any barriers to worry about tripping on. The game was also different than normal in that there were only two innings, everyone batted, everyone scored, no one got out and the game ended in a tie.

Some team members had some hesitation about working at the Miracle League. "At first I was a little nervous because I've never really been around handicapped children or kids with special needs, but they were easy to get used to," junior Sammi Trail said. "They loved to laugh and have fun just like us."

In their state playoff game against Dowling, the team struggled with a tied-up score of 3-3. Dowling scored five runs by errors and the girls did not respond with any runs, losing the game 3-8. Working at the Miracle League had a positive impact on the team members while dealing with this upset. "I think it helped the team realize that the incredibly competitive game that we play and get so worked up about really isn't that big of a deal," sophomore Emily McDowell said. "All that matters is to have fun and enjoy what you are able to do because there are kids out there who would love to be in your position."

Overall, the team members enjoyed making a difference in the community. "The atmosphere at Miracle League games is different, kids are cheering for each other, absolutely thrilled to be playing even if they aren't the strongest or fastest one out there, and if you look in the bleachers there's nothing but smiles," Goodale said. "The smiles, laughter, and confidence that comes out of these kids after a Miracle League game is truly a miracle."

spread by lisa friesth

## HELLO NEW ASSISTANT COACH

"She (Destiny Willer) was full of energy, knew when to be tough on us and was there as a friend. I am looking forward to having her be my assistant for the next two years."

katie newbury



"We feel like she is a part of the team most of the time. We can always go to her for anything. When it comes to softball she's very competitive and wants all of us to do our very best."

bailey wilmes



"She gets very excited and worked up before big games which in turn gets us pumped up. When we aren't pushing ourselves as much as we can she makes sure we know we can do better."

destiny willer









A photograph of a grassy field with trees in the background and a white object in the foreground. The trees have some autumn-colored leaves, and the sky is clear blue. A tall light pole is visible in the distance. The foreground shows a white, rounded object, possibly a piece of trash or a sculpture, partially buried in the grass.

# FREAKY FALL

**fall. 3 months. september. october. november.**

as green turned to gold and hot humidity became chilly winds, we experienced the start of school. we no longer could sleep in until noon, 7:55 a.m. reared its ugly head. government service projects began with new criteria to meet. toilet paper hung from trees in celebration of our school's intense spirit during homecoming. our eyes were glued to the t.v. watching the news unfold concerning the 33 miners that were trapped in copiapó, chile in october about 5,391 miles away. our lives continued on minute-to-minute, day-to-day. junior rj mcgrew took his ACTs. senior lexi reicks celebrated her birthday. all these moments ran into one another good bye fall, hello winter.

photo and words by monika sehla



Juniors John Timmons, Brandon Korkow and Eric Bass enjoy a game of Mario Party on Gamecube at Korkow's house. Korkow won the game while Timmons came in second place.

photo by ellie minor



Grabbing a delicious breadstick, seniors Jessica Mozga and Sarah Cleveland attend a volleyball pasta dinner at senior Kerrigan Crotts house. "Pasta dinner gave the whole JV and varsity a chance to talk and hangout outside of practice and game plus the food was always super good," Mozga said.

photo by monika sehic



Carving out a face on her pumpkin, senior Geena Pilcher celebrates the beginning of fall. "Every year my family and I carve pumpkins early, kinda to get ready for not just Halloween but just in fall in general," Pilcher said.

photo by meredith batz



Junior Scott Syroka and seniors Dirk Opland and Erik Anderson look through their 2010 yearbook "Two Cents Worth" at a local coffee shop, Rich's Brew. "I really enjoy looking at the funny quotes people have said in the past year," Anderson said.

photo by falsal alabsi



Sophomore Joe Buising observes "The Nomad" in the downtown Pappa John Sculpture Park. After Buising and his partner, sophomore Megan Manteaw finished their assignment for photo art, they goofed around by taking pictures of each other.

photo by kofi manteaw

hey!

I loved the haunted house because you could definitely tell a lot of work went into it. I think more people should have gone to it because it was the last year. It was actually pretty freaky and extremely creative.

bye!

Hannah Thayer  
junior



# Eerie Farewell

Senior Dane Van Brocklin works on his electric fence for the haunted house. "It was a long, fun process, designing, inventing, and finally executing to scare the crap outta people," Van Brocklin said.



PHOTO BY PAIGE PLASKITT

## Senior Dane Van Brocklin says good-bye to a haunted tradition

Looking through "how-to" haunted house Web sites, senior Dane Van Brocklin searches for new spine-chilling ideas for his last haunted house. Van Brocklin has created a haunted house for the past 10 years at his house in Madrid.

A lot of things go into a haunted house especially the creative side. "I really loved how the cage room turned out, and the crystal ball," Van Brocklin said.

Making your house look different is another story. The team wanted to make visitors have that initial scare when they walked through. "I feel that our haunted house, after looking and being apart of other houses in the area, focused a lot more on detail of rooms, and then building of characters," Van Brocklin said.

In addition to the professional acting that was brought into the house, "what really set our house apart from others was that ours was free of charge," senior Thomas Winkelman said.

They even went the extra mile and paid extra attention to details. Instead of having kids from school that students might recognize, they hired kids from Waukee, actors and actresses from the Altoona Community Theater and an actor from the Des Moines Playhouse. This not only gave their guests an even greater show but made it more believable. "There was one girl I was able to chase every time I came up to her, and I chased her once for a good 100 yards," Van Brocklin said.

While Van Brocklin was outside terrifying guests Winkelman was inside creeping on

vistors.

Funding the house was one of the many aspects that made the house come alive, "Mostly through our own pockets, there were some donations this year, and t-shirts that we tried to sell, but in the end our donations only covered a small part of what we've put into this every year," Van Brocklin said.

Being Van Brocklin's senior year means the house will come to an end. "It's going to be hard to give up the theatrical design of turning our family and friends into monsters, and the feeling of doing something successful with my best friends."



Juniors Maren Monson, Kailey Kerr, Lauren Skartvedt, and Meghan Wymore get pumped before the powderpuff game. Sophomores lost to the juniors, who were then defeated by the seniors.

photo by katie holcomb

Sophomores Michael Kinning, Madisen Quick, seniors Matt DeFransisco, Katie Lashier, Tim Gates, Janelle Galang, King Faisal Alabsi, Queen Amber Clock, Matt Probst, Alexa Probst, Owen Ballard, Katelyn Fritcher, juniors Scott Syroka, and Molly Thuente, pose with their eyes closed. The Homecoming Court wanted to make it look like they all blinked.

photo by helen lagerblade



Focusing on her work, senior Kerrigan Crofts finishes the "T" in Student Council. Students showed up on Sunday afternoon to paint the sidewalks in the football stadium, but the paint was then washed away by the rain.



photo by faisal alabsi

## dragonbook

What was your favorite day to dress up?



**Carly Anne Crist** PJ day was the best, I really enjoyed it. Wearing pajamas to school made the school day more bearable. It was especially nice to be comfortable on late start day.



**Dalton Cooper Handel** I dressed up as a gorilla for black and white day. Because I mean what better excuse to wear a gorilla suit? I already had it at home but I just needed a good reason to wear it.



**Anna Sophie Hathaway** I definitely went all out for toddler day! It's so fun to revisit the innocence and silliness of being a little girl again. I also like being one of the brave ones of my friends. They dressed up too, but didn't wear the diapers we bought together.



**Erik Weston Anderson** It was a lot of fun dressing up as a nerd my senior year because I knew it was the last time I could do it.



**Megan Jo Curtis** Spirit day is my favorite as a senior because i feel like our class has put a lot of time, money, and effort into getting our school excited for games. It's the last time around to cheer on the school we grew up in... So we made the overalls to raise spirit and sort of celebrate being a senior.



Juniors Marcus McKay and Deavon Richards wave to the crowd at the homecoming parade on Sept. 16. Both the varsity and sophomore team participated in the parade, although one of the sophomore dump trucks had mechanical difficulties during the parade, forcing some of the sophomores to walk back with the trucks.

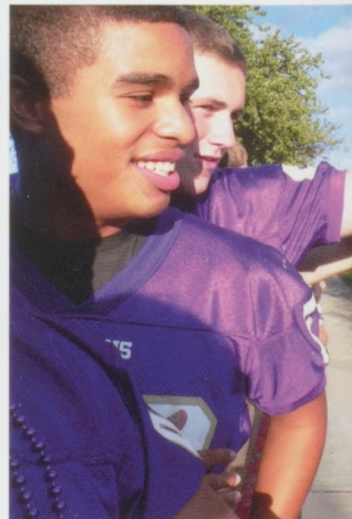


photo by bonnie le page





# SHARP DRESSER

Print by Morgan Riessen and Bonnie LePage

## Culbert gets voted best dressed for his old man and nerd outfits

"Oh! Oh! Oh! Batman Dibs!" junior Evan Culbert said, standing in the aisle at Goodwill.

"Oh (dang) I wanted that one," senior Faisal Alabsi said, referring to a blue wizard robe with silver stars and moons on it. Culbert planned to wear it for Pajama Day during homecoming week.

Alabsi and Culbert along with senior Dirk Opland looked for outfits to wear for homecoming week. The Friday before the friends were going to eat dinner, they had some time so we decided to go to Goodwill. "We all scattered and when we found something, we would come back and see if the others approved," Alabsi said.

Culbert dressed up as an old man for "The Curious Case of Benjamin Button Day". "On Old Man Day I wore old man shoes, navy blue pants hitched up with suspenders and white leather belt, an old man shirt, an old man sweater, a grandpa 'stach with glasses and gray hair, and of course, the walker to top it off," Culbert said.

Not only were students fooled but teachers as well. "Kinder (history teacher, Jerry Kinder) thought someone actually forgot their walker because I left it at the front (of the room)," Culbert said.

For the dress up days student council decided that because the theme of homecoming was "Rolling Out the Red Carpet," each day be based on a movie. The first day was Napoleon Dynamite Day. "I got a white button

down shirt and crazy nerd pants from Goodwill five sizes too big, a colorful belt to hold it up and socks and sandals," Culbert said. "I had a waterproof case that went around my neck that had dental floss, bandaids, and chapstick. I had my graphing calculator in my pocket and a Gameboy fanny pack around my waist, a pedometer, beltwatch, and, of course, the nerdy glasses with tape. My harido was the classic combover."

Even though Alabsi knew what Culbert had picked out, he was shocked by what he was wearing. "Well, nerd day he went all out and I thought he was the cutest thing and I didn't think he could top it. But little did I know he'd also be the cutest old thing. It was adorable," Alabsi said. Like Alabsi, Opland was also very surprised about Culbert's outfit. "When I saw Evan dressed up I pretty much laughed out loud because he went so all out," Opland said.

Students were able to vote during their lunches for the best dressed from the previous day. Culbert's peers voted him best dressed old man and nerd. Culbert was rewarded with Hy-Vee and Coldstone gift cards. "I hope people see how much fun we had so they will go all out in the future," Culbert said. "It was definitely my favorite homecoming week so far." Other winners included Faisal Alabsi for "Sleepover" Day and Dalton Handel for "101 Dalmations" Day.



Seniors Zach Stitz and Mitch Bruckshaw cheer on the girls at the Powderpuff Game after the parade. Stitz wore senior Kara Anderson's overalls for the game. "The girls don't get to participate in football so it's really fun to watch," Stitz said.  
photo by meredith batz



Junior Evan Culbert shuffles out on the gym floor during the Coronation assembly. Students cheered in agreement that his was the best outfit of the day.  
photo by helen lagerblade



photo by helen lagerblade

Senior Ben Stensrud completes his roll to the cone in the Potato Sack Race. At this station, competitors were challenged to somersault to the cone, then put the bag on and hop back to the finish.



megan rahm and zach wray  
couple, teammates, goofy

Most people don't think of the soccer fields as a place to meet their future boyfriend or girlfriend, especially on a seventh grade co-ed rec team which would seem to be the last thing on the boys' minds. For juniors Megan Rahm and Zach Wray, this was not the case. "I asked him out, well actually my friends were the ones that did it," Rahm said. The two met on the soccer team and have been dating the four years since then off and on. "We didn't know each other at all. I thought he was cute and I wanted to date him. He was my first boyfriend." The two managed to keep their relationship while still playing on the team where they met on throughout the years.

"It's fun to play with your girlfriend," Wray said. Although the two don't see each other too much while the game is being played, they still find enjoyment in just plain being out there together.

"I play defense and he plays offense, so it's not like we really pass to each other too much," Rahm said, "but I'm always yelling at him at the other end of the field." The two both play soccer for school, but always have enjoyed the recreation soccer league much more than playing for the school.

Along with soccer the couple add paintballing, four wheeling, dirt biking, and skateboarding to the hobbies they share together. "He tried to teach me how to skateboard, but it didn't really work out," Rahm said. She originally wanted to learn to do tricks but found it too difficult to learn. "I'm just too uncoordinated," Rahm said.

One could also find Rahm and Wray at Wray's house four wheeling or dirt biking or at Captain Jack's paintballing together. "One time he hit me in the chest really hard and it made a bruise and bled!" Rahm said. But for the most part, their paintballing experiences are pleasant.

Of all the things the couple enjoys doing with each other, their favorite is to go to dinner and a movie. "That's the best, or just hanging out with each other, that's always good," Wray said.

spread by ellie minor

hello, my name is...



**Matt Joslin**

age 17 | johnston, ia

> My great-grandmother was one of the first women to ever graduate from Iowa State University. She graduated in 1932 and she majored in food nutrition. It doesn't make me want to go to Iowa State though, because I bleed black and gold!

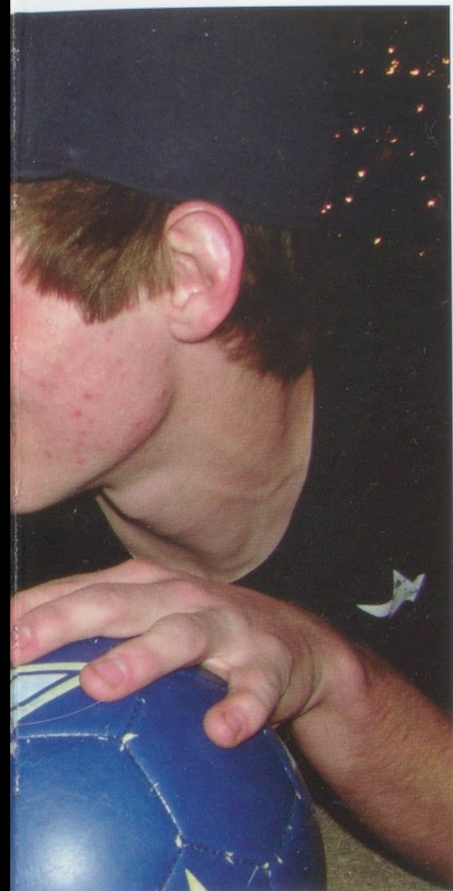


**Hannah Thayer**

age 17 | des moines, ia

> I travel a lot and have been many different places and because of that I want to study abroad when I'm older. My family goes a lot of cool places so I want traveling to be a part of my life, so studying abroad is the best way to do that in college. I plan on studying in London, and hopefully I will be able to live there when I get older.





If I could describe our relationship in one word it would be "strong."



**Mattie Kipp**

age 15 | beaverdale, ia

> I went to New York with my cousins and we went to the Statue of Liberty and bought hats and glasses and we wore them around the city acting like we were crazy. We also went around the subway and we would go around and stare at people with our hats and glasses on. That was my first time going to New York and so it was really exciting for me.



**Luke Jorgenson**

age 16 | des moines, ia

> When I was little I went to Colorado and I wanted to ride a horse so we were going to go on this trail that took us up on a mountain. Within the first 50 feet my horse saw a snake and bucked me off so I had to go to the hospital because I landed right on my head. I ended up getting a concussion but I can't really remember any of it.



**Taylor Coakley**

age 17 | des moines, ia

> I am a Disney fanatic! My dream job would be to be a dancer or character at the Walt Disney World parks. I would love to play Ariel because we share the same red hair color. This past summer I actually performed live on the Beauty and the Beast stage and prior to that I've danced in Magic Kingdom twice. There's something about being there and making kids believe in Disney magic that makes me want to be there everyday!



**Jeff Krueger**

age 17 | des moines, ia

> I have a lot of health issues that no one would know just by looking at me. I have epilepsy, enlarged spleen, hemochromatosis which means I have high iron levels in my liver. I have to take special medication for my epilepsy and for the others, I have to get blood drawn every so often.

\*People chosen at random



# Lovin' on Remi

## Students treat pets as their own in Burns' class

Forcing down the chuckle that arises when small nails run across the back of his neck, junior Austin Empey turns his head around. All of a sudden, there she is — Remi the hairless rat peeks her nose over Empey's shoulder. "I just like animals more than people, so hanging out with her is more fun than hanging out with the kids in the class," Empey said. "She's good for just being there."

Burns' ALS students named Remi. The class got the name from Disney's *Ratatouille*, which features a male rat as its main character. "I think they changed the spelling of the name Remi (from Remy) to make it more feminine," junior Casey Walsh said.

Burns' reason for keeping animals in her room was to teach students about protecting them, as well as loving them. "If the students get a chance to interact with them, they understand them better," Burns said.

The students help care for the animals once a week. "They feed them and have time to socialize with them during that time," Burns said. "When we get to the units that teach about each animal type, the students have a chance to see live examples of the animals and I use them for labs — but no experiments!"

Empey got two rats as pets at home because he enjoyed spending time with Remi, as well as for an ALS project. Students could study bacteria, plants or animals, and Empey chose the route that involves him having rats of his own "because I enjoy Remi and thought two rats would be fun to have," Empey said. They're his test subjects for studying a rat's eating habits and the effects of the habits on their health.

Seniors Emily Mentzer and Chris Dockum were the proverbial parents to Gimli, Burns' spiny tail lizard. "At the beginning (of the class) we all had to pick which animals we wanted," Mentzer said. "He (Gimli) wasn't even our first choice but he was what we got and we realized he was kinda like a dog. Normally you'd think a lizard would just kinda sit there but we like to think he actually responds to us and has a personality."

Junior Haley Pennington was also a frequent visitor of the classroom, helping Burns for a community service assignment. Once she completed the necessary five hours, she continued to work in Burns' room, "to help her out and to be able to do more than I'd be able to in class," Pennington said. "I clean cages, feed animals, and play with the animals, whatever she needs, really."

Burns also wanted to spread knowledge regarding animals to primary school students. "We travel with the animals to elementary schools to teach the younger kids compassion towards animals," Burns said. "If more people form an emotional bond with creatures, the future of the animals on our planet would be much brighter."

Junior Anna Pierce examines a pine cone and its seeds in Advanced Life Science. "It's a lot better than looking at pictures in a textbook," Pierce said. "[The labs] help us relate the textbook science to real life things."

photo by palge plaskitt





**Q**  
**WE ASKED.**

What's the coolest animal in the ALS room, and the story behind its name?

Ray, the hedgehog, was named after Ray Charles, because they're both blind.

-Joe Buckley, '12

**A**  
**YOU ANSWERED.**



On the Advanced Life Science field trip to the Blank Park Zoo, junior Morgan Jungman takes a picture of a White-Handed Gibbon. "He was making funny noises and was adorable and lonely," Jungman said.

photo by katie lashier



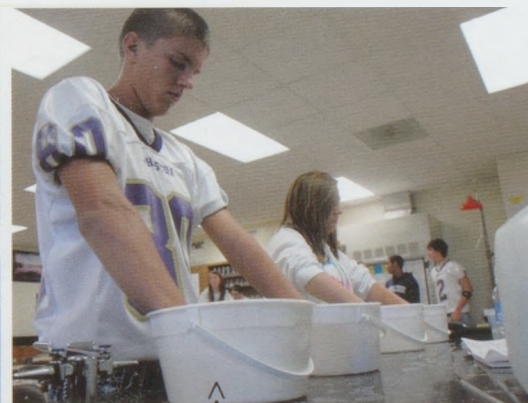
Junior Amanda Teel works on analyzing graphs for her assignment in Pre-Calc. "Even though Pre-Calc is challenging, it's nice to have time in class to work so we can ask questions," Teel said.

photo by lisa friesth



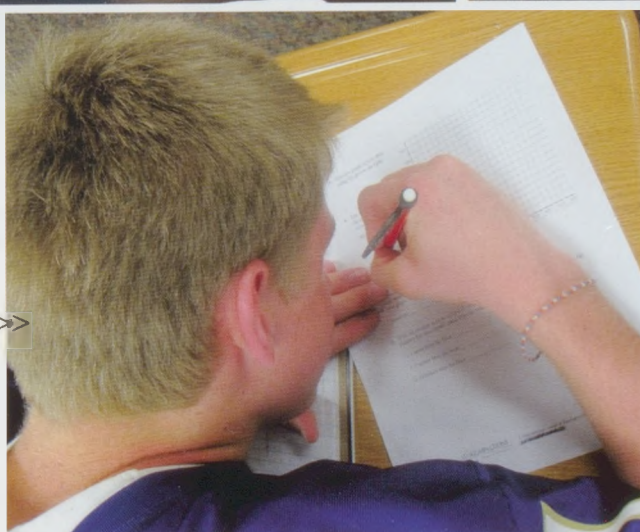
Working at a lab station, junior Casey Walsh and seniors Elisabeth Lowe and Sam Shelton compare monocots to dicots in Advanced Life Science.

photo by paige plaskitt



In teacher Matt Jaschen's biology class, sophomores Matt Benson and Kylie Poulson submerge both hands into two tubs of water: one with salt and the other without. The goal of the lab was to find which hand would prune faster, to tell the students whether a skin cell absorbs more water in a salt or pure water solution.

photo by kara ganzer



Junior Zach Vander Ploeg works on an assignment in Pre-Calc. "It's not that bad of a class unless you procrastinate a lot," Vander Ploeg said.

photo by lisa friesth



Sitting inside Cosi Cucina, junior Lauren Skartvedt gets excited about the arrival of her food. Skartvedt celebrated junior Jenna Christensen's 17th birthday along with some other friends.

photo by ellie minor



Competing in the Gallon Challenge, senior Macklin Gavin chugs chocolate milk. The competition was to see who can drink a gallon of chocolate milk the fastest and whoever threw up, lost. It was a "competition of manliness."

photo by faisal alabsi



Senior Austin Kinsey tapes a poster on a table to indicate the selling of tailgate shirts.

Kinsey, as a part of Student Council, was in charge of the tailgating committee with junior Cal Gruening. photo by monika sehic



Pouring chocolate, junior Abby Dusen makes scotcheroos while having a slumber party with some of her cross country teammates, juniors Lisa Friesth and Taylor Mithelman and seniors Kelsey Kruse and Alex Hawks. photo by lisa friesth

“hey!

There has never been a time in my life that I haven't owned a dog. They mean everything to me! Without them, I wouldn't be the animal lover I am today. No matter how bad my day was, I know I can always count on them to make my day when I get home.

bye!”

Paige Boyer  
sophomore



Participating in the first ever tennis Intramural, junior Jenna Heil serves during the championship game. Heil, along with her partner senior Ananya Kumar, placed second overall in the competition out of 13 teams.

photo by faisal alabsi



# Puppy Love

Enjoying her time left with her dog, senior Jessica Hansen plays with Snoopy in the yard. This was the second pet her family had to put to sleep.



PHOTO BY ERICA WHITE

## Senior Jessica Hansen deals with saying goodbye to a lifelong friend

Sitting in Environmental Science after finishing her homework, senior Jessica Hansen's thoughts wander. She fights to hold back tears. It was Snoopy's last day.

"I got him when I was three," Hansen said. "It was the first day we got him and we were deciding if we should keep him as an indoor or outside dog and he pooped in the dining room and dragged my Barbie dolls around the room so my mom decided an outside." This is the first memory Hansen has of her childhood.

On Oct. 8, her dad, Jay, mom, Julie, and brother Jonathan had Snoopy put to sleep at the Animal Rescue League. Hansen did not go because she did not want to miss school and her color guard performances for the upcoming weekend. She also did not want to

ride home in the truck with no Snoopy.

Hansen found out in the beginning of September that they would have to put Snoopy to sleep. "He had arthritis, so it was hard for him to walk. He then began getting tumors and cancer so we had to put him down," Hansen said.

Snoopy was not the first dog the family had lost. "We had a dog named Beethoven who had to be put down because of old age and Snoopy was sad about that so we had to put him on anti-depressants," Hansen said.

Beethoven was cremated. They planned to spread his ashes in his favorite field, but did not get to it. Now both sets of ashes are kept in her parents' room.

Hansen had enjoyable moments growing

up with Snoopy. "He barked at everything and whenever he would see someone, his ears would perk up, turn out, and cock his head sideways," Hansen said. "It was my favorite face."

Hansen will always remember the memories she had with Snoopy. "I won't forget him because I grew up with him so he's like family. It's like saying you'd forget someone in your family," Hansen said.

While showcasing the color guard routine that evening, Hansen could not help but think about Snoopy. "Performing at halftime I knew when I came home he would not be there and that was a weird sense," she said.

spread by faisal alabsi and morgan riessen





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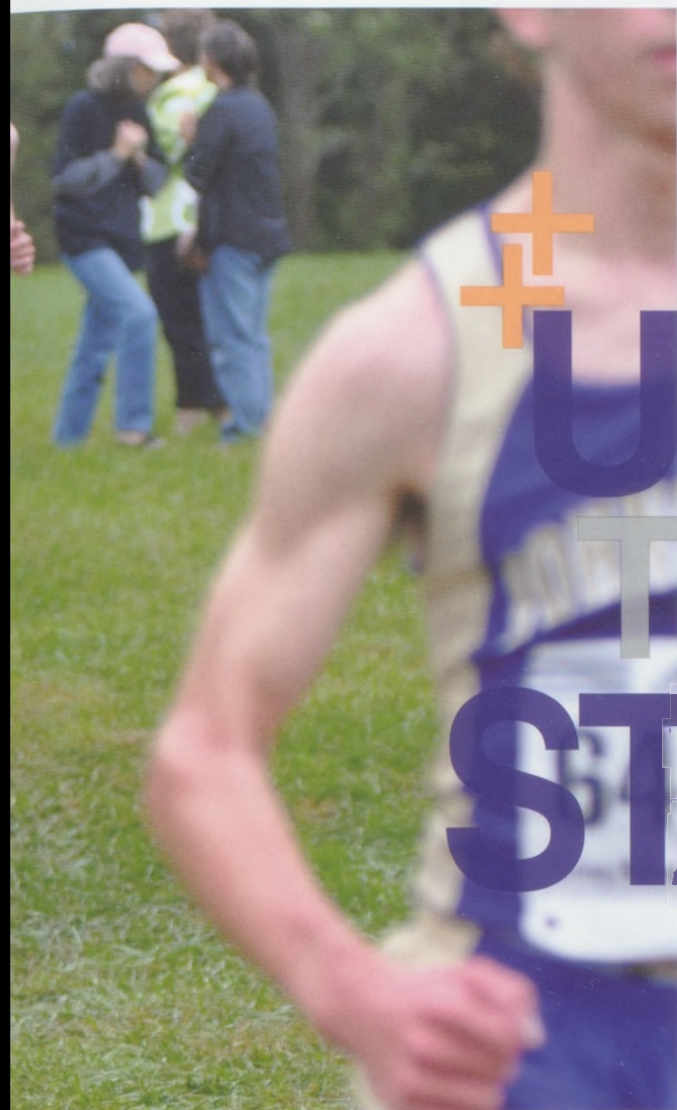


3

ames  
4th  
johnston  
1st  
valley  
2nd  
roosevelt  
9th  
ankeny  
3rd  
fort dodge  
2nd  
conference  
2nd  
districts  
1st  
state  
8th

1. Sophomore Josh Boeschen pushes himself up a hill at the Conference meet in Ankeny. Boeschen placed 18th in the junior varsity race with a time of 18:57. *photo by lisa friesth* 2. Squinting in the sunlight, freshman Adam Johanson sprints into the finish at the Conference meet. Johanson was one of two freshmen who raced with the varsity team. *photo by helen lagerblade* 3. Senior LJ Lipscomb leads other runners during the varsity race at the Johnston Invitational held at Walnut Ridge. Lipscomb finished in second place, behind teammate Drew Jackson. This finish helped seal a team win at their home meet. *photo by lisa friesth* 4. Sophomore Connor Ward and freshman Kyle Natzke run as a pack during the Fort Dodge Invitational. "My favorite part (of the season) was the pasta dinners because we played volleyball before (for fun) and we got free food," Ward said. "Getting to know the guys and hang out was fun." *photo by lisa friesth* 5. Picking up the pace, junior Alex Hershey competes in the district varsity race. Hershey ran 16:28, his personal best, and helped his team place first, earning the opportunity to advance to state. *photo by lisa friesth*





>> Leading a pack of runners, junior Chase Wallace pushes the pace during the Johnston Invitational. "We had an inspiring season this year and trained harder than ever before," Wallace said. "This led us to be district champs and finishing 8th at state, higher than we have ever finished."  
photo by helen lagerblade

# UPPING THE HIGH STANDARDS

Five varsity boys run under 17 minutes at Fort Dodge Invite, districts

"Are you willing to go where no other team has gone before?" coach Dave Beason said. "We have a chance to be one of the best teams Johnston has had in awhile." Sitting in coach (Patrick) Mattingly's room, members of the boys' varsity cross country team listened intently to the coaches' new realization. During this meeting, it was decided that a new level of intensity in their training that has never been introduced to any past team would be set in place.

The meeting gave the team the extra push they needed to exceed. "Ever since that meeting, people have been running personal records consistently and that is awesome to see," senior Drew Jackson said.

The team spent time trying to figure out its pace for the opening first mile at races. At districts, they finally got it. The team ran around 5:05 for the first mile. Beason said, "We were hearing 'Go get Johnston!' Our team was the target the other teams were shooting for." The top five members of the varsity team, Jackson, senior LJ Lipscomb, junior Alex Hershey, and freshmen David Rice and Adam Johanson, ran under 17 minutes at the district meet. This was the first time in history to have five guys go sub 17. They did it the first time at the Fort Dodge Invite and then for a second time at districts.

Beason was content with how the team's ability played out throughout the season. "We had no idea of the team's capability," Beason said. "We had three past state qualifiers and we wondered what level they were going to be at. But then, who's four? Who's five? Or is there anyone even there to back them up? Until you start racing, you really don't know."

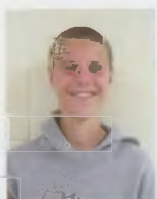
The varsity members were happy with their effort. "At the beginning of the season, we weren't even ranked, but as the season went on we really started surprising people," Lipscomb said. "The coaches had no idea that they would have a team with five guys going sub 17."

The team finished the season out strong, earning the title of district champs and placing eighth as a team in the state meet. "People have realized that they are capable of running fast and that we as a team are running really well," Jackson said. "When people see that the team is doing well and competing in meets, it makes them want to be a part of that, which leads them to work harder in practice so they can compete for the varsity spots."

## FRESHMEN SAY HELLO

"I like running varsity because it was challenging and fun. Also, it was cool because I got on the record board for one of the fastest times."

—freshman adam johanson



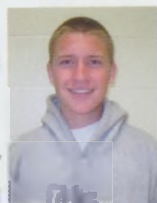
"My favorite part (about running varsity) was that before we ran we always came up with something to say, like 'Prove it,' and we would put it on our hands and say it."

—freshman david rice



"I loved having David and Adam running varsity with us. They are great kids. Both are very hard workers and it was great to see them mature during the season."

—senior drew jackson



spread by lisa friesth



Junior Janie Norris trustfully falls into the hands of her fellow group members. "It was really fun, kinda scary at first but a rush once I did it," Norris said. Small groups separated out and did activities to build trust when they first arrived to camp.

photo by bonnie le page

Small group leader Karsen Kramer, sophomore, discusses what to change in the school with her small group. "Once we passed the awkward first-hour stage we got really close," she said.

photo by bonnie le page



Sophomore Carly Crist moves an Oreo from her eye to her mouth without using her hands. "I got it on my first try," Crist said. "Once you get it on your tongue, you pretty much have it." This took place between a rotating activity.



photo by katie lashier

## dragonbook

What will you always remember from SAIL?



**Shianne Ellen Thomas** I loved spending the whole weekend outside with my friends. I got to know my friends more than I ever have before. We had so much fun together.



**Matt Franklin Berry** Always grab a walkin' Dew. No one left the cabin without at least one Dew on them. We had a mountain of Mountain Dew in our cabin.



**Jenna Rachelle Heil** I will always remember how the different small groups each made up a dance. Then we had a dance contest and we all preformed our dance. It was super fun.



**Connor Thomas Ward** I will always remember candle-light because it was so peaceful and quiet.



**Cathleen Maureen Nelson** The night of the dance my cabin and I were watching "Grease" while others were grinding the night away. We felt like complete dorks being the only ones in the room, but it turned out to be super fun. It was a really cool bonding experience.



Senior Ryan Larsen holds the ladder for safety as senior Andrew Vander Zwaag climbs up to zip line. "At first I was a little nervous because I am somewhat scared of heights," Vander Zwaag said. "But once I took off I had a blast because I felt free out there gliding through the air. It was a really great experience."



photo by katie lashier



## GRINDING OUT ISSUES

Print by Nicole Gibbons

### School officials put a stop to inappropriate dancing at sail

It seemed like the any other SAIL (Students Active in Leadership) dance. It was dark. It was crowded. And, as with most dances nowadays, there was some grinding. Then, the lights flooded the room. Associate Principal Randy Klein had had enough.

The issue first arose at Homecoming. Because not enough teachers could be found to chaperone, parents were asked. One parent, Fritz Trost, was shocked by what he saw. "Some of it has to do with the clothing," Trost said. "Some girls walk by and you think, 'That is hardly a dress,' but they hardly seem to care. I think the kids forget that they aren't at a downtown club and they aren't 21 years old."

After Homecoming, student council and school administrators tried to find common ground. At one meeting, they even had demonstrations. Then, came the SAIL dance and the lights.

"Backing up to your date or bending over in any way is where the red flags go off," Alicia Rollison, SAIL organizer and history teacher, said. "If I were another student, that would make me uncomfortable."

Students reacted differently. "Some kids stormed out [and] wanted to argue about how it 'wasn't fair,'" Rollison said.

Rollison was disappointed by the reaction that some showed. She said that it had been an opportunity to show leadership and find an alternative way to

dance, like being silly and just going with the flow.

Junior RJ McGrew was upset when the lights came on and expressed his opinion to the SAIL staff. "I think we did a good job of leading, standing up for our rights as students," he said.

Others, she felt did not handle the situation well. "I kind of wanted to say to those people 'do you have to make it about you and ruin it for everyone else?'"

Rollison said that she respected the students who just kept on doing their own thing, even with the lights on.

Junior Anna Johnson kept dancing. "I really didn't care how stupid I looked," she said. "I just messed around after the lights came on." Students also had the choice of going into the next room and watching the movie "Grease."

The grinding debate continued after SAIL and even was written about in the *Des Moines Register* and sparked a t-shirt demonstration. Raygun, a local novelty store, took over 130 orders in one day for a shirt that read "Johnston: Straight Grindin." Students wore the shirts Jan. 3.

Rollison said it was understandable that there are generational gaps in dance styles. "Every generation has a way of dancing that isn't okay with the generation above," she said. "What kids need to understand is that we need to have standards; if you choose not to meet them, you don't have to come."



Seniors Megan Randolph and Christine Clark goof around at breakfast. "We were having a competition on who could lick the milk out of the bowls fastest and doing it cat style," Randolph said.  
photo by katie lashier



Juniors John Timmons and RJ McGrew carry on the tradition that was started by graduate JT Minor by making stomp music with their dishes.  
photo by bonnie le page



Seniors Collin Ward, Josh DeLanoit, and Alexa Probst tie warm fuzzies on each other's string necklaces as they give compliments. "I really didn't know Collin and I always assumed he was shy, but he's actually one of the funniest people I've ever met," Probst said. "The warm fuzzies were meaningful."

photo by bonnie le page



Senior Erica White sorts out her best photos of girls' basketball. "I enjoy taking sports photos because I love sports and it's easier for me to take them because I understand the game,"

White said.  
photo by emily welch

Senior Kofi Manteaw focuses his camera during yearbook. "I enjoy learning about Photoshop and yearbook helps me better my photography skills. I also like being able to share my work with other people,"

Manteaw said.  
photo by jordin robinson



Senior Meredith Batz and yearbook adviser Leslie Shipp open a box of pennies ordered from Ebay. The staff desired 2010 pennies for the cover, which proved hard to find, (the new back made them collectible).

photo by katie holcomb



## dragonbook

What do you think of color?



**Paige Nicole Mallabey Plaskitt** I'll miss the purity and simplicity of a black and white book, but I like being able to play with lighting in a different style for color photos. I'm all for tryin' something new!



**Ellie Riley Minor** I think color will make it way more fun to look at it and it shows how cool some of the photos are.



**Sydney Leigh DiMarco** It breaks the tradition of the black and white yearbook. Color gives us more freedom on the page and it makes it the book more interesting.



**Nicole Elizabeth Gibbons** It will make it look edgier than it has been. There's no room for mistakes. This won't be the only color book that we have. Hopefully we'll be able to do it again. It makes you think about photography more.



**Jordin Halley Robinson** Color is new and exciting. We're the first to ever try it. We get to experiment with different aspects of the yearbook. It's enjoyable.



Posing for the camera, senior Emily Welch gets her senior picture taken.

Seniors that did not have their senior photo taken were called to the j-lab on Jan. 5 to have Reina Wirtes, a Herff Jones photographer, professionally take them. "It was weird, some of the yearbook staff was watching me get my photo taken," Welch said. "I'm glad it was professionally done."



photo by jordin robinson



# COLORFUL IDEAS

Print by Katie Lashier

## Yearbook makes a splash with first all-color book

Strolling around a tailgate before a home football game, senior Monika Sehic practically had a camera glued to her eye. Little did she know the picture she just took would earn her praise from the rest of the yearbook staff.

The picture (on page 44) had senior Chelsea Waltz putting a fake tattoo on senior Brooklyn Drake. The two appeared sliced apart by the sun's rays as it striped their faces with gold. It's easy to see the color of Drake's eye and the hard work put into the purple and gold overalls the girls made. In a black and white photograph, these messages could never be told as strongly. As she edited the photograph, Sehic recalled how hard she and three other staff leaders had worked to finally publish a color photo.

The previous year Sehic, along with juniors Faisal Alabsi, Jordin Robinson and Meredith Batz led the staff. They had the unique opportunity to plan two books. They wanted the second to be different from the first. "We were a different kind of staff with a unique beginning," Sehic said. "We came up with the idea to do a color yearbook November of our junior year. We knew we'd have to wait until next year to execute the color yearbook but we decided it'd be like our last big thing."

For 63 years the Dragon had, for the most part, been printed in black and white. The staff approached adviser Leslie Shipp with the idea. "My thought was that if the staff wants to do color and they earned enough money to pay for it, then they can do color," Shipp said. "Ultimately it's their decision."

The staff raised the price of the book and sold \$9,095 in ads, so color was a go.

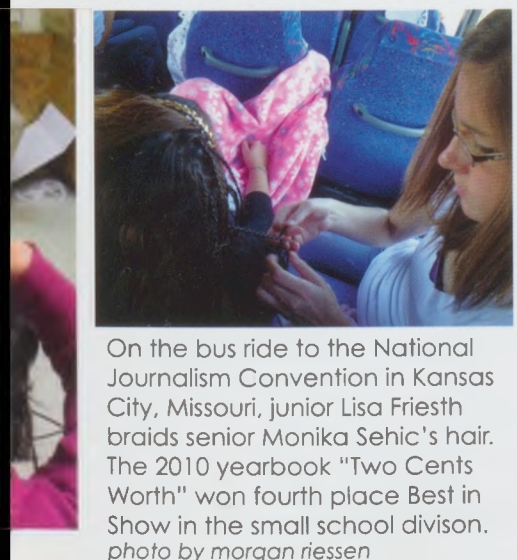
Color photography was different than the traditional black and white book. "Lesser quality in black and white photos isn't seen as easily as in colorful photos," Sehic said. "In black and white you have black, white and gray to convey the reality of the picture. It's too limited; with color the reality and emotion is real because of the spectrum you give yourself."

Color changed design, too. "The worst part with designing in color was that I designed all the pages with RGB color and the yearbook company can only use CMYK color," Sehic said. "It took me hours to change it, whereas with the black and white yearbook we didn't have to worry about anything like that."

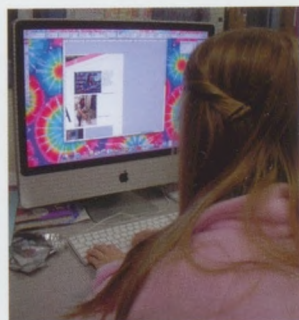
Robinson enjoyed how different colors made pages look. "This idea brings an element that no other book has before," she said. "It allows us to show our photography skills and the color in the photos really makes the pages pop."

Sehic placed the picture proportionately into its frame and read the story within the colors of the photograph, knowing she'd found a perfect balance. "Brilliance to tacky is a very thin line," Sehic said. "The key to editing color photos is subtlety."

The staff sat in a meeting admiring good work done for first deadline and the tailgating photo was celebrated; the staff loved it. "It feels really good because color has never been done before," Batz said. "Future staffs will never go back to black and white because once you go color, you never go back. So it's like we're starting a whole new era of color."



On the bus ride to the National Journalism Convention in Kansas City, Missouri, junior Lisa Friesth braids senior Monika Sehic's hair. The 2010 yearbook "Two Cents Worth" won fourth place Best in Show in the small school division. *photo by morgan riessen*



Kaitlyn Ellerman writes captions on her second academic deadline "Knowing that it was sub, I spent a lot of time trying to finish all the captions on my page," she said. *photo by emily welch*



*photo by katie holcomb*

Working in an assembly line in conference room B, senior Hunter LaFollette (yearbook mascot), juniors Morgan Riessen and Helen Lagerblade carefully place pennies on the 2010 yearbook "Two Cents Worth." The process of gluing pennies took four days and two bottles of Gorilla Glue.



# Cultural Relations

## An ELP student takes an old project to a personal level

Walking into Extended Learning Program (ELP) on the first day of school, junior Bhageerath Menneni picks a seat and begins to look through the list of goals required to pass ELP. Trying to find something that caught his interest didn't take long; the goals set up for developing communication skills stood out to him. "I decided to choose Telugu because it's my personal culture and I can speak it fluently," Menneni said "But I never had a chance to learn to write it."

In India, Menneni's native country, Telugu was the third largest language spoken. Moving here before he had the chance to learn how to write it, made it even more difficult to find time for the language. Now, though, with a whole year of class time, Menneni knew. "I felt it was time," Menneni said, "I figure that I will be leaving soon and I wanted to learn it from my parents before I [go]."

Both of Menneni's parents could speak and write the language. They brought him a chart that helped him learn the first of 56 letters in the Telugu language. "Even though it does have quite a few more letters than English, all the letters only make one sound," Menneni said, "unlike 'A' that make like a 1,000 different sounds."

Finishing all the paper work required for his project, Menneni handed it in to his teacher Sue Cline. Cline quickly approved his idea, "I thought it was a great idea," Cline said "I don't think students give enough time to the arts."

"It makes me feel closer to my culture," Menneni said.

Writing down some notes, junior Maddie Kreamer, listens to a class lecture. Though she is in Spanish 4, the class uses the third book to finish out the book from the previous year.

photo by morgan rlesser





**Q**  
WE ASKED.

If you could study any culture or country, what would it be and why?

I would study England; I think it's an interesting culture because it's where America comes from. But it's different with stuff like royal family.  
-Hannah Soyer '13

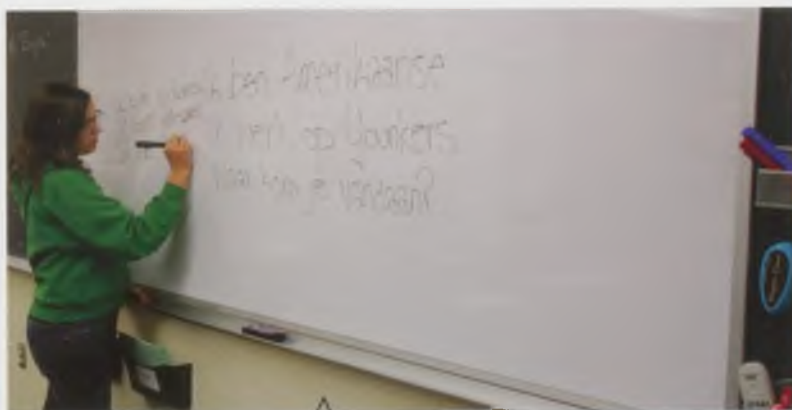
**A**  
YOU ANSWERED.



<< Unfolding newspapers, junior Alissa Campbell works on an ELP project for the Animal Rescue League. She made animal beds by laying papers out flat. "The newspaper has to be one-and-a-half inches thick. Anything less would run out too fast."  
photo by nicole gibbons



<< Reaching to grab the edge of a piece of American cheese, LMC director Jane Behrens creates a roast beef sandwich in Culinary 3. The class was hosting a luncheon buffet for staff. The topic/focus of this luncheon was platters & dessert fruit platter, meat cheese and so on that staff used to make sandwiches.  
photo by emily welch



Junior Elli Grapp works on her Dutch grammar in ELP. Her friends recited the phrases "I am American, I work at Younkers, and Where do you come from?" and she wrote them on the board. She has been working on learning Dutch over the summer.  
photo by nicole gibbons



^ "It gets a little boring after a while." Junior Brandi Wilkins says. She worked on baking cookies for the parent/teacher conferences. They had to bake over a thousand cookies for parent/teacher conferences.  
photo by kalltyn ellerman

Junior Isidora Passacacqua >> is participates in a Spanish IV activity on the computer. They were asked to work on spelling different word on the computer. [and to] play a couple of games like word cross and flash cards.



photo by jordan robinson



reed siems  
shower, shirt, bandanna, hat

Sitting at the stoplight at the intersection of Merle Hay and 62nd Ave. with his brother Regan in the passenger seat, Reid Siems exchanges his bandanna for his green hat. Siems has created a hair ritual that he completes every morning — to have his hair correctly fluffed and puffed.

Shower-shirt-bandanna-hat— those are the building blocks to Siems' hair success. After getting out of the shower, he combs his hair and then places a bandanna around his head and over his ears to make his hair properly curled on the sides. He continues to wear the bandanna until his hair is dry, taking it off on the way to school.

"At first I thought it was weird, but now I'm used to it because he does it everyday" his brother Regan Siems said. "Most mornings I try to guess when he is going to make the change." As soon as the bandanna comes off, the hat goes on." If I don't wear the hat, my hair won't look right," Reed Siems said. "I fit the hat to how I feel."

For Siems, the long hair hairstyle has been his choice since the beginning of fifth grade. The puffiness of his hair on the other hand has been a focus since eighth grade teacher Craig Kruger commented about it.

One day Kruger said something along the lines of Siems' hair being puffy and recommended he use conditioner. Since then, Siems has used conditioner. Garnier Fructis to be exact, in addition to coming up with other measures to making his hair less puffy.

The idea of wearing the bandanna came up junior year for Siems. "I started wearing the bandanna last year. It makes the front of my hair flat and sides curly."

The green hat is the only hat Siems wears. "It doesn't squish the top of my hair like other hats do. It's loose, but still fitting."

The combination of both the bandanna and the hat, result in just the right amount of puff and curl for Siems' hair. "I'd rather have puffy hair than flat hair; there's more things you can do with it."

spread by katie holcomb



hello, my name is...



Joseph Zahn

age 18 | des moines, iowa

> I like to play bocce ball, it's an Italian game. It's kind of like bowling but you go back and forth on a sand court. My dad taught me how to play. We even built a court in our backyard. My family plays it together sometimes, most the time it's my sister and I vs. the parents. I like that you can be beat by a lot and come back and win or vice versa. You never know who is going to win.



Elizabeth Lowe

age 17 | des moines, iowa

> I'm a five-year vegetarian. I truly love all living creatures. It doesn't matter to me how cute or ugly a creature is. I used to save worms off the street after it rained when I was five. I decided to become a vegetarian after watching some footage on factory farms. I actually persuaded my parents to adopt a vegan lifestyle as well. My family now only purchases (makeup, shampoos, cleaning products, etc) that are cruelty-free.





When I run,  
it bounces!



**Andrew Haler**

age 17 | des moines, iowa

> I'm a third-degree black belt. Third degree black belt is the highest I can be for my age, and ninth degree black belt is the highest you can go. I have been in taekwondo since I was seven. My step mom is who got me into it. I used to do tournaments and competitions but now I don't go very often. I don't go much anymore because I don't have time with school, work, and friends and what not. I like that it's fun, challenging and a good workout.



**Sarah Hainline**

age 17 | des moines, iowa

> My hair is not naturally red, it's blonde. I went red because I wanted to try something else. I wanted to be someone new, a better version of me. I think the red helped with that. After my eighth and ninth grade years I felt way more mature and my best friend moved away. So I just wanted to almost start over new, except not entirely.



**Rachel Anderson**

age 16 | des moines, iowa

> I'm scared of people who dress up in mascot costumes. I know it's sad, but ever since I can remember I've had this fear about them. The Johnston Dragon [sort of] freaks me out, but not as bad as the big ones at amusement parks and stuff. Now those are scary. At a parade one year all my friends were calling these mascots to come over and give me a hug cause I would freak out. In general anything that dresses up in a costume freaks me out.



**Zack Robinson**

age 16 | evansville, indiana

> I like long boarding. AJ Keech (sophomore) and I started talking about it one day in the summer and we decided to go out and get boards. We love just cruisin' down a big hill and going super, super fast. We cruise around Green Meadows West and North Glen. The thrill it gives us is very enjoyable. It wasn't hard to pick up on how to do it. I plan on long boarding for a long time to come.

\*People chosen at random



Sealing her gingerbread house with frosting, senior Emily Mentzer puts together a gingerbread village. Mentzer bought a kit, complete with six houses, frosting, and candy decorations from Target.

photo by lisa friesth



Scooping some noodles, junior Kerigan Thompson enjoys a meal at Bang Bang, a Mongolian restaurant located in West Des Moines. Thompson attended this restaurant to celebrate junior Ellie Minor's birthday.

photo by ellie minor



Senior Emily Welch writes "Love" on senior Michael

Knoedel's arm to take part in the "To Write Love on Her Arms" movement. This movement focused on finding hope for people struggling with self-harm issues.

photo by erica white



Junior Jessie Ceraso discusses Black Friday deals with sophomore Emily Moe at Jordan Creek Town Center. "When we all walked in it was like a stampede of people," Ceraso said. "The stores were packed and it was hard to get into them."

photo by bonnie lepage

**“hey!**

I raced my bike at an event called Jingle Cross Rock. I've done it for the past three years. It's a very large bicycle race in Iowa City. My dad used to race a long time ago so he had me try it and now I'm hooked on it and I love it. Cycling is my hobby, practically a career.

**bye!”**

tyler rushing  
sophomore



Tying a bow on her railing, sophomore Caitlyn Johnston decorates her house for Christmas. Johnston and her family started the tradition of decorating their house on the day after Thanksgiving six years ago.

photo by kara ganzer



Senior Dalton Dingman endures the pain while getting his first tattoo. "I love the whole idea, process and outcome of this form of art," Dingman said. "When someone gets a tattoo it isn't something you should just go and get. It should be something that means a lot to you and describes yourself in multiple ways."

# 18 and Inked

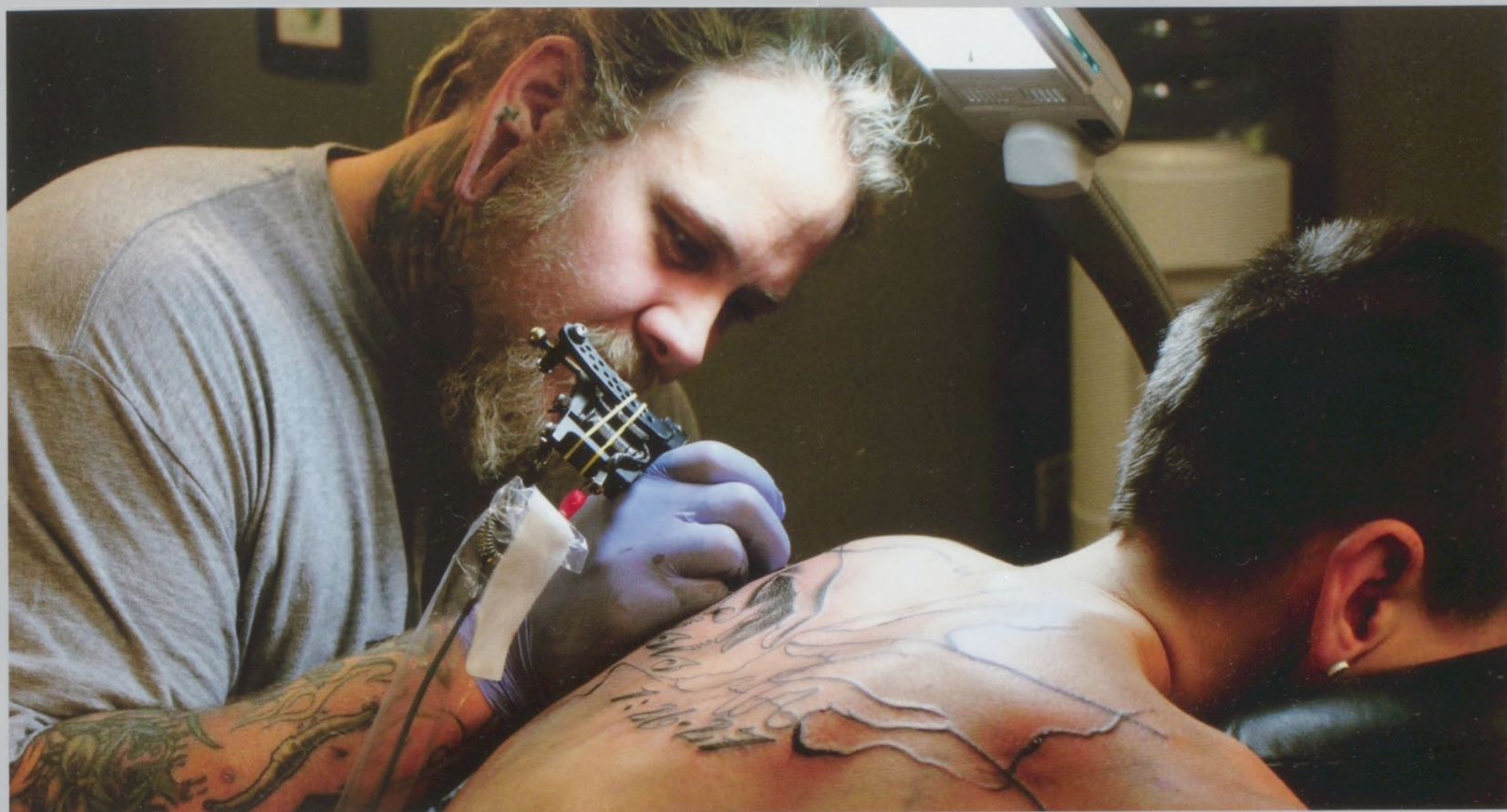


PHOTO BY MONIKA SEHIC

## Tattoo leaves mark on senior, symbols rite of passage

His hands clench and unclench. The back muscles tense up. He asks if it's over yet. The tattoo artist, Buddha, tells him to relax. It wasn't even half over yet.

To Dingman, tattoos were a rite of passage. "I actually received [the tattoo] on my 18th birthday," Dingman said. "I had already thought about the idea for a couple of years now so I wasn't worried about jumping into something I was going to regret." The black and white tattoo spread across the width of his upper back in the depiction of *The Creation of Adam*, specifically focusing on the hands. The original was part of Michelangelo's fresco in the Sistine Chapel in Rome. However, Dingman's inspiration stemmed closer to home.

Several years before getting the tattoo, Dingman saw a replication of the painting at his aunt's house. "I couldn't help myself,"

Dingman said. "Right away I wanted to know more about it." Though he doesn't define himself as strictly religious, Dingman has a different facet when it came to faith. "My stand point is being able to worship through your own beliefs and thoughts; this doesn't mean you have to go to church," he said. "Everyone sins, that's why you're able to repent for your sins."

Even though it was legal to get a tattoo at 18, Dingman's father Donnie, had reservations. "He didn't like the idea of [Dalton] getting one, sister Andrea Dingman said. "I already had one and he didn't like that either. He relaxed a little more and ended up saying it did turn out really good."

Dingman remembered the pain above all else during the actual appointment. "It's a pain like no other I have encountered," he said. "It's just a really annoying feeling. If you

took your skin and pinched it really hard for a long period of time and had that feeling over and over [is what it felt like]." He got the tattoo done at Iron Heart in Beaverville by the store's owner, Buddha. The process took almost three hours without break.

The healing process "sucks". He had to keep it covered four to five hours afterwards and washed it three times a day for two to three days afterward. Lotion was applied daily to make sure the tattoo didn't get really dry, which would cause it to either fade or disform. "The more you mess with it, the worst off you are," Dingman said.

The tattoo, permanently inked into his skin was, to him, a form of art. "I love how we can write stories through tattoos on our skin to stick with us until the day we die," he said.

spread by Dan Smith and Monika Sehic





ottumwa  
31-21  
council bluffs  
13-48  
marshalltown  
31-34  
urbandale  
31-14  
indianola  
42-7  
sioux city west  
56-7  
dowling catholic  
0-42  
ankeny  
20-41  
s.e. polk  
20-17  
play-offs  
s.e. polk  
7-20

1. Sophomore Trevor McCauley prepares to catch the ball thrown by quarterback sophomore Cullen Maahs. The sophomore team played at Marshalltown and won. *photo by bonnie lepage*  
2. Senior Nathan DePenning runs with the ball during the Council Bluffs Abraham Lincoln game. DePenning finished the season with 1354 rushing yards. *photo by helen lagerblade*  
3. Teaming up against a Council Bluffs Abraham Lincoln opponent, senior Brad Hagerla and junior Matt Zinselmeier bring the play to an end during the first quarter of the game on Aug. 27. The team lost 48-13 in the second game of the season. *photo by helen lagerblade*  
4. During the Dowling game, sophomore Marcus Montgomery attempts to avoid a tackle from an opponent. Montgomery had 38 tackles this season with 21 of them being solo tackles. *photo by helen lagerblade*  
5. Looking for an open teammate, sophomore Michael Kinning prepares throw the ball. Kinning completed 97 of his 186 attempted throws this season. *photo by helen lagerblade*



>> Ripping through the poster made by the cheerleaders, senior Carr Terpstra leads the team onto the field before the S.E. Polk game on Oct. 22. The team beat S.E. Polk that night with a score of 20-17 and qualified for the playoffs.  
photo by helen lagerblade

# FUMBLING LOSS IN REMATCH

First round of play-offs doesn't turn out like the regular season game

Standing on the sideline at S.E. Polk, the cold wind whips senior Nathan De Penning's face as his mind wanders back five days. It was the same game, but a different location, different weather and a different outcome. In the final minute of the game S.E. Polk was driving down the field and, with the score 20-17, all they needed was a touchdown to win. S.E. Polk was in the red zone and De Penning, who rushed for 193 yards and two touchdowns that game, could only watch helplessly. The quarterback threw a pass deep in the end zone with fewer than twenty seconds left. Everyone in the stadium held their breath as sophomore Marcus Montgomery jumped up to make the interception. "As soon as Marcus got the ball I knew we were going to win," De Penning said. "Everybody went nuts and ran out to give him a hug." Johnston won the game by three points.

Soon after the elation of victory the players were informed they would be playing S.E. Polk again at their stadium for the first round of the playoffs. "I was excited because they're beatable and we had a really good seeding to go far in the playoffs," senior Zach Stitz said.

De Penning shared Stitz's enthusiasm but was slightly more reserved. "I was also a little uneasy though, because playing a team back-to-back is tough," De Penning said. "The second game is always a coaching battle, it depends on which team comes better prepared."

During the five days between the games the team practiced passing and receiving but could not execute in the second game. "We practiced more receiving but weren't able to pass much because of the conditions," De Penning said. "It's ten times worse playing football in the cold. You can't pass in the wind, it's hard to feel your hands, every hit is worse and I think multiple turnovers were caused because of it."

De Penning was brought back to the present game when the defense held up a much-needed fourth down stand. The offense took the field and fumbled immediately; S.E. Polk recovered the ball. Many players saw this as the defining moment in the game. "Turnovers killed us," sophomore Michael Kinning said. "People couldn't feel their hands, the pass game was altered because of the weather, but I don't think that should be an excuse."

Johnston gave away four turnovers, aiding S.E. Polk in their 20-7 victory. This second game left some players wishing they hadn't had to play a back-to-back game. "It's difficult to play the same team five days later especially if you win," Stitz said. "We do the same thing because it worked in the first game and they have a chance to change and improve. I think the advantage in that situation goes to the losing team in the first match-up."

The outcome in the final game was disappointing for all players and devastating for some seniors because it was the last game they would ever play. "The last game doesn't determine the whole season," Stitz said. "It was fun, the last three years have been fun and I've enjoyed it. I'm going to miss it next year."



## 'SUP NEW CHEERS?

"The 'you know' saying was started after warm-ups by coach Ksiazek. Ksiazek's so silly."



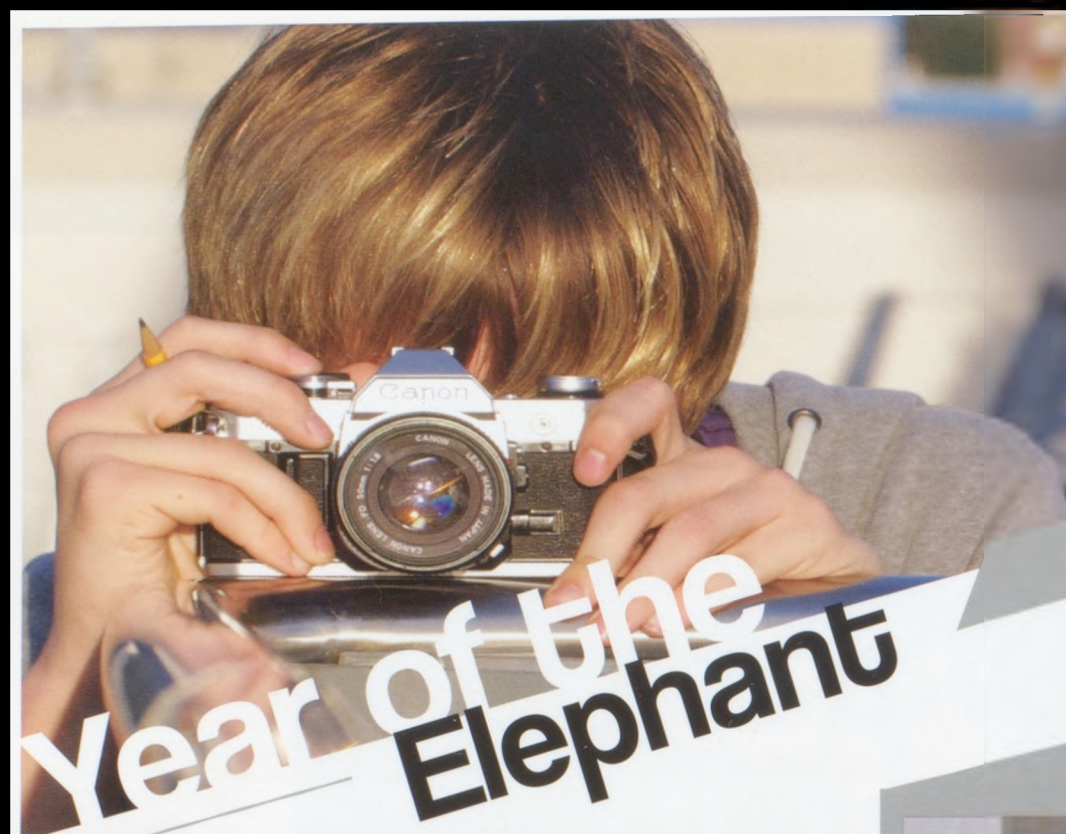
"I do the best job getting the team water and the crowd chants my name every game."



"Everyone depends on me to call it up before and after practice. I like to light a fire under my teammates' bellies, it gets everyone going."







# Year of the Elephant

## Students express opinions on midterm elections

In 1983, the era with asymmetrical hair, tight pants and when metal bands started to appear, Republican candidate Terry Branstad started his term as Governor. He then kept his seat until 1999 when Democratic candidate Tom Vilsack took office. The 2010 midterm election was like a repeat in history. Branstad was elected to his fifth term as Iowa governor, beating Democrat incumbent Chet Culver.

In government, the teachers held a mock election on Nov. 1 to compare the senior class' numbers to reality. The seniors would have elected Culver governor. In the real election Branstad beat Culver by approximately 100,000 votes.

Johnston 3, the biggest precinct in the state of Iowa had at least 3,700 votes for the governor alone. Senior Blake Schlavin voted at Evangelical Free Church. "There were people lined up, coming out of the church," Schlavin said.

Schlavin voted for Branstad. "When Democrats called my house, I used a different language," Schlavin said. "I make them feel like, 'why are they doing this?'"

Voting was intimidating for Schlavin. "There was like 50 billion people, it was confusing," Schlavin said. Schlavin went with his family to vote. "It's important to vote, people died for us."

Sarah Gail, senior, also felt apprehensive about voting. "I was scared, I couldn't find a pen," she said. She walked into her polling place not knowing what was going to happen. "It was easy, you sign in. I had to register though."

Senior Brandon Taylor had his 18th birthday the day of elections. Taylor had no affiliation with political parties. He also voted at the Johnston Evangelical Free Church. Judicial retention in Iowa was established in the 1960s and the midterm election was the first time since then that the judges weren't retained. Taylor was disappointed in the decision. "They're there to interpret the Constitution, it shouldn't matter what the public thinks," Taylor said. He planned on voting in the 2012 Presidential elections.

The midterm elections were held Nov. 2. The build up to the elections led to tension between the parties. Iowa Republicans took 60 percent of the House of Representatives while Democrats had 40 percent. Democrats took 80 percent of the Senate with Republicans taking 20 percent.

spread by emily welch

With the spotlight shining on her face, senior Noelle Liljedahl uses water colors to paint a still life using fruit. "We were painting the perfect meal," she said. "We were able to be creative."

photo by emily welch





**Q**  
WE ASKED.

What changes in the English curriculum do you like or dislike?

"I like how they have good class materials. I don't like the names of them. The names sound unprofessional."  
-Jon Houp '11

**A**  
YOU ANSWERED.



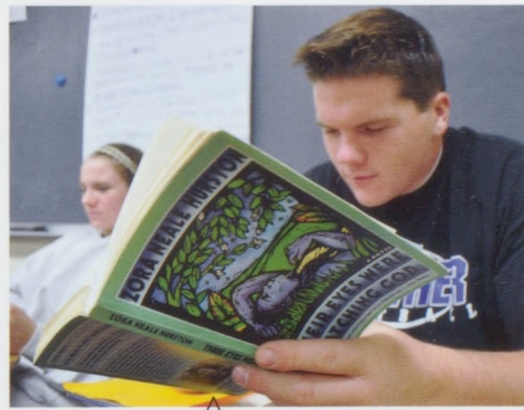
< Senior Mackenzie Ellis takes notes in AP Psychology. "I like being able to relate the concepts in the book to real life," Ellis said.  
photo by monika sehlc



< Focusing, senior Meghan Campbell writes her answers to the Gestalt test. The test was to see if students were understanding the Gestalt terms. Gestalt is a German word for shape or form. In the United States, Gestalt is a word used to describe "wholeness" to a work of art.  
photo by emily welch



U.S. History teacher Jeremy Yenger gets in junior Hannah Thayer's face. Junior Daniel Kim watches Yenger in class. "I like his effort to make people understand," Kim said.  
photo by palge plaskitt



^ Sitting in AP Literature and Composition, senior Blake Davidson reads *Their Eyes Were Watching God*. The class discussed how the individual competes against the system and society and were later assigned a paper based on the topic.  
photo by monika sehlc

Capturing an image >> from a boys' cross country meet, junior Taylor Mithelman takes a photo for her journalism news story.  
photo by lisa frielsth





Seniors Chelsea Waltz and Brooklyn Drake get ready for the homecoming game by placing tattoos on each other's faces. "Happy. Fun. Exciting. Motivating. What else can I say about tailgating," Waltz said. "Tailgating... it's what we do."  
photo by monika sehic

Juniors Nick Siddens and Joe Farrell are two of the many Johnston students who decided to show their Dragon Spirit by body painting prior to the big game against Urbandale.  
photo by kristine hauser



Seniors Dane Van Brocklin and Leah Bowman prepare before the football game by eating burgers and painting each others' faces. Van Brocklin and Bowman were avid tailgating attendees.



photo by monika sehic

## dragonbook

Why do you tailgate?



### Conner Eisentrager

Tailgating is my man time. Hangin' with all the guys, throwin' some football, burgers on the grill, and a cooler full of cold Dew. It just can't get much better than that.



### Abby Dusen

Tailgating has really improved from years past. I'm in Student Council and (junior) Cal Gruening is one of the people in charge of tailgating, and he has come up with some really cool ideas to make tailgating interesting.



### Dillon Temple

Tailgating has given me something to do on my Friday nights rather than staying home watching Gossip Girl.



### Kathryn Propstein

It really gets people energetic, which turns into good energy at the actual games. Mainly it is a really important contributor to the atmosphere surrounding a game.



### Paige Collison

I like tailgating because it's fun for me and my friends to get good food, and it gets us to the games early so we always get a good front row seat.



Purple and cream morph suits are the common attire among juniors Nick Payne (cream) and Andy Smith (purple) at sporting events. Payne and Smith always got morphed up before football games. "This year our cheering section has risen to a whole new level, we have been slacking in years past, Smith said. "We have finally gained our school spirit."



photo by kristine hauser



# CRIST AGAINST HERSELF

spread by kristine hauser and katie holcomb

Grilled chese contest draws many for food, only one for contest.

Senior Allie Crist picks up a piece of American cheese and looks around the high school parking lot. There are other people preparing burgers and soda, and music is blasting from a nearby car, but Crist is the only one in line for grilled cheese materials and it's 6:05 p.m. Teacher Chris Beguhn smiles encouragingly at her.

"It was touch-and-go," Beguhn said. "We didn't know if anyone else was coming, or what to do if they weren't."

The grilled cheese-making contest was created by student council to draw more people to tailgating, and they did see a crowd come in on Oct. 15, but Crist was the only competitor.

"It was crazy," Crist said. "I'd think there would be less pressure when there's no one to beat, but there was even more because I was all alone."

When the line for Crist's sandwiches became too long, other tailgaters began making them, too, and the bread and cheese provided by student council was used up. When organizing the second try at a grilled cheese contest on Oct. 22, student council made it for fun and several people joined Crist from the beginning, making sandwiches for each other.

A few days before the contest, Crist asked several people to join

with her, but no one volunteered. She still signed up, but didn't guess that she would be the only one.

Beguhn didn't call off the contest ahead of time because she expected last-minute entries. "There was a lot of interest in the idea, even though no one signed up," Beguhn said.

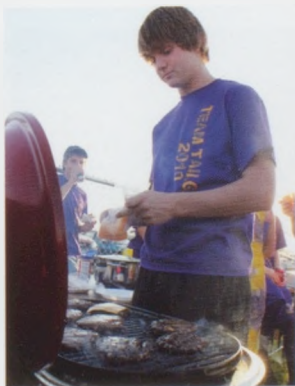
The tailgating season was busy and active, due to nice weather and dedicated students. The student section during football games was always cheering, and senior Matt DeFrancisco led students in cheers, and the entire stadium in the wave. Other seniors decorated purple and gold clothing, including overalls.

The contest was created to be something new for tailgaters to try, something different from the normal burgers that are made and served before the game. Tailgaters were known for painting themselves in purple and gold while waiting for front row seats at games. When the football team created a special cheer, students began using their bodies to spell out the words "Dragons" and "You Know." Beguhn wanted to bring focus back to the tailgating experience with contests and special nights.

"I was actually really surprised no one else signed up," Crist said. "There were signs up for weeks. And a bunch of people wanted a sandwich."



Walking into the homecoming game, juniors Kailey Kerr, Ellie Minor, and Morgan Jungman are ready to support the football team. The girls were part of a group who formed the phrases "Go Johnston" and "YOU KNOW." The group had to make sure the number of people and letters were equal.  
photo by kristine hauser



Senior Austin Kinsey puts his grilling skills to good use by placing some burgers on the grill at Team Tailgate.  
photo by monika sehic



photo by monika sehic

Senior Morgen Roshek cheer against Dowling Catholic. Seniors tried to improve school spirit by getting the student body more involved in the game and in the cheers. During the football season "YOU KNOW" became the number one cheer and saying among not only the football players but their fellow student body as well.



Senior Owen Ballard plays the marching baritone at Valleyfest Showdown. "Marching band was great this year. The 7 a.m. rehearsals are always rough, but it's cool to start every day with friends and it all pays off in the end," Ballard said.  
photo by paige plaskitt

Playing the trumpet on a stormy Aug. 16 evening, freshman Katherine Crowley works to fix her part in the Beatles "Sleep" medley. The rain did come and the marching band played through it.  
photo by sydney dimarco



Junior Nathaniel Perkins, junior Richard Schraeger, sophomore Caleb Gibson, freshman Chandler Bakken, sophomore Blake Wilson, and senior Jason Kane play the tubas at Valleyfest day show. Between the day show and night show, they watched other bands and played on the playgrounds near the field.



photo by paige plaskitt

## dragonbook

What was your favorite part of Valleyfest?



**Sam Theodore Altier** At the end of the performance, hitting the last note, I get an adrenaline rush. The band being under the spotlight in front of the audience's applause adds something to the rush.



**Julia Lee Henning** All of it. From getting to spend the whole day with my friends to getting to compete with some of the best bands around.



**Julia Ann Ratekin** When I walked off the field, I got this feeling of pride because I knew that we, as a band, had done our absolute best.



**Aly Kathleen Vukelich** My favorite part of Valleyfest was hanging out with friends because I have a lot of friends that are seniors and I won't get to hang out with them at Valleyfest next year.



**Nick Reid Vogel** My favorite part of Valleyfest was walking off the field knowing we gave the best performance we ever have.



Sophomore Melia Black performs on her flute at halftime of the homecoming game. "I think marching band had a great year," Black said. "We all worked really hard and had a great show. (Marching band) helped me meet a lot of new people and build great new friendships."



photo by bonnie lepage





## FIGHTING FOR FIFTH

Print by Sydney DiMarco

### Marching band comes back from disappointing dayshow with new record

Walking on the Valley field for the second time, energy flows through the band as it prepares to perform. Assistant band director, Richard Wolfe, announces the band as drum majors stand on the 50-yard-line staring into the stands.

The band had placed a disappointing fourth at the day show earlier in the day. They wanted to improve at the night show. "We were hungry for victory," senior Chris Dockum said. "Everyone wanted to do better, and we were ready to go."

Valleyfest was held on Oct. 9, which was the 70th birthday of John Lennon, a former member of the Beatles. In honor of Lennon, senior Kyle Naig wore a happy birthday hat. The show included the Beatles songs "Because," "A Little Help From my Friends," "Got to Get you Into My Life," and "Magical Mystery Tour."

Band director Patrick Kearney tried to pick a set that would be enjoyable for the band to play and the audience to experience, had a variety of tempos and dynamics that would be challenging for the students, and would be well-received for competitive performances. "This mix is difficult to achieve, but the Beatles show did it better than most," Kearney said.

The show affected Katy Davis. She had known since her freshman year that she wanted to conduct the closer for ValleyFest her senior year. "It was surreal, the stands were packed," Davis said. "I turned around and I saw people standing." The crowd had given

a standing ovation.

In the warm ups there was a large energy difference and people could feel it. Senior Sarah Mayer said, "It was extremely hot during the day show so that took its toll on everyone. The night show just had a lot more passion to it."

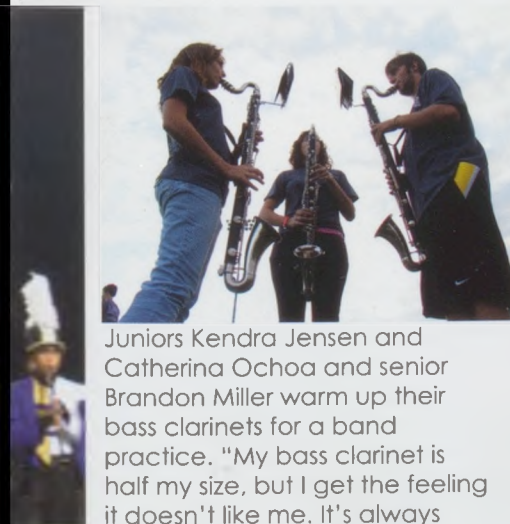
The scores were announced and the band placed fifth, the highest placing in school history. The drum majors laid on the field and made turf angels in celebration. Davis suggested they make turf angels like other seniors in previous years. "We were really excited after doing so well at Valleyfest night show and we wanted to do something crazy," senior Matt Gulleen said.

Kearney was ecstatic. Dockum walked toward him to shake his hand; instead Kearney gave him a hug. "It was kind of awkward, but that showed how special our performance was," Dockum said.

The band had another school record at the state contest; it earned a superior rating of 91.3. It placed first at the Waukee Invitational and second at the Iowa City Invitational and Urbandale Invitational.

Placing so high was an honor because everyone was accepted into the band. Some bands hold auditions.

The members knew they gave a stellar performance at Valleyfest. Before the competition, they did not know they would be the competition for Irondale, Sioux Falls, and Pella, three schools that historically do well at the event.



Juniors Kendra Jensen and Catherina Ochoa and senior Brandon Miller warm up their bass clarinets for a band practice. "My bass clarinet is half my size, but I get the feeling it doesn't like me. It's always hurting me," Jensen said.  
photo by paige plaskitt



Senior Chris Dockum shows enthusiasm as the band plays at the first home game. "We might not have always won, but we put on some great shows."  
photo by paige plaskitt



photo by paige plaskitt

Senior Claire Nagel performs for the color guard during ValleyFest. After a big right flutter, Nagel went around her waist into a left flutter. The guard found these movements in the three/four section to be difficult because the feet had to move faster and the body slower.





Sophomore Blake Miller works on his complex machine for Principles of Engineering. Students had to use mechanical advantage to determine the amount of force required for the pulleys to give the maximum output.  
photo by kofi manfaw

## Students produce green energy

Senior Jake Thies liked Legos as a kid. In Principles of Engineering he got to play with the big kid version of them. Students built mini wind turbines with Fisher Techniks, a plastic construction set similar to Legos, as part of a project about energy.

Called Project 1.4.1., students learned about renewable energy such as wind, solar, and hydrogen cells. Teachers Rhys South and Josh Heyer both taught one period of the course. "This project was chosen because it was a new area of growth," South said.

Students gained wisdom about renewable energy by using math and mechanical theory to construct electrical circuits and blades. The math concepts proved hard. "The most challenging part of the project was figuring out the math equations behind what was being done," junior Manda Clark said.

After practicing the math and mechanical theories, students used this knowledge to create Project 1.4.1. The project involved building a model of a farm that in real life would be powered by solar panels. The sun energy would be sent to hydrogen cells. Wind turbines would be the back up energy source. Instead of powering the whole farm, the class project powered three light bulbs, but it was an innovative thought process for students.

Although the project seemed complicated, Heyer thought it were deceptively simple. "Once you actually dive into the project it is pretty easy," Heyer said.

The students learned about the real-world application of renewable resources. "Before this project we didn't realize how energy was produced," Clark said. "Seeing it all come together gave us a greater appreciation for energy and what happens behind plugging a light into the electrical socket."

Sophomore Caleb Gibson also realized the connection to life. "Wind and solar are inexhaustible and will always be there," he said, "which is a better source of energy than using stuff that we're never going to have anymore."

print by kofi manfaw and amy horman





**Q**  
**WE ASKED**

What is your  
favorite PE  
track?

"My favorite track is Track three because there is variety of games that keep us active. Some are interesting and some are not. The most interesting game we played was handball because it has the least physical contact."

-Toato Kpor '12

**A**  
**YOU ANSWERED.**



<< Sophomore Jarid Ingebrand works on his garage band project in Graphics, Sound, and Animation. For the project, students stripped the audio from a clip and added their own touch and music to the piece. Then, they edited their different pieces together.  
photo by kofi manteaw



<< Junior Jacob Knopf stands behind junior Jared Willson while he bench presses in teacher Brian Lutter's Track four PE class. To make sure the students did not get injured, they were required to have someone spot for them. Students warmed up everyday and were expected to push themselves to achieve their goal.  
photo by ellie minor



Senior Mackenzie Berger performs the sit and reach during her fourth period gym class. The test is designed to test students' flexibility compared to national norms of their age group.  
photo by faisal alabsi



Junior Keshia Henry works on her Sales and Advertising assignment. The class analyzed good marketing techniques such as color and knowing the target audience. "The best part about the class is the stories Mr. (teacher Tim) Brickley tells."  
photo by kofi manteaw

Junior Jasna Blasevic performs hanging leg raises to strengthen her abs in Track four PE. "The most challenging part is trying to meet your weight goal," Blasevic said.



photo by kofi manteaw



indianola invite  
 304  
 dowling  
 311  
 s.e. polk  
 307  
 urbandale  
 158  
 indianola  
 148  
 ankeny invite  
 309  
 ankeny  
 167  
 valley invite  
 300  
 johnston invite  
 295  
 ames invite  
 312  
 dowling catholic  
 318  
 harvester invite  
 314  
 districts  
 302  
 state  
 325  
 all conference  
 kyle skinner  
 eric welter  
 collin bisenius  
 alex wendell  
 all state  
 grant smith  
 all tournament  
 collin bisenius



1. At the end of his swing, senior Ethan Kumbera watches his ball fly in the team's end-of-the-year competition. Each coach took half the team and played against each other for bragging rights. Jacobson's team won. *photo by helen lagerblade*  
 2. Holding the flag, sophomore Joe Hawks allows his opponent a clean shot. Hawks played in the S.E. Polk meet but it got rained out so he wasn't able to finish his game. *photo by monika sehic*  
 3. Sinking his putt, senior Corey Schaefer executes perfect form. "Golf was a good time," Schaefer said. "You could always count on some good laughs." *photo by monika sehic*  
 4. Crouching, sophomore Grant Smith lines up his putt. Smith played in the Ames meet and shot an 83. *photo by erica white*  
 5. Drawing the club into his backswing, freshman Drew Grill prepares to hit his ball. Twelve freshmen made the team. *photo by helen lagerblade*  
 6. Watching his putt go to its target, junior Ryan Lowder holds his swing. *photo by helen lagerblade*  
 7. Preparing to drive, senior Kyle Skinner focuses in on his target. Skinner was one of six golfers to make it to State. "I played bad but I kept my emotions in the cellar," Skinner said. *photo by erica white*



>> Finding his marker, senior Jimmy Seibert places his ball near the green. Seibert was playing in the S.E. Polk meet Sept. 21. by monika sehic

# TEAM RECEIVES SUPPORT

## Student council helps get the word out for state meet

The six state-qualifying golfers pulled up to the Johnston Hy-Vee on the morning of Oct. 8 to eat breakfast before heading to the Harvester Golf Club in Rhoads, Iowa. They were told by coach Steve Smith that they had to enter through the front, but as senior Eric Welter walked through the doors, he thought nothing of it. One of his fellow golfers then mentioned to him, "Did you see the sidewalk chalk?" Welter had walked right by a message reading "Good Luck Boys' Golf" written on the sidewalk. Coach Brad Jacobson shook his head.

Members of student council thought that the golf team deserved recognition for qualifying for state as a team. Along with the sidewalk chalk at Hy-Vee, they also drew on golfers' driveways and painted their car windows.

After eating breakfast, the six golfers piled into Smith's Yukon and rode to the meet. "(The ride) was pretty quiet," Welter said. "It is a big meet and what you aim for the whole season so there seemed to be lots of reflection." However, the boys were still able to exchange jokes with one another, attempting to keep calm before the tournament.

Even with the preparation, the players struggled with the mental aspect of the tournament. "The thing I would have changed was how we played on the first day," senior Alex Wendell said. "If we would have played a little bit better, we could have easily contended."

Walking into the clubhouse after the first day, the team was slightly disappointed. "It didn't go as well as we hoped," Welter said. "We knew it would take some work, but it was bittersweet knowing we didn't really have a shot."

The team focused better the second day and tied for fourth in the state. The tiebreaker went to the fifth score. Welter's score won the tiebreaker and the team earned fourth place. "It was cool being the fifth score and knowing that each one of my shots helped us win in the end," Welter said.

Coming back from the tournament they felt like they earned more respect along with more support from the school. Because student council got the word out, peers went out and supported the team at the meet. "It meant a lot to me to have people come out and watch us, it was a great experience," Wendell said.

print by katie laisher and erica white

## HELLO, CAR PAINT

*"It was really nice of them to chalk my sidewalk. It stayed for a week, and I was really bummed when it rained."*



*"I got my car painted and my sidewalk chalked and that was pretty awesome. It was a really nice gesture."*



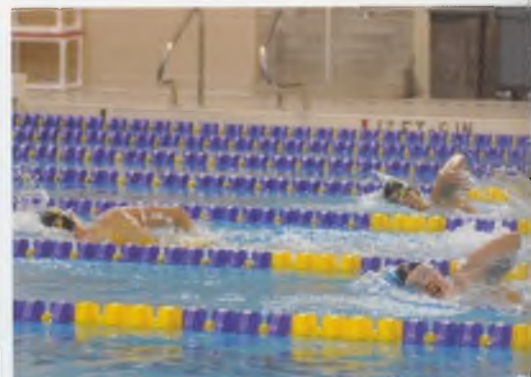
*"The chalked sidewalk at Hy-Vee meant a lot to our team because most of us have been playing together for the last four years. It was really nice to get recognition other than the fall assembly."*





north  
152-31  
marshalltown  
120-66  
arnes invite  
232/4th  
newton  
60-42  
east  
90-11  
ottumwa  
138-32  
ankeny  
97-73  
s.e. polk  
136-50  
johnston invite  
227/3rd  
indianola  
120-50  
dowling  
76-110  
conference  
321/2nd  
regionals  
369/2nd  
state  
70/13th  
state qualifiers

dahlia gordon  
1 meter diving, 1st  
dani davis  
1 meter diving, 3rd  
emma billerback  
1 meter diving, 13th  
victoria trost  
200 yard medley relay, 12th  
100 yard freestyle, 18th  
100 yard backstroke, 17th  
400 yard freestyle relay, 12th  
carmen vajgrt  
200 yard medley relay, 12th  
200 yard IM, 19th  
100 yard breaststroke, 17th  
400 yard freestyle relay, 12th  
janelle galang  
200 yard medley relay, 12th  
100 yard butterfly, 11th  
200 yard freestyle relay, 15th  
100 yard backstroke, 20th  
emily merritt  
200 yard medley relay, 12th  
50 yard freestyle, 24th  
200 yard freestyle relay, 15th  
400 yard freestyle relay, 12th  
mollie greenwood  
200 yard freestyle relay, 15th  
mariah wellman  
200 yard freestyle relay, 15th  
caylee shank  
400 yard freestyle relay, 12th  
first team all-state  
dahlia gordon, diving  
dani davis, diving



1. Senior Dahlia Gordon spirals through the air, performing a backward somersault with one-and-a-half twists during the Johnston Invitational. Gordon ended up winning the State Diving competition on Nov. 5. *photo by helen lagerblade* 2. Propelling through the water, freshman Nicole Davis races in the 200 yard freestyle at the Johnston Invitational. Johnston placed third overall. *photo by helen lagerblade* 3. Racing against a S. E. Polk opponent, freshman Carmen Vajgrt and sophomore Victoria Trost try to catch up during the 500 yard freestyle race. Vajgrt won the race while Trost finished third. *photo by helen lagerblade* 4. At the Johnston Invitational, junior Emma Meyer comes up for a breath during the breaststroke portion of the 200 yard IM. *photo by helen lagerblade* 5. Doing an open turn, sophomore Joscey Minor competes in the breaststroke part of the 200 yard IM. The 200 yard IM is made up of swimming 50 yards of each stroke: butterfly, backstroke, breaststroke, and freestyle. *photo by helen lagerblade*



>> Senior Janelle Galang surfaces for a breath during the 100 meter butterfly at the North Dual meet. Galang placed 11th at state with a time of 1:01.39.  
photo by helen lagerblade



# TAPERED TOO SOON

## Tapering causes concerns for the state team

Sitting in junior Molly Thuente's basement the team gathered in anticipation. It was just hours after they had taken second place at the regionals meet. But the big news had yet to come, who was going to state? Sitting on a couch, junior Mariah Wellman listened intently to coach Shari Walling only to notice that Walling didn't read off who was swimming in the 200 yardfreestyle relay.

Walling didn't announce the relay swimmers until she told the state swimmers to come with her, that's when Wellman heard her name. "My reaction was excitement and disbelief because a couple of weeks before it wasn't even a sure thing that I'd go to regionals," Wellmansaid.

Although Wellman was excited, she knew she had a long week ahead of her since she, along with the rest of the team, was tapered for regionals, not state. Tapering is cutting down the yards swam during practice to no more than the amount of yards that would be swam for a warm-up the day of a meet. This is accomplished by cutting down the yards swam but increasing the speed and the rest between each set. The team had to taper for regionals because "no one was under the state cut off times from last year," Walling said. So they had to hope that they would swim well enough at regionals to qualify for state.

That hope was conquered when of the 37 out of the 39 events swam were best times. "They were considerably best times," Walling said. "Regionals went tremendous, it was probably one of the best girls meet that we've had in a while." With the results of regionals ten girls were set to go to state in ten of the twelve events.

The team's long week of preparation started right away on Sunday, the day after regionals. They upped their yards during practice for a couple of days and also changed their diet. They ate more proteins and less carbohydrates starting Sunday and then on Wednesday they reduced their protein intake and increased their carbohydrates. When they upped their carbohydrates, they started tapering again. "As long as you have done the work ahead of time, you should at least maintain (the taper)," Walling said.

Having tapered for a different meet caused some struggles. "State was a lot harder cause we had to do a lot of tapering for regionals," sophomore Victoria Trost. "For me it was kind of a disappointment but also a good learning experience and helped remind me I still have a lot to work on and prepare for next season." Trost swam the 100 free and 100 back at both regionals and state, but since she was not originally tapered for state her time was .45 seconds slower for her 100 free and .8 seconds slower for 100 back than her time at regionals.

Wellman and Trost were not the only one to add a little time from regionals. "No one increased time more than .7 seconds but most (of the girls) just swam the same since that was the rested time," Walling said.

The team placed second at regionals as well as at conference. Wellman's contribution at state helped the team place 13th out of 37 teams. "Even though going to state was a surprise, I am thankful for the opportunity," Wellman said.

## JUNIORS SAY GOODBYE TO WAUKEE

"It was kind of sad and weird to get used to (Waukee being on a different team) because we lost some good swimmers and friends, but some of us are still friends even though we don't see each other as much."



"We were all kinda disappointed that they wouldn't be with us but it gave people the chance to step up and show what we could do as a team."



"We all miss them and it's weird having to compete against them for once. But it's a good opportunity for them having their own pool and the amount of Waukee swimmers has grown since they got their own swim team"





michael murdock  
drummer, new, talented

Moving from Cincinnati, Ohio, to Johnston, Iowa, was a difficult thing for junior Michael Murdock since he was the new kid in high school. Murdock moved over the summer due to his dad getting a job in Des Moines. One thing allowed him to fit in, drums.

Murdock's favorite thing to do is practicing or playing drums. He stays with the snares in drumline due to it being his favorite instrument to play. He will also practice on a sound proof drum that doesn't distract anyone, and so he can just hear it himself. "He seriously won't shut up about drumming and is always playing" said friend, junior Brad Gott.

Once Murdock moved here, band director Patrick Kearney made room for him to participate on drumline. "I'm lucky that his band director contacted me about his ability," Kearney said. "He shared Michael's skill level and scales via recordings." Murdock spends a lot of time in the band room practicing. During the marching band season, he would occasionally practice any songs from "Rhythm X," which is a competitive drumline out of Columbus, Ohio.

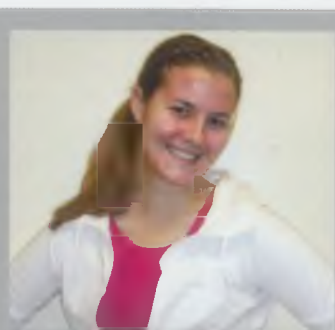
Rhythm X's last performance piece was "Inspire." Murdock relates to the group and it inspires him. "I enjoy playing their music and they also motivate me to become better, to be like them," Murdock said.

Spending five years of his life playing drums, it became custom. He switched out of concert band snare after seventh grade, then to marching snare his freshman year once he was in marching band. "Performing with marching snares are the best part," Murdock said. "The sound of the rim and the beat are just amazing."

At the age of eight, Murdock got his first set of drums. The drums were a mini drum set that were for him to start playing. "The drums didn't really make any noise, it was fun to mess around with," Murdock said.

The reason why he loves drumming so much is because it is fun and it relaxes him. It also helps him keep his mind off of things. "I think I enjoy it because it's some sort of significant type of talent that I have," Murdock said.

When Murdock was in Cincinnati was when he had the best memory of playing. His drumline from school was in an indoor competition of only lines. "I loved it a lot because it was all about us, and the adrenaline and feeling I had after playing," Murdock said.



**Christina Davis**

age 17 | rochester, new york

> I have this horse and her name is Gidget, and she's about eight years old. I love her and ride her a lot. She is a registered quarterhorse. She isn't very tall but loves to run fast and she is scared to on trail rides because the deer tend to pop out at her. Everyone loves being at the barn and spending time with her. She is very easy going and absolutely loves her apple treats.



**Ian Selinger**

age 17 | eugene, oregon

> Two summers ago, I went backpacking in the mountains of New Mexico. I went with members of my Boy Scout troop. We hiked for ten days and traveled about 70 miles total. The scenery there was just beautiful. It turned out to be a really great experience for me and my troop.

hello, my name is...

print and photo by mica white





I have sticks and I am not afraid to use them!



**Shaylinn Crone**

age 16 | johnston, ia

> I'm insanely obsessed with the rapper Drake. I have posters of him in my room, his CDs, some shirts with him on it too. I know everything about him from his time on the Degrassi show to now. I talk about him all the time. I know all of his songs and one day, I'm going to marry him.



**Rory Mull**

age 17 | des moines, ia

> Not a lot of people know that I love to cook. I enjoy cooking because it's a lot of fun and it turns out to be good. I now decided to start taking cooking classes down at Central Campus, downtown. I also have a busy schedule with taking classes at Central, along with also taking classes at DMACC for college credit.



**Bryon Christensen**

age 15 | grimes, ia

> I do have A.D.D. (Attention Deficit Disorder). I can never focus in school unless I put my mind to it. I have a really hard time starting things, but once I do, I usually do work! It is hard to focus and at times I do tend to space off. But when I try and want to focus, I can.



**Hannah Wiles**

age 16 | urbandale, ia

> I love, love, love, love writing and acting. Someday I hope to be an author and possibly end up being a director. Fantasy and science fiction are my favorite genres to write about along with to watch. My greatest inspirations I base off of is the Sci Fi show, "Firefly," my family, and my insistent friend, sophomore Breanna Williams.

\*People chosen at random



pella christian 1-3  
 ottumwa 3-0  
 jefferson 2-0  
 marion 2-0  
 washington 2-0  
 oskaloosa 2-1  
 prairie 2-1  
 xavier 0-2  
 roosevelt 3-0  
 fort dodge 3-0  
 knoxville 2-0  
 ballard 2-0  
 jefferson-scranton 2-0  
 grandview park baptist 2-1  
 bondurant-farrar 2-1  
 s.e. polk 3-0  
 ankeny 0-3  
 east 2-0  
 marshalltown 0-2  
 western christian 2-0  
 hoover 2-0  
 valley 2-1  
 oskaloosa 2-0  
 urbandale 3-2  
 nevada 1-2  
 fairfield 0-2  
 ottumwa 1-2  
 dsm christian 2-1  
 indianola 3-0  
 boone 2-0  
 ames 2-1  
 waukee 2-0  
 s.e. polk 0-2  
 dowling 0-3  
 east 3-0  
 regionals waukee 2-3  
 first all-conference tory knuth  
 second all-conference corrin larkin  
 honorable mention sarah cleveland  
 jessica mozga  
 taylor joens



1. Going in for a tip, senior Tory Knuth adjusts to the set. Knuth played varsity all four years and will attend Iowa State University on an athletic scholarship. photo by monika sehic 2. Reaching back, senior Corrin Larkin tries to keep the ball in play. If a ball is deflected off a block, a player is allowed to touch the ball again as the first touch without it being illegal. photo by monika sehic 3. Passing, junior Briana Nelson, attempts to get the ball up to the setter. At practice, the girls spent hours getting the ball to the "target," which was where the setter's position was on the right-hand side of the court. photo by monika sehic 4. Diving, junior Ellie Minor, attempts to get the ball up after a tip. "I've gotten some pretty nasty floor burns over the years," Minor said. "They've been worth it." photo by monika sehic 5. Getting the crowd pumped up, senior Matt DeFranisco does the "roller-coaster" cheer during Dig Pink. "The Dragons need our support," DeFranisco said. "It's our responsibility as students to be there." photo by monika sehic



>> Lying on the ground, senior Jessica Mozga stares at a ball that ricocheted off after hitting her arms after she dove. "I remember it's just a game," Mozga said. "As long as I give it my all, there's no regrets."

# MIRACLES GET CUT SHORT

2004 sports film prompts senior to write inspiring speech for team

Inspiration comes in many forms. While watching *Miracle*, the American sports film in AP English, senior Corrin Larkin was inspired to write a speech to motivate her volleyball team in the same way the coach in the film did for his team. The film was based on the true story of the United States men's hockey team, who conquered the favored Soviet team during the 1980 Winter Olympics. Seeing them as the underdogs, Larkin fulfilled her class assignment of looking for archetypes or stereotypes in cinema, but also wrote a speech that would inspire her team to play their best against their own personal Soviet Union — Ankeny. "They're ranked #1 and have always had a solid team, so we knew it was going to be a challenge," Larkin said.

Finding parallels between the movie and upcoming game against Ankeny wasn't hard for Larkin. "We knew it would be a challenge when we played them. We wanted... to show everyone that we are a good, scrappy, hard-working team and can compete with the best."

Though few knew about the actual speech beforehand, the reception wasn't surprising to Larkin. "They started laughing when they saw me trying to keep a straight face," Larkin said. "It was very intense in some parts and in order to be taken seriously, you had to say it pretty intensely, like when you have to say, 'Let's go out there...and shut them down!'"

Though the girls laughed at the delivery, they didn't laugh at the message. "We all knew what she was getting at," senior Kerrigan Crotts said. "Plus, I knew Corrin had been planning on trying to memorize the speech so I took every word to heart."

The Ankeny game started off well and gave the girls hope. The team held a run of points until the unbelievable happened. Coming down from a spike, senior Kristen Howe landed incorrectly on her left leg and tore her ACL. "I couldn't believe it," Crotts said. "We all just wanted to cry for her."

The game continued with Howe on the bench cheering for her team and icing her knee. "Losing a great teammate who's also my best friend is very hard," Larkin said. "I tried to keep the girls refocused right away once I saw she wasn't going to get up and continue to play, although it was difficult." The girls ultimately lost the game 0-3.

As for the original speech? "I never did the same speech again," Larkin said, "but I always have some sort of inspiring or motivational comment to say before a game. It was perfect at the time and it's still on a notecard in my volleyball bag."

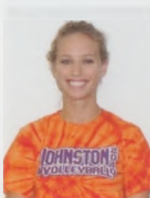
Though the story did not end in the same as it did in the film, that inspiration and hard work got the team to sub-state against Waukee where they lost in the fifth match. "It's not about winning the game," Crotts said. "The desire to win is so much sweeter than any victory. So we lost. I care more about the fact that we almost won because we wanted it more than anything."

spread by monika sehic

## SENIORS SAY GOODBYE

"You get to plan shirts and have more say in the team, but at the same time you know it's your last year."

-elizabeth schiefelbein



"As a senior, I'll always remember beating Urbandale. They were ranked second and it came down to a couple points. I felt unstoppable."

-sarah cleveland



"Leaving the volleyball team will be bittersweet. We want to end the year in the best way possible. Once we do that the goodbye won't be so hard. We want to leave behind a legacy."







s.e. polk  
2nd  
pella  
3rd  
johnston  
2nd  
roosevelt  
5th  
st. paul, mn  
16th  
ankeny  
4th  
ft. dodge  
6th  
conference  
4th  
districts  
3rd  
state  
14th



1. Senior Alyssa Eaves paces herself through the wooded area at the Johnston Invitational held at Walnut Ridge photo by helen lagerblade 2. Sprinting towards the finish line, senior Kelly McGowan competes the last race of her cross country career. "I'm going to miss my cross country sisters," McGowan said. photo by helen lagerblade 3. Freshman Kenzie Foldes and sophomore Andrea Renner push themselves to the finish of the State meet. Foldes finished in 100th and Renner followed in 101st. photo by lisa friesth 4. Striding out down a hill, junior Megan Davis competes at the Roy Griak Invitational in St. Paul, Minnesota. The team left on a Friday morning and was able to visit the Mall of America prior to the meet. photo by lisa friesth 5. Senior Amber Clock sprints to the finish in St. Paul, Minnesota. "Running at Roy Griak for the last time was bittersweet," Clock said. "It's a tough course, but I love running with my team because not only do we come together as a team but more like a family." photo by lisa friesth





>> Junior Maddie Kleve leads a pack of varsity runners at the district meet. Kleve placed fifth at the meet held in Fort Dodge and finished with the time of 14:50, the third fastest time in school history.  
photo by lisa friesth

# ARMY FOR THE CURE

## Granddaughter wins for legacy of lost grandmother

At Race for the Cure on Oct. 23 junior Maddie Kleve's feet pound the ground in rhythm, right left right left. She crosses the finish line first out of the 910 people that completed the race, but instead of feeling victorious, Kleve thinks of her grandma. Loretta Kleve who was diagnosed with breast cancer three years ago. "I could feel her in spirit as I was running," Kleve said. "Feeling her there with me just gave me the incentive to run harder and stronger for her."

Loretta lost her battle to cancer on Oct. 13, 2010. Previously, the team had run the race and made shirts to bring awareness. With her grandma's death weighing on her, Kleve brought up the idea to have their shirts read "Loretta's Army" on the front and the quote "The human spirit is stronger than anything that can happen to the body" on the back. Kleve thought Loretta exemplified the quote. "Even though her body was experiencing this great load of pain, her spirit never let it get the best of her," Kleve said.

The team supported her immediately. "Maddie was pretty emotional when she brought the idea of the shirts to us," senior Alyssa Eaves said. "We're like family and we all wanted to support her so we agreed right away. We run the race every year but this made it feel like we had a specific reason for running it."

Coach Patrick Hennes agreed with the team. "Maddie had a very personal reason to get involved," Hennes said. "She did a great job of organizing her teammates and even friends and family. The shirts were great but secondary to actually getting involved in the event."

Over twenty people ran through the streets of Des Moines with "Loretta's Army" bolded across their chests. "At first we were just running for fun," senior Brittany Trow said. "Then, as we were running, we saw all these survivor shirts and cheerleaders chanting 'finish the race, beat breast cancer!' and it got us going. It was really inspiring and we picked up our pace. When we finally cleared the last hill it was really cool because there were so many girls with 'Loretta's Army' shirts on, that made it a lot more personal."

Hennes had been taking the team to the event for five years and sincerely believed in the cause. "It is a great way for athletes to get involved in a larger running community and it's a cause that takes us outside of our focus on our own season," Hennes said.

Roughly 40,000 people a year will die due to breast cancer according to cancer.org. Kleve who had seen first hand the struggle cancer victims go through now had a different perspective on life's obstacles. "I just want to let people know that even when they think they can't do it anymore and want to throw in the towel," Kleve said, "I just want them to think of all those women, especially my grandma, who went through this gruesome and very painful experience but never gave up."

## Hello, DMACC course

*"It was a really fast course so a lot of people beat their personal records. It's very deceiving though because it's all uphill so that was unexpected."*



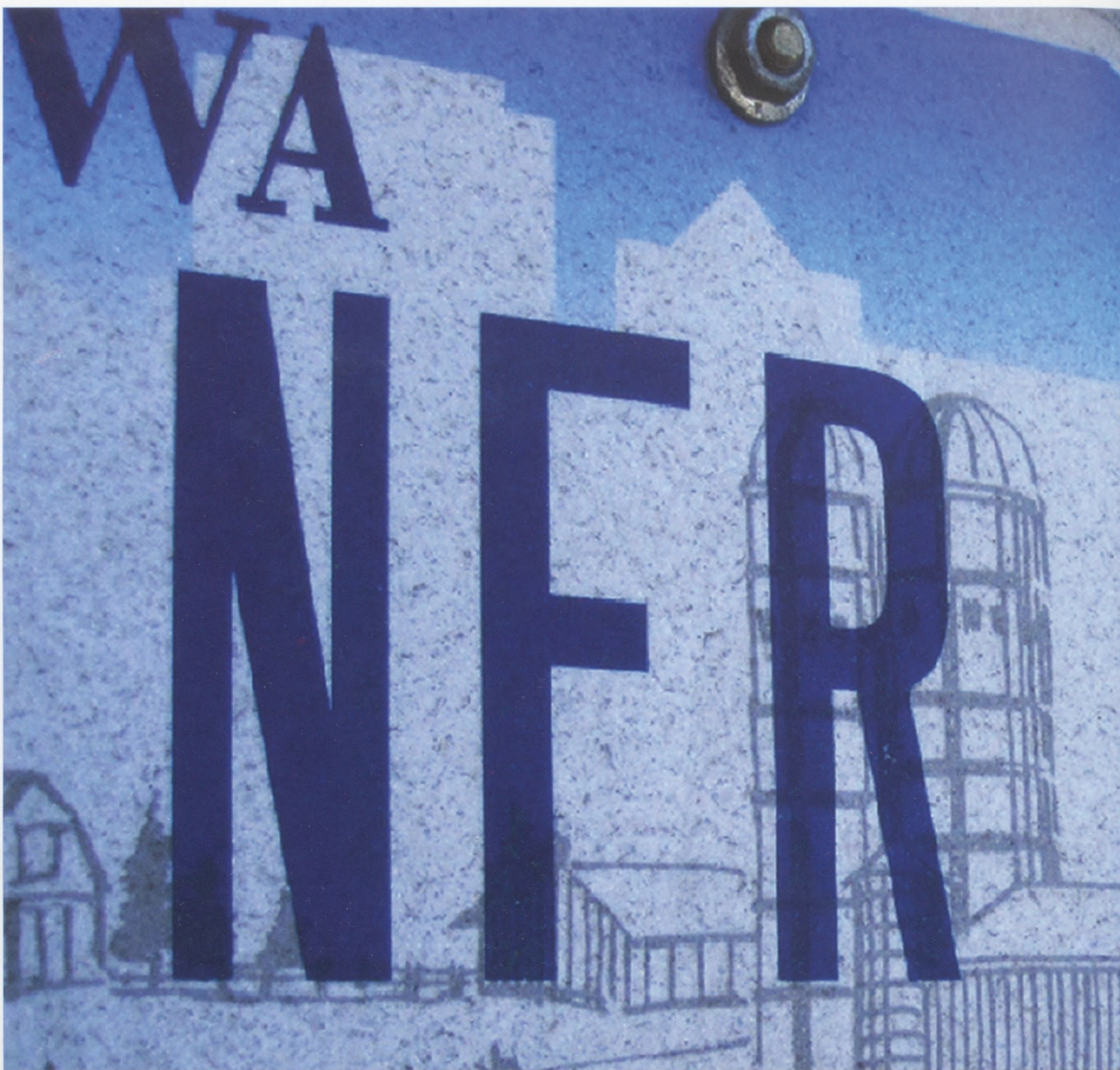
*"There's such a big loop where no one is cheering and it feels like it takes an hour to get around it. I liked that it was flat but it'd be better if there were more fans cheering."*



*"The course was really nice because it was really flat but we had to go around this giant loop and it feels like it never ends."*











# WICKED WINTER

**winter. 3 months. december. january. february.**

iowa winters... some people, like junior andi holdsworth loved the fresh snow and all the snowboarding she could do. others, like senior ryan stapes, hated that the seniors had one day to make up later in the spring (opposed to the maximum five seniors are allotted.) low temperatures kept us in our homes-that is until we headed down to raygun to buy our customary made-for-johnston "straight grindin'" t-shirts. we got down and groovy to the interlude during the boys' basketball game and showed everybody how johnston does school spirit. the snow melted, but of course it came back. that cycle continued well into march, but eventually bits of green sprouted through the melting snow. goodbye winter, hello spring.

photo and words by monika sehic



Goodwill proves a disappointment for senior Jordan Adams as he realizes that the perfect ugly sweater isn't as ugly as he wants for the ugly sweater contest on Dec. 22. "I had the perfect sweater pictured in my head. I wanted a sweater with a Christmas tree on the front, but I settled for one with Winnie the Pooh."

photo by monika sehic



Senior Joe Kraber aims his Remington 8807 Nitro at a group of geese overhead. He and senior Zach Schneider met up after school to go goose hunting briefly in a friend's field in Grimes before the sun went down.

photo by bonnie le page



During Spanish club, junior D'Sharri Scott and sophomore Raven Wells partner up and express what they had learned about salsa dancing. Spanish Club taught students about other countries through cultural activities like dancing.

photo by paige plaskitt



Senior Emily Bisenius skis at Seven Oaks on a Saturday night. Temperatures in December averaged 2.3 degrees higher than normal, according to the Iowa Department of Agriculture and Land Stewardship.

photo by jordin robinson



Senior Ananya Kumar and her little sister, Anjali, compile treat bags at the holiday celebration at the Johnston Public Library. "The event was a lot of fun for the both of us, especially decorating and eating the sugar cookies!" Ananya said. "My favorite part was checking out the gingerbread houses."

photo by paige plaskitt

“hey!

Haley is so strong inside and out. This was a major surgery and she knew it was going to be a long recovery. I felt so bad for Haley. She was hooked up to so many tubes when I first saw her. I could tell she was in severe pain. She was also hooked up to a morphine pump to help her deal with the pain. My mom and I tried to help by being her Santa.

bye!”

joscey miner  
sophomore



# Hospital Holiday

Relaxing in her bed after supper, sophomore Haley Morris begins her slow evening with a regular "creep" on Facebook. Morris was bed ridden in the hospital for two weeks after her surgery and was not allowed to lift more than five lbs.



PHOTO BY JORDIN ROBINSON

## Sophomore spends holidays in hospital for corrective surgery; outlook looks bright although painful.

Imagine searing pain shooting through your body at every step you take. For sophomore Haley Morris surgery to correct her scoliosis led to pain she never imaged she would feel. "No one could have prepared me for how I feel now," Morris said. "I didn't know what or how much pain I was going to be in. But now that it I'm dealing with it I'm glad I didn't know. It's horrible. About all I can do right now is walk, go the bathroom, and go up and down the stairs."

Morris underwent spinal corrective surgery on the last day before winter break, Dec. 22, in Iowa City. The surgery was to correct her scoliosis, a curving of the spine, found in fourth grade. Dr. Stuart Weinstein was the leading surgeon. His job was to correct the scoliosis by placing screws in her spine, breaking and untwisting her spine, putting rods in, and then fusing them with a bone graft from her hip. The surgery took a total of five hours. "I wasn't really nervous for surgery," Morris said. "I went in thinking I'm going to recover quickly and get back to school. It was only now that it's done that I realize how serious it was and how exhausted and sore I really am," Morris said.

The surgery proved that no matter what, friends and family will be there. The day after surgery, Morris' friends, sophomores Brenna Robinson, Stephanie Wilkinson, and Joscey Miner, drove approximately two hours to see their friend. Even though they couldn't take away her pain, they provided emotional support. Along with her friends, Morris said that her parents and her boyfriend, junior Adam Rieck, were her rock through everything. "My parents have literally been my full-on support system," Morris said. "They're my unsung heroes. They get up with me every night, they bathe me cause I can't, they help me go the bathroom, they feed me, they even rented me a hospital bed because I was so uncomfortable. My friends have also been really good, my boyfriend in particular has come and sat with almost every day since I've gotten home from the hospital and it has really truly helped me take my mind off the pain. He has been with me through everything and it means so much."

After the surgery Morris looked at the positives that came out of something painful. "I started out at

5 feet 5 1/2 inches tall and now after surgery I am 5 feet 6 1/2 inches tall so I only grew an inch," Morris said. "but when I found out I was so happy because I had wanted to stay my height and not get taller. It makes me look skinnier though!"

Even though Morris has to undergo physical therapy in order to get back to normal, she still looked forward into getting into shape for JUSC soccer season. Morris also had to videochat with teachers, during recovery, and virtually attended classes so that none had to be made up. She also looked forward to teaching swim lessons in months to come at her pool, as she did last summer.

Morris is certain she will never forget this experience. "The best memories were probably waking up and feeling nothing because I was so medicated, saying weird things while I was out, seeing my friends and people who care about me in the hospital, and working with the awesome nurses," Morris said.

spread by bonnie lepage



Sitting in her living room, junior Jen Barber prepares a table by laying a lime green, short-sleeved shirt down and begins by drawing blue lines across the front side of the it so she knows where to cut. "I love artistic things," Barber said. "I can't draw so I figured this is another way I could show my creativity."

It all started when Barber had a shirt from the band 'Atreyu' which was signed by her favorite band, Classic Crime. But it was too large and she was tired of dealing with tying it up in the back. "I thought that if I cut the sides and tied them together it would be tighter," Barber said. "I didn't really like where the neckline was and I saw at stores the off the shoulder look so I thought I'd try that out." It is one of Jen's favorite shirts.

Her favorite stores consist of American Eagle and Wet Seal. She finds inspiration from the clothes of those stores and has a natural knack for designing unique tees. "Then it just hit me that I could do that to a lot of my shirts that don't fit the way I want them to," Barber said. She has created three other shirts varying in ways they are cut, tied, and type of shirt.

Along with t-shirt innovation, Barber has been interested in artistic photography for about a year. "I am currently saving up for a professional camera," she said. She says she drives around with friends and if she sees something "neat," she'll snap the shot.

Her creative eagerness doesn't end at photography. It continues with Barber teaching herself how to make hemp bracelets and necklaces. She took her pursuit to the Internet and invested her time in "how to" videos to learn the skill. "I wanted to start making them so I didn't have to buy them and it was cheaper," she said. "I enjoy being able to create something that's neat and cool."

Harnessing her talents, Barber plans on taking more hands-on art classes her senior year. She intends to attend beauty school within the state. Barber enjoys living in the moment, hanging out with friends, and having a good time while wearing some of her own creations. "My favorite part is being able to be creative and making something I could show off," she said.

spread by jordin robinson

hello, my name is...



**Brittany Faley**

age 17 | des moines, ia

> I am the clumsiest person in the world. When I was at a wrestling meet for my brother, I fell down the bleachers! It was so embarrassing except that the only people who saw me fall were Lexie Reicks and the wrestling cheerleaders. Luckily, the cheerleaders have all graduated so the only other person that knows is Lexie. I also trip and fall up the stairs at school almost everyday.



**Cameron Pearson**

age 18 | des moines, ia

> I had Necrotizing Fasciitis (also known as the flesh-eating bacteria). I got it when I was sick with the chickenpox at age 6. It started under my arm. Back when I had it there was a 75% mortality rate. They sent me to the hospital immediately from the doctor's office where I was met by a team of five medical personnel all dressed in quarantine garb. I was in the hospital for seven days. They left my incision open and cleaned it three times a day until the day they were sending me home. They put me back under and stitched up the incision.





I love artistic things. I can't draw, so I figured this is another way I could show my creativity.



**Andre Mckay**

age 17 | des moines, ia

> My family calls me Phatz because I was a chubby baby. Also I was in a twin magazine. I'm a Steelers fan and I have a fat head in my room of Troy Polamalu. I can also do a hand stand for two minutes! I play pool a lot and my friends call me a Panther because of my fast speed on all fours.



**Dede Ayers**

age 16 | des moines, ia

> I am in three sports: basketball, track, and cross country. Everyone knows me by Dede. My basketball teammates call me Deeders. To many people I'm quiet and keep to myself but if they really knew me they would find out how loud and funny I could be.



**Brennan Woods**

age 15 | des moines, ia

> One time (junior) Sam Wendell tried to double bounce me on our friend's trampoline, and I tried to miss someone and landed on my neck. It knocked me out for about a minute and they all asked me a bunch of questions to make sure I was okay.



**Kelsi Larsen**

age 16 | des moines, ia

> When I was in fourth grade or so, I was learning how to ski with my family at a ski resort. This was one of my first times skiing. I was at the chair lift waiting my turn to get on the seat and each lift was having a competition on the best snow sculpture. I wasn't paying attention at all to the lift, just looking at the sculpture. And then out of nowhere the chair hit me and down to the snow I went. The person who was working there had to stop the lift and pick me up and put me on the seat.

\*People chosen at random



valley  
**65-53**  
 dsm lincoln  
**70-32**  
 s.e. polk  
**54-46**  
 dsm east  
**80-30**  
 ankeny  
**68-71**  
 urbandale  
**49-54**  
 mason city  
**69-75**  
 marshalltown  
**59-74**  
 indianola  
**57-24**  
 dowling catholic  
**55-54**  
 s.e. polk  
**65-56**  
 lewis central  
**76-36**  
 waukee  
**74-58**  
 ankeny  
**54-62**  
 ottumwa  
**59-46**  
 urbandale  
**68-73**  
 dsm hoover  
**44-53**  
 indianola  
**66-30**  
 fort dodge  
**71-51**  
 dowling catholic  
**45-55**  
 dsm north  
**68-53**  
 ames  
**78-52**  
 s.e. polk  
**62-71**  
 CIML central 1st team  
 all-conference  
 corey schaefer  
 andrew vander zwaag  
 CIML central hm  
 justin blackburn  
 luke jorgensen  
 jay knuth  
 all-CIML 1st team  
 corey schaefer  
 all-district team  
 corey schaefer  
 andrew vander zwaag  
 all-state 2nd team  
 corey schaefer



1. Gripping the rim, senior Owen Cooper dunks during the S.E. Polk game. Cooper made the dunk unassisted. *photo by erica white* 2. Freshman Jay Knuth drives to the hoop avoiding Ankeny's sophomore Ted Friedman. Knuth had 153 points through the season with 123 rebounds. *photo by erica white* 3. Senior Corey Schaefer steals the ball from Urbandale's senior Jake Bjorkgren and forces the foul to be called. Schaefer showed frustration after, due to Urbandale's earned free throws in overtime. Schaefer led the team with 407 points, and made the 1,000-point club for his career at the end of the season. *photo by erica white* 4. Breaking away, sophomore Michael Kinning gets around Dowling Catholic senior Brad Celleen. Kinning ran down the clock before going into halftime to earn the possession in the second half. Kinning had three points with two rebounds for the game. *photo by erica white* 5. Shooting a jump shot, senior Andrew Vander Zwaag avoids the block from Urbandale senior Travis Perry. Vander Zwaag had an average of 13.8 points a game. *photo by erica white*



>> Running time off the clock, senior Ryan Larsen dribbles away from Ankeny's senior Tyler Jass. While Larsen took his time, the referee counted to five since the pressure was on. Ankeny pulled the upset by winning in overtime. photo by erica white



# ANTICIPATION IN SILENT NIGHT

Crowd remains silent during first few minutes of game against Indianola

The crowd was on the edge of their seats as freshman Jay Knuth put up the shot. Miss. But, Knuth was fouled and the tension in the gym rose as he stepped up to the line. First free throw, good. The crowd held its breath as he put up the second free throw. Good. The crowd jumped up, screaming.

Although this sounds like the end of a nail-biter, this course of events took place during the first quarter of the home game against Indianola on Feb. 4. Knuth's two free throws put the boys' varsity team at 10 points. Ten points signaled the end of silence.

As part of Coaches for Cancer night and cancer awareness, the high school crowd decided to have a "silent night." The crowd successfully remained seated and quiet until the boys had scored 10 points. Coach Bobby Sandquist thought the silence was a positive experience. "The 'silent night' was a great way to involve the students and an avenue for them to make a statement regarding cancer awareness," Sandquist said.

Knuth said he didn't really feel under pressure when he was shooting the free throws. "I actually didn't realize that there were only eight points when I went to the free throw line," Knuth said. "I knew it was early in the game so I didn't pay much attention to the score."

In the first few minutes of the game, senior Matt McDermott said the silence was strange. "It was weird having so many kids there and having them being silent for so long," McDermott said.

Senior Justin Blackburn also thought the silence changed the atmosphere. "I thought it was kind of funny because everyone else in the gym was like 'What the (heck)?'" Blackburn said.

Point-by-point, senior Ryan Larsen felt the intensity rising in the gym. "I just thought we better get to 10 points quick so we could see how psycho the crowd will go," Larsen said. "I was just antsy the whole time for them to get loud."

After Knuth made his second free throw, the crowd went wild. "Not knowing I could be the potential 10th-point scorer I wasn't nervous at all," Knuth said. "It was just two more free throws to shoot. But, when I made the free throw to break 10 points the student section went insane and really got us fired up."

Larsen felt the energy from the crowd. "It felt good, but I got a little scared because it was so loud so sudden," Larsen said. "You couldn't even hear the coach yell at you."

## HELLO SUPERFANS

*"The superfans added to the intensity and excitement of the games. It was cool to see our friends and classmates go and really get into the games."*



*"It's fun for the fans, the coaches, and the players. The superfans pump up the players a lot and are very entertaining."*



*"The superfans this year were pretty good. I think they were the best we've ever had. It was great to have my named chanted while I was playing."*



Spread by Lisa Frost and Hannah Droogsma





# Burning for art

Local exhibition showcases student, teacher

Sitting in her room, senior Tawny Walker-King sets up her easel. Then, she mixes her tempera paint with water to create a new consistency. While she paints, she listens to various rock genres. "My original idea was fire then the drops came next," Walker-King said.

The painting (painting to the right in above photo) was intentionally made for her best friend, senior Elisabeth Lowe as a birthday present. "It was made in early June, finished on June 8," Walker-King said. "I tried to use colors that she liked and at the same time, colors that I liked to use together." The initial background was green and orange at the beginning and then the pink and the red was added on top. Adding blue came next. "There was countless layers of different tones and tints. The dripping technique came about, which is often found in several of my paintings," Walker-King said.

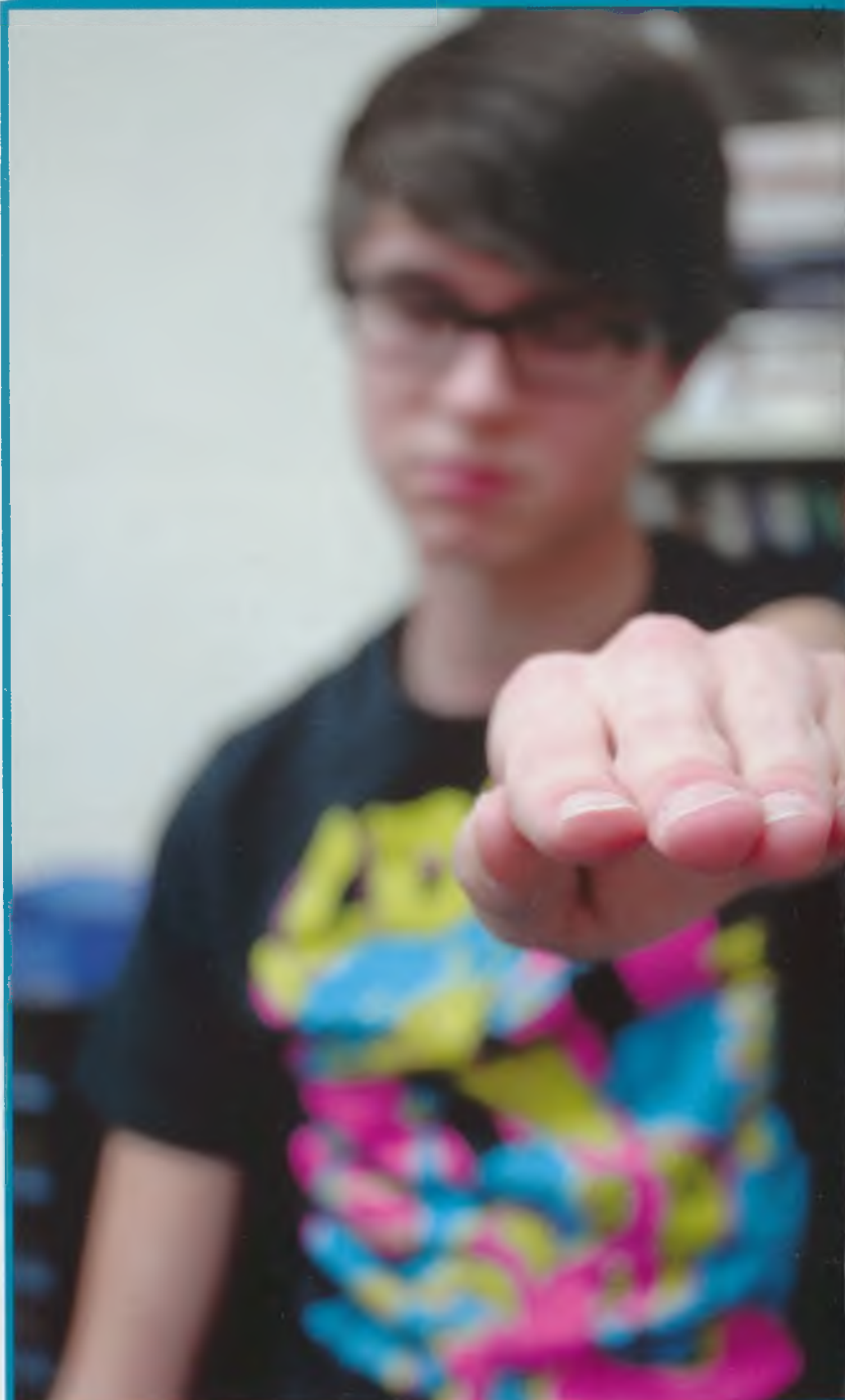
Lowe thought the painting was well done and was proud of it. "The painting uses my favorite colors and it holds a lot of emotion," she said. "She should keep it, it was her first painting in an exhibition, that should be special."

Walker-King was asked by art teacher Daniel Weiss to be in the exhibition. She had taken Drawing and Painting from him. "When you are a painter and a prolific one like Walker-King, you should be contributing art to the community," Weiss said.

Weiss had been contributing to exhibitions for 17 years at the Polk County Heritage Gallery. He had proposed possible curatings to the board through the years, and always contributed to the survey of Iowa Artists that the Heritage Gallery supports each year." Walker-King submitted three paintings, with Lowe's painting being the one selected for display.

Walker-King applied to the Art and Design Institute of Chicago. She wants to be an art teacher in the future. "I plan to paint throughout my life, it's also therapeutic," Walker-King said.

spread by emily welch



Holding his hand out in front of him, senior Josh De Lanoit listens to the voice of Sue Cline. The AP Psych class was learning about how susceptible people are to hypnotism. "The hypnotism thing didn't really affect me," De Lanoit said. "My super brain wouldn't allow me to be hypnotized."

photo by monika sehic



**Q**  
WE ASKED:

Which immigrant did you have the chance to meet in Culture Clash and what did you learn from them?

I met Ammar (from Iraq) and the things he told me about his experience in the war was a real eye-opener to what really goes on in war.  
Connor McCool '11

**A**  
YOU ANSWERED.



Reading the script of their five-minute movie "In Front of Me," juniors Anna Pierce and Clara Sandoval rehearse. English teacher Sarah Moore assigned all Reading the Screen students this project.

photo by kaitlyn ellerman



Experimenting with soft pastel chalk, senior Kelly McGowan finishes her uncial word project. Uncial was a type of calligraphy that was used in a word design for the class Design 1.

photo by emily welch



Measuring her lines, junior Kali Van Zee designs her furniture setup. The Design 1 class students were assigned to make furniture that would fit perfectly to their body.

photo by kara ganzer

Sophomore Charlie Goodwin creates an abstract clay structure. The students designed a representation of themselves in Essentials of Art.



photo by katie holcomb



Reading in the commons, junior Kristin Riley gets comfortable as she absorbs the information in "The Glass Castle" by Jeannette Walls. Riley was in Teen in the World, a Frameworks 1 English class.

photo by lisa friesth



Senior Victoria Horstman calls residents of Johnston to ask them to donate money to Dollars for Scholars. "NHS allows me opportunities to step out in the real world and experience situations that don't occur on a daily basis such as calling for donations and aid in the clean up of homeless camps," Horstman said  
photo by monika sehic

Senior Janelle Galang hands junior Keaton Gifford a member card for the 2011-2012 year. Galang's service project was helping out at the induction on May 16.  
photo by erica white



Looking over homecoming announcements NHS Advisor Sarah Moore puts in last minute revisions. NHS participants reviewed carnations that students had purchased.



photo by monika sehic

## dragonbook

What did you learn from your volunteer work?



**Molly Kate Ward** I'm so grateful. Not only do I live inside a safe and warm house, but also my room doesn't get dirty.



**Andy Thomas Jensen** When I was volunteering, I learned that you have to have patience. Along with patience you need to have the dedication of showing up and making an impact on people.



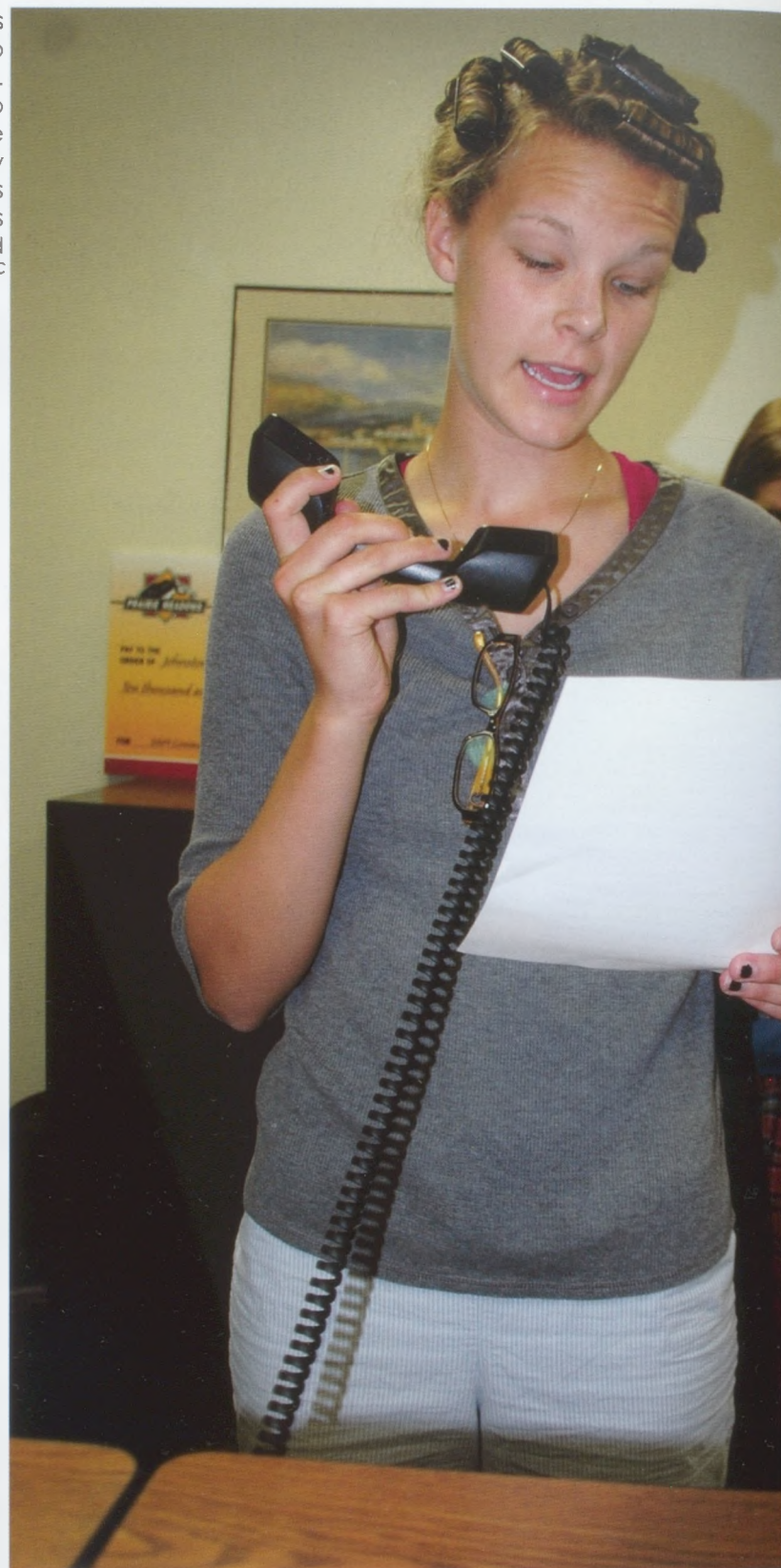
**Kaitlyn Taylor** I learned the importance of getting involved and giving back to the community. The phrase "what goes around, comes around" is very applicable to community service. It sounds cliché, but it's very true.



**Sam Oscar Sparland** Cleaning up homeless shelters in Des Moines was really eye-opening. We're fortunate to live in a city where we don't see these kind of things.



**Lauren Patricia Goodale** During my time of volunteering I learned of how big of an impact you make on people. One little thing can make someone's day and it feels good after helping them.



Principal Bruce Hukee shakes hands with junior Matt Zinselmeier while passing along his certificate for becoming a new member of NHS. To be honored, you need a 3.5 GPA or higher.



photo by erica white



# CARNATION FRUSTRATION

Print by Katie Lashier and Erica White

## Bi-annual carnation sales cause dissent among members

Standing in a tornado of flowers of every color on the spectrum and hundreds of slips indicating where they're meant to go, senior Blake Davidson thought, *this is not worth it*. Selling carnations for fund dues was a tradition for the National Honor Society. Members sold one flower for \$1 twice a year. Each NHS member was responsible for selling 10 flowers per time, 20 flowers per year.

Members turned to friends first to see if they would purchase carnations. If that failed, they would end up buying what remained of the 16 carnations themselves. "You're imposing on people to buy flowers," Davidson said. "The only people who are excited about buying carnations are those who want to send them to a significant other."

Selling flowers was a concern to members because flowers are popularly known to be feminine. Boyfriends might buy carnations for girlfriends but rarely for another guy friend, so the target consumer body is already cut in half. To diminish possible consumers more, many students only purchase carnations if they have a significant other which is a small percentage of the student body. "I feel like we could sell something better than carnations," senior Corey Schaefer said, "something that would last longer and have more significance to a larger number of people."

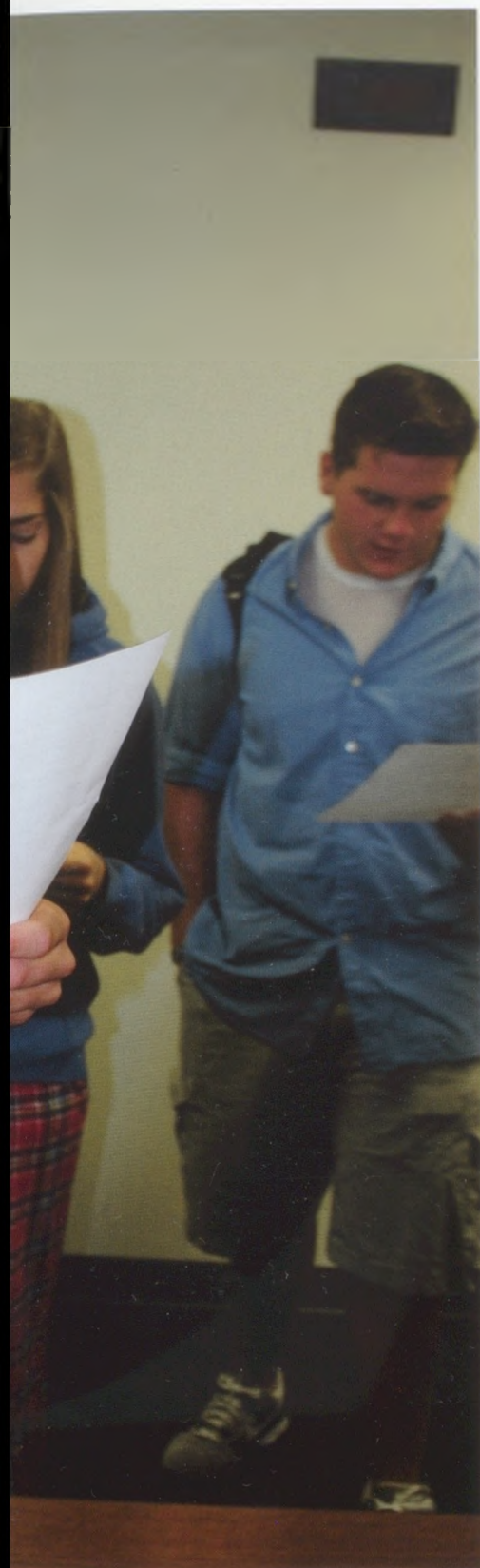
After the second round of selling

carnations in February, members and sponsors decided it was time to find a new fundraising activity. "There were many things wrong with carnation sales this year," sponsor Sarah Moore said. "We had a limited availability of sellers, our delivery wasn't timely and the price of flowers tripled but we kept ours the same, so we hardly made any profit."

The lack of profit and the amount of work not adding up was the main problem in many members' eyes. "For all the time put in selling, sorting and getting the flowers to where they needed to go, it wasn't worth the lack of money it made," Schaefer said. "I feel that it's an ineffective way to raise money."

The next step in the process was finding a new method of raising money. "We're open to anything," Moore said. Students brainstormed new methods for next year. Ideas included bake sales, selling sillybandz, selling t-shirts, car wash or somehow getting the community involved with NHS activities where donations would be taken.

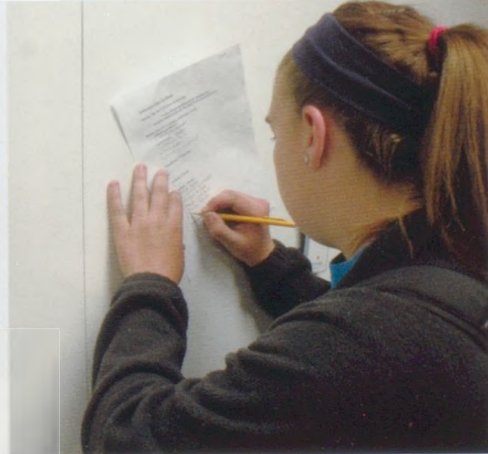
NHS currently participates in alternative fundraising and volunteer events but the money goes to separate charities and organizations. "The service projects and helping out at the telethon were my favorite activities," Davidson said. "Helping people is the best part of NHS in my opinion, and I don't think carnations accomplish that."



Cleaning up trash in a forest, junior Sam Sparland and seniors Emily Linscheid and Mary Feng participate in the service project for their group.  
photo provided by hank mandsager



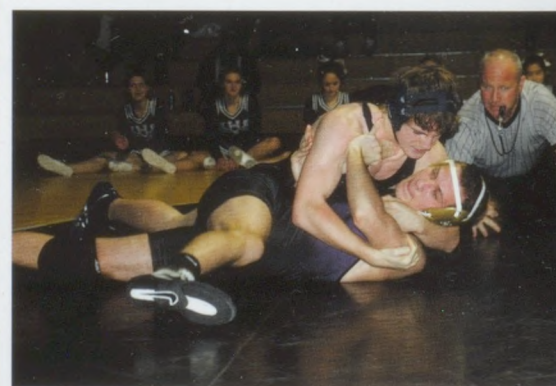
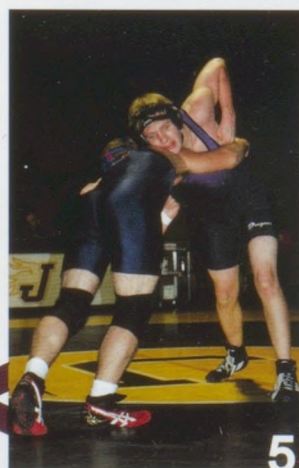
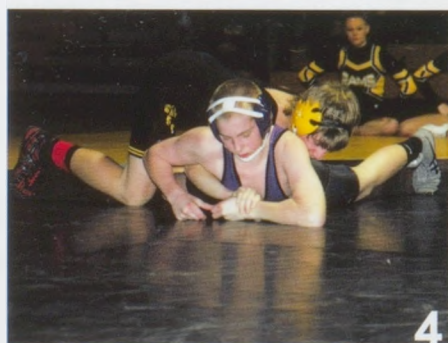
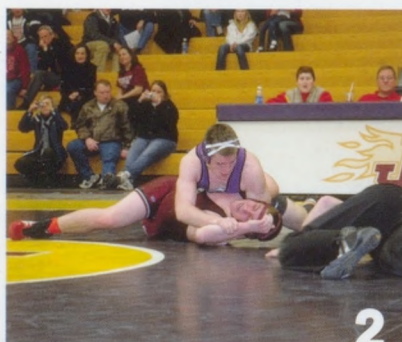
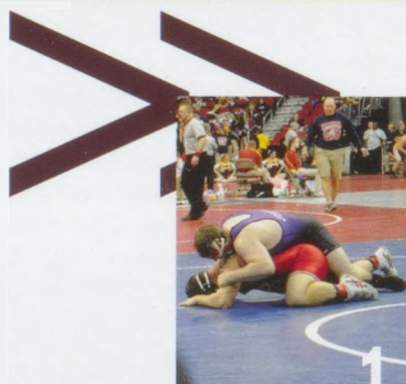
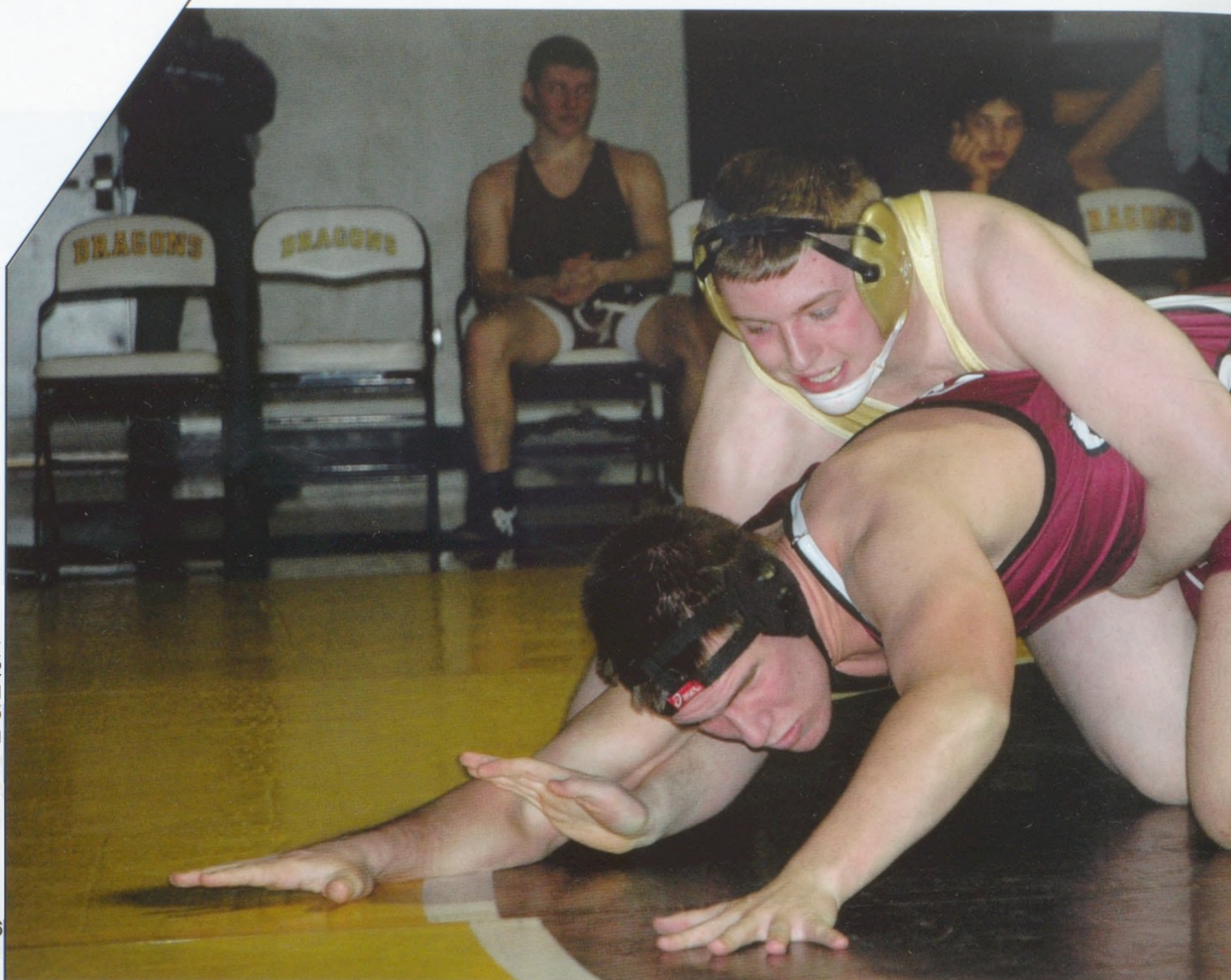
Paper clipping the 2011-2012 applications, NHS advisor Jessica Dowell, collects the last packets to be turned in.  
photo by erica white



Signing up for her service project, senior Brittany Borup finds a time that works with her schedule the best. Her group picked the project of helping at the induction for the 2011-2012 school year.  
photo by erica white



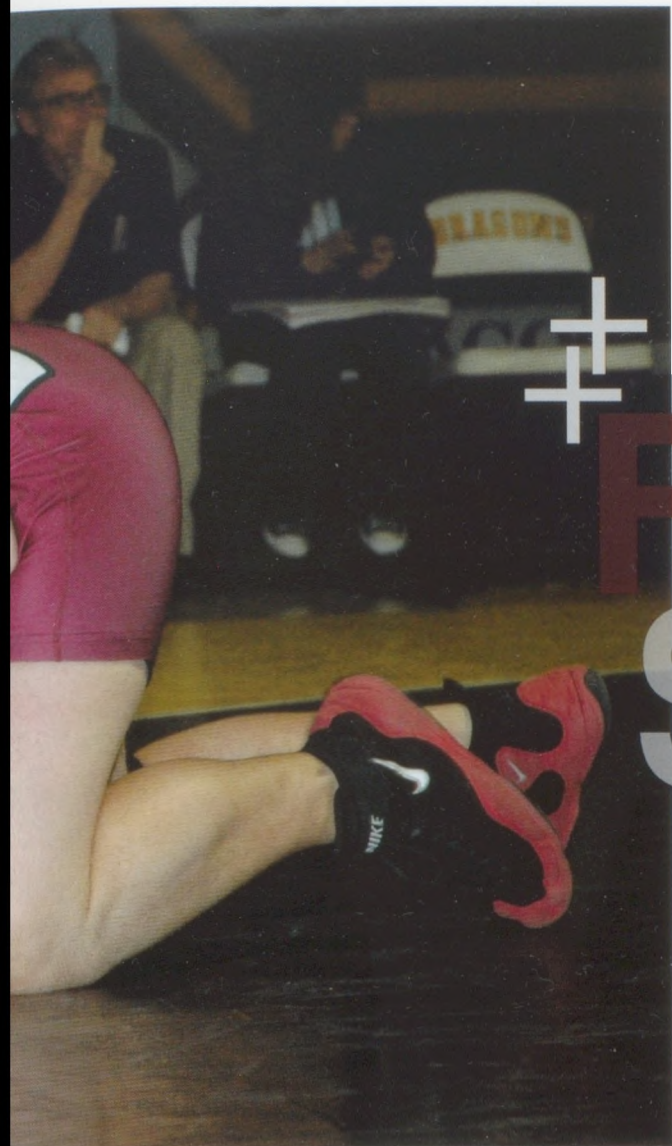
valley  
6-59  
iowa city west  
23-52  
newton  
42-35  
c.b. jefferson  
33-34  
indianola  
6-67  
sioux city north  
21-52  
mason city  
12-68  
ottumwa  
39-36  
knoxville  
27-46  
waterloo west  
21-50  
east marshall  
19-51  
indianola  
16-63  
norwalk  
15-57  
alba  
31-46  
north polk  
48-21  
marshalltown  
25-48  
c.r. prairie  
8-51  
dm lincoln  
30-33  
ankenys  
3-67  
s.e. polk  
9-64  
urbandale  
6-61  
s.e. polk  
6-61  
dowling catholic  
18-57  
state meet  
Joe Scanlan  
5th, 215  
Jake Scanlan  
7th, HWT



1. Freshman Jake Scanlan tries to pin his opponent, Chris Stevenson from LeMars, by forcing Stevenson to the mat. It was Scanlan's first match at the state meet. He won and went on to earn seventh. *photo by bonnie le page* 2. Pushing Dowling Catholic's Jonah Goaley's shoulders to the mat, junior Austin Schenkelberg tries to finish his match with a pin as the referee watches. Schenkelberg won his match, but Dowling Catholic won the varsity meet. *photo by kristine hauser* 3. Junior Joe Buckley fights a pin by Urbandale opponent senior Taylor Nordgren during the 152 lbs. match. Buckley was one of several students in his weight class and was often challenged for the varsity spot. *photo by kristine hauser* 4. Gathering his strength, sophomore Logan Walkup holds his position as his S.E. Polk opponent, Cory Clark, tries to flip him during the Jan. 6 meet. Walkup wrestled at 119 lbs and lost the match to Clark, who was undefeated. *photo by kristine hauser* 5. Preparing to hit the ground, senior Shastin Ross and Urbandale senior Aaron Kaplan grapple for the best position at the start of their match. On senior night, Ross was one of two seniors on the team. *photo by kristine hauser*



>> Junior Joe Scanlan reaches to flip Dowling Catholic junior Jacob Bonnestetter during the Jan. 25 meet. Scanlan pinned his opponent in the first period for the 100th win of his high school career. photo by kristine hauser



# FACING SUPERMAN

Sophomore wrestles an undefeated athlete from S.E. Polk

The announcer's voice sounds. "Cory Clark and Logan Walkup, you're on deck." Sophomore Logan Walkup takes a deep breath and goes to the scoring table to get last-minute directions. Junior Cory Clark of S.E. Polk meets him there, and Walkup evaluates Clark like he would with any opponent, although he's never met one of this caliber. Clark had won his last 125 matches. Many wrestlers would dread to compete against him, but not Walkup. "I honestly wasn't that nervous before it because I knew I had nothing to lose," Walkup said.

The whistle sounded and the wrestlers locked arms. Walkup held his own for five minutes, a feat many high school competitors would see as impossible. Eventually, he tired like his 125 peers and was pinned in the second period.

"Wrestling someone with a record of 125-0 isn't something you get to do all the time," Walkup said. Clark kept his undefeated record and placed first in the 119 weight-class during the state tournament.

Walkup's coaches were nothing but supportive when they informed him who he would wrestle at the S.E. Polk meet. "When wrestling someone undefeated, or a three-time state champ like Cory Clark, you've got to keep perspective," coach Aaron Tecklenburg said.

Tecklenburg's view of Clark was just like Walkup's, an ordinary person. "They (Walkup and Clark) are both high school guys, and you've just got to remember that," Tecklenburg said. "They aren't superman or anything. They have tests, homework, and they practice everyday too."

Walkup left the match with the bigger picture in his mind. "In the sport of wrestling, you may not always win every match, but that's part of the road to improvement, learning why you got pinned, and how not to next time," Walkup said.

Walkup looked to Clark for inspiration, hoping he could one day have a record that resembles the S.E. Polk wrestler.

"I know our wrestlers always come to work the next day to try and improve," Tecklenburg said. "They are intelligent, hard working guys that understand you have to flush the losses and get back to business if you want to see improvement."

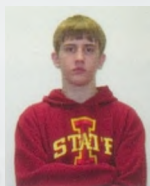
print by hannah drogsma

## HELLO, YOUNG TEAM

"I feel that our team put in a lot of effort and even though we didn't have the best winning season, we did work and tried to kill some people."

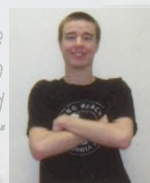


"We had a pretty decent season. I am proud of the guys who made it to state and can't wait for more of us to join them."



Dakota Jackson

"This season we improved a lot. We really bonded as a team and good job to the guys who went to state. We had a good season and it was really fun."



For more news on the team, visit us at...



Kneeling on the ground, senior Trinity Zeiger watches her bowling ball roll down the lane. This was Zeiger's bowling style as she did it every time she played.  
photo by paige plaskitt

Junior Sierra Larson talks and dances with sophomore Katie Reagan at the Valleytine's Dance. Larson was extremely enthusiastic when the track "Baby" by Justin Bieber was played.  
photo by paige plaskitt



Junior Matt Ruebbelke helps junior Austin Feinberg bowl with the use of a bowling ramp. "It was cool to see their expressions to their scores," Ruebbelke said. "This is a way to show physical limitations can be overcome."  
photo by paige plaskitt



## dragonbook

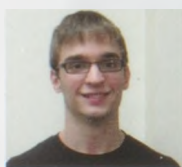
What was your most memorable moment?



**Anna Cecilia Pierce** When Austin (Feinberg, junior) made me a Valentine's card that he wrote himself. I hung it on my fridge. Then I gave him a card and he really liked it. He kept talking about it.



**Hannah Lynn Soyer** At the Valleytine's dance because my buddy, (sophomore) Katie Reagan, is dating (junior) Harold (Obrecht-Wittick), one of the other buddies. It was really fun to watch them interact and help them make Valentines cards for each other.



**Tim Benjamin Gates** The matching party at the beginning of the year when I saw the buddies' faces as they met their matches. Seeing the smiles and hearing the laughter confirmed that being a part of Best Buddies really makes a difference to these kids.



**Sarah Grace Gail** Just sitting with Sierra (Larson, junior) and talking about anything that comes to mind! She can tell me anything, knowing that I wouldn't share it with someone else.



**Sarah Jane Lewis** The first time I asked my buddy (senior Trinity Zeiger) to sit with me at lunch. She was walking around trying to find a place to sit, and she was going to end up sitting alone. I called her over and asked her to sit with me and my friends. Her eyes lit up like it was Christmas morning.

Changing into his bowling shoes, junior Brenden Redshaw prepares to bowl at Merle Hay Lanes Jan. 23 at a Best Buddies' outing. "My favorite part of Best Buddies is spending one-on-one time with my buddy (sophomore Nick Altman)," Redshaw said.



photo by paige plaskitt



# COUCH POTATOES

Print by Paige Plaskitt and Sydney DiMarco

## Best Buddies gives four students the chance to get comfy on the sidelines of a football game

As senior Nick Miller walked into his eighth period AP Psychology class, Best Buddies adviser Melissa Johnson told him that he won a seat on the Best Buddies "Spirit Couch" for the S.E. Polk football game. "I wanted to kill (junior) Jose Iregui," Miller said. "He put 18 tickets in (the drawing) in my name."

Iregui and Miller were good friends, so Iregui thought it would be fun to buy some tickets in Miller's name. "I had \$6 on me," Iregui said. "I wanted to buy tickets for the couch but I couldn't go... Then (junior Matt Gibbons) recommended writing Nick Miller's name down, so I did."

The raffle was to raise money for the Best Buddies chapter to go toward sending the organization's future president to a summer leadership conference in Indiana.

Senior Matt Daisy, current president, attended this conference last summer and learned about the couch fundraising idea from a president in Indiana. "Once I heard about it, I knew that the student body at Johnston would love it because of all the school spirit here," Daisy said.

Raffle tickets were sold the week of the game for 50 cents each or three for \$1. The drawing raised \$44.

Miller could not attend the football game that night. Johnson said he could choose someone to give the ticket to. When he asked the students

in the class who wanted to go, senior Maddie Morris and one other boy were the only people interested, so Miller said "Ladies first!" and it was hers.

In addition to being able to sit on the couch with three friends, the booster club donated free pizza, candy and a beverage as part of the prize.

Best Buddies borrowed the couch from the men's coaches' office. It was placed in where the old scoreboard used to be near the stadium's entrance.

Juniors Madison Vestal, Katie McMillen and Madison Kleve joined Morris on what Best Buddies associate member, junior Jessie Ceraso, described as the "plaid, white with bluish-greenish stripes, kind of low to the ground" couch.

Vestal said, "It was really intense being that close to the players. I kept thinking, 'What if they run into us?!'. It was also really cool getting to watch the crowd instead of being in it."

During the first half of the game, a father of an eighth grade student made his way over to the couch. "We were sitting there; then all of a sudden he came over and asked us why we were there," Morris said. "We let him sit on the couch and then he bought us popcorn for letting him do that."

As for the couch, it continued to reside in the men's coach's office downstairs.



Sophomore Katie Hermanson buys three tickets for the Spirit Couch Raffle in September outside the cafeteria. "I wanted to participate in the raffle to support it," Hermanson said.  
photo by kara ganzner



With "YMCA" playing on the stereo, seniors Tim Gerzema and Matt Daisy sing along at the Valleytine's Dance.  
photo by paige plaskitt



photo by paige plaskitt

Seniors Makayla Mawhinney and Victoria Horstman have a chat over munchies at the Valleytine's Dance Feb. 13. "I enjoy spending time with Makayla; she is such a sweet girl and when we're in each other's company we always have a great time," Horstman said.



Handing a receipt back to a customer, junior Amila Sadikovic works the afternoon shift at Walgreens. Sadikovic had worked at the 86th Street Walgreens for a year.  
photo by monika sehlic



Coughing up cinnamon all over his kitchen, senior Hunter LaFollette tries to take on the Cinnamon Challenge as senior Macklin Gavin watches. The challenge involved swallowing a tablespoon of cinnamon without inhaling the powder or coughing it up.  
photo by monika sehlic



Reaching for a red velvet cupcake, senior Andrew Vander Zwaag enjoys the treats at an FCA huddle. FCA hosted the party at senior Erik Bergstrom's house. Students wore ugly sweaters and enjoyed the party.  
photo by kate jaskier



Huddling together, freshman Brianna Handel and sophomore Steph Wilkinson encourage their players. Basketball players, girls and boys, worked at the Little Dragon Clinic.  
photo by monika sehlic



Chasing after the puck, senior Connor Wegner zooms by a Des Moines Capitals' player, Urbandale senior Chase Janson. The game ended in a tie, 2-2. Wegner missed part of the season due to a ACL tear in his right knee. His first game back he had two goals and an assist against the Kansas City Outlaws.  
photo by erica white

“hey!

Scholarships are a lot of work for not a lot of money. So I'm planning on applying for the biggest dollar amount. But they usually want you to do something crazy like make a video, which I don't want to do.

bye!”

alisa pajser  
senior



Modeling, junior Izzy Passalacqua participates in the Prom DSM Fashion Show on Jan. 30. Fellow juniors Amelia Medici and Kali Van Zee watch Izzy as they wait their turn. The students modeled various clothing brands including Milroy's Tuxedos, Bridal Boutique, Prom Connections, Runway and more.

# Arti-what?



PHOTO BY CHUCK WEBER OF PHOTOJENIA

## New requirement for scholarship program befuddles seniors

Waiting for her Dollar for Scholars interview to start, senior Megan Curtis holds a binder in her hands. She looks around and sees classmates talking anxiously about the newest requirement that was implemented into the process: the artifact.

The idea for the portfolio or artifact was introduced in the fall by the Advisory Board to the Johnston Dollars for Scholars, a local scholarship organization that's been operating since 1988. Dollars for Scholars board members like Steph Perington expressed some concern. "[We] asked the high school advisory committee for the portfolio requirements, so we could gain clarity in what items may be in the portfolio," Perington said. However, some students felt like the requirements were unclear during Advisory, which caused some confusion in comparison to the six-step outlined scholarship process

that the foundation had set up.

The Advisory board felt like it would be a way for students to showcase who they are. "It's really about showing people, 'Hey, this is what I've accomplished at JHS'," board member, Stephanie Guthrie said. "It was a chance for students to brag about what they've done."

Advisory replaced homeroom with a few structural differences. The curriculum was set around a goal to create a strong school community with a "sense of trust and belonging" where the teacher-student relationship could flourish.

Meeting once a week for 23 minutes, students were confused as to what was expected of them for the portfolio. "It was evident it was the first year of doing it this way because the communication between everyone was a little off," Curtis said. "We

weren't given much information on what to have in the portfolio going in, and the interviewers couldn't have cared less about the worksheets that made up about 95% of everyone's folders."

Others, like senior Josh De Lanoit, wished they had known what the expectations were. "[If I could have put anything in there], there would be more creative works, [things] more expressive of my ambitions."

While the portfolio prerequisites caused confusion, the established five-minute interview caused frustration amongst some. "Well in my opinion, it was too brief to cover me as a student," senior Macklin Gavin said.

After the interviews were conducted in late January, any student who had completed an application beforehand and then graduated the following May would receive a scholarship from Dollars for Scholars.

*Interviewed by Monica Seltic and Katie Lashley*



## boys' varsity

wdm valley  
**3072-3035**  
 marshalltown  
**2853-3055**  
 ankeny  
**2941-2705**  
 dowling catholic  
**2965-2469**  
 s.e. polk  
**3053-2824**  
 urbandale  
**2626-2652**  
 ankeny  
**2906-2543**  
 dowling catholic  
**2779-2585**  
 s.e. polk  
**2616-3259**  
 urbandale  
**2954-2617**  
 north  
**3230-2752**  
 conference

**1st**  
 regionals  
**2nd**

cody erickson, 2nd  
 brandon mcbride, 7th  
 state

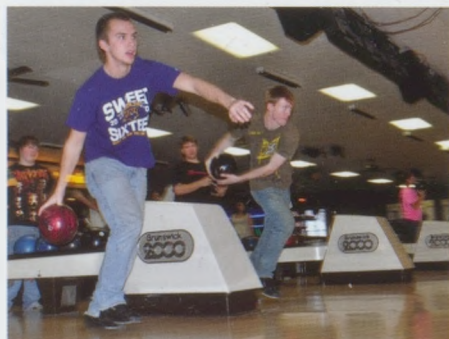
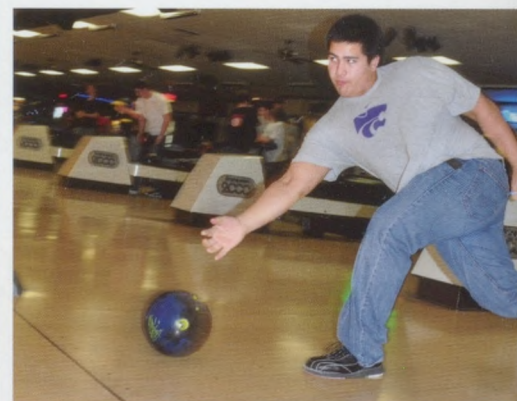
cody erickson, 20th

## girls' varsity

wdm valley  
**2294-2172**  
 marshalltown  
**2214-2704**  
 ankeny  
**2450-2126**  
 dowling catholic  
**2805-1926**  
 s.e. polk  
**2476-2596**  
 urbandale  
**2382-2435**  
 ankeny  
**2388-2448**  
 dowling catholic  
**2502-2002**  
 s.e. polk  
**2058-2480**  
 urbandale  
**2334-1906**  
 north  
**2266-2356**  
 conference

**4th**  
 regionals  
**5th**

ashley norris, 8th



1. Preparing to throw the ball, sophomore Anthony Denny practices good form. Denny was a medalist at the meet against Dowling Catholic on Dec. 16. *photo by lisa friesth* 2. Senior Katie Bunting anticipates the release of her bowling ball. This was Bunting's first year on the bowling team. Bunting said, "Some of my friends were doing it and they needed more girls so I just decided, why not!" *photo by lisa friesth* 3. Senior Brandon McBride releases the ball during practice on Jan. 25. McBride's highest score of the season was 267. *photo by lisa friesth* 4. Senior Matt Joslin and junior Jared Verhasselt approach the lane. Verhasselt used a unique technique when he bowled. "I couldn't figure out one-handed bowling, so I just started chucking the ball down the lane with spin with two hands and it worked great," Verhasselt said. *photo by lisa friesth* 5. Throwing the ball down the lane, junior Clara Sandoval practices at Plaza Lanes in Des Moines. The girls' and boys' team practiced every Tuesday and Thursday. *photo by lisa friesth*



>> Launching the ball, sophomore Cody Erickson bowls during practice. Erickson placed second at regionals and advanced to state as an individual.  
photo by lisa friesth

# CAKE HELPS LAUNCH INCENTIVE

Team uses goals, unique rewards as motivation during rebuilding year

When the girls' bowling team showed up for the first day of practice, they were in for a bit of a shock. Junior Amanda Teel and sophomores Clara Sandoval and Ashley Norris were the only returning members from varsity. Not only that, but they were three of the few with any experience in competitive bowling.

Senior Geena Pilcher was one of nine girls who participated in her first year of bowling on the team and was surprised to participate at the varsity level. "This year was definitely a rebuilding year," Pilcher said. "We lost half the varsity team and so we had to play catch up. It was frustrating at times, but we still had a lot of fun bowling together."

The team had to find methods to trigger their drive. "At the beginning of the season, we hadn't figured out our averages yet, so we didn't have any goals for our team," Teel said. "Once we starting making goals and had the initiative, we were able to challenge ourselves to beat, not only the other teams, but our own scores."

In a meet against S.E. Polk on Jan. 31, the team had set its baker game goal at 190 out of a possible 300. Baker games are played at every meet and consist of each team member bowling two frames. "If I bowled frame one, I would also bowl frame six," Teel said. "If you bowl two, you would also bowl seven, and so on." If they reached their goal of 190, Norris promised to bake a cake for the team.

The team bowled a 191, so Norris fulfilled her end of the bargain and baked a cake. "I made three smaller cakes and shaped them into a one, nine, and another one to represent our baker game score," Norris said. "Everyone was really surprised when I brought it the next day. They were like, 'I can't believe you actually made a cake. I thought you were joking.'" They enjoyed the chocolate cake complete with rainbow sprinkles during practice the following day.

Now the team needed a another goal. "Our new goal was to get a 200," Teel said. "We said that if we did, we'd all go laser bowling in the middle of the night." The girls achieved this goal at the North meet on Feb. 7.

These goals played a role in the team's meets. "Once we reached our goal, we seemed to fall apart since there wasn't another goal to work towards," Pilcher said. "We learned to always keep new ones on hand."

Overall, coach Vickie Borich thought the goals helped motivate the team. "The bakery incentives challenged the team to meet their goals and to cheer each other to do their best," Borich said. "It made a challenging season fun."

print by lisa friesth and emma henry

## HELLO PRE-MEET HABITS

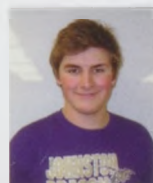
"We put our hands together and did a chant before every meet. I tried to do the 'I believe' chant a couple times but no one would."



"We would always huddle up before a home meet and say 'you know!'"



"Before the meets at Plaza Lanes we listened to a recording of a young woman singing the national anthem correctly, in a very showy way."





Doing his homework, senior Dirk Opland takes a break from selling treats during the Dig Pink volleyball game.

The proceeds from that night went to the American Cancer Society.

*photo by monika sehic*

Holding her arm out for the assistant, senior Sarah Schulte waits to be poked by a needle. One hundred and thirteen donors gave blood during the blood drive, which could save up to 273

lowan lives.  
*photo by katie holcomb*



Pressing her paint brush to the pavement, junior Izzy Passalacqua takes part in homecoming sidewalk painting. Sports and clubs showed their support, only to have it washed away by rain that week.



*photo by faisal alabsi*

## dragonbook

What is your favorite committee?



**Joscelyn Bernardette Miner** | really liked the coronation committee. You get to design the setup of what it will look like and you are involved in it even if you aren't on the court.



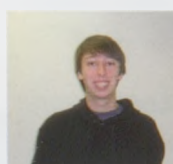
**Connor Jordan Yocum** My favorite committee was the blood drive committee because it was well organized by the Blood Center and it was a good feeling knowing we can help save lives.



**Owen James Ballard** My favorite committee is the blood drive committee. It's always really successful and it really helps out a lot of people around Des Moines. Plus we get to miss class.



**Geneva Mongar** The adopt a military family program, the committee raises money for buys, and wraps gifts for families with one member deployed. It's an excellent way to show one's appreciation to a family and soldier.



**Cal David Gruening** I enjoyed working on the team tailgate committee. It provided opportunities to do things like the grilled cheese cook-off, which was a huge success.



Helping decorate for the homecoming dance, junior Abby Dusen fills a balloon with air. "The best thing is when people notice the decorations and come up to you and say how cool they are," Dusen said. "It makes you feel like all the hard work is worth it."



*photo by monika sehic*



# CLIMATE CAUSES SETBACK

Print by Ellie Minor and Mariah Wellman

## Plan foiled by weather, still manages to gain insight on the homeless community

The forecast read partly cloudy - 10 degrees with 10-mile-per-hour winds for the night of Feb. 8. This growing concern for the Week of Giving committee suddenly became a reality and led to the cancellation of the sleep-out they had been planning for several weeks.

While planning the sleep-out, bad weather had been the prominent issue. "My biggest concern about [the sleep-out] is the negative temps and the wind chills and the safety of students," advisor Chris Beguhn said. "I am disappointed the sleep-out didn't work because it was a great eye-opener for all of us spoiled by our comforts."

As an alternative to the sleep-out, student council had to think fast, and the idea came from senior Margaret Brimeyer. Volunteers went to the Central Iowa Shelter & Services downtown and served dinner. "It was a very sad experience, but at the same time they were very thankful," said sophomore Carly Crist, "I think I said 'you're welcome' about 200 times."

Senior Jordan Adams, sophomore Kayla Dings, junior Brandi Jansen and Crist met at St. Theresa's church with other members from the church and drove to the homeless shelter with the rest of the crew. When they walked into the simple room of just tables and chairs, they saw a line of people wrapped around the entire room. Everyone took a position of serving deserts, salads, milk, veggies, or the main course of meatloaf. Adams, a first-time server, was humbled by the experience. "I

was suprised by how many people were waiting to get food," Adams said. "When I went home that night and saw my pantry full of food, I realized I take my lifestyle for granted."

The group only spent a few hours serving food, but they gained insight on who the people are. "I learned that homeless people are just people in bad situations," Adams said. "They themselves aren't bad."

Students were disappointed that they couldn't live out the life as a homeless person, but accepted the outcome and made the best of a different experience. "Going to feed the homeless was more meaningful, but the sleepout would give more awareness to the school, so they were both different," Jansen said. To raise awareness, Student Council made powerpoints with pictures of their experience meeting the homeless.

The school as a whole brought in donations and items that were later taken to several homeless-aid groups like JOPPA and Hope Ministries. Students delivered the items to all the shelters, using 11 filled cars and several trips. "It is this awareness building that will pay dividends in the future . . . that is, so the poor in our society won't be looked down upon as something less," JOPPA volunteer Tom Schenks Sr. said. "Through this awareness, others have become sensitive to the issue, and the more people...know, the more un-sheltered people will be helped."



Writing the name of a homecoming court candidate, junior Kensie Noble helps prepare the flooring tile stickers for the dance. The tile stickers were placed on the ground in the foyer of Summit Middle School.  
photo by morgan riessen



Spooning food onto a plate, sophomore Kayla Dings serves the homeless. The group helped alongside members of St. Teresa's Church.  
photo by monika sehic



photo provided by scott syroka

Separating and counting cans, senior Kayla Flyckt helps organize goods for the canned food drive. Student Council packaged and delivered 30 boxes of food to district families for Thanksgiving and holiday break.



Working only by the light of a laptop, senior Talon Jendro takes a break from his Service Learning Project to focus on other things. He decides to spend some time finding pictures of cars and guitars that he likes.

It is then that he has an idea to draw a guitar with some car details incorporated into the body. This idea allows him to combine his three passions: art, music, and cars. He draws not only one, but two guitars. One is a Gibson Les Paul guitar with Shelby GT500 car details, the other Corvette details on a Fender Strat guitar. "I just thought it would be cool to incorporate them all together," Jendro said.

Jendro has always had a knack for drawing, but he took his first art class, Photo Art, his senior year. "I didn't see a possible profitable career in it, but now I'm seeing that, that isn't true," Jendro said. "It's not about the money though."

Jendro doesn't only draw when he's bored. "I just draw whenever I feel the need to," Jendro said. "Sometimes when I get a great idea and need to make it concrete, or when I'm trying to explain something to someone, I feel it's much easier to draw it out for them to make sense of it."

Jendro's love of cars precedes his birth. "I was actually named after a car," he said. When he was old enough to drive, he wanted the car he was named after – the Eagle Talon. "So I went out and bought one because I thought they were bad (rear end)."

Music is another of Jendro's passions and he tries to surround himself with it. "I love music because it creates a combination of logical rhythmic beats with expressions of varying tones that can create this new feeling in you and maybe a whole environment depending on how good it is," Jendro said. "When I listen to a great song, I get shivers down my spine; it just sounds so perfect that I literally feel like I'm in the music's flow."

Jendro hopes to use his passions in the future. Overall, he wants to do what he loves – art. "Most of all I have fun creating it and being proud of the final product," Jendro said. "Making something you think is amazing or cool is what really matters."

spread by helen lagerblade

hello, my name is...



**Jake Hunsberger**

age 18 | des moines, iowa

> I guess that would be that I'm really involved with music and writing. However, a lot of people don't know that I write and produce beats and songs. I make all different kinds, I guess because I listen to all different types of crazy music. I can sit and go from listening to jazz, to metalcore, to blues, to rap, to alternative. People never understood how I could like so much different types or where I got it from. I guess it just caught my attention.

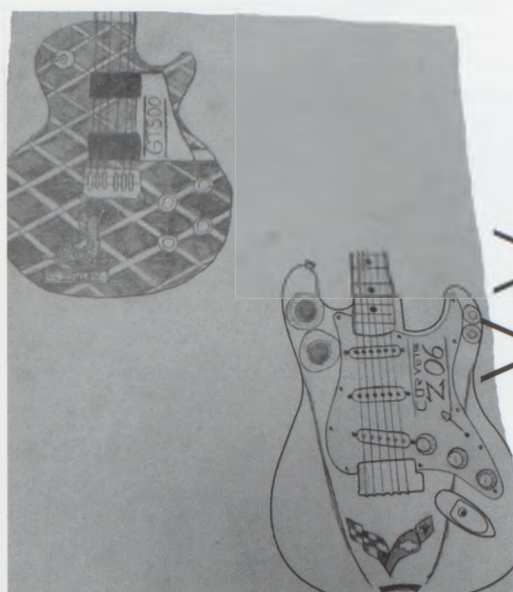


**Emma Smith**

age 17 | des moines, iowa

> Ever since I can remember, my mom has devised a code for Christmas presents. Instead of putting our names on the presents, she puts random names, objects, or other things on the presents. Christmas codes at my house are one of the many family traditions we have; they make each Christmas celebrations unique and special.





I am like the new  
Da Vinci, the  
man that  
wants to know  
everything.



**Chris Sexton**

age 16 | des moines, iowa

> Marcus (McKay) and I thought it would be interesting if we switched our Facebook names in order to confuse people. We have a long history of messing with people on Facebook, and we thought this would be much more interesting. While our names were switched, someone asked Marcus' girlfriend who the new guy was because instead of it saying she was in a relationship with Marcus, it said my name instead.



**Meghan Wymore**

age 17 | burlington, iowa

> Well when I was like 11, I got hit in the eye with a fly ball at an Iowa Cubs game, everyone said heads up and I literally looked up and got hit and I got the bat and the ball from that game.



**Simmone Doswell**

age 16 | seattle, washington

> When I was four, I was at Target with my mom and I asked her if I could get a pack of gum and when she said no I kinda just put it in my pants and yeah we walked out! Then for years, everytime I heard sirens I would almost start crying and no one knew why! It was because I thought they were coming after me.



**Connor Mackey**

age 16 | johnston, iowa

> After an early out me and a couple of friends decided to go down to Saylorville Lake and once we got there we decided it might be a good idea to go down the boat ramp really fast and stop right before the water. But we ended up not stopping quick enough and we drove into the lake going like 20 mph and we all had to jump out the windows, as the car sank. It was just our luck that none of our phones worked so we had to hitch hike back home.

\*People chosen at random



Sophomores Lauren Kimble and Sarah Gunhus perform the cheer "Boom, Snap, Clap" at state for wrestling. The girls went to the state tournament to cheer on the Scanlan brothers.  
photo by bonnie lepage

Sophomore Karly Palmer completes a full down at the JV football game in Marshalltown. Cheerleaders tended to try new stunts at away games to help ensure success at home games.

photo by bonnie lepage



Putting trust in her bases, senior Sarah Schulte pumps up the superfans for a boys' varsity basketball game at Dowling Catholic. The crowd could easily get involved with the cheer "Who are We," a classic everyone could join in on.



photo by kofi manteaw

## dragonbook

What do you think about the student section?



**Monica Kaitlyn Lindsey** I think as a cheerleader that the student section does an outstanding job of starting cheers and getting the crowd excited.



**Karly Jo Palmer** I think the student section is really good and all the people who contribute to it. I think all the super fans are doing a great job this year and are really taking control. I hope in the upcoming years we can keep it going!



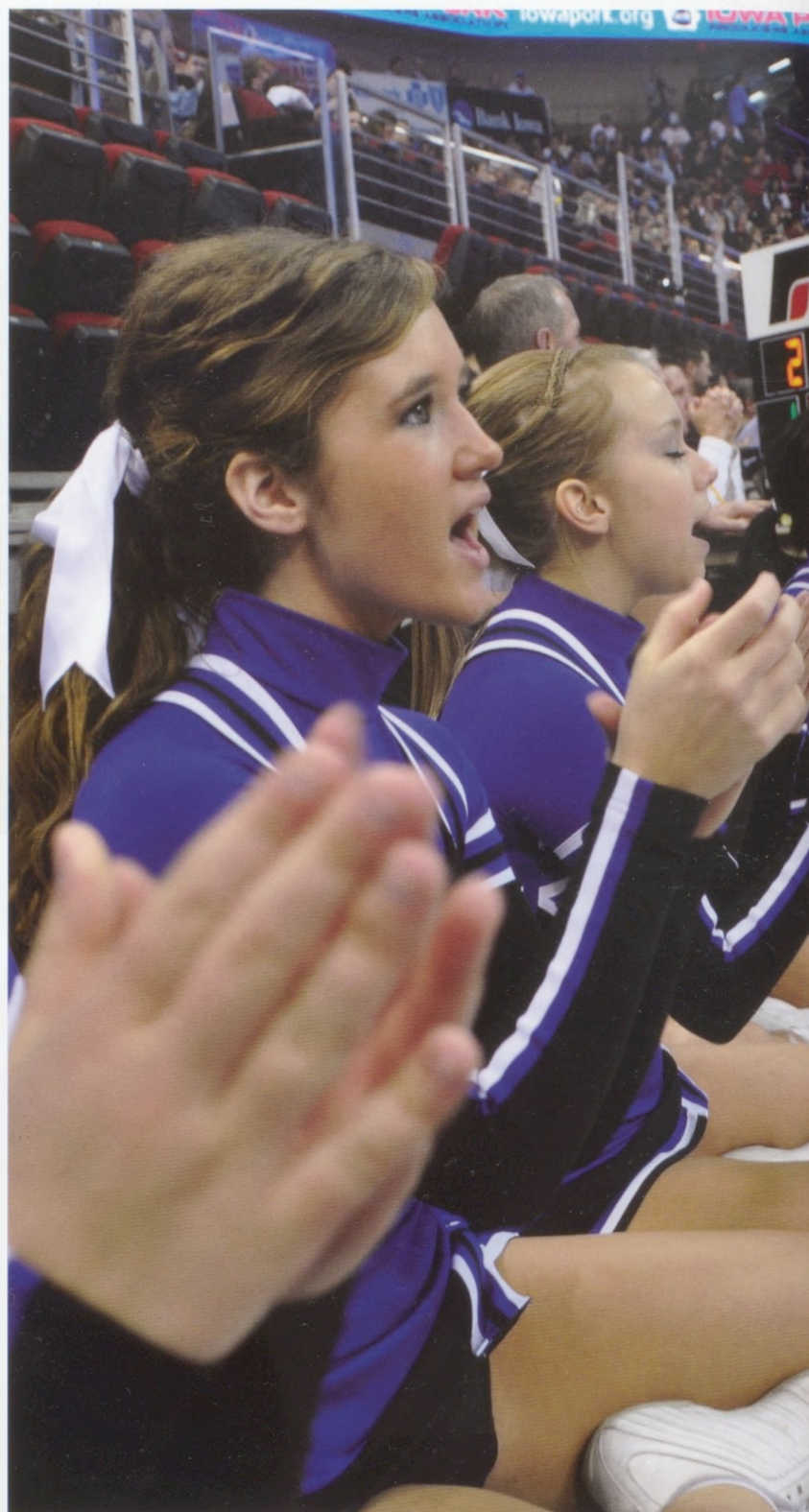
**Abigail Jean Marie Dolan** They were amazing. It was so much fun to have a student section to cheer to. The super fans were energized. I love all the theme nights like at Urbandale when we did the black out.



**Alexa Danielle Probst** From all the years I have cheered for football, this was the best student section we've had yet. Our student section made football games so much fun.



**Jocelyn Ann Schneider** It was a lot of fun getting feedback from the crowd. It was way more fun to cheer when the crowd was into it. The super fans definitely gave the cheerleaders a run for their money!



Making signs to help pump up the school and the football team, junior Tayler Murray paints a name of a senior football player for the team TP-ing. Murray was excited for the games to come in the season ahead. Murray said "In the beginning of the football season, our cheer squad made a lot of posters for the students and team to hang in the school."

photo by bonnie lepage







# BOOM, SNAP, CLAP

Print by Katie Holcomb and Nicole Gibbons

## Cheerleaders revise JHS original cheer

Sitting at the Atlantic Wrestling Invitational, the wrestling cheerleaders killed time by thinking of new cheers they could use for the season. "We were all talking about what handshakes and stuff we used to do as kids," junior Lyndsey Niebuhr said. "That's when Sarah (sophomore Gunhus) showed us this handshake she learned from babysitting."

While babysitting, Gunhus had learned this "boom, snap, clap" beat. After showing it to Niebuhr, they taught everyone else.

The other girls on the wrestling cheer squad thought it was pretty cool and all of them began to join in. Thus, the "Boom, Snap, Clap" cheer was born.

"It was one of those handshakes you did when you were little, but you did not have to do it with another person," Niebuhr said. They had to adapt it to the mat.

Continuing to critique the cheer, they threw in new lyrics and motions. "It wasn't too hard to learn once you got the rhythm," Niebuhr said, "but it took awhile to get the hang of it."

Excited about their creation, they wanted to show off the new cheer to an audience. "It was unique and had a different beat than all the other cheers we had," Gunhus said. They then decided to try it that day during the same meet.

The Atlantic cheerleaders liked it. They began practicing it and later cheered it

right back at them. "We were really mad," junior Taylor Kavaya said. "We just finished making the cheer and they already took it from us. It was upsetting to say the least."

Several weeks later at the Ankeny meet, the cheerleaders performed the cheer again. The Ankeny cheerleaders liked it, too. So much so, that they grabbed a camera and videotaped it.

"I think the beat of it is pretty amazing and the fact that there's no cheer like that, ever made other schools want to be in on it too," sophomore Lauren Kimble said.

Now two different wrestling squads had copied and "stolen" their cheer. "Every squad steals cheers from other schools, but when we take a cheer from a different squad we change it and make it our own," junior Kelsie Ferin said. "They didn't change it at all, it was exactly like ours."

Atlantic and Ankeny were not the only schools that copied the cheer. At districts, schools that the girls didn't even show the cheer to earlier in the season, somehow knew it. "The squads that saw our cheer first-hand like Atlantic and Ankeny, used it at their meets and that's how the cheer got passed around," Kavaya said.

To the girls, cheering and making up cheers is what they enjoy doing. "When other squads take our cheers, and use them against us, yes it's annoying," Kimble said, "but we also have to think. Well, it must be a good cheer, and it's a big compliment to us if they all liked it that much to copy."



As junior Joe Scanlan is about to win his 100th career varsity match, sophomore Mackinzie Myers cheers him on. Scanlan beat Dowling Catholic's junior Jacob Bonnestetter.

photo by nicole gibbons



Junior Ashley Enger and senior Caitlyn Trillet celebrate a made free throw at the varsity boys' basketball game against S.E. Polk.

photo by nicole gibbons



After a Johnston score, senior Briana Wengert spirits. Each cheerleader performed her own unique spirit after every important play. Both arms raised in a "U" formation stood for this year's football slogan, "You Know."

photo by katie holcomb



# Teachers tutoring

Leaning over an AP Calculus book, seniors Alex Peterson and Joanna Kim verbally work through a problem. Students were given time in teacher Rick Brooks' class to complete assignments, but problems were often so long they were completed at home.  
*photo by kristine hauser*

## Repeat sub becomes full-time math help

Teacher Troy Mullen sits in the study room in the library and scrolls down through a chart on his computer. There's a knock on the door, and Mullen looks up. Through the windows, he motions for junior Taylor Beebe to come into the room.

Mullen was hired by the school to be a full-time math tutor after subbing long-term for teacher Vickie Borich. After ITEDs math scores fell, Borich suggested hiring Mullen as tutor.

"The math department sends kids for help when their scores drop or when they don't have the one-on-one time that they need," Mullen said.

"There are some students that need a little more time, but the schedule doesn't work," Borich said. "If you're having trouble, it's nice to have someone who's there just to help you, instead of relying on teachers or students with their own workload."

"It's great having someone we've had for class doing this," junior Chase Fiedler said. "I liked how (Mullen) taught when he was a sub, and I knew he knew what he was doing."

"A lot of them are last-minute," Mullen said about students coming in for help on tests. "Some students come multiple times a day because they're starting to panic. It helps either way, but I wish they'd come in when there's more time to prepare."

"A week before finals I realized my Algebra grade was in trouble," Beebe said. "I really wanted to get straight A's this semester, so getting that extra help made me a lot more confident going into the test."

"A kid came in on a Friday for help with his ACT on Saturday," Mullen said. "He wasn't taking any math classes and he wanted a refresher. He came back, after the test, while I was playing dodgeball and said he thought he did really well and [thanked me] for the help."

print by amy bourne





**Q**  
WE ASKED:

What's the hardest thing to accept about advanced math?

It's so abstract. We barely ever see numbers, and on some tests, there aren't any numbers and we all fail.  
-Dellanie Couture '11

**A**  
YOU ANSWERED:



◀ Sophomore Nikolaus Perkovich sits outside teacher Adam Paulson's Extended Algebra I class, completing an assignment.  
photo by paige plaskitt



◀ Junior Jesse Sandmann blows a bubble as she sorts through her Pre-Calculus worksheets. Sandmann was two years ahead in math courses, and her class was mostly seniors.  
photo by lisa friesth



◀ As carefully as possible, junior Alex Hershey dissects a cat for the biggest Anatomy/Physiology lab of the year while his lab group, juniors Bakir Hajdarevic and Shane Chafa, watch closely.

photo by helen lagerblade

◀ Junior D'sharri Scott laughs as a chemical reaction creates a fire in her hands. The demonstration was a chemistry tradition, happening every semester, and was often the students' favorite.

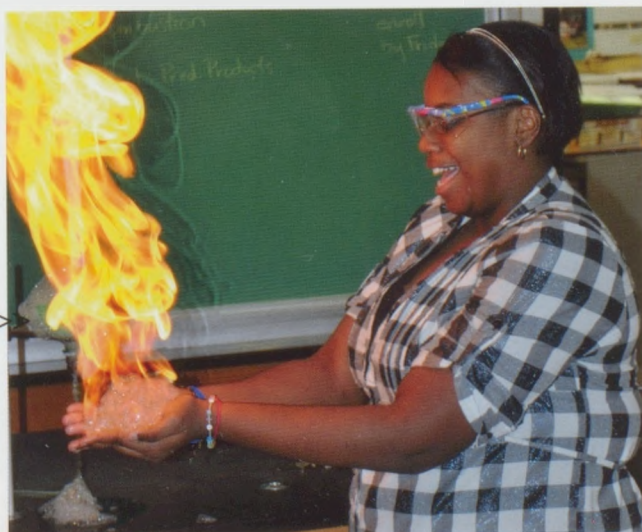


photo by amy bourne



◀ Junior Jacey Elmer hands out surveys to seniors Hank Mandsager and Megan Fellows. The AP Statistics class gathered data from students throughout the school to determine if boys or girls were more likely to break curfew.  
photo by kristine hauser





Thursday, Nov. 19. A school night but, most importantly, that night was the release date of "Harry Potter and the Deathly Hallows: Part 1." At

least it was important to junior Chris Caracci. Growing up, Caracci loved to read. Reading the Harry Potter series that is. "I read them all the time," Caracci said. "I read the first five books at least 25 times. No joke."

"My favorite book definitely has to be 'the Half-Blood Prince,'" Caracci said. "It was just so interesting all throughout and I was always excited when I got to it."

His love for the book series transfers over to the very popular Harry Potter movies. Caracci has seen every movie multiple times and has occasional Harry Potter movie watching parties. Caracci, along with juniors Maddie Kreamer, Scott Syroka, and Emma Henry, and senior Elissa Wiley went to the 7 p.m. showing of the newest edition of the movie series, "Deathly Hallows: Part 1." Caracci and his friends really wanted to go to the midnight showing but were not able to. "My parents wouldn't let me since I would've been tired the next day," Caracci said. "But I understood though."

Right before they went to the movie, the group went to Plaza Mexico for a snack. "Chris was sitting there with his broom and he drew a little squiggle on his head like Harry's scar," Henry said. "The waiters looked at us like we were crazy."

With all the creatures and wizards, Harry Potter is one of the most popular book series and movie series. His love for them is strong to say the least and his girlfriend, Wiley, said, "I think it's cute."

"It's the best book series ever written!" Caracci said. "Out of all the characters, Hermione is the hottest; she has to be my favorite character."

spread by faisal alabsi



hello, my name is...



**Erin Brandsgard**

age 16 | johnston, iowa

> I love photography. I started playing with my mom's camera a couple years ago and ever since I've been taking a lot of pictures. I always have a camera with me which is why I've been through four or five cameras. I always drop them. I'm getting a Canon Powershot but I really want a lomography camera. It makes pictures seem like they're a dream!

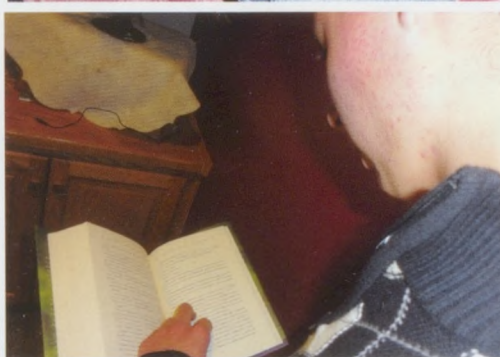
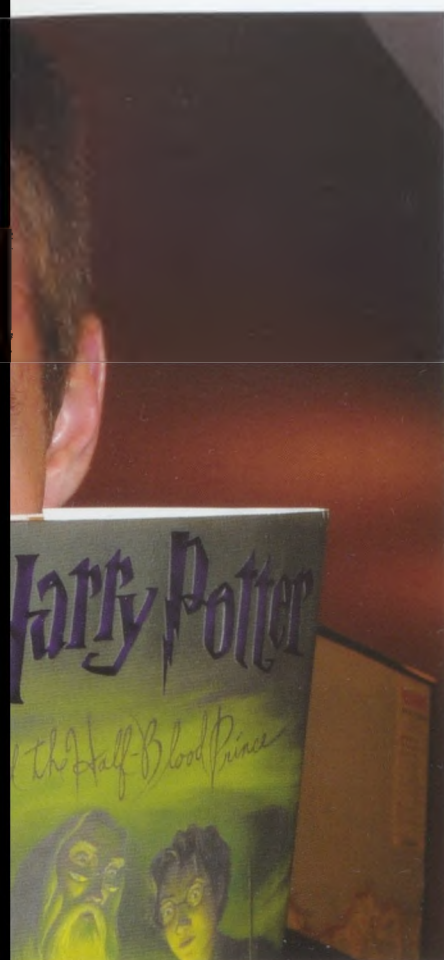


**Gaby Brass**

age 17 | des moines, iowa

> I love football. And by football, I mean football and futbol. That's all I watch on Saturdays and Sundays. I love the Vikings, Iowa, and the Italian futbol club. I also play goalie for soccer. That's why I was really sad when Gigi Buffon (goalkeeper for the Italian futbol club) was injured. I felt for him.





Out of all the characters, Hermione is the hottest; she has to be my favorite character.



**Austin Kinsey**

age 17 | st. louis, missouri

> My goal before leaving for college (I will do it before college) is to conquer the Fatty Challenge at AllPlay. The Fatty Challenge consists of an assortment of appetizers, burgers, bread, fries, and nacho cheese. Like together, it's not even good. You have to go individual. I've been defeated once by it and it will be a personal victory if I were to conquer it. I would suggest the challenge but expect to throw up.



**Kaitlyn Seibert**

age 15 | johnston, iowa

> I was in a really bad dirt bike accident when I was around 10. I was out at my friend's house in the middle of nowhere. I fell and the bike fell on top me. I got a third degree burn on my right leg. I actually had to wait until the next day to go the hospital and then I had to get surgery. I had to get four surgeries in all and the last one was last year.



**Bakir Hajdarevic**

age 17 | sarajevo, bosnia

> Over the past few years, my dad and I have traveled wherever to watch Bosnia soccer games. We've watched Bosnia play Belgium in Bosnia and play Mexico in Atlanta. We drove in a van with 10 people (more than the suggested amount) to Atlanta.



**Ryan Harlow**

age 15 | shawnee, kansas

> I am the ultimate champion of ping pong. We have a table at home and I beat anyone that plays, family or friends. I started playing when I was 7 and I got beat all the time. I only played it at my grandparents' house at the time but I played it all the time. But then I turned 10 and I started beating everyone.

\*People chosen at random



roosevelt  
1-2

urbandale  
1-2

urbandale  
9-3

valley  
1-1

waukee/norwalk  
1-3

roosevelt  
4-5

ankeny  
6-2

ankeny  
9-2

urbandale  
3-4

urbandale  
6-1

dowling catholic  
4-5

roosevelt  
0-5

valley  
3-7

waukee/norwalk  
5-2

valley  
5-6

ankeny  
6-6

waukee/norwalk  
2-4

dowling catholic  
7-5

ankeny

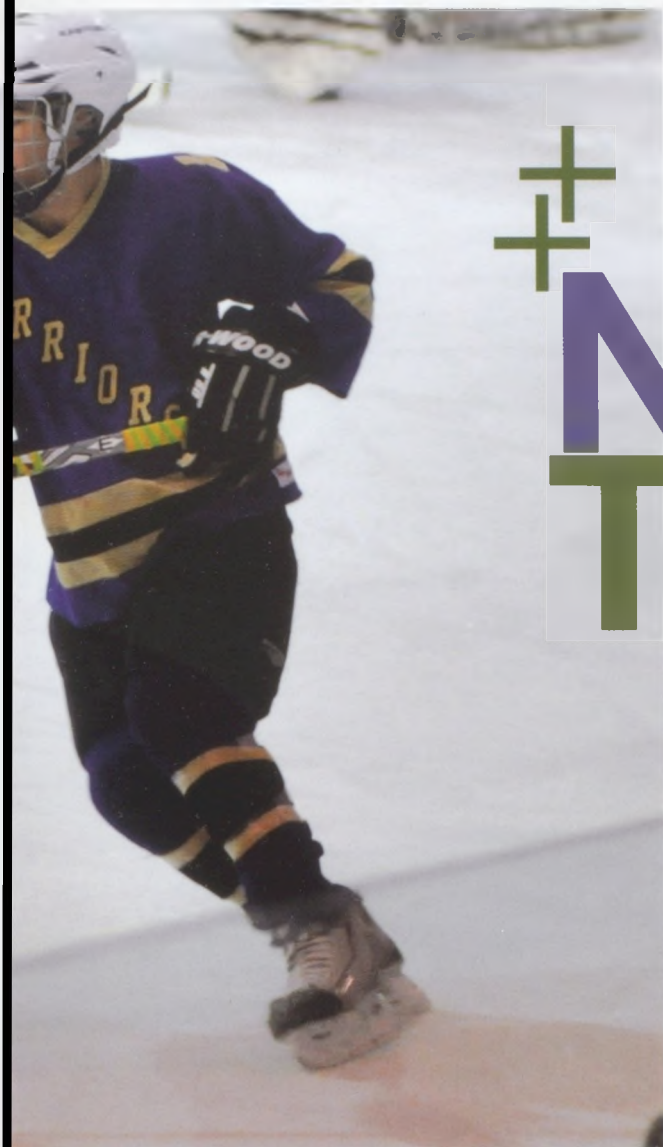
4-7

dowling catholic  
3-7



1. Junior Adam Gardner receives the puck from another teammate. Ankeny's forward caused Gardner to pass the puck to an open forward to attempt a goal. *photo by erica white.* 2. Receiving a pass, senior Dylan Betters beats a Waukee player. Betters forced a penalty call resulting in Johnston being on a power play. A power play is when a team has five players on the ice rather than six. *photo by erica white.* 3. Stopping the puck with his glove, East senior Jacob Kellow forces a faceoff. Kellow continued to halt the puck from going in the goal. *photo by erica white.* 4. Going one-on-one, junior Derek Winchester speeds up to pass the Ankeny defender. Winchester passed him, and scored, which gave Johnston a 4-3 lead. *photo by erica white.* 5. Avoiding being hit by the Waukee player, senior Brendan Elliot slides across the ice to receive the puck. Johnston had the advantage to score by having the power play. Elliot had two assists during the game. *photo by erica white.*





>> Losing balance as he races towards the puck, senior Jordan Ross earns the penalty call. Norwalk's defender Ben Reece slashed Ross as he attempted to take his shot on goal. Ross was named team captain. *photo by erica white.*



# New Team Same Name

Hockey team loses more than just a couple of games during the season

As the hockey season began, coach John Burns counted 15 players on the ice for the first practice. While 15 is a great number for a single team, this hockey group has had enough players to make up two teams for the last three years. However, the two teams decided to combine when some players graduated and only one new Johnston player was added.

In 2006, two teams, purple and gold, were formed. "We had enough players to have two teams," Burns said, "so we had Johnston players playing against each other as well as the other high schools."

Burns, who had been coaching since the split, wasn't surprised with the number. "Although, I didn't know exactly how many, I was told that this year was going to be very thin," he said.

For seniors like Alex Hjelmaas, half his new teammates had been opponents he had faced for the last three years. However, it was a welcomed change. "When I heard that we were going to be one team I was excited because I knew all the new kids that joined my team," Hjelmaas said.

Another teammate, junior Adam Gardner also liked the new team. "The new team was definitely different," Gardner said. "But once we practiced and played together we got used to everyone's strength."

While they had decided before that splitting up the teams was for the best, Burns was happy to see the two teams become one again. "In the past few years, it has been difficult to be one of the top teams, due to splitting up the talent."

Hjelmaas also felt that joining the two teams was for the better. "We have all the talent on one team now," Hjelmaas said, "and it helps that we aren't worried about being compared to the other team."

Although Burns and Hjelmaas enjoyed the unified team, Hjelmaas noticed others had to get used to the changes. "I prefer the one team," Hjelmaas said. "I think it makes Johnston more unified, but it was more of an adjustment for others, especially since the other coach doesn't coach anymore."

Senior Trevor Biley was one teammate that had to adjust slightly to his new teammates. "It was kinda weird at first since I had never played on the same team with most of the guys on the other team," Biley said. "Me and the other guys from the old team had to adjust to the new coach."

Practice began and Burns watched as the once rivals blended easily into one team. "It has been nice as a coach to meld these players together on one team and not have to divide them up," Burns said. "They have come together as good cohesive team that gets along well and competes very well in the league."

## OPPONENTS SAY hey ya'll

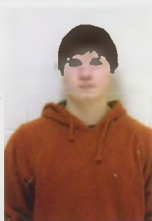
*"I think that it is cool that we get to play our last year with our classmates rather than playing against them like previous years."*



*"We're also mixed with Urbandale too, so it's okay but I'd rather have us to be two different teams with some people not getting along."*



*"Our coach quit after his son graduated, so we mixed the teams together."*





Stirring her noodles, junior Joy Tan waits for them to be finished cooking during an Asian Culture club meeting. "We were making instant Ramen Noodles from different countries in Asia such as Japan and Korea," Tan said. "It was cool to see how the tastes varied between each country."

photo by mike shi



At the boys' district meet, junior Maddie Kleve quickly jots down the time of the last swimmer. Kleve hesitated to help but swimmer and junior Phoebe Cooper convinced Kleve to help. "Megan Martin (junior) started a group for girl swimmers to time boys' meets," Cooper said. "I got Maddie started."

photo by helen lagerblade



Concentrating on making valentines, senior Haley Beaver decorates her paper heart. She and her younger sister made valentines together as her parents were gone for the weekend.

photo by jordin robinson



For better aim, senior Ryan Coulson moves the bow slightly, while he competes in a home archery meet against Grundy Center and Spencer in the school's small gym. After winning the state meet, he competed at nationals.

photo by jordin robinson



Reading the Bible for some insight, sophomores Hannah Soyer and Hailey Kromminga and freshman Rae Gathercole pick out verses from the book of Psalms. "We have Wednesday night youth group at Gloria Dei Lutheran Church," Kromminga said. "I love going and always have so much fun."

photo by kara ganzer

“ hey!

Matt DeFran has encouraged people to act in unity and dance all together. It was so cool to see everyone do the moves together in sync. I had so much fun doing the dance and seeing the energy of the student section.

bye!”

Joe Buising  
sophomore



# Amped Attitude

Leading the "retro" crowd, seniors Matt DeFrancisco and Thomas Thatcher do "sparkles" as part of the "Interlude Dance." The seniors decided the night's theme would be "retro" and the student section would perform the dance at halftime of the boys' basketball game against Ames.



PHOTO BY JILL VZ PHOTOGRAPHY

## Seniors take on tradition of being "Super fans" and bring big ideas and loud cheers, including a night of dancing

Friday night. Warm gym. Little Cyclones take a trip down from Ames; students begin packing the high school section early. All are excited and expectant. They sit down for half time of the boys' basketball game when senior Matt DeFrancisco yells, "Everyone up!" Looking above the heads in the student section, DeFrancisco gives thumbs up to the audio booth. "Interlude" by Attack Attack begins bumping the bass speakers of the gym. "It was awesome, being able to watch the entire crowd follow Matt's and my lead was a great feeling," senior Thomas Thatcher said.

The song was originally released in November 2008. In the song, at the University of Northern Iowa, six students made a YouTube instructional video with their own simple moves to the song. The video spread statewide like wildfire. Graduate Kevin Johnson showed the video to Thatcher and inspiration hit. Thatcher knew he wanted the student section to do it at the next home game, Ames.

So he recruited DeFrancisco who made an event and posted it to Facebook announcing that the student section would be performing it at half time. At

the pep rally that week, students received a reminder announcement from Activities Director senior Faisal Alabsi while getting pumped up for the game.

When it came to half time, the students stood and began the dance. Parents were overwhelmed and impressed by the students' efforts. Appreciation was shown by a standing ovation. "I thought that the interlude was very well received by both the Johnston parents and community, the Ames parents, and the Johnston administration," Athletic Director Gary Ross said. "What an outstanding way to demonstrate school spirit in a fun, positive way!"

Word of the student section's performance spread and reached multiple media outlets in the metro. First, WHO-TV's Sunday Night program, "SoundOff," spoke of the section twice. First time, the sports anchor, Keith Murphy said, "Johnston may have the best student section." Still excited by the praise, Johnston bombarded the show by e-mailing the video of the dance, trying to get some time on air. The show finally played the video at the end of the show. "I think it shows that our student section really

is the best," senior Michelle Hummel said. "It just shows our student section is like famous." That same week KCCI played the clip during the newscast and praised the student's efforts.

To go along with media attention, administration did not ignore the fanfare. "I was very proud of the students and the spirit that they displayed," Ross said. "I very proudly e-mailed my fellow administrators and friends of the performance and watched the performance at least a dozen times."

As captain of the student section, DeFrancisco had high standards. "This year surpassed my expectations," DeFrancisco said. "I knew I was stepping up to be a leader but I did not think the students would embrace me as well as they did, everything went well."

The students saw the dance as a success and posted videos of all the cheers that night to YouTube and Facebook. Many thought the student section was impressive for the year and set a new standard. "Every year people will cheer loud and keep up the energy," Thatcher said. "We will be remembered for being the class that changed it forever."

spread by jordin robinson and kara ganzer



Senior Taylor Coakley rocks her body at the state dance competition. "We wanted to do something new this year and decided to do a pom dance. We are really happy with how it turned out," Coakley said.  
*photo by bonnie lepage*

Jamming it out during the winter sports recognition assembly on Feb. 17, freshman Brooke Stephens, senior Brittney Faley and sophomore Katelyn Lunders dance with partners during a medley.  
*photo by helen lagerblade*



Energetically performing, varsity whips their hair to the song "Whip my Hair" by Willow Smith for the large crowd at the home basketball game vs. Ames on Feb. 18.



*photo by nicole gibbons*

## dragonbook

What was your most memorable performance?



**Spencer Callaghan Vines** I loved performing our pom routine at state this year because it was the best we had ever performed. We all had a lot of fun and really got to bond that day.



**Alexandra Morgan Cordes** Our energy was so high for senior night of the football season. We wanted to do well for the seniors and we felt that we accomplished that.



**Elin Estelle Tegels** During a football game in October I pulled my hamstring while performing. It was at the very end as we slid into the splits. I had to sit out for a week afterwards.



**Allison Frances Crist** For sure the pep assembly where we did the hip-hop dance. I choreographed the dance which made it more fun and I was proud of it, and it was just a great way to end the year.



**Katelyn Elizabeth Lunders** Hip-hop at the pep assembly because I was super nervous since I had just learned it the day before and was sick. I actually left school right after to go home and sleep.



Smiling with the team, freshman Brooke Stephens performs during the homecoming game against Urbandale. The team performed during home football games with a new routine to show off to the crowd.



*photo by sydney dimarco*



## COSTUME CATASTROPHES

Print by Kaitlyn Ellerman

Dance teams has multiple mishaps with their uniforms over the last couple years.

Coach Meredith Coakley unlocked the cheer closet late on a Sunday afternoon in February. Spread over all the brand new uniforms was a pink substance which later turned out to be the team's powder Gatorade packets.

"I was very shocked," Coakley said. "I wondered what makes someone do such a random act of vandalism."

Later when the team arrived to practice Coakley decided that she would show the team what had happened, rather than trying to explain it. She asked all the girls to follow her.

Junior Amelia Medici became worried. "I was really nervous at first of what she wanted to show us," Medici said. "Then we saw all the powder spread over everything and we were all in shock."

Senior Taylor Coakley, another team member, was baffled by the sight. "We were trying to think who might have done it, but we honestly had no idea."

Medici was also angered by the random act. "I was really upset that someone would do that," Medici said. "I just kept thinking how immature the whole thing was."

With the help of security cameras, they found the people responsible. Sophomore Katherine Bischof Gillette, was relieved. "I'm glad they found the people who had done it," Bischof Gillette said. "I hope they won't act on their resentment towards the team again."

While the team cleaned the closet, they tried to think ahead to what they

would wear that coming Friday. JV member sophomore Kara Ganzer felt the pressure. "It was hectic for the varsity team to figure out costume arrangements for their next performance," Ganzer said.

Luckily for the team, the powder didn't stain and they quickly got their uniforms back. Sophomore Kaitlin Stitz was glad that the uniforms could be cleaned easily. "We got it all handled," Stitz said. "Our costumes were fixed, which was [a relief] because we raised a lot of money for them." The team took the pink uniforms to get dry cleaned and after a couple of days they were returned looking like new again.

This was not the first time there had been trouble with uniforms. Two years ago while meeting for practice, the team was taken a back when they heard that their uniforms had been ruined. Over the weekend a pipe had burst in the cheer closet, drenching the uniforms and all of the other things in the room. After being in the water for the entire weekend, the team had to get rid of them.

Taylor remembered sorting through the mess in the closet. "We were able to keep some of our things that hadn't got too wet," she said, "but we had to get all new uniforms."

After all the recent ups and downs with the uniforms, Taylor was optimistic that events like that wouldn't happen again. "I hope it's just been a couple years of bad luck," she said.



Junior Amelia Medici and freshman Amanda Judas fire up the crowd during the Dowling Catholic home game on Jan. 14.  
photo by erica white



Rockin' it out, senior Allie Crist and team members show off their funky side while dancing to a hip-hop mix.  
photo by helen lagerblade



photo by nicole gibbons

Finishing strong, varsity dance completes its routine at state. The team placed seventh and was more than satisfied with the season. "We were happy because we were in a really hard division this year, but we still got Division 1 ratings," sophomore Carly Crist said.



north  
**54-32**  
 ames  
**54-58**  
 xavier  
**21-35**  
 valley  
**37-52**  
 mason city  
**42-54**  
 lincoln  
**57-42**  
 s.e. polk  
**32-52**  
 east  
**25-57**  
 ankeny  
**30-61**  
 urbandale  
**55-48**  
 marshalltown  
**34-26**  
 indianola  
**36-30**  
 dowling catholic  
**19-36**  
 s.e. polk  
**32-47**  
 lewis central  
**46-47**  
 waukee  
**45-58**  
 ankeny  
**29-54**  
 urbandale  
**34-22**  
 hoover  
**53-34**  
 indianola  
**57-48**  
 fort dodge  
**38-41**  
 dowling  
**25-52**  
 indianola  
**44-35**  
 dowling catholic  
**16-60**  
 second team  
 all-conference  
 emily parker



1. Driving the ball up the lane, freshman Taylor Joens looks for an outlet pass. After senior Emily Parker's injury, Joens played a vital role in the post position. *photo by erica white* 2. Getting ready to be in the post-up position, junior Kailey Kerr pivots into a turn. Kerr played in all 24 games and started in two of those. *photo by erica white* 3. After forcing a turnover, senior Alex Hawks prepares to pass. "My favorite part of the season is pasta dinners," Hawks said. "We just get to hang out and talk about whatever and it's like hanging out outside of practice." *photo by erica white* 4. Receiving a pass, junior Kristin Riley looks to make a move on her defender. Riley was the team's leading three-point shooter with 13 made. *photo by erica white* 5. After picking up an offensive rebound, senior Emily Parker looks to lay it back in. Although injured for most of the season, Parker led the team with 13.2 points, 9.1 rebounds, and 1.1 blocks per game. *photo by erica white*





>> Bringing the ball up the court, junior Sammie Hildreth looks to set up a play. Hildreth started the whole season as the point guard and was the assist leader with 43 for the year. photo by erica white



# TEAM RALLIES FOR CENTER

Senior battles with injury throughout whole season and overcomes doctor's wishes and the injury to play whole season.

A loud scream erupted from senior Emily Parker, the girls' center, as she toppled to the floor. The Urbandale High School gym fell silent. She had been driving the ball up the court when she was hit from the side. Parker fell and tore her ACL right before halftime and was carried off the court by the two assistant coaches, Chris Harken and Abbi Schutte.

"Emily is not a dramatic person," junior Ellie Minor said, "so since she was screaming, we knew she was in a lot of pain." Parker had had surgery the summer before, so when she went down, the players thought she might be done for the season.

While the coaches attended to Parker, the team huddled realizing its Division I Holy Cross recruit, at the minimum, was done for the game. Junior Sara Reed prepared to take Parker's place (center) and junior Kailey Kerr took over Reed's position (forward).

Physically, Reed could take over the position having practiced and played it before. Mentally was another matter. "It's more of an emotional thing," Reed said. "We want to play harder for her."

As Parker was escorted from the gym, Reed said the girls in the huddle knew they had to get past what had happened and play.

The game was close throughout. The Dragons were able to sustain their half time lead and won 55-48.

After the Urbandale game Parker missed the next two games against Marshalltown and Indianola. "It was really hard to sit out those games," Parker said. "I didn't know if I'd be able to play again this year and it was tough to watch people doing what I really wanted to do."

Her teammates recognized how tough she was. Minor said that two days after her summer surgery, Parker attended the Drake team camp on crutches and sat on the bench with the team. After her injury in the Urbandale game, she worked back into practice earlier than expected and played some good games, but her knee still wasn't 100 percent back to normal.

During the rest of the season, Parker tweaked her knee several times, but she continued to play. "Parker is a great basketball player," Reed said. "It's unfortunate that she had to endure these injuries."

spread by erica white and jacob dlaber

## WHADDUP NEW UNIFORMS

"The new uniforms are awesome! They are really lightweight and comfortable"



"They are sweet! They are really lightweight and make us look professional."



"The new uniforms are a lot more comfortable. We were excited to get them even though we didn't get to wear them the whole season."





# A Simmering Success

Putting a dollop of Daisy sour cream on top of the egg casserole, juniors Taylor Kavaya and Emma Meyer work together to finish the meal served to teachers that participated in the luncheon on Dec. 8.

photo by kraig rimmer

Culinary students test to their cooking skills on teachers

Peeking into the oven, junior Cassie Sweeney watches the top of the Tex-Mex dish that had been baking for the last 30 minutes. Checking it every 10 minutes, Sweeney wanted to make sure the top didn't burn. "At our first luncheon, the lettuce turned brown so we couldn't use it," Sweeney said. "so I watched the top of it really carefully."

Culinary III students hosted a teacher luncheon and the food needed to be the best it could. "[The students] want the teachers to like their food," Ruth Hamilton, the culinary teacher said. "It pushes them to do the best they can when making the meal."

On Dec 8, 20 teachers participated in the luncheon. Although Hamilton encouraged her students to invite their family. Sweeney's dad and a close friend were the only family members to attend. "It's kind of awkward to have your parents at the school," Sweeney said, "but he has come to every one." The class hosted the luncheons every two weeks for three months.

Having a luncheon so often was something junior Myra Cabrera, another Culinary III student, began to enjoy. "It's pretty fun," Cabrera said. "We all love seeing the teachers there, enjoying the food that we had so much fun making."

As teachers began to arrive, Sweeney pulled her dish out of the oven. She was relieved to see the top a perfect crisp brown. Handing the plate off to a teacher, Sweeney felt happy with her results. "The luncheons are a way I have gotten to know teachers I haven't had yet," Sweeney said. "And it's a great way to learn more about the section we are studying."

spread by kaitlyn ellerman





My favorite thing I have made is chocolate chip cookies. I liked them because they are easy to make and taste good.  
Kaitlin Stitz '13

**Q**  
WE ASKED:

What has been your favorite thing you've made in family consumer science and why?

**A**  
YOU ANSWERED.



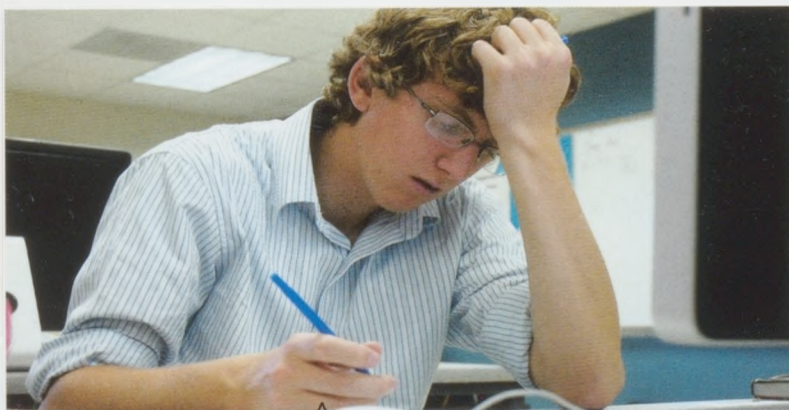
Describing what she had accomplished in the past week, senior Clarie Nagel fills out the ELP In-depth worksheet. It asked her about the progress she had made on her baking project. She answered by talking about the Cherrio treats she had brought to class.

photo by Nicole Gibbons



Sophomore Laura Ausehus scrapes the chocolate peanut butter ball off the two sticky forks. The Culinary I students had the challenge of melting the chocolate without burning it, which proved a struggle for some students.

photo by jordin robinson



Struggling on a worksheet that was given during fifth period AP Spanish, senior Kyle Naig works hard to finish his assignment. Naig finished his assignment just as the bell rang.

photo by meredith batz



Finishing up her speaking quiz in Spanish 4, junior Kensie Noble tells her teacher Gerald Hollingsworth about Mayan myths. Behind her junior Molly Thuente waits her turn by reviewing her own speaking part.

photo by ellie minor

Testing his newly learned Japanese writing skills, senior Matt Beary tries to remember the symbol his teacher Sue Cline holds up. Berry chose to study the language for his Extended Learning Program class.



photo by Nicole Gibbons



# Beason aims for numbers

Students join archery club after being introduced in P.E.

After finishing her show choir performance, junior Allie Wignall hurried out of Urbandale High School. Immediately after the performance, she swapped her floral-printed dress for jeans and a t-shirt. She hopped into junior Adam Jaschen's car along with sophomores Laura Smalley and Courtney Norelius and headed for the Johnston High School small gym. The car occupants had to hurry to make the start of the archery club invitational against Spencer and Grundy Center.

On the same day as the first archery invitational, the show choir performed at Urbandale only 45 minutes before archery. Students who participated in both had to arrange a ride.

Synergy members came as they were. "It was interesting at the meet," Wignall said. "We all still had our makeup on and had matching hair." Students returned to show choir to watch Innovation's performance after the archery meet finished. They took their time returning to show choir; they were more calm and didn't have to hurry.

Wignall joined the archery club after being in Track two P.E. during the second semester of her sophomore year. She had never shot an arrow before being introduced to the sport in the class. "I thought it looked elegant, noble, and just plain cool," Wignall said. "As a self-proclaimed book worm and geek, I wasn't gonna pass up an opportunity to be like an elven warrior."

Dave Beason, P.E. teacher and archery coach, encouraged students who enjoyed the sport to sign up. He also hung fliers for archery club throughout the school. "It's never been a huge recruiting process on my part," Beason said. "I just advertise it to let people know it's available to those who want to join."

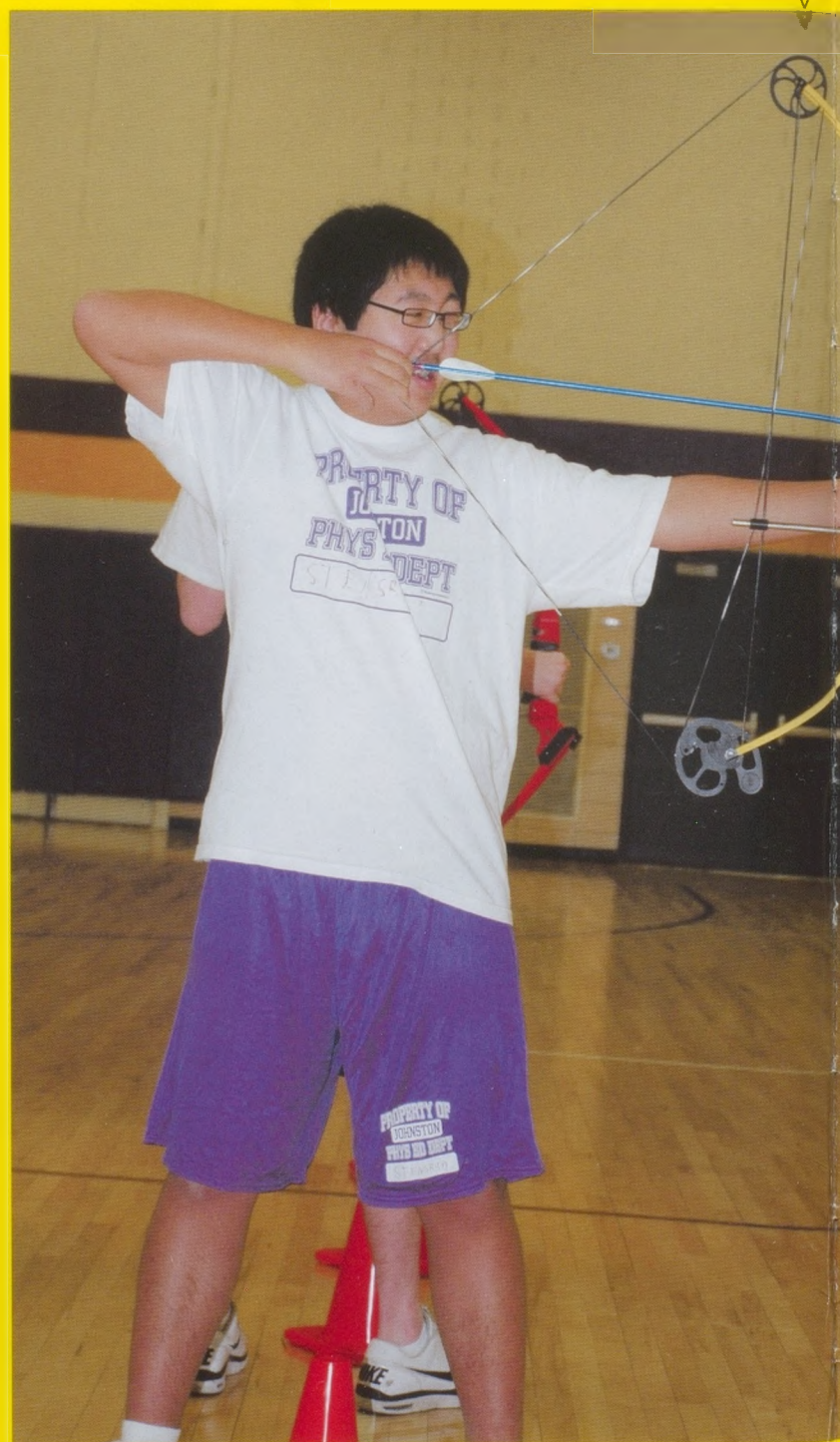
The club practiced before school every day except Wednesdays. They usually start 10 feet from the target and after they are finished with that round of arrows, they would move back to about 15 feet from the target.

The day ended well for both the show choir and the archery club. Synergy won first place in the prep division. Senior Ryan Coulson was one of the top shooters, scoring 295 out of 300. On Feb. 25, he also won state for the second year-in-a-row. "It's been a great honor to win state two years in a row," Coulson said. "I went into both of them (state meets) with the attitude 'Don't hesitate, devastate.'"

spread by roll mmmmm and amy bourne

Aiming for the center target, senior Ben Stensrud prepares to launch an arrow. Because there were not enough targets and bows for all class members, there was down time. "It's slow and takes awhile," Stensrud said. "It's different, which makes it decent."

photo by bonnie le page





**Q** WE ASKED.

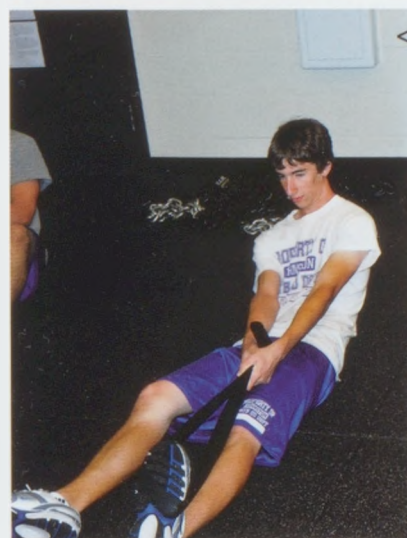
What was your best experience in Intro to Metals?

"My most memorable experience was the foundry unit. What we basically did was make some shape and then poured aluminum into our mold. The finished product was fun to see."  
-Tyler Moriarty '12

**A** YOU ANSWERED.



Using her TI-84 calculator, senior Jessica Portel works out her problems by hand and on the computer in Accounting. Students learned how to journalize entries and record expenses and revenue. "My favorite part of the class is learning new things and applying it to real life," Portel said.  
photo by kofi manteaw



<< Utilizing a resistance band, senior Matt Probst stretches after his workout during gym. He used the band for leg stretches as part of a cool-down routine. Stretching after a workout reduced his risk of sports injury during and after physical activity.  
photo by kofi manteaw



Sophomore Semir Betahgic helps students, junior Haris Lilic and Rachel Morris work on an animation project in Flash. Students in Graphic, Sound, and Animation learned four programs during the class.  
photo by kofi manteaw



Junior Matt Zinselmeier hangs clean bumper plates during his fifth hour gym class. While the bar was in the air, he quickly pulled his body under it and "caught" the weight on his chest. Because the weights did not touch the ground during the exercise, it was possible to do this lift with metal weights, but it was much safer to use rubber weights just in case he lost control.  
photo by bonnie le page

Junior Brayden Conrad and >> sophomore Tyler Britton torque down a pistol-connecting rod to a small overhead valve engine during Small Engines. Students got to take engines apart, measure the components, and use a service manual to put them back together.



photo by kofi manteaw









# SATURATED SPRING

**spring. 3 months. march. april. may.**

as the ice melts, the river levels rise, along with students attitudes and expectations. some students, such as emma gowey, leave for spring break excursions to mexico. others reluctantly stay home and think of ways to spend those seven days of much needed relaxation. upon returning to school, spring sports are in full swing, as well as a new musical. sophomore bailey eppard represents at state track. the boys' soccer team becomes conference champions. seniors lj lipscomb and angelica gonzalez receive the principal's award and scholarship in honor of principal hukee. as the rain continues, the humidity heightens once again. goodbye spring, hello summer.

photo by monika sehic | words by mariah wellman



Senior Dirk Opland prepares to ask senior Casie Tindell of Valley to prom. Opland saran-wrapped a poster to the car that read, "These are all the reasons I wanna ask you...PROM?" with a note that described how Tindell is "awesome."

photo by falsal alabsi



Eating her first piece of calamari, junior Lisa Friesth enjoys a nice dinner at Dos Rios. Friesth and her friends decided to meet there right after spring break trips were over to catch up and speak of their adventures.

photo by falsal alabsi



Junior Victoria Rasavanh tries to figure out her lunch account number and food prices. The school computer system went down March 10th and lunch payments were handled manually.

photo by erica white



Doing some twists, juniors Molly Thuente and Chelsea Elming attend class at Johnston Dance Studio. The two practiced together in a group class on Tuesdays as well as well as in duet practice on Wednesdays.

photo by falsal alabsi



Senior Jimmy Siebert sets the ball to fellow teammate junior Mitch McPartland of Boone. Seibert was a part of JVBC's Boys' 18N team during its first year of existence.

photo by falsal alabsi

The best part of Spring Break is the friends. I went with Reid Lefler to Cancun and it was so nice to just relax and get away for a week. And it helps that there's beautiful weather down there. You have to love the sun!

Kylie Poulson  
junior



Enjoying their spring break, junior Lucas Wittman and sophomore Krister Anderson enjoy a snowball fight. Wittman joined Anderson and his family on a trip to Steamboat Springs, Colorado.

# Bye, Bye Mexico



PHOTO BY FAISAL ALABSI

## Senior Kennady Loffredo deals with traveling nuisances on spring break

"WHAT?" A silent moment follows. A look of disbelief crosses senior Kennedy Loffredo's face. As she stares down at her misspelled name on her boarding ticket, the beaches of Mexico seem even farther away.

Weeks before the break, the trip to Mexico was the constant talk of the hallways and classrooms. "[Spring break] was a way for me to get out of cold Johnston," senior Alexa Probst said. "I started getting excited around February; I was constantly seeing countdowns on Facebook for it." Loffredo, one of Probst's 30 trip-mates, felt the same. That was until the trip took a turn for the worse.

The group of seniors had planned the trip to Riviera Maya, Mexico, not expecting any delays. However, one small typo on an airline ticket set them back. "My name on

my ticket was spelled Kennedy instead of Kennady," Loffredo said. "With having my name spelled differently on my passport, they almost didn't let me go." With tensions high and mothers calling Continental Airlines, the airline company, the vacation was on standstill. "Everyone was going insane and was crazy mad," Loffredo said.

To avoid the tense situation Loffredo went through, Marcy Mulstay of Frontier Airlines stationed at the Des Moines International Airport, offered simple tips to ensure stress-free travel (or as stress-free as traveling can be.) "The best thing anyone can do is be an informed traveler," Mulstay said. "The process is ultimately really simple and is just a matter of double-checking at every point along the way. Double-check, double-check, double-check."

Though it depended on how severely wrong the name is misspelled, to change the name on the ticket costs \$100 at the gate. "If it's a matter of few letters, you should be okay," Mulstay said. "Different name? Definately not."

Loffredo was ultimately allowed to board the plane without any charge and continued on to Mexico. The group, beyond sitting in the terminal for a half-hour, didn't suffer any other major delays. Loffredo's situation was one that hundreds of travelers go through every year Mulstay said. The name incident seemed minute compared to the trip itself. "Having my close friends there made the experience an amazing one," Loffredo said, "There was never a dull moment."





3,000. The amount senior Kasey McDowell has already spent for his future career. He is obsessed with photography. It all started in seventh grade, with a point-and-shoot camera.

At Christmas 2009, he bought a Nikon D90 with money he had saved. "The first day I got it, I dropped it," he said. "I was holding it and the strap hooked on to one of the cabinets, and it just yanked it out of my hands," McDowell said. "And I was just like, ahhhh, just like freaking out. But it's alright, they are pretty durable."

McDowell scrutinizes his photos. "Sometimes I'll take a picture of the same thing four or five times just to get it right," McDowell said. Or a hundred. That is about how many photos he took of a road sign while he was driving. "It literally looks like a drunk driver veering off the road, like it's the last thing they see before they swerve," McDowell said. "It's really cool, everything basically draws into the sign, and it's not edited at all." (Photo shown center.)

As well as random pictures, McDowell focuses on getting the right shot of snowboarding. He wants to take winter sports pictures in the future, so he works at the perfect snowboarding picture. (Photo shown bottom left.) "We would walk the hill at Sleepy Hollow like 50 times to get the perfect shot," McDowell said. "The best thing about getting it right is the credit I get from it. Knowing I can create work people enjoy gives me the greatest sensation and drives me to do more and more."

After a friend asked him about it, McDowell started experimenting with the manual settings on his Nikon D90. "As soon as I figured out how to do it, it was like this whole new world," McDowell said. "I've been playing with this camera for a whole year and I didn't even know." McDowell experiments with open shutters, capturing light, and slowing the shutter speed down.

Since he started high school he has also learned more about photography. McDowell has taken both photo art classes, which taught him to focus on angles and create lines within the picture. "If you have what (art teacher Daniel) Weiss teaches, like in your knowledge, you'll take better pictures and you know what to look for," McDowell said. "You know what to do."

After high school he wants to move out to California and study photography. In the mean time, McDowell plans on saving up for another flash and battery pack.

hello, my name is...



**Steph Wilkinson**

age 16 | Cedar Rapids, Iowa

> I absolutely love to go fishing. My family and I take a vacation every summer to a cabin in Minnesota and fish for a whole week. We also go to different lakes around Iowa in the summer with our boat. I have cleaned a fish a couple of times, which is cutting them up for people to eat, when most girls wouldn't even consider touching a fish.

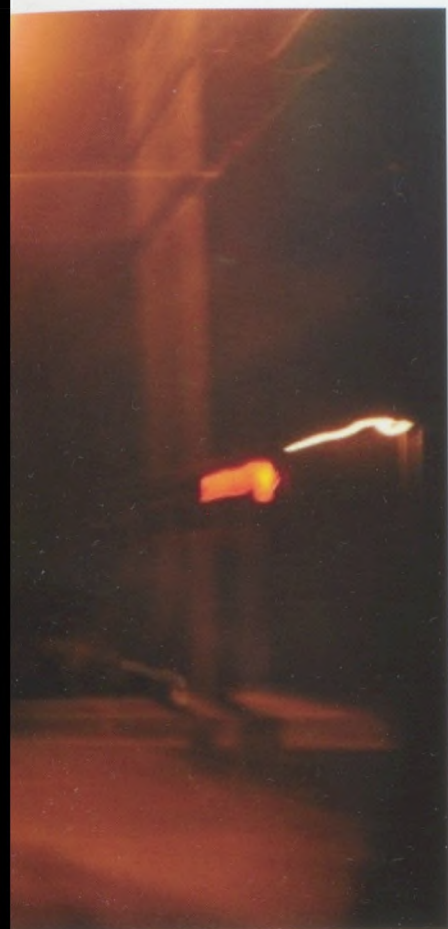


**Logan Walkup**

age 15 | Des Moines, Iowa

> In seventh grade I had an interesting experience in the lunchroom. (Sophomore) Michael Kinning threw away his retainers in one of the trash bins, but didn't realize it until they had been taken to the dumpster. Needless to say, we went dumpster-diving. On the menu that day was chicken strips, baked potato, and chocolate milk. We ended up finding the retainers in the end.





I still haven't  
taken one that  
I've been  
a hundred  
percent with.



**Anna Belknap**

age 17 | Des Moines, Iowa

> When I was younger I had a weird fear of watching movies I hadn't seen before. Because of that, it began a vicious cycle of mainly Disney movies that I'd seen before, because I was too afraid to watch anything new. My favorite movie when I was little was "Cinderella" but I also watched "The Lion King" and "The Little Mermaid." Any Disney movie really.



**Madison Buckley**

age 16 | Des Moines, Iowa

> I was working at Jimmy Johns for the drive through when the driver started driving away. Someone yelled, 'he forgot his pop!' I yelled out the window to make him stop, but the car behind had already started to pull forward. I decided to jump out of the window, which wasn't a good idea because it was icy out! I slipped into the splits but I didn't spill any of the pop! He gave me a dollar tip, and all my coworkers started cheering when I walked back in.



**Ryan Lowder**

age 17 | Des Moines, Iowa

> I love going to Iowa State football and basketball games. My family has season tickets, and I haven't missed a game in five years, both football and basketball. I think I've been going to the games since I was about six. And, yeah, my parents both went there, my dad was in a fraternity and that's how my parents met. I'm a die-hard Clones fan. I love to cheer them on and get that win. I love playing and watching football and basketball.



**Kevin Good**

age 18 | Des Moines, Iowa

> Last summer (senior) Ervin Duemic and I went on a walk and we had to cross a little creek. We hopped the creek and we were running up the hill on the other side. The grass was so tall that we couldn't see the holes. I missed a hole but Ervin fell right into it. He started shouting in an Australian accent and I was laughing so hard that I tripped over on top of him. That's the last time I ever trespass because there were two trespassing signs when we entered.

\*People chosen at random



On Dec. 13, sophomore Amelia Hammond plays the bass cello at the wind symphony band performance. "A lot of people make remarks on my huge 'cello,'" Hammond said. "No matter what they say, I enjoy playing an instrument that's classy...with a side of sassy."

*photo by paige plaskitt*

Watching the change in time signatures, junior Enya Dougherty and senior Morgan Meyer play the second clarinet. They performed as part at the concert band Masterwork performance Feb. 15.

*photo by carly crist*



Junior Adam Jaschen teaches junior Elizabeth Mills how to play "What is Love" on the marimba. Mills and Jaschen were the only students to attend percussion ensemble that day, so instructor Rich Wolfe gave them permission to use the time as they wished.

*photo by paige plaskitt*



## dragonbook

What interests you about being in band?



**Allie Anne Wignall** I love the people, I love the variety and culture, and I love the sense of community and pride. And of course, I love the music.



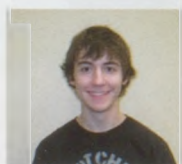
**Brandon Dean Miller** The ability to look at dots on a page and play a certain note and do it with the band and make something amazing from it.



**Elaine Margaret Kramme** There are a lot of opportunities in band and it's like a second family. We go through band camp together and competitions so much and the band people will almost always be there for you.



**Laura Nicole Smalley** It was a great way for me to meet people (being a sophomore) because marching band starts in the summer so you start high school with great friends, and we get to go to Disney World.



**Mason Andrew Waetke** We always do our drumline cheer before a performance. And our late policy is that if you aren't on the track at 6:45 a.m. you run a lap with your drum.



Junior Ian Dunshee practices after school with the drumline. "We just do general cadences and drills," Dunshee said. "We're working on getting a new cadence for next year # – what we play after half-time at the football games."



*photo by kofi manteaw*



# LAST STRING STANDING

Print by Mariah Wellman

**Sophomore brings new sound and a new attitude to Wind Symphony, through her orchestral classical instrument**

As the upright bass slid across the floor, sophomore Amelia Hammond put her foot down to stop it from moving. She straightened up and continued to play. At the end of the SCIBA band concert, wind symphony director Pat Kearney asked her to stand and take a bow. Hammond tried to stand, but realized her foot had fallen asleep.

There had only been three upright bass players in the years Kearney has been at Johnston. The first was eleven years ago, Kearney's first year as director. The second was five years ago.

Hammond got talked into it. "The band teachers made me do it," Hammond said. The middle school band directors, Jessica Heidebreder and Dee Bradt, asked Hammond to change her instrument to a bass for jazz band. "They wanted me to start learning it because the school hadn't had one in a while," Hammond said.

It was easy for Hammond to switch over because of her past experience with similar instruments. "In the past I've played saxophone, percussion, and the electric bass," Hammond said. "The electric bass has frets on it, and the upright bass doesn't, so it was hard playing the notes."

Hammond's parents were very supportive of her decision to switch and she has never really wanted to quit. "Sometimes my right thumb gets horrible cramps from holding the bow, but don't get me started on my calluses."

When Hammond started playing the upright bass, she discovered it was unusual to have a part written for her. If that was the case, Hammond played parts for instruments such as baritone, bass, and bassoon.

"Bassoon is harder than upright bass parts because it's faster, and the string bass part is super boring whole notes up the wazzoo," Hammond said.

Kearney was happy to hear Hammond was playing the upright bass. "It adds new sound and she can sustain notes that a wind player can't," Kearney said. "It creates more colors of sound throughout the band."

Hammond's bass and senior Tim Gates' bassoon were the only single instruments in wind symphony. "Every other instrument is at least doubled," Kearney said. "It takes a strong musician to play independently."

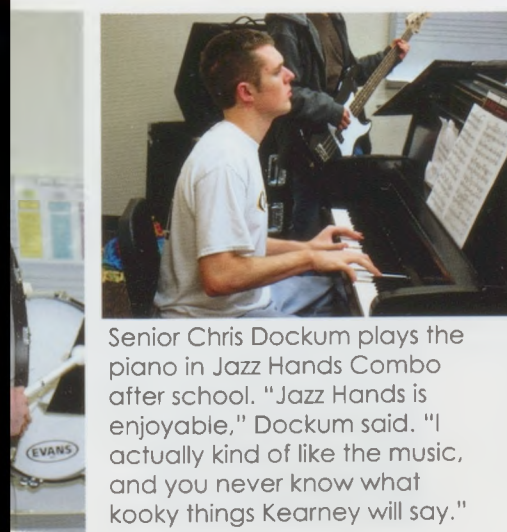
Both Hammond and Gates took private lessons to improve. "I've found them (lessons) helpful," Gates said. "It's nice to have an instructor that specializes in double reed instruments."

Hammond sat next to tubas and bassoons usually. "Amelia usually sits on an edge seat," Kearney said. "It's easier for her to be heard and better for balance."

Kearney was in agreement with the middle school directors. "I would encourage students to try more orchestral instruments such as bassoon, French horn, oboe, or other less common instruments," he said. "It's harder these days to get students interested."

Hammond likes being able to play multiple instruments, so the overall experience has been positive for her. "I'm happy I switched over, because it's been fun so far," Hammond said. "I don't have to play saxophone and get crusty crust lips and my teeth don't hurt."

Hammond is unsure of her future as a bass player. "If a college wants me to play, I might," Hammond said. "But for now it's just fun."



Senior Chris Dockum plays the piano in Jazz Hands Combo after school. "Jazz Hands is enjoyable," Dockum said. "I actually kind of like the music, and you never know what kooky things Kearney will say." photo by kofi manteaw



Junior Brian Cherrier plays a solo on trombone during the song, "For Gil" at the Urbandale Jazz Colloquium held Feb. 5. The song was written as a tribute to the composer Gil Evans. photo by paige plaskitt



photo by paige plaskitt

Playing the piano for fun, sophomore Austin Busch spends his lunch period in the band room. "The band room is a much friendlier place," Busch said. "All sorts of people come and go, and there's always something going on."



Doing all the final touch-ups, seniors Kelsey Kruse and Spencer Vasey and sophomore Paige Cramer prepare to send the pages for printing. This was Cramer's first deadline on the staff.

*photo by helen lagerblade*

Checking over her individual ideas, senior Kelly McGowan participates in the idea session for the April issue. McGowan was named Journalist of the Year by the Iowa High School Press Association for 2011.

*photo by faisal alabsi*



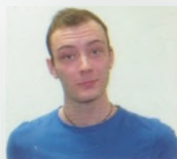
Having their monthly editor meeting, senior Michael Knoedel and others discuss possible ideas for the February issue. Head editors and sub-editors met to discuss all aspects of their issues and to be on top of things.



*photo by faisal alabsi*

## dragonbook

What did you think of the award-winning trip to Kansas City?



**Ian Cole Dunshee** Kansas City had some really awesome restaurants that I really [freak-ing] loved and the hotel was really ritzy. The best part was listening to someone playing piano upstairs while we played poker until one in the morning.



**Zachary Cole Winjum** We had a lot of fun at the National Convention. Much of the ideas that were presented we have tried incorporating in the newspaper this year. I think overall it has made our paper better.



**Ethan David Meng** It was pretty funny when we were down there because for two days the convention center was filled with 5,000 kids who were running around not knowing where to go for their next seminar and it was just kind of amusing watching everyone race around.



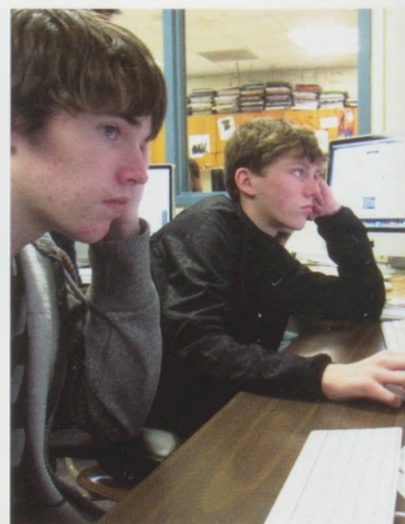
**Lauren Nicole Coffey** I really loved that I got to bond with the people from yearbook and newspaper in a different place than school. I met some people that I probably wouldn't have otherwise, and made some great friends!



**Michael Joseph Knoedel** It was supposed to be about the learning and all, but I came for the experience. Whenever you have twenty-some high schoolers living within fifty feet of each other, it gets exciting pretty easily.



Stressing about the time crunch, senior Michael Knoedel and sophomore Wes Monroe try to finish their pages for the February issue. "This was two days before we had to send out the paper and I believe it was 5 o'clock at that point," Knoedel said. "We just wanted to leave, but we still had a lot to do."



*photo by morgan riessen*



# WHOOPE CUSHIONS AND AWARDS

Print by emily mentzer

**With minor changes, Black and White goes down in school history as a nationally recognized newspaper.**

As the staff of the "Black and White" sat eating Italian dishes at Brio, a restaurant on Country Club Plaza, adviser Leslie Shipp received a congratulatory text from another school's adviser. Although she was not quite sure what the text meant, she had a hunch. So she asked junior Ethan Meng to check his HTC Evo 4G network phone. Scanning the National Scholastic Press Association's website, Meng spotted Johnston's name in the Best of Show newspaper contest. Sixth place at a national convention was the school's best-ever placing.

"I think everyone's reaction was a little bit like 'wait... nationally?!'" senior Kelly McGowan said. "It was super exciting knowing all of the time we spend in the j-lab pays off like that."

The bi-annual convention, held in Kansas City in November, attracted some 5,000 students from 500 schools. The convention featured over 200 sessions about writing, photography, design, broadcast, and First Amendment topics.

One favorite keynote speaker was photographer Jim Richardson who had done about 25 stories (told by his photos) in the past 25 years for *National Geographic*. "He had been everywhere," Meng said. Highlights included stories about a trip around the world by jet, 11 countries in 24 days and his several bouts with malaria. He focused on how no topic has to be boring whether it was an African child or a small, rural Midwest town.

Junior Zach Winjum enjoyed the photos of the small Kansas town of Cuba. "It was extremely interesting that someone was able to capture the everyday events in a small town in a way that made them seem

extraordinary," he said.

One photo captured the story of the town's doctor who had delivered more than 700 of the town's residents. For his retirement, photos were collected of some of the people he had delivered during his 52 years as town doctor. The photos were hung in his waiting room. Richardson's photo depicted the doctor standing in the foreground with photos hanging behind him. The doctor died less than two months after the photo was made.

In addition to learning, the staff, which generally liked each other, had time to hang out. On the Friday night of the convention, most of the staff, along with some of the yearbook staff, rode the downtown Marriott tower elevator up and down among the eight floors. But with a twist. They faced the back of the elevator.

When new riders stepped aboard, they met the backs of the staff members. Some riders thought the idea hilarious. A few joined the fun and turned backward. Others pretended nothing was out-of-ordinary.

When riders pretended not to notice, it was all the staffers could do to hold back the laughter. On one such ride, senior Michael Knoedel said, "There were a couple of chuckles which ruined it."

For one ride junior Evan Culbert unleashed his whoopie cushion. The cushion was there to add to the awkward situation.

On Sunday, the group loaded the charter bus with the Valley High School coalition who accompanied them on the trip. The sixth place certificate arrived by mail the next week.



Looking over her notes, senior Spencer Vasey interviews senior Maria Dageyte. Vasey wanted to get Dageyte's perspective on fashion, locally and globally.  
photo by faisal alabsi



Looking for students coming into the school, juniors Taylor Mithelman and Evan Culbert hand out papers. Members were assigned distribution places.  
photo by faisal alabsi



photo by faisal alabsi

Responding to senior Kelsey Kruse's questions, junior Scott Syroka gets interviewed. Syroka was part of the school board meeting that had the first big discussion of merging the high school and the middle school.



urbandale invite  
**201**  
 s.e. polk dual  
**200**  
 valley invite  
**193**  
 valley invite  
**201**  
 ames invite  
**226**  
 ankeny dual  
**217**  
 johnston invite  
**201**  
 johnston invite  
**203**  
 indianola dual  
**181**  
 s.e. polk dual  
**191**  
 s.e. polk dual  
**193**  
 urbandale dual  
**209**  
 dowling catholic  
 dual  
**189**  
 ciml conference  
**374**  
 regionals  
**389**



1



2



4



5



1. Putting on the edge of the green, senior Danielle Christensen manages to sink her putt from yards away. Christensen scored a par on the back nine at Jester Park. *photo by jake swesey*  
 2. Driving from the first hole at Hyperion, Junior Taylor O'Bryan safely lands her ball on the fairway. O'Bryan helped her team score a 209 against Urbandale. *photo by jake swesey*  
 3. Utilizing her five Iron, junior Jenna Francois slams her shot right onto the green on the par three at Jester Park. *photo by jake swesey*  
 4. Freshman Alison Kretzinger chips her shot from the fairway to land it on the green at Hyperion. *photo by jake swesey*  
 5. Chipping from the fairway, senior Kristen Waite lands her shot onto the green to score a boogey on the par five. *photo by jake swesey*





>> Junior Cory Upton carefully chips her ball out of the rough and onto the green. Upton lettered for Varsity during the season.  
photo by jake swesey

# BORICH HELPS BIND BONDING

Dan Borich gets the bonding going with the help of two truths and a lie

It was Friday night and junior Cory Upton had just finished varsity golf practice. Instead of heading her separate way, coach Dan Borich asked her and the rest of the team to meet at senior team captain Margaret Brimeyer's house. When the teams, both varsity and JV arrived a pasta dinner was waiting. Upton got her plate and began to eat while coach Dan watched the room separate into grades. Unhappy to see that the team was not as united as he liked, Borich decided he would try an old trick. As the team finished and started to leave, Borich stopped them. Upton was surprised with what he asked next. "At the pasta dinner coach Dan told us we were going to play two truths and a lie," Upton said. "So we got into a huge circle in the living room and played it." The rest of the night was spent laughing and figuring out teammates' facts from lies. When Upton finally left to go home she felt that the team had bonded more in that night than they had during the entire past year.

As the golf season went on, Brimeyer decided that team bonding was something she wanted to work at. "[Bonding] was one of my goals as a team captain," Brimeyer said. "Being a senior, I noticed seniors from previous years not being very welcoming and I wanted to change that." So to keep the bonding going the team captains, members and coach Borich did multiple other things besides playing silly games. Seniors offered rides to underclassmen that weren't able to drive themselves and the coaches organized practices so all teams practiced at the same place. On long bus rides to meets, the team would have a big group conversations where teammates like junior Taylor O'Bryan felt they bonded the most. "The conversations we had were hilarious and often the highlight of a meet," O'Bryan said. "I really got to know everyone."

With the team working more as a whole, they began to think about Vickie Borich. The previous year Ms. Borich had been diagnosed with breast cancer and the team felt it was the time to show her how much she mattered to them. "We as a team wanted her to know that we cared about her," Upton said. "So we came up with the idea to make T-shirts." Team captains Brimeyer and fellow senior Kristen Waite made the T-shirts a reality. When the T-shirts came in Brimeyer and Waite were glad to see the teams newly found friendship didn't stop after practice. "Since Kristen and I designed them, having the team wanting to buy them brought us even closer," Brimeyer said.

The team wanted to take their appreciation for Mrs. Borich one step further. "After the shirts had been sold we as a team decided we would donate a portion of the money," Upton said. "So for every shirt we sold we donated a dollar to the American Cancer Association."

With the golf season coming to an end Upton thinks back to the night that began it all. With the help of two truths and one lie Upton got to know her teammates better than ever and team bonding became the priority for all. Even the seniors took the time to ensure future teams would always be close. "The seniors have shown the next seniors what to do in order to make us more like a team," Upton said. "I hope that year to year the seniors will pave the way for the next year."

spread by kaitlyn ellerman and jake swesey

## Sophomores SAY Hello Memories

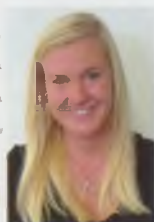
"The upperclassmen made it a happy atmosphere which made everyone more willing to participate and act more like one team instead of just playing for ourselves."



"This year was mine, Elle Scott and Meghan Jensen's first year playing golf ever, and so we were playing a hole and we hit into it. It was so funny! We couldn't stop laughing!"



"My favorite memory probably was when we were playing at conference at Jester and the whole varsity team met the goals we had set that morning. After that we all went to Vandee's."







# Debating Times

Dowell promotes current events discussions

When a 9.0 earthquake hit Japan, followed by a devastating tsunami, or when civil war broke out in Libya, history was being made. As students learned about Napoleon Bonaparte and World War I, they were left wondering about the events that happened in their lifetime. Considering that the school had no current events class, World Studies teacher Jesse Dowell developed a way to incorporate current events into the curriculum.

Every Tuesday and Thursday one student would share a current story, relate the event to past history, and ask the class some discussion questions. "I've heard from a lot of students that they don't get to talk in other classes," Dowell said. "I think that is disappointing. Students should be doing as much of or more of the talking than the teachers, so I try to get as much discussion in as I can."

Instead of learning the blue words, students got to present controversial topics to the class and spark interesting conversations. "It lets us do something different instead of staring at our textbooks and it engages the whole class," sophomore Fatiha Iqbal said.

As students raised their hand to share their opinions, the debates could be quite energetic. "The discussion about whether to build a Muslim recreation center near Ground Zero was a heated debate," sophomore Ivy Wu said. "It was very interesting to hear both sides of the issue."

There is never one side to a story and everyone had different opinions about an issue. "We try to get as many of the pros and cons as possible," Dowell said. "That's the number one way I like to teach, is to have a discussion about it and get them talking. I will even take the unpopular opinion to get the class talking."

The debates helped students understand what was going on in the world and connect it to the past. "Many students believed history is just in the past, that it doesn't matter at all anymore because it's over," Wu said. "However, current events and their connections to history really show how every aspect of history has led us to where we are today."

Every day something new happened and students in Dowell's class wanted to talk about it. "When they know what is going on it gets them more interested in other news," Dowell said. "It links it and makes them more interested in history. I'm finding every day that students want to talk more about current events even when it's not current events day."

Sophomore Hannah Wiles presents a current event in teacher Jesse Dowell's World Studies class while sophomore Alejandra Escoto watches. "The nice thing is that once people really began thinking about the topic they started to realize that it was more complex than a 'we should or a 'we should not,'"

Wiles said.

photo by Kara Ganzer

V  
V



**Q**  
WE ASKED.

What is your  
favorite class  
and why?

[In] Social studies,  
we made our  
own World War  
I commercials,  
which was a fun  
project to use  
technology, and  
not just take notes  
in class.

-Caleb Gibson '13

**A**  
YOU ANSWERED.



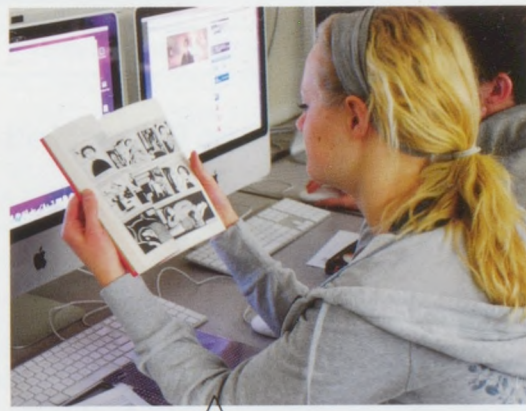
< Senior Collin Ward sketches senior Owen Ballard during Drawing. Each day students sketched each other to work on lighting and shading. The modeling was not easy. "I was seeing spots 20 minutes after class because of the way the light was posed," Ballard said.  
photo by paige plaskitt



< Juniors Kerigan Thompson and Andrew Stiles play Rock Paper Scissors to see who gets to go first to answer one of teacher Jason Jauron's history trivia questions. The game helped students review vocabulary and terms from the week, and was also used just for random trivia fun.  
photo by kofi manteaw



^ Hollowing out a gargoyle, junior Ryan Marx works on his project for independent project in Clay. Students were assigned a research component before they could begin their designs.  
photo by kofi manteaw



^ Junior Brandi Jansen reads *Persepolis* for the first time while typing her paper for Teen in the World. The project incorporated bits and pieces from the graphic novel with current events from different countries. "I chose the Moroccan War because it was less well known," Jansen said.  
photo by kofi manteaw

Sophomore Ryan Siedenburg and teacher Mark Schillerstrom critique Siedenburg's paper on *The Crucible*. Siedenburg wrote about persecution, connecting the story to the Holocaust. "The Jewish people were persecuted for their faith," he said. "In the book, John Proctor was persecuted because he thought that God didn't exist anymore."



photo by kofi manteaw



Going through the choreography, senior Lindsey Curiel performs at the S.E. Polk Rhythm and Music Showcase where Innovation earned Grand Champions and Best Vocals, beating out Ankeny.  
photo by helen lagerblade

Whipping her hair, junior Chelsea Elming, performs during the Innovation girls number, 'Hot 'n Cold' by Katy Perry, along with the tune "Cold Hearted Snake" by Paula Abdul.  
photo by helen lagerblade



Junior Lucas Wittman gets down on the floor for a move in the song "Hit the Ground Running." "My favorite memory would be beating Ankeny by one, then carrying Chase Wallace on my shoulders all the way down the hall."  
photo by helen lagerblade



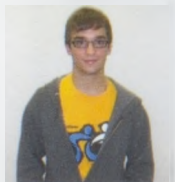
## dragonbook

What was your favorite song and why?



### Rachel Elyse Beierschmitt

The closer, because it was really fun to perform and we put a ton of effort into it. It took a lot of work to get it the way it was.



### Timothy Benjamin Gates

The ballad put the audience in the palm of our hands for the rest of the show. It doesn't hurt that we sang it so beautifully either.



### Emma Catherine Henry

Our closer, "Hit the Ground Runnin'" because it was so different from anything we had ever done before. It was country which is unusual for show-choir, but also unique and full of energy.



### Jacob Thomas Hunsberger

"Orange Colored Sky" because of my partner (Emily Mentzer) Choco! Choco! We had a ton of fun performing together.



### Matthew Harley Zinselmeier

I would have to say "Hot Blooded" because it was the guys' song and we were delicious!



Interacting with their audience during a transition into "Orange Colored Sky," seniors Jocelyn Schneider and Chelsea Waltz pose together showing their sass. "My favorite part of this year would have to be watching my parents make fools of themselves at our spring show," Waltz said.



photo by helen lagerblade



# SING ALL ABOUT IT

Print by Ellie Minor and Katie Holcomb

## Error in judging gives false disappointment

Emotions ran high at the Sing All About It competition at Sioux City East after Synergy members were falsely informed that they did not make finals. Forty-five minutes after being told that they didn't make finals students retreated to the dressing room to help Innovation get ready for its upcoming performance.

Members took off their costumes and put on their show choir t-shirts and sweatshirts. When director Eric Shepard rushed in telling them to get ready for another performance because they had made finals, they were shocked. "They were all packed up, people had ordered food, taken their hair down, they were pretty much ready to hop on the bus," Shepard said. "They had no idea, they didn't see it coming at all."

The judges had made a mistake during daytime awards. "The judges had forgotten that prep groups could make finals, and so they put a varsity group in finals that shouldn't have," junior Morgan Riessen said.

The words, 'we made finals,' began to fill the dressing room along with tears and smiles. "I thought it was a really cruel joke at first, but when I found out that it was actually true, I've never been more excited!" junior Kristen Gifford said.

The dressing room soon turned into mass chaos. "The atmosphere was crazy!" junior Catherina Ochoa said. "Everyone was running around trying to get re-ready for another performance. The energy level was 10 times the normal for us."

Innovation members also joined in on the chaos. Many of the Inno girls stopped

trying to get themselves ready and began to frantically help with re-teasing hair, re-doing make-up and helping Synergy girls put back on their costumes.

Some ordered Jimmy John's sandwiches prior to being told they made finals. They rushed to eat their sandwiches and put on their costumes.

Synergy members headed to the warm-up room anticipating performing first in finals. However, the varsity group whom Synergy was originally supposed to beat out had to perform as well, and they warmed up first. Thus, Synergy members were sent back to the dressing room with 15 more minutes to get ready.

Finally, Synergy was ready to perform. "We were determined to make the best of it, and prove that we deserved to be there," Riessen said. "Being the only prep group in finals kinda brought out the competitiveness in us. We wanted to show that prep groups could compete with varsity groups."

Members were excited. "Before going on we all thought we were going to do well, but we never imagined doing as well as we did," junior Richard Schraeger said.

At the final awards, Synergy placed fifth out of seven groups. "Once the seventh and sixth place awards were announced I was so happy, because we had just beat two varsity groups, and had the best performance yet this season," Riessen said.

Synergy had an undefeated season in the prep division. "It was unbelievable, to have the feeling like you were a part of something so successful. A feeling like that is really satisfying," Ochoa said.



Melia Black sings her solo during the Synergy ballad "The Distance You Have Come." Synergy placed fourth in finals at the S.E. Polk competition.  
photo by helen lagerblade



Serenading senior Kayla Flyckt, senior Dane Van Brocklin performs his solo in the closer "Me and My Gang/ Hit the Ground Running."  
photo by helen lagerblade



photo by helen lagerblade

Coming up from a hair-flip, sophomore Katelyn Lunders performs in the middle of a dance break. Synergy received first place in the prep division for every competition it attended.



kim hughes  
kind, cheerful, outgoing

**a**n hour-long car ride with a two-hour mission. Sophomore Kim Hughes has one goal at Care Initiatives Hopice in Marshalltown, Iowa – create some smiles.

Hughes began volunteering at the hospice (part of Southridge Nursing and Rehab Center) four months ago. She volunteers there once-a-week with her friend from basketball, sophomore Erin Yocum. Yocum's mom works at the hospice.

After her first time volunteering, she knew she would return because the people were fun and she liked to talk to them.

"One lady was telling me to wait because soon 'grandma' would come and clean. Pretty soon another patient came and cleaned their lounge area, moved all of the chairs back and then just left. Then my lady was just laughing saying how we shouldn't laugh, but it always makes her laugh," Hughes said.

Another woman told about her love of motorcycles. "She saved her money until she could afford one," Hughes said. "She used to wear the leather jacket and everything. Some of the patients also like to gossip about each other a lot and it's funny to listen to."

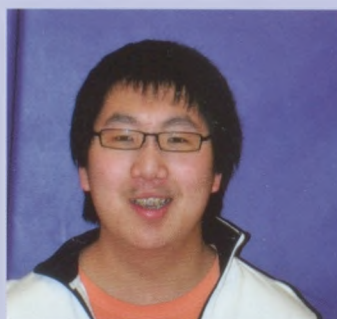
"People kind of say that old people don't care as much, but when you talk to them they know a lot more than you think," Hughes said. "They know about modern stuff, like technology and celebrities that you wouldn't expect to know."

Hanging out with the patients and hearing their life stories makes her think about things a little differently and learn life lessons.

"You can't get upset over things as much because it's not going to matter," Hughes said.



hello, my name is...



**Ben Stensrud**

age 17 | South Korea

> My manager at Gateway Market got me interested in cooking as a hobby. It's great because I can make whatever I want to eat, and I know what is going to be in it. It's also fun because you get to explore your creativity by combining flavors that may not ordinarily go together. My extended family also holds a cooking competition where we each cook a dish and then compete for the best tasting.



**Katelyn Parsons**

age 17 | Des Moines, IA

> I work at Generation Next in the nursery and babysit a lot. I'm going to the University of Northern Iowa to study elementary education so I can become a teacher. After teaching, I want to open up my own daycare. What I like the most about it is when you walk into the room every day for work and you get smiles from all the babies and the fact that they have formed that connection with you.





You learn to remember the people you care about and don't fret about all of the people who don't like you.



**Cody Conley**

age 17 | Des Moines, IA

> I snowboard all of the time, every Friday after school, Saturdays till I have to work, and whenever I can during the week. I just kind of decided to try it out about four years ago and I have loved it ever since. One time I landed on a 13-year-old from jumping off of a ramp, and I still have trouble getting off of the ski lift at Sleep Hollow. I'm also still using the same board that I got when I started.



**Julia Brown**

age 16 | Des Moines, IA

> We usually have four to five people participate in a girls' night out. Sometimes we will just sit around and watch movies or go bowling as a group. Being with them makes me happy. Another activity is driving around together and goofing off. Even though I am not a huge video game person we will usually play Donkey Kong with my mom, which is my favorite game.



**Alex McCune**

age 16 | Des Moines, IA

> I got into drumming because my uncle was in the army and played in a rock band in Iraq. He bought me my first drum set and taught me how to play. I try to practice as much as I can every day when I don't have homework and as much as possible between football and baseball.



**Erin Conlan**

age 15 | Des Moines, IA

> I love to ride horses and I try to get out as much as I can during the summer since it is hard during school. I do a lot of volunteer work at the homeless shelter. I have also worked at Goodwill twice and I often teach Sunday school, usually young preschoolers. I also usher at church. I like seeing the smiles on other people's faces. Them being happy always makes me feel happy.

\*People chosen at random



Playing the lead role, senior Dane Van Brocklin portrays professor Harold Hill in "The Music Man." Van Brocklin guided the cast in singing, "You've Got Trouble."  
photo by emily welch

Cueing for the bow, musical director Eric Shepard shows where seniors Chris Dockum and Leah Bowman should take their final curtain call for "The Music Man." Bowman had to juggle keeping her wig and hat on during dress rehearsal.  
photo by emily welch



Talking down on his co-star, senior Trevor Fisch plays Ebenezer Scrooge in "A Christmas Carol." Senior Jamerris Holder played Bob Cratchit, Scrooge's timid assistant, who was afraid to stand up to him.  
photo by emily welch



## dragonbook

What was it like being in a school musical?



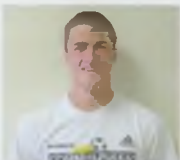
### Amelia Jo Hammond

It was so very fun because I got to hang with friends and meet new people. The acting, singing and dancing part wasn't so bad either.



### Jacob Thomas Gehrke

It was a great experience that we'll cherish forever. Our hard work and team effort brought us together as a family to put on one of the greatest shows ever.



### Andrew Bradley Smith

It was a lot of fun being in it and getting to know all of the cast. It took a lot of time outside of school but it was worth it.



### Manda Jolynn Clark

I loved being in the musical because I got closer with friends and made new ones. We started something new at Johnston and the whole experience is something I'll never forget.



### Anna Kate Belknap

It was a lot of work, but the end result was so fun and rewarding. I made a lot of great friends. My favorite part was when we had our first rehearsal with costumes because you could see people really getting into their character.



Sophomore DeeJay Lott gets directions from drama director Paul Miller on how to get off the stool and cross the stage. Lott was playing the part of a lonely kid for the Christmas Past scene.



photo by bonnie le page



## DIRECTOR FULFILLS DREAMS

Spread by Mariah Wellman & Emily Welch

### Associate director brings promise of togetherness by bringing musicals back to the community

Opening night. Friday the 13th. Lights go up. The crowd is silent. Backstage, some students wait, anticipating the rising of the curtains and the beginning of the opening number. Others rush to move props. A gasp is heard from backstage as students watch the legs fall from underneath a side table, an important prop in the first act, in other words, a hopeful director's worst nightmare. As director, Eric Shepard walks on stage, he begins an impromptu speech as cast members frantically attempt to fix the table. After minutes of anticipation, the curtains rise and the first musical in over 35 years at Johnston begins.

The addition of a new associate director to the choral department reintroduced musicals to Johnston High School. "Two years ago, in the spring of 2009, Brimeyer (former assistant director) and I went to the administration with the proposal," director Sarah VanWaardhuizen said. At the end of last year, Ted Brimeyer took a new position as the director of choral activities at Urbandale High School. Eric Shepard came from Roosevelt High School to fulfill Brimeyer and VanWaardhuizen's dream.

"Every school I've been a part of has had a musical," Shepard said. Shepard has performed or directed around 45 musicals. The next step was to acquire the resources to begin the project.

Shepard applied for several grants to receive funding for the show. The school

received grants from the Iowa Arts Council and Polk County Farm Bureau.

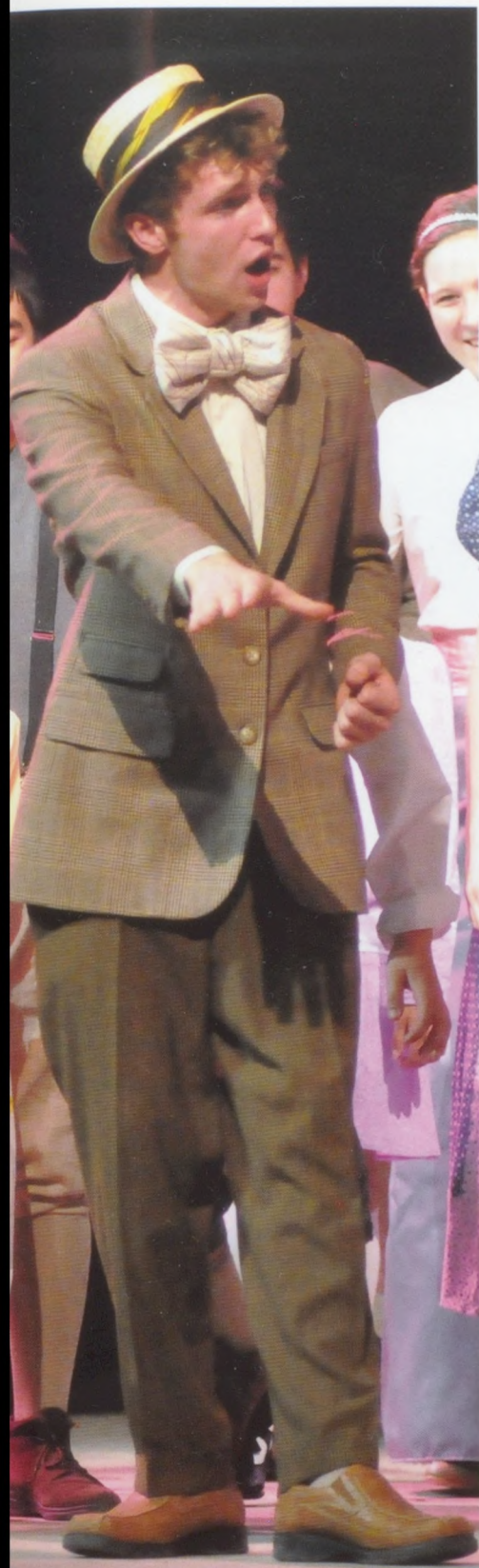
Although getting the money was difficult, deciding the show was easy. "Music Man was picked because it was based in Iowa and it's a standard musical," Shepard said. "It's bringing the musical to Johnston like Harold Hill brought music to River City."

One of Shepard's main goals was to bring the community together. "It was a lot of fun having different age groups," senior Dane VanBrocklin said. "I love little kids and middle schoolers."

Older members of the cast agreed with VanBrocklin. "It's really special because I knew a lot of people that started off with 'Music Man' as their first performance," sophomore Laura Smalley said. "So hopefully we'll start a new tradition for future generations."

Many high school students brought along their younger siblings, adding energy to the cast. Sophomore Joscey Miner got her youngest sister, Maggie, involved with the musical. Maggie Miner was the youngest member at the age of six. Joscey played the role of a Pick-A-Little Lady and Maggie played a Wantanee girl, Joscey's daughter. "It was a real joy," Joscey said. "I got to watch over her because she was my daughter."

Maggie also enjoyed it. "It was funtastic because Joscey got to be my mommy," Maggie said.



Juniors Adam Jaschen, Andrew Overton, freshman Rory Coniconde, and sophomore Jacob Gehrke perform the opening act of "Rock Island." The train prop was not completed until the day before opening night.  
photo by emily welch



Sophomore Melia Black sings "Marian the Librarian" with eighth graders Meredith Toebben and Ellie Marckmann. Black played Zaneeta who is the mayor's daughter.  
photo by emily welch



photo by emily welch

Sophomore Kayla Dings, junior Rachel Minter, and sophomore Hannah Wiles perform a scene from Christmas Past in "A Christmas Carol." The girls were playing the daughters of Ebenezer Scrooge.



Writing his name on a blue ticket, junior Andrew Haler enters a raffle for "Dragons Share Their Wagons." The Environmentalist Club announced the week of April 18-22 was *Carpool to School Week* and ended the week with a free breakfast and the raffle.  
photo by kelsey kruse/BW



Leaping to catch a frisbee, sophomore Elle Scott receives a toss from junior Gabe Renken. The two were playing a game of ultimate frisbee on the soccer field at Dewey Park in Johnston with their church youth group.  
photo by paige cramer/BW



Executing his form, foreign exchange student Basil Maymon bowls on a Sunday afternoon soon after arriving in America. Multiple French students hosted the students from France for a week. Maymon stayed with senior Hank Mandsager.  
photo by paige plaskitt



Junior Taylor Beebe performs at the Historical Society Building on April 9 during an Addam C. Medina Foundation benefit. The foundation held fundraising events featuring young Iowa musicians. This was Beebe's second time performing.  
photo by kristine hauser



Preparing to serve the ball, club sponsor Jason Jauron plays on a doubles team with junior Cal Gruening at an Association of Ping Pong Players after-school meeting. The club usually met on Thursdays and had tournaments against each other.  
photo by kelly mcgowan/BW

**“hey!**

Even though it wasn't a good show, we can learn from our mistakes and will work harder to put on a better show. I think that having a bad show once in a while is a good thing because it reminds you that you're not invincible and if you want to be good you have to work for it.

**bye!”**

**Brian Cherrier**  
junior



# House of Sound

Junior Ashton Lindsey plays the "Flying V" electric guitar for his band "Knotch X (ten)" while they perform at the House of Bricks on April 1. "Playing guitar and shows, it's not just a hobby for me," Lindsey said. "I need to do it. Without it I don't know who I would be."



PHOTO BY EMILY WELCH

## JHS students' bands get the chance to play at the House of Bricks in downtown Des Moines

On 6th and East Grand Avenue downtown sits the House of Bricks, a local music venue where musicians can display their talents. On April 1, two local bands played, Notch X (ten) and Next Door to Perfect.

Notch X was started in 2009 by junior Ashton Lindsey and his brother, Drake Lindsey, a seventh grader at Summit Middle School. Juniors Ethan Meng and Cal Gruening were among the audience at the House of Bricks, showing support of the bands that were playing.

The crowd of about 80 people consisted of the band members' peers and family members. Notch X was the first band that played, followed by a Dowling Catholic band, Display Case, and then Next Door to Perfect.

Juniors Luke Miles, Ian Dunshee and Brian Cherrier started Next Door to Perfect in 2006. Later, junior Daniel Brown joined the band. "We started the band because of our musical influences," Miles said. "We try not to sound like them exactly."

Next Door to Perfect only advertised for the show via Facebook, due to miscommunications between the band and the venue. "We didn't advertise quite as much because we didn't have enough time to plan, as the show proved," Miles said.

"Going up there, I thought this was gonna be a Snapple moment," Dunshee said. A Snapple moment is a term of Dunshee's, referring to when Tom DeLonge, of Blink-182, played a small show when the band was

young and unknown. The crowd was virtually nonexistent. Five songs into their set, the manager of the venue kicked them out and gave them a Snapple as their payment for the night.

That being said, "it was a good experience, and fun to play with other bands," Lindsey said. "I hope we get invited back to play here again."

"It was just a regular show for us," Dunshee said. "It was just us livin' life, having fun, doing all that other (stuff) that makes life so great so that you can forget about silly things like responsibilities and making smart decisions for about five hours, until you had to go home and get (yelled at) by your parents."



Lighting junior Maddie Kreamer's candle, junior Chase Wallace sings "Silent Night" at one of the Madrigal Dinner rehearsals. "I'm not saying I like to dress up or anything, but it's kind of cool to see everyone in costume and acting like they're actually from the time period," Wallace said.  
photo by helen lagerblade

Preparing for the fall concert, the women's choir does vocal exercises to warm up their voices under the direction of Eric Shepard. Shepard started at the school in the fall after previously teaching at Roosevelt.  
photo by bonnie lepage



Singing "Wassail" the royal court leads off the Madrigal Dinner. At the same time, other members of choirs passed out wassail. The royal court consisted of all seniors involved in choir.  
photo by helen lagerblade



## dragonbook

If you could sing any song for choir, what song would it be?



**Mitchell William Sparks** "Ave Maria" as performed by Chanticleer. This is an a capella version, and the harmony is great. It is very challenging, and I would love to be able to sing a song like this with a smaller group of men.



**Rachel Diane Swanson** I love to sing anything Eric Whitacre. His music is really beautiful and incredibly challenging. My favorite Eric Whitacre song is probably "With a Lily In Your Hand."



**Eric Robert Bridgewater** The Usher medley arranged by Sam Sparland because it is a combination of four Usher songs made for four guys to sing.



**Brandy Marie Pohlman** Pink's "(Expletive) Perfect" because one, I love Pink, and two that song has a good message. I would also love to sing something from the musical "Wicked" because it is really popular and it has good songs.



**Jacob Thomas Gehrke** "Lullaby" by Josh Groban because it's a capella and has some really cool harmonies. Josh Groban writes for vocals so the use of his songs would help our focus on vocal techniques.



Senior Kyle Naig plays the piano during the women's choir portion of the Masterworks concert. Naig also played for concert choir, chamber choir, Synergy, and Innovation.



photo by carly crist





## SOLO TRIGGERS TEARS

Print by Carly Crist

### Sophomore sings appreciative song to parents at the mixed choir concert

"My parents don't know I'm doing this," sophomore Kayla Dings said as she stood on the stage in front of a darkened crowd at the Pops concert. Dings nervously looked out at her parents in the front row of the auditorium as she started her solo. While singing, Dings was interrupted by her tears as she appreciated her parents' support.

The mixed choir Pops concert included many different types of music, as well as solos for which students had to audition. This was the only time mixed choir had a concert by themselves. It had been so long since the last Pops concert the music department couldn't even remember when it last occurred.

Dings wanted a solo in the concert, and picking which song to sing wasn't too difficult for her. "I had this song for two years," Dings said. "I write songs about everything, but I just thought that one had the most meaning to it and I wanted to write a song for [my parents] because they have done so much for me."

However, Dings was still a normal teenager who disagreed with some of the decisions her parents made for her. "They didn't let me go to a party one time, and I was mad, but three days later I found out there was a ton of alcohol there," Dings said. That was one of the reasons why Dings is so appreciative of how her parents looked out for her.

After the concert, Dings got big

reactions from people at school. "I got a lot of hugs from people I didn't even know," Dings said. It surprised her that everyone was so supportive because Dings thought she would be embarrassed from crying on stage. She also got a good reaction from her parents. "They were really proud of me," Dings said. "The next day I woke up to my mom saying 'Kayla, it's time to wake up. I wrote a song for you too,' and she sang the Barney 'I Love You' song to me."

The Pops concert affected Dings in other ways. Choir director Eric Shepard said, "She's always been a strong leader in class, but more so now that she has [the performance] under her belt."

Sophomore Ariana McMains, a friend of Dings, said, "I was proud of her when she took charge and wanted to [perform] in front of everybody because she doesn't really get out there very much."

On the stage alone, weird feelings came over Dings. "All the nerves I've ever had in my life just shot through me," Dings said. She knew she had to sing, so Dings said, "I had to close my eyes and think in my little happy place and then I was fine."

The concert turned out just the way Dings wanted it because her parents were both crying and she said, "The only people that I really wanted to have feel the emotion of the song were my parents."



Tearing up, sophomore Kayla Dings sings her solo during the Pops concert. "The only time they have heard me sing is either at a concert or in the shower and trust me, I do not sound good in a shower," Dings said.

photo by morgan riessen



Juniors Catherina Ochoa and Manda Clark sing during the Masterworks concert. The concert combined all the audition choirs and the bands.

photo by carly crist



photo by morgan riessen

Seniors Claire Nagel and Sarah Mayer look at the "Charge It, Please" exhibit in the Museum of Science and Industry. The choir department went on tour in Chicago. After performing at the museum, students were allowed to look around before going to Navy Pier.





Giving her Spanish verbal, junior Emily McDowell shares about the first trip to the moon and the space race. Students had to draw an illustration to go along with their verbals.  
photo by lisa friesth

Verbals increase understanding, present challenge

DMACC (Des Moines Area Community College)#2: ASK your partner what games/activities s/he used to play in elementary school. S/he should reply with a minimum of 3 things. And: ask your partner what s/he used to do after school in junior high. She should mention 2 things minimum in reply. Remember to use the 3 moods in your answers with 10 different verb constructions in simple and compound forms, with a minimum of one each "direct / indirect" voice, and 2 different "si" clauses of both types.

Junior Connor Yocum's reaction to Spanish IV verbal presentations like the one above was typical. "Oh, my gosh," Yocum said. "I am not doing that. Does he (teacher Gerald Hollingsworth) think we have hours to designate to Spanish homework every night?"

Spanish IV students suffered through weekly verbals during second semester. The verbals, which were incorporated to satisfy requirements for DMACC college credit, were easy and less frequent first semester and then gained intensity second semester.

"Every single time we have a verbal we have to give it in front of the whole class," junior Eric Bridgewater said. "I have trouble speaking English in front of a whole class so it is even harder to do it in front of the class and in a foreign language like Spanish."

Assigned topics included giving directions, important people in students' lives, and candidacy speeches. First semester students recited verbals for Hollingsworth, second semester in front of the class.

Hollingsworth thought the verbals were helpful. "The verbal, whether given as a monologue or as a dialogue is an active and dynamic language tool," Hollingsworth said.

Verbals can be done with a partner or individually and many students are stressed by their time-consuming length and difficulty. Despite their challenge most students believe verbals have helped their understanding. "There are just so many of them and they come one after another," junior Andrew Tubbs said. "But they really do help you learn how to construct different sentences in Spanish."

Throughout the year the verbals became easier for students and less stressful. "Now they are no big deal," Yocum said. "Ten to 15 minutes to write it. Then, memorize it during passing periods and you're good."

print by sierra ballard





**Q**  
WE ASKED.

What is  
your favorite  
project and  
what did you  
like about it?

"Writing short stories,  
a war story about war  
in Russia."

-Mirza Besic '12

**A**  
YOU ANSWERED.



< Translating his book  
into English during  
ELP, junior Taylor  
Burkhead translates  
fables. Burkhead  
has taken on the  
challenge of doing  
Spanish and French.  
Currently he is in  
Spanish III and  
French IV.

photo by nicole gibbons



<< Junior Anna  
Johnson places  
meat onto a  
platter during  
Culinary Three. "I  
like labs when we  
make the food.  
It is fun to try new  
things that you've  
made yourself,"  
Johnson said.

photo by meredith batz



^ Cutting back for other  
classes, teacher Ruth  
Hamilton and junior Jen  
Barber put back excess  
celery. The assignment  
was to make meat and  
cheese platters.

photo by nicole gibbons



^ Rolling a thin piece of  
paper ordered from the  
Internet, senior Ananya  
Kumar uses a special  
slotted tool to quill  
paper. Quilling is the art  
of creating decorative  
designs from thin strips  
of curled paper. Kumar  
planned to make a star.

photo by meredith batz

^ Giving his Spanish verbal  
>> in Angela Koobs class,  
sophomore Adam Rich-  
man tries to remember  
how to say 12 in Spanish.

Spanish 2 classes were  
told to speak about their  
childhoods, for example,  
toys they played with,



photo by nicole gibbons



Seniors Eric Welter and Kayla Flyckt search for an exhibit while scrimmaging Team X. "It's been a really cool experience to have competed with the same core group of people since middle school and to bring back two members who haven't been on the team since seventh grade," Welter said.

*photo by morgan riessen*

Running through a cross, junior Chase Wallace passes junior Alex Peterson an exhibit. Team Res Ipsa Loquiter won one trial and lost the second at districts.

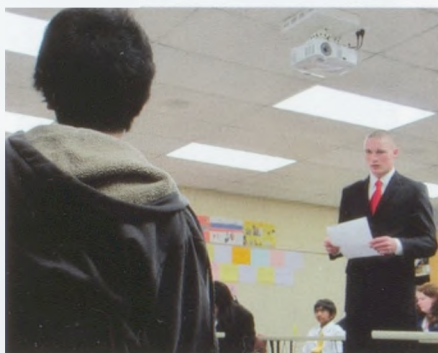
In order to advance to state, teams needed to win both trials.

*photo by helen lagerblade*



Senior Hank Mandsager cross examines senior Mike Shi who portrays teacher Sydney Ampleforth. "It's usually impossible to get Mike Shi to talk, but in mock trial he never stops," Mandsager said.

*photo by morgan riessen*



## dragonbook

What was your favorite part about the case?



**Jeffrey Ray Carley** I really liked how it was relevant to current events like the bomb threats and the one-to-one laptop program.



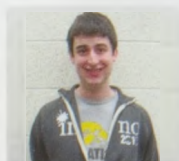
**Breanna Mae Williams** My favorite part was that I liked the characters this year because they were more interesting to play.



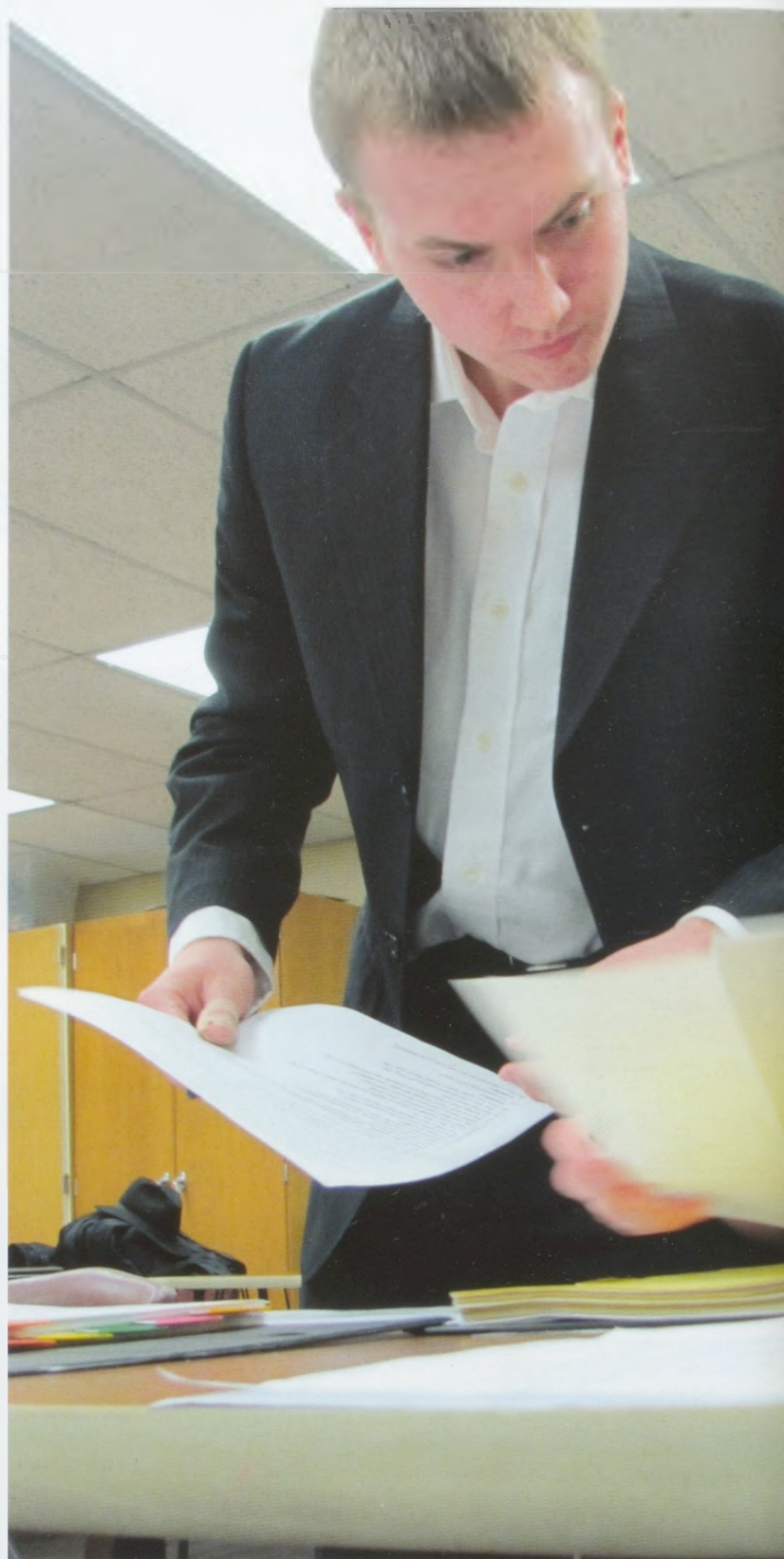
**Dalton Cooper Handel** I liked how there was organization involved with all of the parts on one side so that they all came together to prove the side.



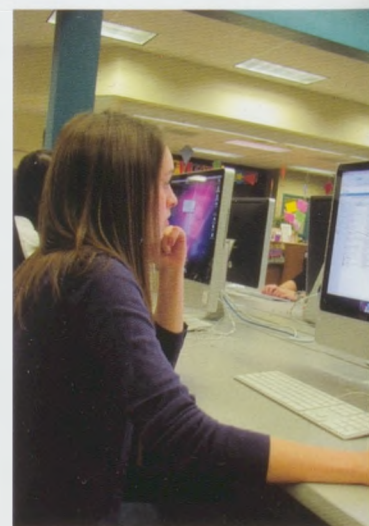
**Spencer Olson Vasey** My favorite part of the case this year was that the plaintiff was somebody our age so it was easier to relate the case to our lives.



**Alex Joseph Hjelmaas** My favorite part of this year's case is the fine line we had to walk when discussing the legal claims. A lot of the evidence can be a double-edged sword due to the parties involved in the case.



Junior Elizabeth Mills logs in to her Gmail account to get information from her coaches about the state competition. Team Impeachment and Cream received the Critelli Award for professionalism and sportsmanship at the state competition which was held March 24-26 at the Polk County Convention Center.



*photo by morgan riessen*



# FAMILY GOES TO COURT

print by kristine hauser

## Three brothers on two teams, all coached by their parents, advance to state

Senior Alex Hjelmaas enters the trial room at state Mock Trial. His brother, senior Jacob Hjelmaas, is behind him, and their parents are already seated with freshman Josh Hjelmaas. A majority of the Hjelmaas family is present.

Josh's team, Guilty of Being Awesome, was the youngest of the three school teams who qualified for state and was made up entirely of freshman. Team Impeachment and Cream, Alex and Jacob's team, and Team D-Dwag, also qualified. D-Dwag placed fifth at state, clinching the spot with only a one-point advantage over the other team.

"It's not uncommon for siblings to be on another team and to go to state," teacher Sue Cline said. "But to have all three kids of high school age go to state is huge."

"It's great to have Rachele and Joel coaching us," senior Chris Dockum said. "We sort of help coach the younger kids, but they make time for our team. We've gotten really professional about mock trial, but they still take time to check on us and don't just spend all their time with (team) Guilty of Being Awesome."

Rachele and Joel Hjelmaas, both attorneys, coach all three of their children. Joel began coaching their oldest son, Ben Hjelmaas's team, in 2002. When Alex and Jacob joined the program, so did Rachele. The coaches teamed up to help Josh's middle school team, and because of season differences, timing wasn't an issue until he became a freshman and

joined high school mock trial.

"Initially, we were worried about finding the time to coach both teams at the level we wanted," Rachele Hjelmaas said. "We decided to combine the practices for both teams. We were very surprised at how well this worked. They really grew to be very fond of each other and rooted for each other."

"We mess around, but (Team Impeachment and Cream) knows how to get things done," Jacob Hjelmaas said. "So when we get serious, the freshmen know they should, too."

Both Team Guilty of Being Awesome and Team Impeachment and Cream were awarded the Judge Anthony Critelli Sportsmanship Award by their peers at state. The award is given out to only a few teams each year.

"We really try to work with the kids to teach them about the importance of sportsmanship and civility in this competition," Rachele Hjelmaas said. It isn't a goal of the teams to win the award, but they do empathize being good sports at all times.

"Rachele and Joel both understand not only the legal and communication aspects," coach Kathy Paul said, "but also the dynamics of working with a group of teenagers. (They) help students to understand the importance of teamwork and respect for other teams even when you are adversaries."

Seniors Rosemarie Freymark and Jacob Hjelmaas look over an email while preparing for state. "Mock Trial is an awesome opportunity to develop your public speaking skills, get to know other people, and be really argumentative without getting in trouble," Freymark said.

photo by morgan riessen

Directing freshman Josh Hjelmaas, freshman Millie Varley prepares for the district competition. Team Guilty of Being Awesome advanced to state, being the youngest team from Johnston to qualify. photo by helen lagerblade

Handing back an exhibit, juniors Erika Gebard and Sam Sparland run through the direct of Morgan Parsons. Gebard portrayed Parsons, a PTO member. photo by helen lagerblade





# Letting The Cats Out of the Bag

Senior Nick Kuehn cuts his black cat with a scalpel in Anatomy and Physiology. According to the Human Society of the United States, millions of animals, such as cats, pigs, salamanders, turtles, and foxes, are dissected yearly by U.S. high schools.  
*photo by carly crist*

## Students dissect pregnant cats in science

Cutting into a cat, senior Joe Kraber grabs the unusually hard intestines of the pregnant cat he must dissect for Anatomy and Physiology with teacher Dustin Mead. The smell of the embalming fluid, which was strong enough to make students' eyes water and gag, was leaking out of the cat. "It was kind of funny, but kind of gross too," Kraber said.

Mead said that because the class was geared toward people pursuing a career in the medical field, dissection was important. "Instead of just talking about how the muscles work, or how the stomach expands and the walls become thinner when it is full, the students can see it, touch it, and manipulate it to gain a better understanding of how the body works," Mead said.

Kraber was curious about dissecting the cats. "I was always digging in [the cat]," he said, "But, everyone else was a little bit squimish." Kraber was prepared to dissect the pregnant cat because it was labeled. "The cat was freakishly large, so I knew by that and the label that it was pregnant."

Junior Katie Holcomb's group also got a pregnant cat. "I was the one writing everything because I didn't like it very much," Holcomb said. "I had to concentrate on not barfing. I was chewing gum during the dissection. On the way home, I felt like I could still smell it and taste it."

The groups with the pregnant cats had to be very careful when dissecting because of the cat fetuses. The baby cats were used after dissecting past the muscle and deep into the cardio system of cats. The fetuses were dissected to compare the development of the previously dissected cats.

"You would think it would be really gross, but it's actually very interesting," junior Emily McDowell said. "The stuff that was the most gross, like breaking the jaw, we made Joe do." It was a long process because students studied all of the body cavity and how the body works. McDowell felt they should let the fetuses live, but dissection prevents over-population and educates. "Humans and cats are alike," Kraber said. "It's just like donating your body to science."

print by sydney dimarco





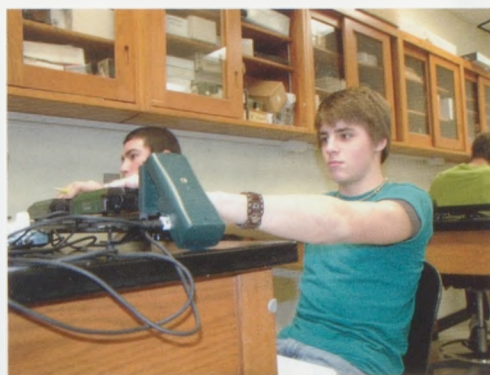
**Q**  
WE ASKED.

What is  
your favorite  
mathematical  
formula and  
why?

The quadratic  
equation, because  
you can sing to it!

-Emily Bisenius '11

**A**  
YOU ANSWERED.



<< Sophomore Alex Kaptain tests momentum in physics. "It was pretty fun, we had two metal cars on the track and we were measuring the change in the momentum when they collided," Kaptain said. "It was pretty fun because we got to ram cars together."

photo by maddie kreamer



<< Juniors Myra Cabrera and Christine Stromgren work out geometry problems on their desks with whiteboard markers. "They're kinda easy and fun. We do review basketball," Cabrera said.

photo by bonnie le page



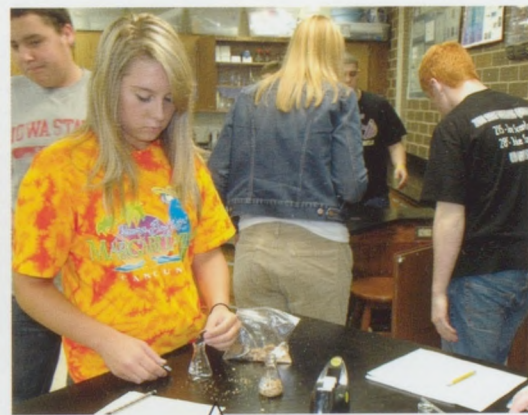
Junior Aaron Johnson, sophomores Justin Atterberg and Jordan Mann, and junior Zakary Vanhuasdle discuss the review session during geometry. Students were given problems and told to work them out on their desks.

photo by bonnie le page

Senior Alex Kramer drops an egg off of the bleachers in Conceptual Physics. Kramer used a milk carton and Jell-O to prevent the egg from smashing. The egg survived three out of the four trials, but Jell-O and egg remnants exploded everywhere on the fourth.



photo by kaitlyn ellerman



^ Sophomore Rachel Janousek crushes Oreos into a beaker for a biology experiment. Janousek tested the effects of yeast mixed with different types of cookies and measured the amount of carbon dioxide given off.

photo by bonnie le page



Olivia Guns  
quirky, music savvy, go-getter

**T**he Hooks, Deaf Punk and Freelance Whales are not bands typically heard on American Top 40, but are only three examples of the completely random, but wide variety of music on sophomore Olivia Guns' iPod.

Guns credits her originality to the environment she has grown up in. Her parents' goal was to make her as well rounded as possible. While most of us were watching Nickelodeon and reading picture books, Guns was absorbed in Robin Hood, which most of us only knew as the animation movie. By sixth grade, Guns was watching musicals and already developing a style different than any other sixth grader.

Her parents introduced her to The Beatles when she was in fourth grade. No Aaron Carter or N\*Sync for Guns. The Beatles would change how she thought about music for the rest of her life. "It was genius," Guns said. "It was the coolest thing I had ever heard in my life." Her atypical music taste doesn't stop there. Her brother Alex, who recently graduated from the New York Film Academy, recommends music and dozens of movies to broaden her taste.

Not only is Guns drawn to bands such as Vampire Weekend, Franz Ferdinand and Gary Go, but this NPR-listening, Jane Austen-reading sophomore loves Kanye West and other billboard artists. Seems like an oxymoron, but it's what Guns listens to daily.

No longer exclusive with her unique taste in music, Guns' playlist of small YouTube famous bands began to integrate with songs regularly played on Kiss 107 FM. "I feel like I used to be kind of pretentious with my music, but now I'm like 'wow, is kind of great,'" Guns said.

Currently, Guns is listening to the soundtrack from "A Very Potter Musical," a musical most likely only known by those solely dedicated to Harry Potter or those who share the same love of music as Guns.

As Guns makes the walk from the city hall parking lot to her first period class, her music rings through her colorful headphones. Although some may not understand her eclectic taste in music, clothes or her perscription-less glasses she wears with contacts, "It's that kind of stuff that makes me smile and makes me special," she said.

**print and photos by emily mentzer**



**Alex Kramer**

age 17 | des moines, iowa

> My favorite sports team is the Chicago Cubs. My grandpa has always been a huge Cubs fan, and I watch the games with him a lot. When I was little, he took me to a Cubs game and after that we've gone to a Cubs game every year. I've been a huge Cubs fan ever since.

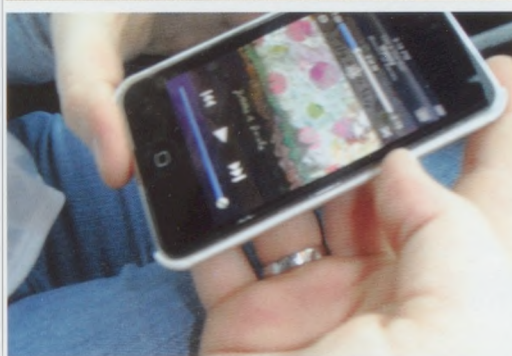


**Brittany Borup**

age 18 | des moines, ia

> I really like bouldering. I went to Colorado for a week, as part of a summer backpacking trip. We climbed a mountain and it was right next to the border of Rocky Mountain National Park and you could see into Wyoming. When I got to the top, I felt really good because it was a lot of work but really fun. I really like bouldering because it is challenging and fun.





It's that kind of stuff that makes me smile and makes me special.



**Clayton Bormann**

age 16 | des moines, iowa

> I wear shorts more because when I went to Dowling (Catholic) we had to wear pants all year, even during the summer when it was really hot out. So whenever I could I'd wear shorts, and then it kind of turned into wearing them every day when I came here. I wear shorts all year. I don't really get cold. I own like 10 pairs of jeans, but I don't really wear them. I wear them like once-a-month.



**Emily McDowell**

age 16 | des moines, iowa

> I love Thai food, especially the dish called Pad Thai. It has to be made with chicken as the meat, though, because I'm a semi-vegetarian meaning I don't eat beef or pork. I have been a semi-vegetarian since sixth grade and I have been committed to this diet ever since. I'm not really sure why I decided to become a semi-vegetarian. I don't really like the taste of beef or pork, and I guess at some point I got sick to my stomach thinking about how the food got there.



**Hadeel Said**

age 16 | racine, wisconsin

> I grew up speaking Arabic, and learned French and English. I travel to the Middle East every other summer for a couple months to visit family. I used to be a bellydancing instructor at the Windsor Heights YMCA. It's pretty cool teaching belly dancing because it's exotic and it was a good way of spreading and keeping my culture.



**Will Krone**

age 16 | ames, iowa

> One night me and some of my friends were bored so we all went to WalMart. I was in Superman spandex and shoes, nothing else, and asked to buy a cape. The guy took me seriously and we walked around the store for like 10 minutes. Yeah, there were lots of weird looks and people laughing. It was pretty fun, I would probably do it again.





johnston invite  
 2nd place  
 hoover  
 11-0  
 valley  
 2-0  
 mason city  
 10-1  
 ankeny invite  
 4th place  
 urbandale  
 10-1  
 ankeny  
 3-5  
 lincoln  
 11-0  
 marshalltown invite  
 2nd place  
 indianola  
 11-0  
 boone  
 10-1  
 dowling catholic  
 6-5  
 s.e. polk  
 0-2  
 districts  
 1st place  
 substate, Valley  
 0-5  
 state qualifiers  
 Collin Schares & AJ Naanep  
 Blaine Schlawin & RJ McGrew



1. Making little adjustment steps, sophomore AJ Naanep creates top spin with his semi-western grip. Naanep beat Nick Hunter from Dowling Catholic 6-2, 6-2 in the #2 singles spot. photo by erica white 2. Racing towards the dropping ball, sophomore Taner Burns lunges to hit it before it bounces a second time. Burns won the JV doubles match with junior Mason Lee 9-7 against Urbandale. photo by erica white 3. On the run, senior Collin Schares uses his one-handed forehand during the #1 singles match against Urbandale. "I use my one hand only when I let loose, otherwise it's always two hands," Schares said. Schares beat Brad Wicks 6-2, 6-4 on April 26. photo by erica white 4. Senior Blaine Schlawin volleys a shot hit towards his body during a #5 singles match against Mason City's Drake Downs. He won the match 6-1, 6-1. photo by erica white 5. Lining up a forehand, junior R.J. McGrew concentrates on keeping the ball deep. McGrew won the match against Mason City's Sahan Jayawardena 7-5, 6-2 in his #3 single match. photo by erica white



>> During his second round match at districts, senior Connor Scholl takes his left hand off the racket to stretch for a sharply hit backhand from opponent Alex Crowl of Council Bluffs A.L. Scholl did his job by winning his first round match 0 and 0 to score two team points. Second round he ran into Crowl, the #2 seed who later qualified for state.  
photo by erica white

# #CHANGE BECOMES THE NORM

## Senior handles doubles but battles challenges of competition

On a tennis court in Cedar Rapids, Iowa, in May of 2010, junior Collin Schares looked over at his doubles partner senior Ben Warrick. The two who had been doubles partners since 2008 and shared in the excitement as they experienced Warrick's senior year at state. Schares, now a senior with two records under his belt, dominated the courts with sophomore partner AJ Naanep at state.

Schares' hard work and support from the team led to his success during the 2011 season. Schares finished with a 15-1 record this year, holding the new school record for all-time wins. But no victory comes without a struggle. Schares had to make a big decision: play districts as singles or doubles.

While taking on state through singles would make more challenging opponents, taking on state through doubles could have potentially created tension on the team, especially among the top four. "I thought about whether or not I had a better chance to make it, and doubles gave me a better chance," Schares said. "It wasn't that big of a deal. Some people thought I would go singles. During the year you just play with whomever [coach] Shipp gives you."

After careful consideration, Shipp came up with a master plan, assigning partners not only to benefit the individuals, but to set up the best possible outcome for the team: Schares would take on state with Naanep, and junior RJ McGrew would play with senior Blaine Schlawin.

All of the top four varsity players were fine with this solution. "I was pretty happy I got Collin as my partner," Naanep said. "I'm sure RJ and Blaine were happy too because they get along pretty well."

After playing together all season and rotating partners, the boys had a taste of what it could be like playing together. "I think [coach Shipp] put Blaine and [me] together because we're both really aggressive and so we are able to win points that way," McGrew said.

Schares felt he and Naanep worked well together too. "AJ is very up and down on the court and I am expressionless," Schares said. "Honestly they [Naanep and Warrick] are very similar. It may have helped the transition between the two."

Sophomore Naanep agreed with Schares. "Collin is really good at making the other people move around a lot, and it makes it easier for me to hit winners from the net," Naanep said. The two felt ready to take on the challenges of districts.

Unfortunately, state didn't exactly give the boys the ending they hoped for. "We lost to Valley and Ankeny," Naanep said. "I thought both Collin and I played well, but we got unlucky and had to play teams that were better than us."

spread by maddie kremer and erica white

## SAYHELLO TO TEAMMATE

"Collin is just like bam. He doesn't seem like he would be intense but really he is and he's a good player."



ahmed shahatyari

"Watching him (Collin) play is interesting because he forces the other kid to mess up instead of playing aggressive."



michael mcgrew

"If you saw Collin in the hallway you wouldn't think that he is into sports, but when he's on the court it's like wow!"



michael knodel





Wartburg  
No Team Score  
Johnston  
No Team Score  
Northern Iowa  
No Team Score  
Johnston  
No Team Score

Hoover  
3rd  
Ankeny  
2nd

Drake Relays  
No team Score  
Boone  
Individual Score  
Jim Duncan  
Individual Score  
Urbandale  
Individual Score  
Conference  
5th  
Districts  
4th

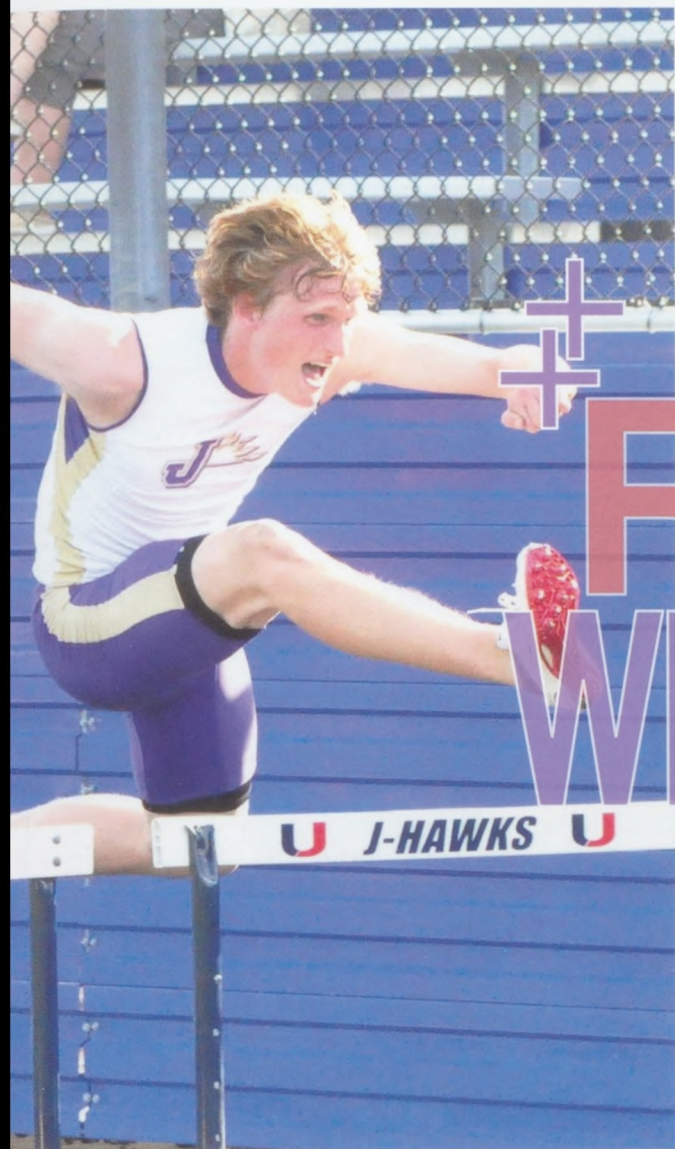
State Qualifiers

Larry Lipscomb  
800 meter State Champion  
400 10th  
Team Events  
Shuttle Hurdle, 6th  
Justin Long  
High Jump 10th  
Long Jump 14th  
Marcus McKay  
Shot Put 9th  
Alex Hershey  
4X800 21st  
Jeremy Caracci  
4X800 21st  
Chase Wallace  
4X800 21st  
Ryan Tigges



1. Junior Chase Wallace prepares to hand off to freshman Jeremy Caracci at the conference meet held in Johnston. "I remember thinking that I have to run a PR (personal record) for this race," Wallace said. His personal best is 2:08. *photo by morgan riessen* 2. Launching a 12-pound shotput, junior Marcus McKay gets a distance of 48' 11" at state using the gliding technique. McKay's personal record was 49'7". *photo by kofi manteaw* 3. Running the 800 at the state meet, senior LJ Lipscomb starts in the fourth lane. Lipscomb overcame seven runners to take first place with a time of 1:55, setting a new high school record and beating his old personal record which was 1:56.23. *photo by kofi manteaw* 4. Junior Connor Yocum prepares to land in the sand pit at the Jim Duncan Meet at Drake. His personal best was 19' and 9". *photo by kofi manteaw* 5. Throwing the 1.6-kilogram disk at the Urbandale Invite junior Adam Shaver uses the full spin technique, which gave him the momentum to launch the disk. His personal best was 132', thrown at the Boone meet. *photo by kofi manteaw*





>> Leaping over a hurdle senior Justin Long runs neck and neck with his Valley opponent senior Rahul Sudapalli. The shuttle hurdle relay team placed fourth at Drake Relays.  
photo by nicole gibbons

# RUNNING WITH GHOSTS

Shuttle hurdle relay team fights through injuries and past disappointment

Flying around the blue track at Drake University senior Erik Bergstrom can feel his hamstring pull with each stride. He keeps going. As did senior Justin Long and Logan Moe before him, with their weak hips and all, and leading the race senior Carr Terpstra battling with a strained hamstring. "Some people crumble under the pressure of Drake Relays," Bergstrom said. "We didn't."

The shuttle hurdle team was seeded 15th going into the Relays out of 16 teams. The team's goal was to make it into the top 10 teams. "To be honest I didn't expect to make the finals," Long said. "I figured we'd get 11th."

The team shocked the 14,504 spectators at the Drake Relays that day. "Throughout the season we were dealing with injuries and none of us had run our best time on the same day," Bergstrom said. "At Drake we all ran our fastest times. There's just something special about running at Drake Stadium."

Bergstrom had a chip on his shoulder coming into the Relays. Last year he had run the same race with graduated seniors Tommy Larson, Tyler Patten and Austin Polson, and they placed second but were disqualified. "We were all so excited, but when we went to get our medals they told us we were disqualified," Bergstrom said. "We were devastated."

This year his teammates could tell he wanted a better ending. "Erik has an incredible ability to lean at the finish line," Long said. "That's what got us into the finals." Bergstrom was neck and neck with his opponent, but in the photo finish Bergstrom leaned forward and his opponent did not. This slant propelled his team forward.

The boys ran in the first heat and were forced to anxiously wait for the next three races to finish. The top four teams out of 16 made it to finals. After the first three heats, Johnston was in third place. In the fourth heat they were knocked down to fourth place convincingly by an opponent. They were not sure they could hold on to that placement and make the finals. They held their breath as the times popped up on the scoreboard. "The time showed up and we had beat it by one hundredth of a second," Bergstrom said. "We went nuts."

As the anchor of the race Bergstrom had leaned as far as he could to cross the finish line and was able to clutch third place for his team by one hundredth of a second to earn them a spot in the finals. The team went on to win third place overall in the relays. "We all hugged our coaches, our parents," Bergstrom said. "It was just an awesome experience."

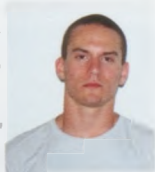
spread by katie lashier and kori manteaw

## Sophomores say Hello, Drake

"The most exciting thing about running on the track at Drake was knowing that hundreds of big time names had run there before."



"My favorite thing about the Drake Relays was seeing a lot of the colleges run and hanging out with friends. The pressure was higher to compete with the best."



"The Drake Relays was a good experience because the stakes were higher and there was more pressure. The experience will prepare me for meets to come."





Junior Ben Smith and senior Allie Crist mix it up with "Just Dance" moves. "I was extremely nervous because my date was a dancer and I would just embarrass her with my moves," Smith said. "I didn't feel so bad though because we both danced awkward intentionally." *photo by carly crist*

Juniors Kerigan Thompson and Abby Dusen step onto the inflatable log on the "Lagoon of Doom" at After Prom. The goal was to keep balanced as long as possible; the person who stayed on the log the longest won. *photo by sierra ballard*



Showing off their moves, seniors Sarah Gail and Victoria Horstman continue to dance as the dance floor clears at the end of the night. "Prom was amazing!" Horstman said. "The dance was a blast. It was nice to have a break from everything, let loose, and spend the night surrounded by awesome friends."



*photo by sierra ballard*

## dragonbook

What was the biggest surprise of your prom?



### Ethan Lee Kumbera

I was really surprised that Hy-Vee Hall was where the dance was at. It was so big and the dance floor only took up like an eighth of the whole hall.



### Mikayla Rose Whitney

My biggest surprise about prom was that there were not more people getting in trouble for inappropriate dance moves.



### Lauren Jean McNeal

The biggest surprise was how big Hy-Vee Hall is, and how little room our prom actually took up. It made the whole experience more close-knit and quaint.



### Kim Gabrielle Thomas

Winning free popcorn for a year was probably my most surprising moment. I didn't know they handed things out like that.



### Jeff Jordan Krueger

The biggest surprise was that teachers were chaperones at the dance, instead of parents.



Pausing for family members to take photos, seniors Emily Bisenius and Rachael Meyer participate in grand march.

Couples paraded across the floor and posed for an introduction from history teacher Alicia Rollison.

"I really enjoy doing it (interviewing on the grand march) every year," Rollison said. "It's interesting to see the students outside their normal school environment."



*photo by carly crist*





# DRESS DILEMMA

Print by Sydney DiMarco

Sophomore Kelsi Larsen deals with a battle between her dress and the escalator on prom night

Standing on a escalator leading down to loud music and laughter, sophomore Kelsi Larsen was on her way to the grand march at Hy-Vee Hall Junior Zac Boals said, "Hold up your dresses!" Larsen held up the front of her dress and didn't even begin to think of the back of it. As she got ready to walk off the escalator, Larsen realized she was stuck.

Larsen's dress was caught in the moving escalator. "I went to walk off the escalator, and I couldn't move," Larsen said. Larsen couldn't wear high heels due to an injury from a soccer game two days prior to the dance. Larsen's sprained ankle and minor torn ligament forced her to wear flip flops at the dance, also causing the dress to trail.

Junior Austin Bowen was standing nearby and started laughing when he realized Larsen was stuck. While others worried, Bowen didn't acknowledge the extent of the situation. "[Austin] didn't really react," Larsen said. "He was just like 'oh there's an emergency button, now I get to push it!'"

Bowen pushed the emergency 'help' button to stop the escalator. "This old guy thought I was joking around and told me to stop hitting the button," Bowen said. "Then he realized someone was stuck, so he came."

Bowen said the situation reminded him of the movies "Saw" and "Prom Night." "I thought she was going to lose her foot and all her blood," Bowen said.

When the security guards got there to help Larsen get out, they said they could save the dress, but it would be timely. "I didn't want to waste the dance part, so I told them to cut the dress," Larsen said. She had felt bad because the dress wasn't hers.

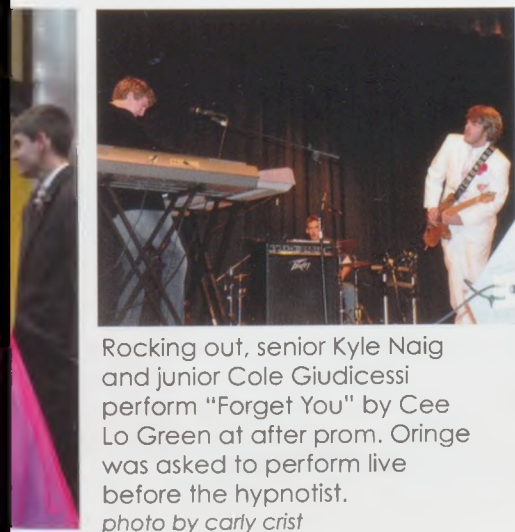
The dress Larsen had decided to wear was borrowed from sophomore Sanna Rasmussen. Larsen called Rasmussen who was shopping with her mom in New York. Rasmussen missed the call, but when she called Larsen back, she just laughed. "My mom said, 'I think it's a good thing, that dress needed a death,'" Rasmussen said.

Larsen's left dress strap that held the top together had been damaged and was close to snapping before the dance. Luckily, when she got stuck in the escalator it didn't come undone.

The escalator was located next to the bathroom and people were crowding around Larsen, making her feel awkward. "People around the bathroom were staring," Larsen said. "I was just thinking, 'Get me out of here!'"

Boals, one of the spectators, laughed at the situation. "I really felt bad for her," Boals said. "But, at the same time it was really funny, so I was laughing a little."

Afterwards, the situation was something for Larsen and her friends to laugh about. Larsen said, "When I'm at the mall with friends, they say 'maybe we shouldn't take the escalator, she'll get stuck.'"



Rocking out, senior Kyle Naig and junior Cole Giudicessi perform "Forget You" by Cee Lo Green at after prom. Oringe was asked to perform live before the hypnotist.  
photo by carly crist



Juniors Emilie Githens and Christian Reed dance to one of the two slow songs played at the dance.  
photo by sierra ballard



photo by sierra ballard

Seniors Djordje Djuric and Josh Bengston play blackjack at after prom while parent Diane Kruse deals. The prize in blackjack was \$5. Members of the PTO and parent volunteers ran the games and events at after prom.



Ted Brimeyer approaches senior Kyle Naig for a handshake at the Des Moines Art Center May 22, after singing the tenor component to Naig's senior recital piano piece.  
photo by paige plaskitt



After the sixth grade band concert at Summit Middle School May 10, junior Allie Wignall gives feedback to her brother, Trent, about his performance on the baritone, the instrument they both play.  
photo by paige plaskitt



Seniors Johanna Lemoine and Jenny Öster check out their prom Portraits by Deena May 3 outside the cafeteria. "The prom photos look professional and super major ultra fancy," Lemoine said.  
photo by paige plaskitt

Senior Spencer Lee wiggles through the hula hoop with the help of senior Carr Terpstra at Senior Challenge May 4 in the large gym. "It was an enjoyable time with my friends and classmates," Terpstra said. "It tested your brain and athletic ability."  
photo by morgan riessen



Searching through the realm of CDs to choose from, junior Austin Empey spends an afternoon in Barnes and Noble Booksellers. "I like hard copies of CDs," Empey said. "I really like the design on the albums and the booklets with lyrics or info on the artist."  
photo by paige plaskitt

“hey!

Eddie is probably one of my favorite people to talk to outside of school. We have the silliest, most nonsense-filled conversations and I never get tired of him. He doesn't start drama and likes to have fun. If I'm ever bored at home he's always one of the first people I call.

bye!”

Mikayla Whitney  
junior



# Trash Tradition

Junior Jacob Henderson and senior Joe Lilly wait for senior Jacob Foutch to climb up the dirt hill at Walnut Ridge, next to Saylorville Lake, with senior Matt Daisy's disc in tow. The boys went disc golfing on May 18, the seniors' last official day of high school.



PHOTO BY PAIGE PLASKITT

**Without knowing him, Eddie Hepplewhite would seem like any other senior, but little did anyone know he was facing cancer**

Trash day. Seniors Eddie Hepplewhite and Josh DeLanoit opted out of longboarding for the day and decided to go driving around to pick up random pieces of garbage and dump it all into a friend's yard. As the rest of the senior class prepared to leave high school, summer and college were not the only things on Hepplewhite's mind. "It's called Ewing's," Hepplewhite said. "It's a pretty common at this age. It's usually in the bones and stuff, but mine's in my lung."

Taking his chemotherapy pills for Ewing's Sarcoma, a type of cancer, was the last thing on Hepplewhite's mind. This was not the first time; Hepplewhite went through Ewing's during the end of ninth grade. The first time doctors attached a chemo pack to a major vein and pumped medicine directly into his veins. This time treatment was different. "It's just pills, which are a lot easier to take," he said. "So it's cool."

Hepplewhite broke all traditional thoughts about cancer. The first time he found out about cancer, at the end of his freshman year, he really was depressed. "I was like 'Oh my god, I'm gonna die!'" Hepplewhite said. "But now the second time I've already been through it once and I like know what to expect," he said.

Even his friends noticed the change. "Eddie isn't the type of person who lets things bother him and he doesn't want people to feel sorry for him. I think hanging out with friends has kept his mind off of the serious stuff and he's not the type of person to freak out about stuff." Mikayla Whitney, a junior, said. Throughout everything, his friends will always be there for him. For example Hepplewhite's partner in crime, DeLanoit, is hosting a film festival in the summer to raise money for Hepplewhite. "I was wanting to do a film festival, and Eddie gave me a reason to do it," DeLanoit said. "I don't know how much I am expecting to raise,

anything would be good."

From his experience over the years Hepplewhite learned more about himself and others. "It definitely gives me a lot more respect for people, like now I understand what they are going through," Hepplewhite said.

Having cancer also gave him insight to the medical profession. Hepplewhite planned to attend University of Northern Iowa in the fall to become a doctor, like his grandpa and parents.

Hepplewhite finished high school and looked forward to starting the next part of his life at UNI. With his friends to keep him occupied with bigger things, like trash day, he burst through any traditional feelings about cancer. "You just have deal with it and don't let it get you down," Hepplewhite said.





c.r. prairie  
**1-0**  
c.r. jefferson  
**3-0**  
norwalk  
**6-2**  
roosevelt  
**3-0**  
marshalltown  
**3-0**  
glenwood  
**3-1**  
ames  
**2-1**  
north  
**2-0**  
hoover  
**4-0**  
s.e. polk  
**1-0**  
valley  
**0-2**  
ankeny  
**4-3**  
mason city  
**12-0**  
urbandale  
**2-0**  
lincoln  
**7-0**  
indianola  
**6-0**  
dowling catholic  
**2-1**



1. Edging his way into his Ankeny opponent, senior Ryan Larsen tries to steal the ball. "The game showed how we are a true team and can come together and overcome the big obstacles in front of us," Larsen said. *photo by katie holcomb* 2. Extending his leg, senior Dalton Leslie stretches to take the ball from his Dowling Catholic opponent. Leslie helped the team defeat Dowling Catholic to become conference champions. *photo by erica white* 3. Being chased by two of his Mason City opponents, freshman Michael Siebert heads the ball. Siebert was one of the six freshman to play in the Mason City game. *photo by erica white* 4. Eyeing the ball, senior Scott Wanniger races towards his opponent from Dowling Catholic, number six, senior Tanner McCarthy. "After all the hard work we put in, it felt great to win a conference championship and finally close out a close game," Wanniger said. *photo by erica white* 5. Going after the ball, junior Nick Payne fights with his opponent Ankeny's number sixteen, junior Colin Robinson. The team was down 2-0 at the start, but made a comeback to win in overtime. *photo by katie holcomb*







>> Trying to win the ball, junior Cody Jacobson jumps over the foot of S.E. Polk player, Tanner O'Connor. Jacobson, with teammate junior Josh Dicken, competed on the Iowa ODP (Olympic Development Program) team. In February, the ODP team beat California South 4-1 to win Nationals.

# TROUBLE IN FRIGID WATER

## Boys soccer has high expectations for highly anticipated game

A mirage of colorful umbrellas and panchos filled the visitor section in Valley Stadium while cold rain pelted down on the fans. The rowdy crowd waited for the game to start with the kick off, yelling "OH" as loud as they could while trying to jump up and down with out slipping on the soaked bleachers. It was the number one ranked team Valley against the number two ranked team and a little rain was not going to stop the superfans.

The game started with cheering back and forth from both sides. "It was raining really hard so we couldn't really hear them, but it was nice to see another group of true fans like us!" senior Thomas Thatcher said. "It reminded me of basketball season."

Within 20 minutes of the first half, Valley had scored one goal, but the battling between the two teams continued. "I thought we needed to step up our game because they were controlling the ball a lot better than we were," said senior Hunter LaFollette.

Most players believed the rain was less of a burden because both of the teams had to deal with the conditions. "I feel like we could have played better in the sun," said senior Ryan Larsen, "but the rain affected both teams and we played in a couple of rainy games before this so it isn't really an excuse for the loss."

Later on in the first half, Valley scored its second goal while Johnston had yet to score. "I didn't feel like the game was over. I felt like we could have came back and won it," Larsen said. The rain continued while the players dealt with the conditions and strong tension between the opposing team's players. "We've always had a big rivalry with them, even bigger than Urbandale," junior Josh Dicken said. "They'd come up to us and say 'We're always gonna be number one' and call us names. There was also a lot of pinching and punching."

Through the tough competition, Valley continued to have the lead. "There was never really a pivotal point where we said 'We aren't going to win'" senior Austin Kinsey said. "It was just a big game that ended badly." The student section continued to cheer for their beloved team, and the rain kept pouring as the final whistle blew. The game ended 2-0. "We psyched ourselves out before the game even started," Kinsey said.

Although they suffered a loss, the players thought the game brought out the best in them, "I'm almost glad we lost because it taught us the lesson of not being too cocky," junior Nick Payne said.

## SOPHOMORES HELLO SAY

*"Pasta dinners were really fun. It really makes your day when Spencer Clock gets picked on and AJ Keech vomits on your car."*

-logan dean



*"I actually did throw up on Logan's car then Dalton Leslie saw me and he got sick. Also, conference champs. What up!?"*

-aj keech



*"Nothing gets better than a pasta dinner with the boys, Mead90x and Coach Weeks analogies."*

-ryan harlow



spread by elle minor and mariah weimer



johnston invite  
**1st, 19**  
 marshalltown invite  
**1st, 118**  
 waukee  
**11-0**  
 hoover  
**11-0**  
 valley  
**4-7**  
 mason city  
**6-0**  
 urbandale  
**10-1**  
 ankeny  
**7-4**  
 lincoln  
**11-0**  
 indianola  
**9-2**  
 dowling catholic  
**8-3**  
 south east polk  
**10-1**  
 regionals  
 newton  
**5-1**  
 council bluffs lincoln  
**5-0**  
 roosevelt  
**4-5**  
 state qualifiers  
**Ananya**  
**Kumar and**  
**Jenna Heil,**  
**Payton Kintz**



1. Teaming up, senior Paige Collison and sophomore Payton Kintz play doubles at districts. "I'm glad that I got to play with Payton, we had great chemistry," Collison said. *photo by helen lagerblade* 2. Senior Haley Beaver competes at district with her partner, senior Mikhala Stutzman. "We knew going into that day that we were going to have some tough matches but we just decided to do our best and have fun," Beaver said. *photo by helen lagerblade* 3. Clashing into one another, freshmen Jessica Newton and Jordan Poore go after the ball as they rival an Ankeny team. *photo by emily walton* 4. Sophomore Fatiha Iqbal and her partner freshman Anna Lam take on the Indianola team. *photo by emily walton* 5. Senior Kelsey Kruse plays Urbandale in the sun for once this season. "We had a pretty crazy tennis season because of all the rain," Kruse said. "One meet we got all the way up to Mason City and started playing when it began to rain so we had to go home." *photo by helen lagerblade*





>> With her partner, senior Mikhala Stutzman plays at district. "Districts is a great chance to see how you rank in the area. My partner (senior) Haley Beaver and I won first round and lost second round," Stutzman said.

photo by helen lagerblade

# SENIORS SKIP TO QUALIFY

Singles and doubles qualifying rounds cause students to miss milestone

Senior Ananya Kumar adjusts her grip on her racket as she waits on the court with junior Jenna Heil on May 19. She's waiting for a match against the Newton doubles team, and the winner will move on to state. Kumar and her teammates are happy that the district meet is at Johnston so they did not have to be bused anywhere. But today, Kumar wished she could be boarding a bus with the rest of her classmates and hanging out at Saylorville Lake. She and the four other seniors on the team skipped senior picnic for the chance to qualify for state.

Senior picnic was an annual event that took place after the students finished classes but before the graduation ceremony. The picnic was hosted by student council and admission was five dollars worth of school supplies to be donated to local schools.

Seniors at the picnic explored the beach at Saylorville and played kickball or sand volleyball. The picnic was presented as a chance for the graduating seniors to enjoy the weather and their last few days together.

It was announced to every government class, and Kumar knew when she checked the dates that she would be unable to attend. "I was a little disappointed about missing senior picnic," Kumar said. "But we made it to state so it was totally worth it."

Kumar qualified with her doubles partner, Heil, and sophomore Payton Kintz qualified in singles.

Other seniors who missed the picnic but didn't continue to state held a similar view. "The opportunity to compete and find out how you rank with people outside your team is always worth it," senior Mikhala Stutzman said. "It was basically our last meet in high school, so the seniors thought it was way more important to be there."

The team finished with a 12-3 season and placed second in their conference bracket. They had the best season record in school history, but missed qualifying for team state by two points, making the individual matches the last time the entire team competed at the same time.

Head coach and government teacher Ben Knight missed senior picnic for the first time in several years. The government teachers usually accompany students as chaperones. "It was disappointing, but that was the way that the schedule went," Knight said.

Despite missing one of her last chances to spend time with the whole class of 2011, Kumar was excited for the rounds. "It was my last chance to get to state," Kumar said. "I hadn't qualified before and I really wanted to. This was one of the biggest accomplishments of my senior year."

## Goodbye Districts Hello State

*"Districts was stressful but a lot of fun when we knew we qualified for state. It's exciting that we are going to state. I know there will be a lot of competition but I think we can do well."*



*"I think our competition will be really tough, so we need to prepare mentally and physically. I'm also really excited because this is my first year going to state!"*



*"I'm very excited to go to state with Jenna and Ananya. There is going to be hard competition so we are all working hard to prepare ourselves."*





dellanie couture:  
quiet, creative, doodle virtuoso

Sitting in government class, senior Dellanie Couture continues the drawing she has been working on for the past three weeks (bottom right photo). Couture draws

in classes often. In order to focus and absorb information, she draws. "If I stop drawing, I stop listening," Couture said.

Drawing has always been a large part of Couture's life, "Most of the time I'm doodling," Couture said. A focus on doodling in class started freshman year and has developed into a passion for full-scale drawings. When completed, her doodles and drawings generally just sit in her room. However, she has sold several of her them in a silent auction at her church, Johnston Evangelical Free Church. Couture has never considered putting any of her work in any kind of art contest because she is a procrastinator. "I'm terribly bad at getting things done on time," she said.

Couture's doodles are big collages full of tear drops and curls. Eyes and dragons peer out from her notebook among radial designs. "I prefer to not use recognizable shapes, instead using patterns and lines," Couture said.

Doodling for Couture is her form of taking notes during a class lecture. "I can't not draw," Couture said, "When I can't do anything with my hands I start daydreaming. When I'm not drawing I have to put the pen away, or else I will draw."

Of course, doodling in class isn't seen as acceptable by all teachers. "When they (the teachers) tell me to put my drawings away, I'll do it, and then my mind will be off somewhere else," Couture said. She does not think teachers should get mad at her in class because, "drawing is the quietest thing you can do."

As her senior year comes to an end, her drawing will continue to be one of her small quirks. Attending the University of Northern Iowa next year, she will be studying English and history, not the expected, art. Her drawings and doodles will continue to grow in her portfolio, in her dorm, on her dresser, in a notebook.

She picks up the pen that had been gliding across the lined paper of her notebook. Finally finished, the picture that took weeks to make, will now sit in the portfolio that holds the hundreds of pictures she drew before it.



**Carlee Sabus**

age 17 | des moines, iowa  
> (I started longboarding) last year. (Senior) Lauren (McNeal) would bring her board over to my house and we'd just mess around for a while, and then I finally got my own around Christmas. Our whole "Team Alexa," that's what we call ourselves, I don't know why but they wanted to, but we all like longboard throughout the neighborhood for like an hour-and-a-half or two like a once-a-week kind of thing, and then we go to Cici's (Pizza) or something like that.



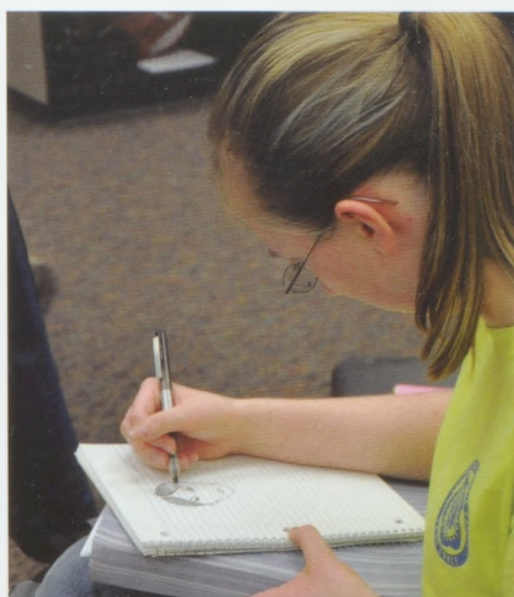
**Jeff Schmidt**

age 18 | omaha, nebraska  
> My family's tradition, and one of my favorites, is going to Hayward, Wisconsin. We have been going to Hayward since I was 5 years old. All of our family comes up there, I only get to see them once or twice a year. We do a lot in a week. We usually go fishing and boating. On the Monday night, the resort that we stay at always has a dinner and a bonfire. There is a fish museum and we like to go there.

hello, my name is...

print by emma henry, photos by paige pratt





I've drawn ever since I had the ability to pick up a pencil.



**Carolyn Spring**

age 17 | buffalo, new york

>Why is it everyone in high school just wants to fit in? People want to be like everyone else, so they pretend to be something they're not. It's almost as if everyone's afraid to be themselves. They really care what other people think so they hold back who they really are just to please everyone around them. We're here for three years, why can't we just make the most of it and be ourselves and not care so much?



**Logan Elliott**

age 17 | dublin, ireland

>When I came out, people didn't think as to how it was for me. People would say and do things that were just really immature. But it was just how kids changed from then to now. I'm guessing they realized how wrong it is and that I really am just the same person as before just outspoken more so. If anything, (coming out) made me realize that what I was doing was right.



**Radha Patel**

age 16 | honolulu, hawaii

>Basketball has been a huge part of my life since I was a little girl and playing it in high school was something that I always planned on. I really loved this year's team because we all became a little family. We really got along great. We spent a good four months together every single day of the school week. The varsity team made all us feel like we were a part of something bigger than just a team of girls playing basketball.



**AJ Keech**

age 16 | des moines, iowa

>Can I bring light to the people on N.W. 62nd Street about letting people from Green Meadows West in? I think the street's called Crescent Chase? There's always some people I see every day that I know that just drive right past and it'd just take two seconds for them to stop and let me in, but they just go past and I have to wait like 10 minutes for a good samaritan to come along.

\*People chosen at random





norwalk

**2-0**

dallas center grimes

**4-0**

des moines hoover

**1-0**

valley

**2-1**

ankeney

**0-2**

mason city

**10-0**

urbandale

**0-1**

des moines lincoln

**12-0**

indianola

**7-0**

council bluffs

**2-0**

bettendorf

**2-1**

dowling catholic

**0-1**

s.e. polk

**2-0**

sioux city north

**3-0**

cedar rapids kennedy

**1-0**

ames

**4-0**

des moines north

**10-0**



1



2



4



5



1. Senior Megan Randolph traps the ball from a long cross. Randolph scored three goals for the season and assisted three. *photo by katie holcomb* 2. Sophomore Bailey Wilmes gets ready to pass the ball to teammate Rachel Wanninger. Wilmes and Wanninger were two of the nine underclassmen on the team. *photo by kofi manteaw* 3. At a home game against Urbandale, Senior Nicole Pirie sneaks past Urbandale defender Kate Sandon. Pirie lead the team with 14 goals for the season. *photo by katie holcomb* 4. Senior Kara Anderson drives towards defender Hannah Torry of Urbandale at a home game. The girls lost to Urbandale 0-1. *photo by katie holcomb* 5. Junior Kerigan Thompson hustles to the ball at game at S. E. Polk. Johnston beat S. E. Polk that game 2-0. "We weren't having our best game," Thompson said. "but we picked it up in the second half and were able to score." *photo by kofi manteaw*







>> On April 28 at a home game against Valley, senior Katie Lashier is congratulated by her fellow teammates after scoring the first goal in the game. Johnston won 2-1 against Valley.

photo by katie holcomb

# PRESSURE FROM THE BOYS

Varsity girls feel pressure to beat Valley after a crushing defeat only two days earlier

Twenty-five minutes into the first period nothing eventful had happened. Neither team had scored. Members of the boys' varsity soccer team, there to support the girls' team, were relatively silent.

Then, senior Spencer Vasey spotted an open teammate, senior Katie Lashier. "I saw no one was marking her near post, so I tried to give her a ball that would be easy for her to finish," Vasey said.

Lashier finished it, scoring the first goal of the game. "I haven't scored since sophomore year and I've never scored in a big game, so I was surprised that it (the ball) went in," Lashier, a defender, said.

Valley was highly ranked which made for one of the biggest games of the regular season. However, the girls didn't do anything special to prepare. They had regular practices and trained as if they were playing any of their other opponents. Coach Matty Smith gave advice his father had once given him — do your best. "Matty doesn't really believe in making a team bigger than they are," Lashier said.

They felt they had a chance. "We knew that it was going to be a good, tough game, but we knew we had nothing to fear," freshman Kenzie Erwine said. Valley had beat Johnston four out of the last five years. Only two days before, Valley triumphed over the boys' team, their first defeat of the season.

Smith saw no reason to celebrate the 1-0 lead at halftime. In fact, he said they needed to play better. A few minutes into the second half Valley scored. The teams were deadlocked for the next 20 minutes.

The second, and winning goal of the game was scored by Erwine, assisted by senior Megan Randolph with 15 minutes left in the second half. Those final 15 minutes of the game were hectic, with Johnston hoping to hang on to the ball. When Johnston would get the ball for offense, Valley would steal it back moments later. The girls' defenders were on high alert and were prepared to do what they had to do to prevent Valley from scoring. After the most stressful minutes of the game passed, the team was extremely happy with the result. "I was proud to score the winning goal, but I knew that it was my whole team who scored too," Erwin said. The girls knew they had accomplished something great. "We were all so proud after our game and our coach could not stop smiling," Erwine said.

Smith's philosophy proved true. The girls had the skills to beat anyone when they put their heads and minds into it.

However, the girls didn't celebrate by jumping up and down and screaming. Johnston showed respect to Valley who had just played an extremely competitive game. "We didn't want to make Valley seem outstanding," Lashier said. "Great teams can be beaten on any given day."

photo by katie holcomb

## HELLO TO MEMORIES

"We always give the freshman a hard time., just joking around. This year we picked on Ellie Wallace for being the shortest. At a pasta dinner she broke a chair. We'll never let her live it down."

-chelsea waltz



"My favorite memory of this year was when we went to take our poster picture in the pouring rain at the junk yard. Then we all went to pasta dinner soaking wet!"

-kerigan thompson



"My favorite memory is pasta dinners when we all eat and get to know each other better as people and teammates."

-emily scott





wartburg  
no team score  
iowa state  
no team score  
northern iowa  
no team score  
ankeny  
7th  
ames  
no team score  
waukeee  
no team score  
woodward-granger  
no team score  
johnston  
3rd  
waukeee  
no team score  
jim duncan  
individual score

ames  
no team score  
drake relays  
individual score

ankney  
4th  
regionals  
4th

state  
5/28th

state qualifiers  
bailey eppard

4x800 meter relay, 7th  
3000 meter run, 12th  
1500 meter run, 15th

maddie kleve

4x800 meter relay, 7th  
800 meter run, 9th  
1500 meter run, 20th

amber clock

4x800 meter relay, 7th  
800 meter run, 6th

alex hawks

high jump, 10th  
4x100 meter shuttle hurdle, 17th

katie mcmillen

4x100 meter relay, 11th

4x200 meter relay, 12th

kim thomas

4x100 meter shuttle hurdle, 17th

kaari devens

400 meter hurdles, 21st

4x100 meter shuttle hurdle, 17th

madeline miller

4x100 meter shuttle hurdle, 17th

brooke stoll

4x100 meter relay, 11th

4x200 meter relay, 12th

dede ayers

4x100 meter relay, 11th

4x200 meter relay, 12th

jenna christensen

4x100 meter relay, 11th

4x200 meter relay, 12th

kenzie foldes

4x800 meter relay, 7th



1. Sophomore Bailey Eppard chases runners in the 4 X 800 meter relay. Junior Maddie Kleve started the relay followed by Eppard, freshman Kenzie Foldes and senior Amber Clock. *photo by nicole gibbons* 2. Senior Corrin Larkin hands off the baton to junior Katie Newbury in the sprint medley relay. The medley consisted of a total of 1,600 meters. Junior Tayler Murray and Larkin each ran 200 meters, Newbury ran 400 meters, and sophomore Nicole Ackerman ran 800 meters. *photo by nicole gibbons* 3. Leaping over the bar at 4'10", senior Alex Hawks completes her jump at the state tournament meet on May 20. Hawks reached her personal record of 5'02" on March 8 at the Wartburg Invitational. *photo by nicole gibbons* 4. Junior Maddie Kleve strides at the start of the 800 meter open. Kleve's personal record was 2:21.88 at the Ankeny Invitational. *photo by nicole gibbons* 5. Senior Amber Clock races to the finish in the 800 meter run. Clock ran her personal best of 2:17.67 at Drake Invitational, beating her old time of 2:19.40. *photo by nicole gibbons*



>> Junior Kensie Noble takes a long stride over a hurdle at the Ankney Invitational on March 31. Noble competed in the 4 x 100 hurdle relay. Noble ran the second leg of the race after junior Kim Thomas. photo by nicole gibbons

# LITTLE FEET RUN FAST SPEEDS

Elementary students learn the basics at the Little Dragon Track and Field Camp

The sounds of rain drops beating on the roof rang through the hallways of Beaver Creek Elementary as a small kindergarten boy raced an athletic fifth grade girl at the Little Dragon Track and Field Camp. When the little boy crossed the finish line, far behind his competitor, tears began to fill his eyes. "He crossed the finish line and started to cry so I assured him it was all OK," freshman Kelsey Acheson said. "I gave him a hug and told him that's how I feel when I don't win a race. When the boy decided to race the same girl again she let him win. It was really sweet. He ran around shouting 'I won I won!' He was so excited."

The girls' track team held a camp for each elementary school in April. Senior Corrin Larkin helped at Horizon Elementary. "The track team split up into groups and we each went to a different elementary school," Larkin said. "We taught the kids the basic forms: hurdles, long jump, 100 meter dash, and shot-put."

The 100 meter dash was one of the kids' favorites because they were able to compare their skills. "They loved showing off what they could do to the other kids," Acheson said. "It was so cool to see all them interact with each other."

On the last day of the camp, the team held a track meet for all the elementary students who participated. They competed in the 100 meter dash, the long jump, and the shot put. "At the dash, there was a lot of cheering and I heard the parents talking afterwards about how cute it was," Acheson said.

At the end of the meet, all of the kids received medals. "They loved getting the medals," junior Ashley Gray said. "They were all smiling and were so proud that they got something."

The elementary students were very entertained and engaged during the camp. "The kids liked working with the older kids and the high school track members made it fun," junior Jenna Christensen said. "We held this camp so that the kids who participated could see how we enjoy track and how fun it is. They look up to us so maybe they will want to do track when they get older."

Some members of the girls' track team participated in the camp when they were younger. "I remember looking at the high schoolers coaching and I thought they were so cool," Acheson said. "I couldn't wait 'till I was that good of a runner and that on top of things and now I'm here and I don't actually know exactly what I'm doing but I guess all these kids think I do so that's great."

Every kid is different. Some may cry in defeat, others like to show off when they are the best, but some are proud no matter how good they do. "There was one little boy who ran through the hurdles and knocked all of them down," Gray said. "He just rolled through the whole thing, but he just got up and laughed it off. He thought it was funny."

## Say HELLO, Hurdle Lovers

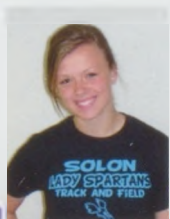
*"I love hurdles because it's fast pace; the challenges are what make it exciting. Being small I have to compete against the taller girls that get over the hurdle easier and that's made me push myself to get better."*



*"I love hurdles because it feels like you're flying for a brief second over the hurdle. It feels awesome striding out ahead. The wind blowing in my face, also coming in first place."*



*"I love hurdles because it adds more skills to the race, and it's fun to watch. It makes practice more fun and gives me something else to focus on other than just simple running."*





# Create and Cooperate

## Engineering team creates mechanical recycling device

As Principles of Engineering teacher Rhys South gave the assignment to create a mechanical recycling device, as he split his sixth period class into three groups. Sophomores Caleb Gibson, Matthew Hanstad, and Andrew Schwaderer were in one group and immediately their minds began to wonder. "We needed to be able to work together as a team to use our strengths to cover up each other's weaknesses," Schwaderer said.

The device was supposed to sort 15 marbles of four different materials in under two minutes. The group had a conveyor belt on a slant feeding the marbles into two gears, which used a motor to precisely send one marble at a time. The marble then proceeded down a series of ramps and fell into another conveyor belt which also used a motor to move the marble to the "photoresistor." Here, the marble's density was tested by seeing how much light it blocked from the lamp across from the photoresistor.

After the test was done, there was a set of four boxes under the belt to catch and sort the marbles into four separate compartments. A box moved based on the results from the data acquired from the photoresistor, and the marble then moved off the conveyor belt into the box. "We would each get a separate task to try and complete for the construction or programming of the final project or we would all work on something together," sophomore Collin Urquhart, member of another group, said.

The purpose of the project was to build cooperation skills with the other members of the group and learn how to adapt to different ideas and concepts. The theme was mostly just using the programming software, RoboPro, to program a working machine. "Best part was meeting a new obstacle every day and always having a good laugh," Hanstad said.

Even with different personalities, the boys found a way to make their group work. "Caleb was our best builder, so he built the design and improved upon it as we went along and found tiny kinks. Matthew wanted to program the design, so he got set up on a computer. As for me, sadly I became the lackey, so I retrieved the materials and set up the system so that it would run smoothly," Schwaderer said.

The teams could take their own personal spin on how the device was completed. "My favorite part was working together to build the final product and to be pretty free on what we could make it do, rather than going by the book," Urquhart said.

Print by Jordin Robinson

Prior to welding two sheets of metal together, senior Zach Weddell first heats up one sheet with a perfect mixture of oxygen, acetylene and fire in Oxy-acetylene Welding. Later he added metal to fuse the two pieces together.

photo by jake swesey





**Q**  
WE ASKED:

What was the hardest tech project that you have worked on and why?

All of the welds in OxyFuel Welding because it takes a lot of concentration and control to get them right.

-Tanner Grill '11

**A**  
YOU ANSWERED:



After heavy lifting, senior Tyler Strand stretches out his legs to avoid pulling a muscle in the future. Track 4 lifters did this before and after every workout to avoid injuries.  
photo by jake swesey



After catching a pop fly, junior Adam Jaschen quickly throws the kickball to get another runner out in Track 3 P.E. He was successful and helped his team win the game.  
photo by jake swesey



Before soldering on an actual car, junior Hunter Tibbets practices on a test wire in Auto Tech. Heat seal was added to keep the wiring weather resistant by shrinking the seal around the soldered wire.  
photo by jake swesey



Senior Michelle Hummell cooks beef over a fire while senior Nathan DePenning refills the fuel. Outdoor Pursuits class members learned how to survive in the wilderness by learning how to cook over a fire.  
photo by jake swesey

Coach Brian Lutter and junior Adam Shaver test out new video equipment for Track 4 P.E. lifting. The new technology was being tested for next year to help lifters fix their technique.



photo by jake swesey





mason city

128-41

ames invite

147/5th

ames

82-88

roosevelt

113-57

iowa city invite

278/3rd

dowling

64-106

ankeny

83-77

johnston invite

318/2nd

newton

120-50

s.e. polk

113-57

indianola

130-52

conference

309/2nd

districts

307/1st

state

29/12th

state qualifiers

adam rick

400 yard freestyle relay, 20th

hank mandsager

400 yard freestyle relay, 20th

dylan johnson

200 yard freestyle relay, 7th

400 yard freestyle relay, 20th

cody carlson

200 yard freestyle relay, 7th

100 yard breaststroke, 22nd

400 yard freestyle relay, 20th

justin winnett

200 yard medley relay, 8th

100 yard breaststroke, 19th

tyler cracraft

200 yard medley relay, 8th

50 yard freestyle, 9th

200 yard freestyle relay, 7th

100 yard backstroke, 16th

brian ross

200 yard medley relay, 8th

50 yard freestyle, 9th

100 yard freestyle, 7th

200 yard freestyle relay, 7th

ryan kitchen

200 yard medley relay, 8th

reed molander

100 yard butterfly-20th



1. Bending his back, sophomore Jeff Carley attempts a good entry into the water for his 100 yard backstroke at the conference meet. Carley's personal best of the season was 1:05.35. photo by helen lagerblade 2. Woodward-Granger sophomore Teig Loge takes a breath during his 100 yard butterfly at the Ankeny meet. Loge swam the event in 1:07.85. photo by helen lagerblade 3. Junior Brian Ross inhales as he swims the 100 yard breaststroke at the Mason City dual meet. Ross was a three-time state qualifier. photo by helen lagerblade 4. Coming up for a breath, senior Conner McCool competes in the 100 yard fly. "When I do the butterfly I feel like Charizard coming out of a pokeball ready to battle for Ash Ketchum," McCool said. photo by helen lagerblade 5. Freshmen Alex Clark prepares to hit the water in the second leg of the 400 yard freestyle relay at the conference meet. Clark swam the relay with Loge, freshman Josh Hjelmaas, and senior Nick Maher. photo by helen lagerblade





>> Spreading his arm out, senior Nick Maher competes in the 100 yard fly at the Roosevelt dual meet. Maher motivated himself for his races with the mindset of "The earth is 3/4 water but I only need one lane to kick your (rear end)."

photo by helen lagerblade

# DOWN TO THE LAST RACE

Despite previous scores the team pulled ahead to win districts

Surrounded by the smell of chlorine, the humidity, and hearing the scores throughout the Summit pool, the crowd goes silent as everyone processes the them; Valley was ahead by four points going into the last race of the district meet, the 400 yard free relay.

Senior Hank Mandsager, juniors Adam Rieck and Brian Ross, and Urbandale sophomore Tyler Cracraft had to get ready to swim their hearts out. "When Brian and I heard, we kind of just looked at each other and knew that the winner of the race won the meet," Mandsager said.

While the boys got prepared to swim, coach Shari Walling walked over to the stands and told the students to get pumped and cheer a lot. "Our team, like any team, draws from the excitement," Walling said. At this meet there were more students than normal, creating a student section full of loud cheering fans from many schools.

With Cracraft starting off the race, the crowd went crazy. The cheering had positive effects on the team, as it got the boys ecstatic to swim. "It gets you more excited because it's loud," Ross said.

The first leg quickly became a showdown with every team, especially with Valley. "Second wouldn't win the meet, we had to win (the race) to win the meet," Walling said.

Cracraft was able to stay with Valley's first leg swimmer, sophomore Derek Yu. That was when Mandsager stood up on the block and prepared to swim his leg. Mandsager also kept even with Valley. Halfway through the race, all six teams were close to each other.

Next, Rieck prepared to go. "I got nervous and I usually don't, but I really wanted to win," Rieck said. As Rieck dove in, his mind went blank as he just focused on the race.

As Rieck finished his leg, he started to pull ahead of the other teams, putting the pressure on Ross to maintain the lead. "I try not to think, you practice so much you just don't do it," Ross said.

When Ross hit the water the crowd grew louder. "I was really excited and I knew it was ours when Brian hit the water," Mandsager said. "He won't lose when he's that close."

As the race came down to the last 25 yards, Ross pulled ahead even more. As he smacked the touch pad, the other teams all came in, Valley in last. As everyone looked up to the scoreboard, the boys pulled Ross out of the water and started to celebrate. They had won the race, claimed the district title. "I was just happy and very proud of them. I knew it was important to them," Walling said.

spread by helen lagerblade

## HELLO YOUNG STATE TEAM

"My goal was to break the 100 yard breaststroke school record and to make it to state! I accomplished these goals. We are a young and talented team with a committed and dedicated coaching staff."



"I loved state, the crowd was crazy, and it was a great experience to finally be in the (state) meet."

DMC Cody Carlson



"As one of the seven non-seniors of the nine man state team, I have confidence in our ability to continue to win meets and improve times in a sport based almost entirely upon hard work and self-discipline."



JOHNSTON



Smiling at the camera, senior Dalton Dingman shakes principal Bruce Hukee's hand. Each senior was photographed three times on stage for photos they could later purchase from Herff Jones.  
photo by lisa friesth

Waiting for their turn to get their diploma sleeves, seniors whose last names start with B watch their classmates in anticipation. The graduates couldn't receive their real diplomas until they returned the gowns to Herff Jones.  
photo by helen lagerblade



Senior Angelica Gonzalez displays her Principal Award medal on the Knapp Center stage with pride. The award was made in honor of principal Bruce Hukee, and was announced at the Class Day Assembly. "It was a very nice gesture by the staff to provide a scholarship to each Principal Award winner," Hukee said.



photo by carly crist

## dragonbook

What was your favorite food at a grad party?



### Elise Anne Kretzinger

My favorite food to eat was all the fresh fruit, especially the pineapple and homemade chocolate covered strawberries.



### Mitchell James Bruckshaw

Owen Cooper had the best boneless wings and Jimmy John's was good everywhere I went. It seemed like the sooner you got to the party the better the wings were and also the root beer keg was a hit too!



### Alyssa Linn Czapl

The Hy-Vee cookies with frosting! Not a lot of people have them and it's a nice break from cake, which is everywhere. I'm pretty sure I'd take about three from every party!



### Hank Thomas Mandsager

Fruit because it can't really be done wrong and that way you can eat something at each party without filling up at one place.



### Elizabeth Margaret Schiefelbein

The coldstone ice cream! But it has to be the cake batter kind! I could eat that stuff forever; it's so good!



As the audience applauds her future service, senior Janelle Galang walks onto the stage to receive her Certificate of Appointment to the United States Air Force Academy from Colonel Charles McDonald. "It was an honor to receive the award in front of my friends and family," Galang said. "I am very privileged and very excited to attend the Air Force Academy."



photo by paige plaskitt



# GRADUATES FACE FATIGUE

Print by Lisa Friesch & Carly Crist

## Seniors handle a busy day with the Class Day and graduation ceremonies scheduled hours apart

Monday, May 23, 2011. 6:15 a.m. Senior Hailey Bridgewater rolled out of bed and began to get ready for the big day: graduation. But that was not the only thing on the agenda for the day. Bridgewater and her fellow classmates strolled into the high school at 7:30 a.m. for the Class Day ceremony to be presented with their academic awards and scholarships.

When establishing the dates for graduation and Class Day, it was decided that they would take place on the same day. "With all the conflicts that came into play it was the best way to do it," principal Bruce Hukee said. "It works a lot better for families having them on the same day."

Senior Haley Beaver concurred with Hukee. "It allowed my family to come to both things whereas if they had been on different days, not all of them would have been able to come," Beaver said.

Although it works a lot better for families coming into town, it had the opposite affect for many graduates. "We had to arrive at Class Day by 7:30 a.m. which didn't give you a lot of sleep," senior Ahmed Shaharyar said. "By graduation time you were exhausted and sleepy." Shaharyar said he took a three-hour nap between the ceremonies.

Many seniors enjoyed a meal and relaxed with family or friends after Class Day. However, Bridgewater spent her downtime at Climb Iowa. "I climbed

between Class Day and graduation because I wasn't able to go to practice that night," Bridgewater said. "It was kind of a pain though because I had gotten all dressed up in the morning and then had to do it all again before graduation."

Students felt there were positives and negatives to having the ceremonies hours apart. "It was a lot of sitting and listening to people speak in one day," senior Haley Beaver said. "But it allowed my parents to get used to seeing me in my cap and gown at Class Day, so they didn't cry as much at the actual graduation."

Senior Amanda Soda also saw both sides. "It was nice to get it over all in one day," Soda said. "But, I think I would have been able to process that I was actually graduating high school if I had a couple days in between."

The Drake Knapp Center began to fill with students at 6 p.m. Soda said, "I was ready to be done, but walking across the stage all I could think of was 'I hope I don't trip!'"

Hukee felt the event-filled day went very well. "I thought it went better than expected with all that went on," Hukee said. "The students were very cooperative with all of it."

Besides the long day, students felt the day was a success. "It was good to get them both done in the same day," Soda said. "It made it feel like one big day of celebrating the fact that I was graduating."



Shaking principal Bruce Hukee's hand, senior Makayla Mawhinney crosses the stage at graduation with her teacher Mary Gipp. "I was not only proud of her and her accomplishments, but also how the community responded," Gipp said. photo by carly crist



Junior Scott Syroka gives his speech to the graduating seniors as the new student body president. Following his speech, Syroka gave senior Katie Lashier a gavel for her service as president for the 10-11 school year. photo by Paige Plaskitt



photo by carly crist

Senior Anna Belknap shakes superintendent Clay Guthmiller's hand during the commencement ceremony on May 23. "Commencement was a mixture of happy and sad feelings watching everyone walk by, and remembering all the memories I have from Johnston, but also knowing this could be the last time I see some of these people," Belknap said.



brad gott:  
hard working, laid-back, ambitious

Surrounded by screaming young children, the smell of pizza engulfs the room with the bells and whistles of arcade games chiming in the background. Junior Brad Gott arrives at his place of work, Chuck E. Cheese's. He wears the uniform of a trainer, a navy blue polo, black dress pants, white shoes and a black belt.

Gott has been working at Chuck E. Cheese's for eight months. From January to March, he averaged 35 hours-a-week, but usually it is more like 20-25 hours. "I got promoted within a month-and-a-half," Gott said.

The job led to interesting encounters with customers. Once a concerned mother came up to him to tell him about the ticket counter machine. It was a Saturday, and the store was busy. Because of so much use, the ticket counters get dusty and need to be cleaned daily. The machine wasn't counting her child's tickets. "The mom had about 30 tickets and it only counted one," Gott said.

Gott tried to appease the customer by returning the 30 tickets, but she became upset telling him that the machine needed better maintenance. "She was freaking out that it wasn't working," he said.

He thought he was doing everything he could to help her when she said, "You are giving me attitude. You are being a smart (alec)." Then, she walked away.

Gott apologized to her husband who told him not to worry about it.

There was also an encounter with the vice president of Chuck E. Cheese's, Danny Dixon. In March he visited to inspect the store. "Prepping was ridiculous," Gott said. "Lots of cleaning, cleaning everything by standard. I shook his hand." (The West Des Moines store is one out of 649 in the United States and is in the top 75% for profits made.)

Chaotic times ensued when the store was busiest. On a day in January, a Saturday, the store earned \$18,000. "The line was going out the door, along with a 30-minute wait," Gott said. "There were angry moms yelling."

The most popular games at Chuck E. Cheese's are Guitar Hero and Deal or No Deal. "I play Guitar Hero all the time on my breaks," Gott said.



**Alex Ewing**

age 18 | des moines, iowa

> My favorite TV show is "Survivor." I've been watching since the very first season and it's been on for 22 seasons, so you could say that I'm a little bit obsessed with it. I'm so addicted that I'll stop anything I'm doing when the show comes on and just isolate myself for an hour and put the rest of my life on hold. No other show would ever drive me to do this.



**Tyrsa Beck**

age 17 | deforest, wisconsin

> I've always loved animals my entire life. For the past two years, I've been more focused on the ending of puppy mills. Iowa is actually one of the main capitals of them, unfortunately. It's horrible what these people do to those poor dogs and puppies. It's quite pathetic. I hope to work towards ending this issue, as well as other types of animal cruelty. That is also why I'm in PAW (People for Animal Welfare) here.

hello, my name is...

print by emily wick and photo by erica white





I play Guitar Hero  
all the time  
on my breaks!



**Benjamin Neal**

age 17 | des moines, iowa

> My favorite band is Asking Alexandria. I saw them once at a private show at The Holiday Inn. Then I saw them at Warped Tour 2010 in Houston, Texas. They're great because they're British, I like the way that vocalist, Danny Worsnop screams and can sing pretty well. I like how it has a techno twist to it. I'm excited for their new cd, "Reckless and Relentless."



**Megan Olson**

age 17 | seoul, south korea

> I try to write chapter books, but I've never really finished one. The longest one I have was maybe 23 chapters, like 100 or so pages. But then I got upset with that one so I went back and tried to rewrite it. The one I'm writing about right now is a family that gets split apart, and they're still together but they aren't at the same time. When they got split apart, they got put into different lifestyles.



**AJ Burns**

age 16 | des moines, iowa

> Music...I love music, all kinds of music. No matter what mood you are in, there is always music for it. Certain songs get you going before a (hockey) game. No matter what you're doing, working or doing homework, there's always music for that. Rap, rock, country, whatever, anything really works, whatever you're feelin' at the moment. Music is a powerful thing, and it can make you do great things.



**Cynthia Tice**

age 15 | charles city, iowa

> My mom is Korean so I have family there and we try to go visit them in South Korea every other year. I've learned just a few words (of Korean). When I watch TV I can get the general idea of what's going on. I also like watching this channel that's like a Korean MTV called Mnet. Me and a couple of my friends used to listen to this one song that was pop and it has a little English in it. It's called "Hot Issue" by 4 Minute.

\*People chosen at random





Benjamin Adam



Jordan Adams



Amanda Akers



Joseph Akin



Faisal Alabsi



Brian Aldrich



Aaron Anderson



Claire Anderson



Erik Anderson



Kara Anderson



Shae Atterberg



Owen Ballard



Nicholas Barney



Blake Barrett



Meredith Batz



Matthew Beary



Haley Beaver



Tyrsa Beck



Justin Becvar



Rachel Beierschmitt



Anna Belknap



Joshua Bengston



Jacob Bennett



Mackenzie Berger



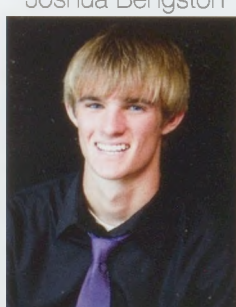
Erik Bergstrom



Dylan Betters



Trevor Biley



Cameron Biondi



Collin Bisenius



Emily Bisenius



Justin Blackburn



Luke Bormann



Brittany Borup



Leah Bowman



Cayla Boyd



Gabriella Brass





Hailey Bridgewater



Margaret Brimeyer



Mitchell Bruckshaw



Kaitlin Bunting



Kristin Bunting



Clifford Burleson



Melinda Busch



Meghan Campbell



Mitchell Campbell



Rebecca Campbell



Brandon Carey



Alyson Carlisle



Bryan Castellano



Nicholas Celestino



Matthew Chambers



Danielle Christensen



Shayla Christensen



Reed Ciabaugh



Christine Clark



Sarah Cleveland



Amber Clock



Taylor Coakley



Christopher Coble



Paige Collison



Jordan Colvin



Owen Cooper



Caylan Cordaro



Ryan Coulson



Dellanie Couture



Emily Coy



Allie Crist



Kerrigan Crotts



Lindsey Curiel



Megan Curtis



Alyssa Czaplá



Matthew Daisy





Matthew Darland



Blake Davidson



Christina Davis



Kaitlyn Davis



Kathryn Davis



Matthew DeFrancisco



Joshua DeLanoit



Benjamin DePenning



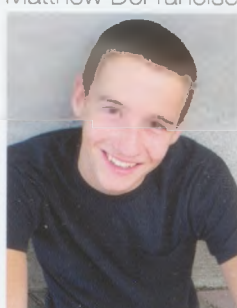
Dylan DePenning



Nathan DePenning



Ervin Deumic



Dalton Dingman



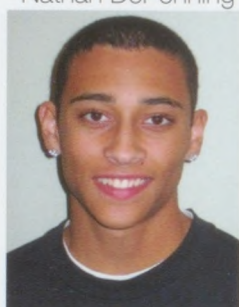
Matthew Dippold



Djordje Djuric



Christopher Dockum



Jordan Doswell



Brooklyn Drake



Hannah Droogsma



Rachel Dubas



Judith Duenas



Alyssa Eaves



Brendan Elliott



Makenzie Ellis



Marcos Ellsworth



Charles Engblom



Lincoln Eppard



Alexander Ewing



Brittany Faley



Adam Farrell



Mary Feng



Kyle Fiala



Trevor Fisch



Kayla Flyckt



Jacob Foutch



Anthony Frei



Rosemarie Freymark





Katelyn Fritcher



Sarah Gail



Janelle Galang



Benjamin Gardiner



James Garlock



Brian Gates



LaBria Gates



Timothy Gates



Macklin Gavin



Zachary Gedden



Dustin Geigle



Timothy Gerzema



Angelica Gonzalez



Kevin Good



Lauren Goodale



John Goranson



Dahlia Gordon



Nicholas Goss



Emma Gowey



Brandon Gray



Lorena Grbavac



Lucijan Grbavac



Tanner Grill



Robert Gritm



Matthew Gulleen



Bradley Hagerla



Kevin Han



Jessica Hansen



Dylan Haugland



Kristine Hauser



Alexandra Hawks



Trevor Heglin



Marisa Heisterkamp



Brett Heitkamp



Caleb Helscher



Julia Henning





Edward Hepplewhite



Jacob Hermanson



Orlando Hernandez



Alexander Hielmaas



Jacob Hielmaas



Ashlie Hodepp



Adela Hodzic



Jamerris Holder



Casey Holt



Victoria Horstman



Jonathan Houpp



Kristen Howe



Ashlee Hulbert



Jacob Hunsberger



Skyler Hyde



Spencer Hyde



Andrew Jackson



Zachery Jacob



Derek Jacobson



Cody Janausek



Talon Jendro



Andrew Jensen



Megan Jensen



Dustin Johnson



Gunnar Johnson



Mason Johnson



Matthew Joslin



Chloe Judas



Erik Jurgensen



Anes Kaitazovic



Haris Kajtazovic



Katherine-Rose Kanauss



Jason Kane



Garret Kanwischer

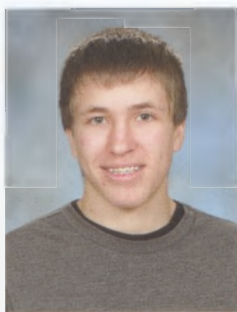


Jack Karasek



Sydney Kennebeck





Zachary Kightlinger



Joanna Kim



Austin Kinney



Braydon Kirstein



Ryan Kitchen



Nicole Kline



Michael Knoedel



Tory Knuth



Anita Kovacevic



Joseph Kraber



Alex Kramer



Elise Kritzingner



Kelsey Kruse



Nicholas Kuehn



Peyton Kueny



Ananya Kumar



Ethan Kumbera



Anisesh Kuvateh



Hunter LaFollette



Mitchell Langos



Corrin Larkin



Ryan Larsen



Kathryn Lashier



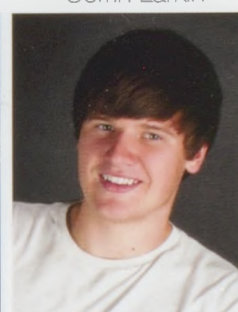
Spencer Lee



Shalyn Lenaghan



Andrew Leslie



Dalton Leslie



Katherine Lewis



Alexandria Liqouri



Noelle Lijedahl



Joseph Lilly



Emily Linscheid



LJ Lipscomb



Kennady Loffredo



Ashley Loggins



Justin Long





Andrew Lovejoy



Elizabeth Lowe



Isaura Luong



Spencer Macklin



Nicholas Maher



Nicole Malli



Hank Mandsager



Kofi Manteaw



Agnes Marcusson



Miles Marek



Adam Margolin



Ted Marsh



Sarah Mayer



Brandon McBride



McKenzie McClure



Christopher McCombs



Conner McCool



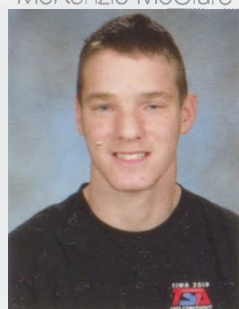
James McDermott



Matthew McDermott



Kasey McDowell



Michael McFarland



Kelly McGowan



Lauren McNeal



Emily Mentzer



Jennifer Merrill



Michael Metzler



Daniel Meyer



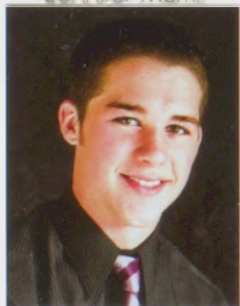
Morgan Meyer



Rachael Meyer



Jalen Mickey



David Miedema



Brandon Miller



Misty Miller



Nicholas Miller



LeaAnndra Minick



Logan Moe





Geneva Mongar



Nancy Montes



Madison Morris



Thomas Morrissey



Jessica Mozga



Tyler Muscovitz



Claire Nagel



Kyle Naig



Tyler Nearmyer



Daente Neely



Brady Nesbitt



Anid Nezirevic



Trang Ngo



William Niyifasha



Modeste Niyonkuru



Julia North



Jenny Oester



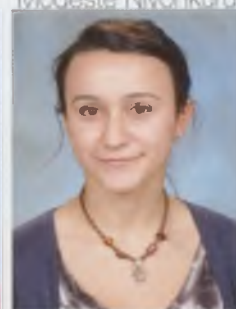
Melonie Olin



Dirk Opland



Victoria Orrante



Alisa Pajser



Emily Parker



Katelyn Parsons



Cameron Pearson



Christopher Pielak



Nicholas Pierotti



Geena Pilcher



Nicole Pirie



Konnor Plagge



Paul Plym



Jessica Portel



Kelly Poston



Alexa Probst



Matthew Probst



Kathryn Propstein



Alexis Randle





Megan Randolph



Alexandra Reicks



Megan Rice



Joseph Ridenour



Robert Rissman



Jordin Robinson



Morgen Roshek



Jordan Ross



Rachel Ruggieri



Carly Ryan



Carlee Sabus



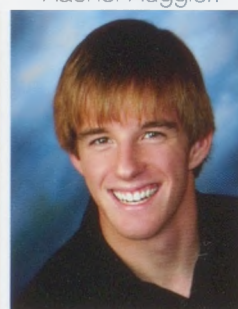
Corey Schaefer



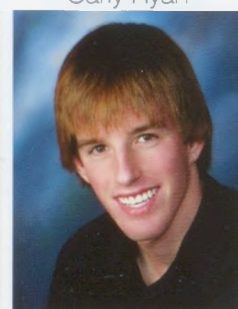
Collin Schares



Elizabeth Schiefelbein



Blaine Schlawin



Blake Schlawin



Sarah Schleisman



Jeffrey Schmidt



Jocelyn Schneider



Zachary Schneider



Connor Scholl



Sarah Schulte



Gregory Schultz



Thomas Schultz



Thomas Schwaderer



Monika Sehic



Ian Selinger



Chad Sexton



Ahmed Shaharyar



Samuel Shelton



Mike Shi



Christain Siebert



Reed Siems



Madalyn Simbro



Kyle Skinner



Ryan Smaha





Adnana Smajlovic



Emma Smith



Amanda Soda



Amber Solberg



Rachael Sorci



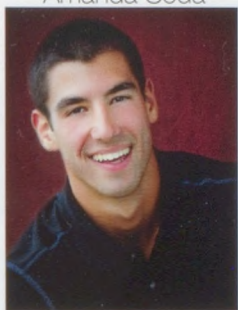
Mitchell Sparks



Robert Spearman



Cory Stapes



Ryan Stapes



Benjamin Stensrud



Tressa Steuber



Zachary Stitz



Theodore Strand



Tyler Strand



Mikhala Stutzman



Jacob Sullivan



Max Suvalsky



Rachel Swanson



Jacob Swesey



Daniel Swift



Brandon Taylor



Ibrahim Tembe



Carr Terpstra



Thomas Thatcher



Jacob Thies



Stephanie Thimmesch



Alexander Thomas



Vickilee Thomas



Ryan Tiller



Joshua Tindall



Renata Topic



Caitlyn Trillet



Brittany Trow



Makayla Tuon



Dane Van Brocklin



Andrew Vander Zwagg





Spencer Vasey



Austin Venteicher



Nicholas VerHuel



Nicholas Vogel



Taylor VonRentzell



Zachary Waddell



Alex Wagner



Kristen Waite



Tawny Walker-King



Ryan Walton



Chelsea Waltz



Scott Wanninger



Collin Ward



Molly Ward



Connor Wegner



Emily Welch



Eric Welter



Alexander Wendell



Briana Wengert



Erica White



Adam Wiley



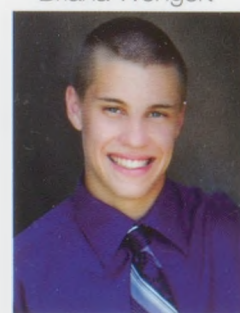
Elissa Wiley



Chanice Williams



Earl Williams



Garrette Willams



Matthew Williamson



Thomas Winkelman



James Winterbottom



Brittany Witmer



Joel Wittman



Connor Woody



Skylar Wright



Aaron Wylie



Cindy Xu



Joseph Zahn



Trinity Zeiger



# JUNIOR CLASS OF 2012



Shane Abbott  
Ena Ajdimovski  
Kaitlyn Aldrich  
Eric Aldridge  
Ali Allison  
Cody Allman  
Kevin Anderson  
Taylor Anderson

Kyle Arnold  
Jenna Axtell  
Dede Ayers  
Lauren Babcock  
Jordan Bailey  
Kayla Baird  
Jen Barber  
Emily Barnes

Eric Bass  
Kassidy Bast  
Alyssa Becker  
Taylor Beebe  
Taylor Beguhn  
Wes Belknap  
Evan Bergman  
Jordan Berry

Mirza Besic  
Brandon Biere  
Carter Biondi  
Jasna Blazevic  
Zach Boals  
Brandi Bolken  
Clayton Bormann  
Terra Boston

Amy Bourne  
Austin Bowen  
Brianna Bradley  
Erin Brandsgard  
Cody Brenner  
Eric Bridgewater  
Adam Britton  
Cameron Brose

Daniel Brown  
Julia Brown  
Barbara Bryant  
Joe Buckley  
Madison Buckley  
Anna Buising  
Jetmir Bungu  
Taylor Burkhead



Favorite high school memory?

Kristin: Football games, homecoming week, graduating!  
Katie: powderpuff, having government with Meredith 2 semesters in a row!

Plans for next year?

Kristin: I plan to attend UNI  
Katie: going to UNI

Where do you see yourself in ten years?

Kristin: Out of school with a good job, have a husband + start a family.  
Katie: Making a lot of money + living in a house on the beach.



# KRISTIN & KATIE BUNTING

Hanna Burkle  
Myra Cabrera  
Alissa Campbell  
Chris Caracci  
Martha Carroll  
Jessie Ceraso  
Shane Chafa  
Brian Cherier



Jenna Christensen  
Frankie Chyi  
Manda Clark  
Tim Clawson  
Lauren Coffey  
Dani Cole  
Aubree Combs  
Alec Comstock



Cody Conley  
Brayden Conrad  
Phoebe Cooper  
Alex Cordes  
Austin Coulter  
Carya Couture  
Shaylenn Crone  
Josh Cronin



Cody Cubit  
Evan Culbert  
Ryan Danielson  
Jacob Davis  
Megan Davis  
Monica Decarlo  
Jordan Defelice  
Tessa Delaria



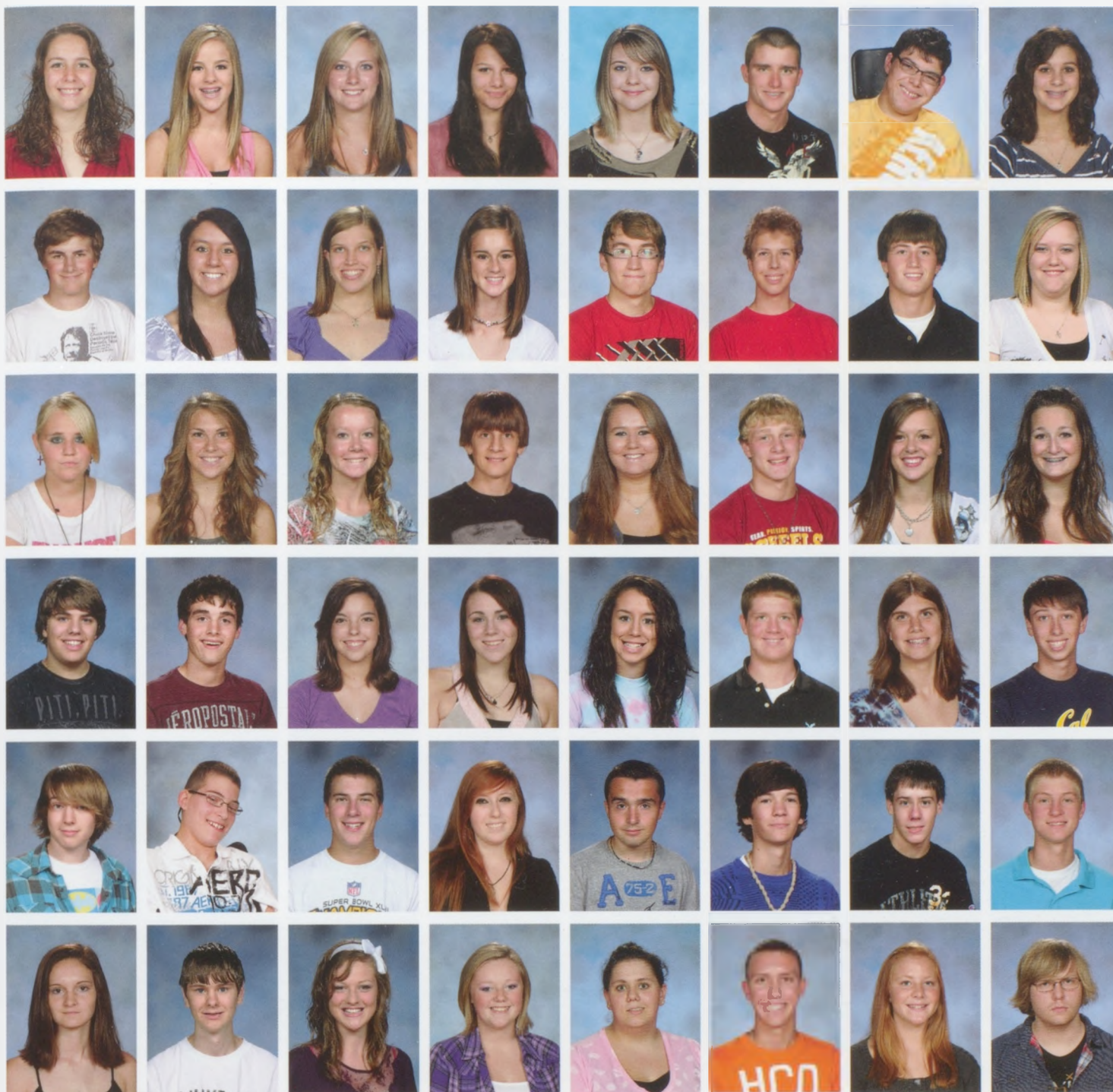
Jill Deskin  
Andrew Dickelman  
Josh Dicken  
Anne Dieseth  
Sydney Dimarco  
Abigail Dolan  
Amber Dorrian  
Enya Dougherty



Joe Duan  
Ian Dunshee  
Abby Dusen  
Cathleen Dutcher  
Nathaniel Dyett  
Conner Eisentrager  
Kaitlyn Ellerman  
Logan Elliott







Jacey Elmer  
Chelsea Elming  
Ashley Enger  
Catherine Erb  
Ashlee Erickson  
Joe Farrell  
Austin Feinberg  
Kelsie Ferin

Chase Fiedler III  
Dragana Forcan  
Jenna Francois  
Lisa Friesth  
Matt Fritz  
Conor Fuller  
Adam Gardner  
Alia Garside

Laura Geary  
Enka Gebard  
Krista Gerke  
Matt Gibbons  
Nicole Gibbons  
Keaton Gifford  
Kristen Gifford  
Emilie Githens

Cole Giudicessi  
Brad Gott  
Elli Grapp  
Whitney Graves  
Ashley Gray  
Joseph Gray  
Dani Greig  
Cal Gruening

Matias Haas  
Benton Haggett  
Charlie Haggett  
Sarah Hainline  
Bakir Hajdarevic  
Andrew Haler  
Evan Hammer  
Jon Hankins

Cassie Hardy  
Nathan Hasstedt  
Anna Hathaway  
Kristine Hayes  
Mykayla Hayes  
Blake Heikes  
Jenna Heil  
Jacob Henderson

# KATELYN LUNDERS

Favorite thing about JHS?

Seeing Hunter LaFollette's face every day.

What are you most excited about next year?

Visiting Hunter LaFollette at college

What's one thing you want to do before you graduate?

Go sky diving with Hunter LaFollette.

Where do you see yourself in 10 years?

Eating sandwiches made by Hunter LaFollette





Emma Henry  
Keshia Henry  
Alex Hershey  
Sammie Hildreth  
Marcus Hoag  
Karim Hodzic  
Nicole Hoffman  
Katie Holcomb



Jullian Holder  
Andi Holdsworth  
Nick Holland  
Patrick Holz  
Chelsea Hove  
Maggie Ingham  
Jose Iregui  
Reed Iverson



Cody Jacobson  
Brandi Jansen  
Kyle Jamagin  
Adam Jaschen  
Kendra Jensen  
Nathan Joens  
Aaron Johnson  
Anna Johnson



Bryan Johnson  
James Johnson  
Kylee Johnson  
Amber Jones  
Morgan Jungman  
Heather Kormanyoski  
Jonathan Katz  
Taylor Kavaya



Jordan Kelling  
Kailey Kerr  
Daniel Kim  
Maddie Kleve  
Jacob Knopf  
Tyler Koonce  
Brandon Korkow  
Renata Kovacevic



Toato Kpor  
Elaine Kramme  
Maddie Kreamer  
Jerin Kreinbring  
Jeff Krueger  
Isaac Laffey  
Helen Lagerblade  
Ben Larpenter



## SAMMI TRAIL

Favorite thing about JHS?  
FOOTBALL season!

What are you most excited about next year?  
Being a SENIOR! & Spain  
during Spring Break!

What's one thing you want to do before you graduate?  
Meet Scotty McCreery! :)

Where do you see yourself in 10 years?  
Out of Iowa traveling!  
Or living in North  
Dakota or Oklahoma...





# ERIC

BRIDGEWATER

What's your favorite part of high school?

My favorite part of high school would be being able to see my friends.

Favorite class?

Favorite class would be chorus or pre-calc on days where it was easy.

What is one piece of advice you would give to underclassmen?

Don't procrastinate on your homework because it adds up really fast.

Where do you see yourself in 10 years?

I see myself with a full time job and a decent house and hopefully making 6 figures!



Sierra Larson  
Danijel Lastro  
Ashlee Lee  
Gerrit Lee  
Mason Lee  
Corrina Leffler  
Katie Leffler  
Will Legrand



Perry Leysens  
Haris Lilic  
Jia Lin  
Ashton Lindsey  
Teresa Liu  
Adam Lovell  
Ryan Lowder  
Danh Luu



Dylan Mann  
Sam Maras  
Stuart Markland  
Megan Martin  
Nolan Martz  
Ryan Marx  
Tyler McCormick  
Bradley McCurdy



Grant McDonald  
Emily McDowell  
Sam McGinn  
Brett McGinnis  
R.J. McGrew  
Andre McKay  
Marcus McKay  
Katie McMillen



Amelia Medici  
Ethan Meng  
Bhageerath Menneri  
Emily Merritt  
Emma Meyer  
Malia Meyer  
Luke Miles  
Elizabeth Mills



Alexandra Milosevich  
Ellie Minor  
Rachel Minter  
Taylor Mithelman  
Sydney Monahan  
Maren Monson  
Owena Moore  
Casey Morales





# MEGAN RICE

Plans for next year?

going to Iowa State.  
GO CYCLONES! :)

Favorite memory about JHS?

The friends that I will always have and that I will never forget!

Where do you see yourself in 10 years?

In ten years I will be working as a civil engineer, hopefully not in Iowa, preferably somewhere warm and sunny!

Advice for underclassmen?

Make the most of your high school years... they go way faster than you think.

Jordan Moriarty  
Tyler Moriarty  
Rachel Morris  
Tyler Morrissey  
Rory Mull  
Yvonne Munanira  
Brian Munyon  
Michael Murdock



Taylor Murray  
Brianna Nelson  
Cathleen Nelson  
Jordan Nelson  
Tyler Neumann  
Katie Newbury  
Nick Newton  
Claire Nichols



Justin Nicolet  
Lyndsey Niebuhr  
Kensie Noble  
Janie Norris  
Taylor O'Bryan  
Harold Obrecht-Wittick  
Catherina Ochoa  
Lauren Olsen



Megan Olson  
Dino Omerhodzic  
Dylan Ostwald  
Amy Overton  
Andrew Overton  
Shawn Owens  
Cheyanne Parish  
Ben Parsons



Izzy Passalacqua  
Jeff Pavelka  
Nick Payne  
Haley Pennington  
Nate Perkins  
Olivia Pessolano  
Alex Peterson  
Donna Petry



Sam Philip  
Anna Pierce  
Josh Pietari  
Paige Plaskitt  
Bryce Pley  
Brandy Pohman  
Maci Prazak  
Megan Rahm







Ena Rajic  
Paige Ramsey  
Victoria Rasavanh  
Brenden Redshaw  
Sara Reed  
Gabriel Renken  
Adam Ribordy  
Deavon Richards

Adam Rieck  
Jesse Ried  
Morgan Riessen  
Ashleigh Rilesen  
Kristin Riley  
Brandon Robbins  
Patrick Rogers  
Brian Ross

Matt Ruebbeike  
Amila Radicovic  
Jessie Sandmann  
Clara Sandoval-Cooper  
Joe Scanlan  
Austin Schenkelberg  
Richard Schraeger

Lexis Schumaker  
D'shari Scott  
Megan Seibert  
Belmin Serdarevic  
Chris Sexton  
Adam Shaver  
Sam Shaver  
Alex Shore

Nick Siddens  
Duncan Sinclair  
Kale Singleton  
Kenzie Skarphol  
Lauren Skartvedt  
Taylor Smidt  
Alex Smith  
Andy Smith

Ben Smith  
Hezekiah Smith  
Austin Smoldt-Saenz  
Sam Sparland  
Alayna Spiece  
Carolyn Spring  
Tyler Stahr  
Adency Start



# TYLER

Favorite thing about JHS?

Grinding

What are you most excited about next year?

Meeting new friends

What's one thing you want to do before you graduate?

Meet my dream girl :)

Where do you see yourself in 10 years?

Happily Married with a beautiful family ♥



Andrew Stiles  
 Kyle Stoutenberg  
 Nicole Straavaldson  
 Edmond Strelli  
 Christine Strongren  
 Alex Swafford  
 Cassie Sweeney  
 Scott Syroka



Ally Tack  
 Joy Tan  
 Amanda Teel  
 Elin Tegels  
 Dillon Temple  
 Gabe Terronez  
 Hannah Thayer  
 Brandon Theisen



Haley Thiel  
 Bryon Thomas  
 Kim Thomas  
 Dustin Thompson  
 Kerigan Thompson  
 Molly Thuente  
 Hunter Tibbetts  
 John Timmons



Sammi Trail  
 Andrew Tubbs  
 Isaac Tuon  
 Brian Turner  
 Cory Tyler  
 Cory Upton  
 Trevor Utley  
 Ana Karen Valencia



Emma Van Houten  
 Lisa Van Wiel  
 Kali Van Zee  
 Zach Vander Ploeg  
 Seth Vandygriff  
 Megan Vaughan  
 Maria Vega  
 Jared Verhasselt



Maddie Vestal  
 Brooke Vidmar  
 Alex Vlach  
 Alexander Vlach  
 Aly Vukelich  
 Mason Waetke  
 Steph Waite  
 Michael Walker-King



**TAYLER**  
 MURRAY



Favorite thing about JHS?  
 I love the activities I'm involved in and the people I get to meet through sports.  
 What are you most excited about next year?  
 I'm excited to be on varsity cheer and track.  
 What's one thing you want to do before you graduate?  
 I want to make it to state senior year of track.  
 Where do you see yourself in 10 years?  
 I see myself being a scientist in the environmental field and traveling the world.



# MICHAEL KNOEDEL

Favorite thing about JHS?

The J-Lab YO

What are you most excited about next year?

EVERYTHING!!!one!!

What's one thing you want to do before you graduate?

Figure out why people like Twitter

Where do you see yourself in 10 years?

In 10 years, I will have started my own architecture firm and created buildings all over the world



Chase Wallace  
Thomas Walling  
Casey Walsh  
Chad Webber  
Mariah Wellman  
Claire Westemeyer  
Mikayla Whitney  
Riley Whittaker



Allie Wignall  
Rylan Wignall  
Brandi Wilkins  
Jared Willson  
Abbey Wilmes  
Mitch Wilson  
Derek Winchester  
Ross Winget



Zach Winjum  
Lindsey Witt  
Lucas Wittman  
Lucas Wolfe  
J.J. Worley  
Kuantin Wu  
Meghan Wymore  
Connor Yocum



Matt Zinselmeier

## SOPHOMORE CLASS OF 2013



Abigail Abeyta-Martin  
Nicole Ackerman  
Madeline Adkins  
Jazmine Alaniz  
Megan Albers  
Zeyad Alghool  
Abigail Aller  
Samuel Altier





Favorite thing about JHS?

Cookie day!

What are you most excited about next year?

Being a senior!

What's one thing you want to do before you graduate?

Go to California!

Where do you see yourself in 10 years?



I'll be a teacher and married

MOLLY  
THUENTE

Nick Altman  
Tyler Amundson  
Alexa Anderson  
Evan Anderson  
Kristen Anderson  
Lucas Anderson  
Myles Anderson  
Rachel Anderson



Erin Andeweg  
Jake Atkinson  
Justin Atterberg  
Laura Ausenhus  
Semir Bahtagic  
Dylan Balmer  
Troy Barnes  
Christopher Barnhill



Nolan Beck  
Matthew Benson  
Andy Bevis  
Katherine  
Bischof Gillette  
Melia Black  
Madison Boes  
Josh Boeschen  
Joseph Bormann



Paige Boyer  
Marc Brault  
Travis Brenner  
Alexander Bricker  
Morgan Bridges  
Katey Brimeyer  
Tyler Britton  
Zach Brooks



Fez Bui  
Joe Buising  
Samir Burnic  
AJ Burns  
Taner Burns  
Latisha Burton  
Austin Busch  
Corbin Buttrey



Emmett Butts  
Madison Campbell  
Jeff Carley  
Emily Carlson  
Alex Castillo  
Bailey Chamberlin  
Bryon Christensen  
Leigha Christenson







Nate Christenson  
Nathan Christianson  
Allison Clark  
Courtney Clark  
Katey Clay  
Spencer Clock  
Lindsey Clothier  
Sierra Collins

Morgan Combs  
Bailey Comegys  
Erin Conlan  
Addie Cooper  
Mitch Corbin  
Alex Costello  
Casey Coughlon  
Randy Coyle

Paige Cramer  
Carly Crist  
Monica Cunningham  
Joe Dailey  
Heath Dannen  
Seth Daughetee  
Logan Dean  
Kenzie Debolt

Rachel Decario  
Ethan Degroot  
Anthony Denny  
Alaina Despenas  
Marcus Devens  
Kirpal Dhugga  
Emma Dickinson  
Champagne Dings

Kayla Dings  
Paige Dixon  
Simmons Doswell  
Ben Dygert  
James Ellis  
Isabella Engblom  
Bailey Eppard  
Cody Erickson

Alejandra Escoto  
Andrew Evans  
Ryan Evans  
Ryan Evans  
Justin Ewing  
Megan Faley  
Cassidy Farnsworth  
John Finn



Favorite thing about JHS?

Furniture in the commons

What are you most excited about next year?

Being a Senior

What's one thing you want to do before you graduate?

Spring Break in Colorado with  
friends snowboarding.

Where do you see yourself in 10 years?

Hopefully out of college  
living my life as an  
accountant

JUSTIN  
NICOLET



Nina Flattery  
Miles Fogelson  
Josh Friedel  
Jordan Galle  
Kylie Gansemer  
Kara Ganzer  
Ben Garlock  
Xavier Gaumer



Mark Gee  
Jacob Gehrke  
Caleb Gibson  
Liz Gisselmann  
Katie Giles  
Sindhu Gollapudi  
Jorge  
Gonzales-Ortiz  
Charlie Goodwin



Rachel Gray  
Sarah Gunhus  
Olivia Guns  
Kylee Guyer  
Matthew Guyer  
Marissa Hageria  
Casey Halder  
Michelle Hall



Amelia Hammond  
Sida Han  
Dalton Handel  
Zaxston Hans  
Jordan Hansen  
Abby Hanson  
Matthew Hanstad  
Grace Harcharik



Ryan Harlow  
Joe Hawks  
Katie Hermanson  
Elizabeth Hobbs  
Amber Hodapp  
Dorinde  
Hoddenbagh  
Alexandra Hodge  
Brock Hoffmann



Marissa Holloway  
Jiahui Huang  
Kim Hughes  
Will Hyde  
Delany Idleman  
Jared Ingebrand  
Fatiha Iqbal  
Dakota Jackson



MICHELLE HUMMEL



Favorite thing about JHS?

our AWESOME senior class this year

What are you most excited about next year?

The college life!

What's one thing you want to do before you graduate?

Get to know other seniors that I haven't gotten the chance to get to know them yet

Where do you see yourself in 10 years?

livin' large!

more a/c having a good career + making BANK + being happy!



# LUCAS WITTMAN

Favorite thing about JHS?

uhh... soccer & ... friends

What are you most excited about next year?

Probbly... soccer maybe cross country  
+ being a senior and stuff

What's one thing you want to do before you graduate?

learn to do a backflip off a wall

Where do you see yourself in 10 years?

out of college with a good job



Kendrick Jackson  
Kali Jacobs  
Conner Jacobsen  
Justin Jamison  
Rachel Janousek  
Kayla Jansen  
Meghan Jansen  
Alex Jenkins



Cole Jewell  
Beau Johnson  
Dylan Johnson  
Macenzie Johnson  
Caitlyn Johnston  
Daryl Jones  
Dylan Jones  
Kaelee Jones



Luke Jorgensen  
Alex Juergens  
Jason Kane  
Alex Kaptain  
AJ Keech  
Chloe Keeney  
Craig Kimble  
Lauren Kimble



Michael Kinning  
Payton Kintz  
Mattie Kipp  
Marina Klaric  
Elijah Kragt  
Chase Kramer  
Karsen Kramer  
Taylor Kress



Hailey Kromminga  
Will Krone  
Travis Krugler  
Lydia Krzyzak  
Rebecca Labertew  
Brady LaFollette  
Noah Lang  
Alex Langenberger



Kelsi Larsen  
Jaryd Lawrence  
Rosemary Lawrence  
Bonnie Le Page  
Colin Lee  
Reid Lefler  
Meredith Lemon  
Kathleen Leslie



Plans for next year?

Going to DMACC for about  
a year or so then heading  
off to a new year.

Favorite thing about JHS?

Sports, great friends and  
time of the teachers.

Where do you see yourself in 10 years?

Maybe joining the army  
and having a family. Also just  
working constantly.

Advice for underclassmen?

Keep with your studies,  
don't slack off. You will  
regret it!



# JUSTIN BECVAR

Sarah Lewis  
Taylor Lindley  
Monica Lindsey  
Kayla Linscheid  
Blake Lipzinski  
Vinson Lo  
Tyler Losen  
Daniel Lott



Brent Luers  
Katelyn Lunders  
Cullen Maahs  
Connor Mackey  
Chase Macy  
Haris Malkic  
Jordan Mann  
Megan Manteaw



Katie Marckmann  
Ethan Marshall  
Nick Maurer  
Brooklyn Mazza  
Leanna McAllister  
Trevor McCauley  
Alex McCune  
Taylor McGregor



Andrew McKeighan  
Ariana McMains  
Francisco Mejia  
Victor Mejia  
Jacob Mentele  
Holly Mestad  
Blake Miller  
Joscelyn Miner



Mackenzie Mitchell  
Emily Moe  
Keegan Mohrfeld  
Wesley Monroe  
Marcus Montgomery  
Emma Monthei  
Konrad Moore  
Haley Morris



Timmy Morrissey  
Spencer Moser  
Haris Muranovic  
Shelby Murphy  
Mackinzie Myers  
AJ Naanep  
Solange Nahoza  
Kris Nail







Clayton Nebel  
Jenny Nelson  
Nicholas Nelson  
Mimi Nguyen  
Courtney Norelius  
Ashley Norris  
Gabriel Nowak  
Belmira Nuhanovic

Courtney Nyberg  
Connor O'Brien  
Zach Odegaard  
Tori Ogbulu  
Trey Onder  
Meghan Osterhout  
Peyton Pagliai  
Adnan Palic

Karly Palmer  
Ammar Pasalic  
Radha Patel  
Sam Perington  
Nikolaus Perkovich  
Alison Perman  
Bailey Peterson  
Stephanie Phillips

Lyndsey Pierick  
Madisen Pilcher  
Zach Pollak  
Kylie Poulson  
Dylan Preston  
Kris Queck  
Madisen Quick  
Zach Ramsey

Jacob Randall  
Erik Rasmussen  
Sanna Rasmussen  
Julia Ratekin  
Chelsea Reese  
Katherine Regan  
Andrea Renner  
Miguel Reyes

Madison Rice  
Katy Richardson  
Adam Richman  
Kelly Ridenour  
Joshua Ried  
Sydney Rissler  
Jessica Rissman  
Alex Rivera



Favorite thing about JHS?  
Football season!

What are you most excited about next year?  
Being a SENIOR! & Spain  
during Spring Break!

What's one thing you want to do before you graduate?  
Meet Scotty McCreery 😊

Where do you see yourself in 10 years?  
Out of Iowa traveling!  
Or living in North  
Dakota or Oklahoma...

HALEY THIEL



Elizabeth  
Roach-Lindeman  
Brenna Robinson  
Zack Robinson  
Reanna Rogers  
Faith Rosburg  
Ryan Rost  
Makayla Ruchi  
Richard Rugabisha



Brandon Ruggieri  
Tyler Rushing  
Hadeel Said  
Regan Sanford  
Gabriela Santiago  
Nathaniel Santos  
Makinzie Sauer  
Elijah Savala



Sam Schade  
Andrew Schmitt  
Alissa Schultz  
Andrew Schultz  
Julie Schultz  
Andrew Schwaderer  
Michael Schwaderer  
Elle Scott



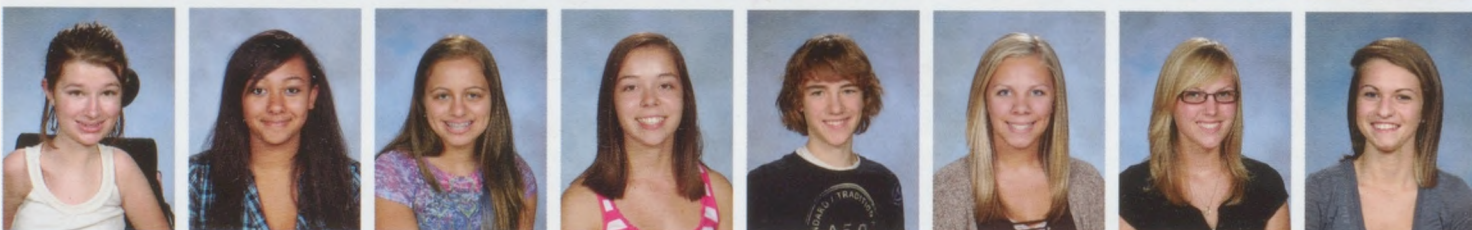
Emily Scott  
Talyn Scott  
Kaitlyn Seibert  
Katharine Selberg  
Erin Selinger  
Claire Sevenich  
Ashley Shay  
Ryan Siedenbug



Zoran Skeledzic  
Taylor Slack  
Tyler Smaha  
Laura Smalley  
Dustin Smith  
Gage Smith  
Grant Smith  
Haley Souhrada



Hannah Soyer  
Sammy Spartz  
Margaret Standish  
Lauren Stephens  
Luke Stevens  
Kaitlin Stitz  
Emily Stoen  
Steph Stone



Sam Strand  
Daniel Stroud  
Megan Stroud  
Eldin Subasic  
Lejla Subasic  
Kayla Sullivan  
Brandt Swallow  
Jack Swift



Frannie Talley  
Brice Tegeler  
Dula Ternesgen  
Jordan Thede  
Luke Thilges  
Sara Thimmesch  
Shianne Thomas  
Spencer Thomas







Brandon Thrane  
Kaela Ticconi  
Cynthia Tice  
Ryan Tigges  
Chris Timmerman  
Kyle Timmerman  
Jessie Tindall  
Mollie Tompkins



Logan Towers  
Dakota Townes  
Tina Tran  
Victoria Trost  
Anna Twickler  
Lauren Ulm  
Collin Urquhart  
Allyson Veatch



Nicholi Vergara  
Spencer Vines  
Bree Waddell  
Logan Walkup  
Emily Walton  
Richard Wang  
Connor Ward  
Derek Ward



Dakota Weeter  
Raven Wells  
Hannah White  
Olivia Whitlow  
Cooper Wilde  
Hannah Wiles  
Shane Wiley  
Stephanie Wilkinson



Breanna Williams  
Lexi Willie  
Bernie Willis  
Bailey Wilmes  
Blake Wilson  
Lauren Wilson  
Bsrat Woldesemayat  
Brennen Woods



Hayden Woods  
Ivy Wu  
Vivian Wu  
Erik Wymer  
Erin Yocum  
Zea Zhu



# FACULTY



Wendy Arch  
English



Tonia Backous  
Associate



Sue Baker  
Guidance



Jodi Baderstadt  
Associate



Chris Beguhn  
Science



Jane Behrens  
Media Specialist



Audrey Bell  
Guidance



Jan Bjurstrom  
Campus Monitor



Jeri Blanchard  
Associate



Rick Brooks  
Math



Megan Chambers  
Associate



Teri Christensen  
Associate



Sue Cline  
ELP/Psychology



Kelly Coleman  
Social Studies



Dale D'lapico  
Associate



Jesse Dowell  
Social Studies



Jessica Dowell  
Social Studies



Mitch Eagles  
Industrial Tech



Russ Fortune  
Special Ed



Teresa Francois  
Art



Mitch Gearhart  
Industrial Tech



Kristen Gidel  
English



Mary Gipp  
Special Ed



Rich Gradoville  
Math



Tom Griffin  
Social Studies



Stephanie Guthrie  
Guidance



Kathy Hammans  
Associate Secretary



Dick Hansen  
Study Hall Associate



Pat Hennes  
Social Studies



Josh Heyer  
Industrial Tech



Gerald Hollingsworth  
Spanish



Jennifer Hrubetz  
Special Ed



Brad Jacobson  
Science



Matt Jaschen  
Science



Jason Jauron  
Social Studies



Marie Johnson  
Associate



Mary Ann Johnson  
Associate



Patrick Kearney  
Band



Jerry Kinder  
Social Studies



Ben Knight  
Social Studies



Susan Krebs  
Nurse



Curt Larkin  
Guidance



Kate Lechtenberg  
English



Sarah Marckmann  
Guidance Secretary



Sue McCravy  
S.T.A.R.



Jami McCubbin  
Special Ed



Dustin Mead  
Science



KT Menke





# WENDY ARCH

What high school did you go to and what year did you graduate?

Carlisle HS - 1999

Favorite memory from high school?

all the band/choir/acting performances

What classes did you teach this year?

AP English  
IWA - Acting  
On the Road Team in the World

Advice for graduating seniors?

remember that highschool  
does not define you you  
choose your course in life



Mary Moermond  
French



Sarah Moore  
English



Deb Nicholson  
PE



Mariette Nikolai  
Special Ed



Emily Nymeyer  
ELL



Norah Olguin  
Spanish



Heath Pattschull  
Vocational



Adam Paulson  
Math



Danielle Pippert  
Math



Julie Probst  
Math



Adam Retzlaff  
Math



Alicia Rollison  
Social Studies



Amanda Rynning  
Associate



Mark Schillerstrom  
English



Eric Shepard  
Vocal



Chris Siewert  
Science



Steve Smith  
Math



Rhys South  
Industrial Tech



Greta Standish  
Associate



Michelle Stoker  
Special Ed



Chanhom Tharrington  
Associate



Sarah Van Waardhuizen  
Vocal



Roz Weaver  
Special Ed



Jeremy Yenger  
Social Studies



hailey bridgewater



Congratulations Hailey! We are very proud of you and look forward to seeing you pursue your dreams. You are a blessing in our lives and we love you very much!

-Mom, Dad & Eric



rachel beierschmitt

What a joy and honor it has been to watch you grow into the lovely young woman you are today. We love you and we can't wait to see what your future holds. As you prepare to go out and make your own special mark on the world, we wish you an abundance of all the things you have always so graciously shared with others: happiness, love, and laughter. Don't be afraid to follow wherever your dreams may lead, because your GPS will always eventually bring you home!

With all our love and best wishes,  
-Mom, Dad, & Shannon



luke bormann

We have spent so much time laughing, the years have flown by. Your confidence, sense of humor and truth to yourself will let you achieve anything you set your sights on. We are so proud of the strong man you have become and could not ask for more. "You are my punkin pooh, my only punkin pooh. You make me happy everyday." Keep laughing punkin pooh!! Or if all else fails, hit 'em with your flute!!!!

-Mom, Dad, Joe & Kelli



trevor biley

We could not be prouder of the young man that you have become. We have been blessed with a son who is so caring and giving. "We pray that God will fill your heart and dreams And that faith gives you the courage To dare to do great things We are here for you whatever this life brings So let our love give you roots And you find your wings"- Mark Harris Thank you Trevor for bringing so much joy to our lives.

-Mom, Dad, & Brigitte

matt beary

It's been a great ride since the very first day of kindergarten. We are so proud of the kind, confident, amazing, young man you have become. You are such a blessing to us. We will be cheering you on as you continue to pursue your dreams.

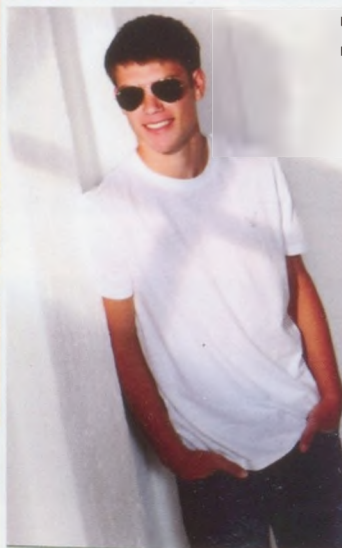
All our love,  
-Mom, Dad, Joel, & Nicholas



erik bergstrom

It is hard to believe how fast the last 18 years have gone. You have become such a strong, independent young man. We look forward to watching you make your mark in this world...there is no doubt that you will. Although it is going to be hard not having you here with us next year, we know that you will thrive at the Naval Academy and we are very proud that you have chosen to serve your country...as you have always said "God Bless America". We love you!

-Mom, Dad, Jack, & Blake



meredith batz

You are such a blessing to us! We are so proud of watching you grow into a beautiful young lady. God has great plans for you. Stay focused and you will go far. Love you!

-Dad & Mom





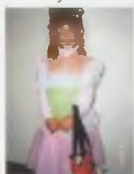
## taylor cookley

Eighteen wonderful years have now flown by, and we have spent them watching, wondering, marveling, guiding, supporting and loving you, as you grew into this beautiful, smart and kindhearted young woman. It is so exciting to see you on the threshold of your whole new world, ready to go out and make your mark on it. We are so proud of all your accomplishments at school and we delight in your passion for dance. These years of hard work and dedication have been well spent and will serve you well as you take on the new experiences that lie ahead. Be confident in that and be happy in all you do . . . a dream is a wish your heart makes! All our love,



## kerriegan crotts

You are the Kind of daughter we dreamed of.  
We are Excited for you as you StaRt your journey TowARd the life God has in store for you.  
Each step will have challenges and rewards as you Continue to Grow into an amazing young WomAn, realizing the hopes ANd dreams you have for yourself.



## amber clock

You have been such a wonderful blessing to our family! God has shaped you into an amazing person with a kind and generous heart with great determination. We are so proud of you Amber! Love you forever



## chris dockum

We can hardly wait to see what paths you choose to take in your life! No doubt that whatever you choose, you will succeed with passion and joy. We will miss you when you are off to college - the house will be MUCH quieter! We are downright proud of the kind and caring young man you have become! DBW! Love you forever!



## blake davidson

"Our wish, for you, is that this life becomes all that you want it to, your dreams stay big, your worries stay small, you never need to carry more than you can hold, and while you're out there getting where you're getting to, I hope you know somebody loves you, and wants the same things too." (Rascal Flatts) We couldn't have asked for a better son. We are so proud of you and can't wait to see where your life will take you next.  
Mom, Dad, Rex, and Nat



## alysa czapla

Alyssa, we are so proud of you! From the first day of kindergarten until graduation day you have worked so hard. Remember to believe in yourself, don't be afraid to take chances and always follow your dreams. You are beginning a new adventure and we will always be there for you.  
-Mom and Mark



## dellanie couture

Don't be afraid to explore, but don't be stupid and fall off a cliff. Keep your eyes open and your heart full. Congratulations! We couldn't be more proud of the young lady you have become!  
-Mom and Dad





### rosemarie freymark

You have brought love, laughter, joy and happiness to our family. You are unique, and no-one else can take your place. Go with confidence in God's call and His equipping. "We thank our God every time we remember you." Phil. 1:3

Dad, Mom and Jonathan



It has been such a joy watching you grow up. We're not ready to let you go, but we know that you're well prepared for college and the wonderful adventures that life has to offer. You deserve the best! We'll always be here for you and you'll always be our little princess.

-Mom & Dad



### kayla flyckt



### emma gowey

When you were a little girl we used to say to you, "Emma, why do you always have to talk so loudly? We are right here, we can hear you fine." Finally one day you said, "This is the voice that God gave me, I can't help it!" So true! We will miss hearing that loud voice everyday - God gave it to you for a reason, may you use it wisely in all your future endeavors! All our love,

Mom, Dad, Taylor & Rachel



### brooklyn drake

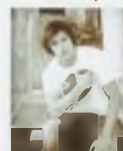
Roses are red  
Violets are blue.  
The world is ahead  
But not ready for you!  
Your judgment and insight  
Amaze us today.  
The person you are  
just blows us away.



### brad hagerla

You have been such a pleasure to watch grow up. We are so proud of the choices you have made. Watching you grow from Tiger Scout to Eagle Scout, from clumsy athletic to Elite all Conference football player and all the while maintaining your academic honors. We have truly enjoyed your journey from child to adult and we look forward to your next chapter in life. We will always be there for you.

-Mom, Dad & Marissa



### katelyn fritcher

Congratulations Katelyn! You have grown to be a very amazing daughter, sister and individual. We are very proud of all you have accomplished and eagerly await what the next chapter in your life will bring. We'll always be here to support and love you and pray that all your dreams come true. Love you!

Dad, Mom, Megan and Cassidy



Congratulations, Brendan! We couldn't be more proud of you and all that you have accomplished! We can't wait to see what you will do next! All our love,

Dad, Rachel and Ashley



### brendan elliot



*alex hjelmaas*



*jacob hjelmaas*



We are so very proud of you and all that you have accomplished. You are such an inquisitive, intelligent, and resourceful young man and we can't wait for the next chapter in your life to unfold. You will no doubt do great things as you continue your journey and we will be right behind you every step of the way.



It seems like just yesterday you were a tiny baby who "beat" your brother Alex in your race to be our first-born twin. You are a bright and accomplished young man with a great sense of humor and a quiet strength. We are so proud of the young man you have become and we look forward to your very bright future.

*jessica hansen*

We have enjoyed watching our little girl grow. From your little princess costumes to a cap and gown, what an amazing ride. As this door closes another adventure opens for you. I know you will take on the world with determination. Continue to dance through life with the laughter and happiness you have in your heart. We love you and are so proud of you.

*Mom, Dad & Jon*



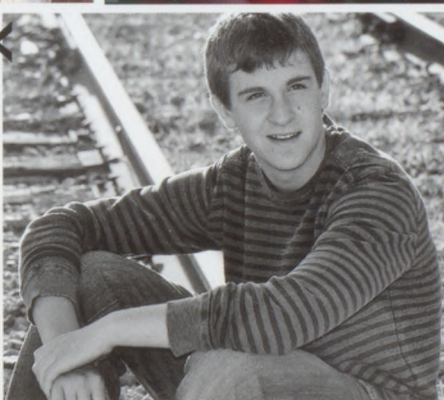
*kristine hauser*

Congratulations Kristine!  
We love you!



*talon jendro*

Congratulations on reaching this important milestone in life. We are proud of who you are and we are excited to see you share your talents with the world! Although the road you take from here will take you far, we will always be with you.  
*Mom, Dad, Carson & Mara*



*julia henning*

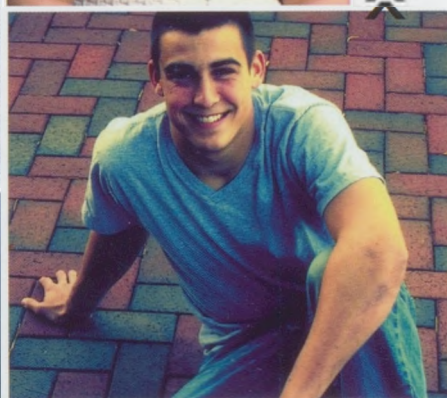
You are such a blessing to us! We are so proud of watching you grow into a beautiful young lady. God has great plans for you. Stay focused and you will go far.  
Love you!  
*Dad & Mom*



*spencer hyde*

We couldn't be more proud of the man you've become. As we celebrate your graduation, we think back to the "huge days" of your childhood – sports, camping, boating, fishing and exploring the world. You have great adventures awaiting, and we'll know you'll make the most of life's opportunities.

*Love, Mom, Dad, Will and Kelsey*







chloe judas

How wonderful it has been to watch you grow up, Miss Chloe! Our little girl has grown into a beautiful, caring, responsible young woman. You starting coming to us with your "good ideas" when you were so small. Keep your ideas coming and keep your dreams big, Sweetie! Everything you want is out there. We can't wait to see what the future holds for you. We love you so much and we are so very proud of you!

*Mom, Dad, Amanda & Maddie*



hunter lafollette

We are so proud of your achievements but are more proud of the person you have become. Being the oldest of four brothers has not always been easy but has made you the person you are – fiercely competitive, strong in spirit and caring. You have given us so many great memories as Catfish, #25, #13, and #9 and to many more in the years to come.

We love you!



katie lashier

We are so proud of the young woman you've become. We've loved watching you grow from our cute little girl into a beautiful young lady both inside and out! Your positive attitude, competitive spirit, kind heart, contagious, smile, strong work ethic, deep faith, and overall love of life will serve you very well in the years to come! Keep smiling and know that our love & support will be with you always! Never forget- Play hard and have fun!

We love you!

*Mom, Dad, Thomas & Pete*



Alex, we are so proud of you and the young man you have become. We admire your integrity, self-discipline and determination. Continue to be true to your faith and beliefs, and use your gifts and talents to achieve your goals while having fun along the journey. We look forward to the great achievements in store for your future. We love you and will always support you in your endeavors.

*Mom, Dad, Chase & Drake*



alex kramer



»matt joslin

Matt you were our little tazmanian devil that always wore a smile. That smile has saved you at times. You're a great kid! Stay true to yourself.

*Mom, Dad, & Ally*



»megan jensen

It has been amazing watching you grow into the beautiful, young woman you have become. We are so proud of you and your hard work. You make us laugh and smile and bring joy to our family. Remember we will always be here for you with our love and support. Thanks for being a wonderful daughter and sister. We Love You!

*Mom, Dad, Zachary, Amada, & Hannah*



»garret kanwisher

You truly are a blessing to us! As a child you were happy-go-lucky...always singing, dancing and making others laugh, with your beautiful smile. You have grown into a remarkable young man, with so many opportunities ahead of you. Always follow your dreams and remember whatever you imagine is possible. We are very proud of you and love you beyond words!

*Love, Mom, Dad & Levi*







elissa lowe

Since the first moment we laid eyes on you, we knew you were special. As an intelligent, caring young woman, you have never been afraid to create your own path through life. You have worked hard, conquering many obstacles, and now you will reap the benefits of a future full of exciting possibilities. We share the excitement you feel as you enter the next stage of your life. We love you dearly.  
Mom & Dad



miles marek

Congratulations, Miles! We are so proud of your accomplishments. Go forward in life with confidence, make wise choices, keep your faith in God, and work hard to reach your dreams! Always know that we support you and love you more than you can imagine.  
-Mom, Dad, Mason, and Mitch



chris mcombs

Congratulations Christopher! We know that it has been a challenge for you every year dealing with your health condition and school but you kept the faith and you managed to pull through. May you continue to focus on God and allow Him to show you the way! May God Bless you on your journey!  
-Mom & Dad

-Mom & Dad



shalyn lenaghan



You broke away from the status quo and became extraordinary. You didn't march along like all the other little soldiers and stay ordinary. You are a beautiful gem among the stones of gray. We love you and are proud of you each and every day.  
Mom, Dad, & Devyn

emily mentzer

"I know a girl; she puts the color inside my world." From the moment you came into this world, you have continued to amaze us and make us proud. We have enjoyed watching you go from being little Sissy to the independent and loving woman that you now are. Stay true to your heart and follow your dreams and you can go anywhere!



Mom, Dad, & Kyle

lj lipscomb

L.J. God's got his hand on you and you're going to do great things! Never forget why you're here. Live your life in a way that brings glory to the Father! Eph 1:13-14. We love you! Mom & Dad. L.J. I'm so proud of the young man you've become. Keep it up bud. Love you long time- Sis. p.s. click, click, click, stomp, stomp



brandon mcbride

Brandon....We are so proud of you and love you very much. You have grown to be an awesome young man. You possess a variety of talent and we're proud to have been there to see you through. Dream big and work hard for what you want. We can't believe it is already time for you to graduate! We know you will succeed in whatever you choose to do in your life. It's been great watching you and your friend grow over the years. Have fun and remember we will always be here for you. You will always be our little Brando. We love you so much!

-Mom & Dad





We're so proud of you – not only for your many accomplishments, but also for your ability to take on life challenges and make the most of them. You often seem to have wisdom and judgment well beyond your years. Stay true to who you are and what you believe. Always remember we're here for you whenever you need us. We love you.

*Mom & Dad*



>>> *katelyn parsons*



>>> *tyler muscovitz*

We can't believe how quickly time has flown. You have gone from a sweet little boy to a wonderful young man. We know you can achieve anything you set your mind to. We are very proud of you and love you very much!

*Mom, Dad, and Heather*

<<< *dirk opland*

You have mastered many "random talents" over the years, but your talents of bringing joy, laughter, music, and love into our family are the most treasured! We are very proud of your many accomplishments, and wish you every happiness and success as you embark on your journey of life. Remember, "Trust in the Lord with all your heart and lean not on your understanding; in all your ways acknowledge Him, and He will make your paths straight." Proverbs

3:5-6 Love,

*Mom & Dad*



>>> *david miedema*

The Lord does not look at the things man looks at. Man looks at the outward appearance, but the Lord looks at the heart. 1 Sam 16:7 God described King David as "a man after his own heart." That is our prayer for you, David. May your heart, and your life, glorify Him. We love you.

*Dad and Mom*



<<< *emily parker*

Emily, Your hard work and persistence have paid off. There is no such thing as an "obstacle" to you. We are so proud of your accomplishments. You are a giving, caring person and we know you will have a rewarding future. We wish you all the love and happiness forever.

*Mom, Dad, Sam and Mugsy*



>>> *daniel meyer*

Congratulations Daniel! We are so proud of you. Your solid character and faith in Christ will bring you much success in life. Be strong, confident and follow your heart as you feel the wind and set a bold course. You are a huge blessing to our lives! Mom, Dad, Malia, Sammy, & Andrew



>>> *morgan meyer*

Congratulations! We are so proud of you! Your accomplishments are many, academically and personally. You are the best daughter any parent could imagine and most awesome sister any brother could have. Continue to pursue your goals and happiness and your walk with God! We love you

*Dad, Mom, & brothers*



*alexa and matt probst*

It seems like just yesterday that you were getting on the bus to go to kindergarten. You've grown from a sweet little girl and boy into wonderful young adults and we are so proud of you. We are going to miss watching you in all of your activities, but mostly, we are going to just miss spending time with you. Matthew your sense of humor and sense of responsibility will take you far in life. Alexa, you have an inner strength and determination that will help you achieve great things. Always remember that your family will be there for you! We love you very much!



*jordin robinson* <<

Jordin, we hope your dreams take you to the corners of your smile, to the highest of your hopes, to the window of your opportunities and to the most special places your heart has ever known. Go dazzle the world!

Dad, Mom, Torey and Brenna



*jessica portel* ^



Congratulations Jessica! We are so proud of you. It is hard to believe you are already graduating. It seems like just yesterday you were going to your first day of school you are the best daughter and sister we could have.

Love always,

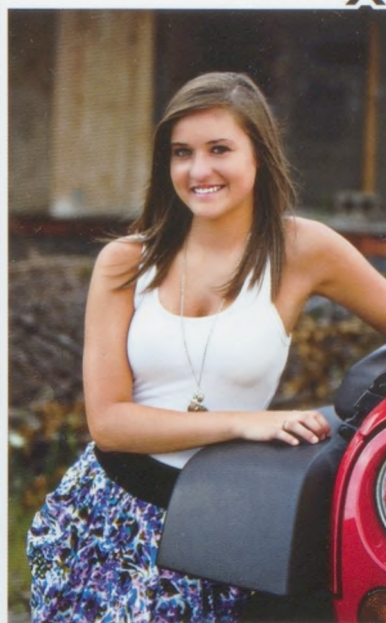
Mom, Dad, Mike, & Ellie



*chris pielak* <<



*rachael ruggieri* ^



Through the years you have accepted every challenge that has come your way and you have exceeded our expectations every time. It is as if you do not realize you have limits which has allowed you to surpass them. You are confident and comfortable with whom you are and you know who you want to become in life. Your curiosity, determination and drive will no doubt open doors for you and enable you to achieve your dreams.

Dad, Mom, Savannah, and Brandon

>> *nicole pirie*

I am so proud of the young lady you have become: from your dedication to academics to kicking the soccer ball to standing strong when life presents its challenges. You are a beautiful person inside and out. Always believe in yourself! During your journey of life, I wish for you much joy, happiness, and success! With All My Love! Mom

Nicole, I couldn't ask for a better sister. Thanks for being you! Collin



>> *cameron pearson*

One of the greatest pleasures in life has been watching you grow and mature into the kind, caring young man you are today. You have given us so much joy throughout the years and we look forward to many more memorable, joyous moments. You have so many wonderful opportunities to look forward to as you start this new phase in your life, so remember to follow your dreams and embrace what life brings you! We love you - Always!

Mom, Dad, Tori, Reggie & Rocky



It's hard to believe this is real-you're graduating! Surely, so many years haven't gone by. With graduation upon us, we can do nothing but reflect on your transition from tiny baby, to adventurous young boy, always living inside his imagination, continually laughing and playing, to what is now before us-a man to be proud of. Hold fast to your imagination. Live your dreams.

Dad, Mom, Nick & Brannon



ryan walton



Ryan, It's hard to believe you are graduating. The years have flown by so fast and as we look back on your childhood, we are so blessed with the memories and are thankful for the joy you have brought to our lives. We are very proud of you! Remember life is what you make of it. Don't be afraid to dream big! You can accomplish anything that you want as long as you work hard and don't give up. Believe in yourself as much as we believe in you!



chelsea waltz

We are so proud of you. Our little girl has grown into a beautiful young lady who is so kind hearted, intelligent and talented. You are everything we hoped you would be. Now go out and make your mark in the world. Remember, your family will always be here to support and love you. You will always be our little princess.



james winterbottom

James, Words cannot express how proud we are of the young man you have become. Your incredible smile and friendly spirit are going to take you far, and we can't wait to see what the future holds for you! With all our love,

Dad, Mom, Robby, Rachel & Winnie



jake swesey

We are very proud of the young man that you have become. You have kept us entertained for 18 years!

We know you will have great success at whatever you do and are looking forward to what your next chapter holds!

Love you.  
-Mom, Dad & Kole



**Wizard of Oz:** "A heart is not judged by how much you love; but by how much you are loved by others."

**Glinda:** "Close your eyes and tap your heels together three times; think to yourself, there's no place like home."

**Dorothy:** "Somewhere, over the rainbow, skies are blue; and the dreams that you dare to dream really do come true."

**Mom and Dad:** "Your yellow-brick road lies ahead of you - just follow your heart and dreams!"

»Melissa wiley



»Merica white

May you always...

- ~believe in yourself
  - ~trust in your faith
  - ~dream big
  - ~follow your heart
  - ~reach for the stars
  - ~begin and end each day with gratefulness
  - ~look for the best in people
  - ~share your gifts and talents with the world
  - ~take interest in others and what they might teach you
  - ~learn something new everyday
  - ~accept challenges as opportunities
  - ~live like there's no tomorrow
- We are so proud of you!  
We love you!



»Spencer Vasey

Congratulation Spencer, To the girl who has always known what she wanted, and always went after it... We are so proud of you. Have fun in the big city. Go Bulldogs! Love you Darling Girl. Mom, Dad and Tucker  
Note: "Bird of the Week: "Redwing Blackbird".



»caitlyn trillet

Doodles!  
Continue smiling always and laughing often for a wonder-filled future lies ahead. Enjoy every moment of your journey - of your life. Realize there are no obstacles, merely challenges which you always rise above. You are a wonder: intelligent, strong, independent, confident and determined. You are also our blessing: beautiful, kind and compassionate. It's time for you to take flight and soar into the world - to unfold the marvels only YOU are capable of achieving, with your bluest of blue eyes twinkling and your war smile making the world a better place.  
-Dad, Mom, Matthew & Oliver





### mikhala stutzman <

You have blessed our lives every day since you were born. It's been a pleasure to watch you become a witty, confident, brilliant, and determined young woman. We admire your strong faith and character, as well as your delightful sense of humor. We thank God for choosing us to be your parents and are grateful to share in your life – past, present, and future! We love you, tweetie!  
Love ya long time!  
Dad, Mom, & Morgan



### elizabeth schiefelbein ^

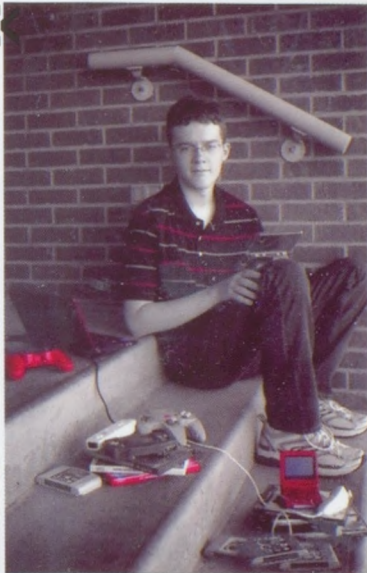


Margaret,  
The day you were born was the start of giggles, laughter, and fun. It has been a joy watching you grow into a beautiful and caring friend, daughter, and sister. Enjoy and take in every moment of college life. It will be unforgettable! The best is yet to come!  
Love You Bug,

Mom, Dad & Olivia

### tommy schwaderer <

Tommy,  
You've grown into such a remarkable young man in what seems like no time. Regularly ask for God's guidance – he will show you the way, even when you don't think he's listening. Show kindness and help people who can't help themselves. Pursue your dreams despite those who say you can't – because you absolutely can! Aim high – you are so brilliant – you have talent and ability to change the world! We're so proud to have you as our son!  
Mom & Dad



### > zach schneider

Zach,  
From the moment we knew we were expecting you ~ you have been our world. We have been so blessed. You have grown into such a great young man and you have made us very proud.  
We love you Z!

Mom & Dad



### monika sehic <

You are a gift to your family and friends. We are very proud of all you have accomplished so far and we firmly believe that your hard work, determination, and persistence will bring you many more moments to be proud of. You are a strong, caring, fun, and compassionate young lady. Always believe in yourself... Follow your dreams. We will always be here for you.

-Mom, Dad, & Edi



### >> amanda soda

Amanda,  
Our sweet precious loving baby girl has grown-up. You have become an AMAZING young woman. Beautiful, caring, strong, smart, tender hearted and spirited. Words cannot express how proud we are of you and all your accomplishments. You bring us so much joy in our lives. We will miss you and wish you the best as you go off and become a UNI Panther. Be true to your heart, keep faith in your life and follow your dreams. Remember how much we love you and are always here to support you in everything you do.  
Love you MORE... Love, Mom & Dad



### kyle skinner <

Congratulations Kyle! We are so incredibly proud of you and the young man you've become. Your sense of humor, compassion, and drive to be your best will serve you well as you begin the next round in your life. "Golf is the closest game to the game we call life. You get bad breaks from the good shots; you get good brakes from the bad shots – but you have to play where the ball lies." – Bobby Jones  
Mom & Dad





## anime club



Elizabeth Hoops, Madeline Adkins, Megan Boggs, Chris Pielak, Taylor O'Bryan, Victoria Rasavanh, Erin Selinger, Clara Sandoval-Cooper, Enya Dougherty, Hikari Duenas, Alex Lange, R2: Conor Fuller, Dylan Ostwald, Jamerris Holder, Nick Celestino, Raven Wells, Jordan Bailey, Malia Meyer, Jacey Elmer, Brayden Conrad, Taylor Kress.

## asian culture club



Joanna Kim, Frankie Chyi, Tina Wu, Ananya Kumar, Victoria Rasavanh, Joy Tan, Mike Shi, Mikhaila Stutzman, Taylor O'Bryan R2: Ben Smith, Bhageerath Mennen, Mary Feng, Emma Smith, Alex Ewing, Matt Beary, Malia Meyer, Madeline Adkins, Victoria Horstman.

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## book club



Victoria Rasavanh, Taylor O'Bryan, Jerin Kreinbring, Taylor Beebe R2: Jane Behrens, Allison Wignall, Cori Leffler, Jacey Elmer.

## archery



Jennifer Meyer, Bonnie Le Page, Ryan Coulson, Emily Moe, Joe Kraber R2: Rachael Meyer, Laura Smalley, Olivia Guns, Courtney Norelius, Aly Vukelich, Sammi Trail, Haley Thiel R3: Coach Dave Beason, Jacob Mentele, Adam Farrell, Jacob Henderson, Andrew Evans.

## best buddies



Teddy Strand, Trinity Zeiger, Heather Kacmarynski, Makayla Mawhinney, Hannah Soyer, Thomas Walling, Calvin Mitchell, Austin Feinberg, Ben De Penning R2: Tim Gerezma, Caitlyn Trillet, Sierra Larson, Morgan Meyer, Jessie Ceraso, Hannah Thayer, Sarah Schleisman, Nikki Kline, Cathleen Dutcher, Katie Regan, Misty Miller, Jennifer Merrill R3: Sarah Lewis, Margaret Standish, Anna Johnson, Tim Gates, D'Sharri Scott, Lisa Van Wiel, Harold Obrecht-Wittick, Jenna Francois, Anna Pierce R4: Brenden Redshaw, Victoria Horstman, Sarah Gail, Andrew Stiles, Travis Krugler, Matt Ruebbelke, Matt Daisy, Casey Holt, Abby Dolan.



## boys' varsity basketball



Eric Bass, Jon Hankins, Nathan Joens, Michael Kinning, Austin Bowen, Josh Pietan R2: Ryan Danielson, Bryon Thomas, Jay Knuth, John Timmons, Luke Jorgensen, Jullian Holder, Clayton Bormann R3: Coach Mike Cameron, Anid Nezirevic, Ryan Larsen, Matt McDermott, Brett Heitkamp, Owen Cooper, Andrew Vander Zwaag, Carr Terpstra, Corey Schaefer, Justin Blackburn.

## boys' jv basketball



Chris Timmerman, Dylan Balmer, Bryon Christensen, Adam Richman, Zach Ramsey, Brock Hoffman, Casey Coughlon R2: Dylan Jones, Grant Smith, Blake Miller, Nick Nelson, Marcus Devens, Dakota Weeter, Will Krone, Krister Anderson R3: Michael Barta, Ryan Siedenburgh, Travis Brenner, Marcus Montgomery, Spencer Moser, Matthew Hanstad, Matt Guyer, Randy Barrick.

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**Bob Rogers Travel**  
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 Brom, Michael  
**Bronzing Experience**

## girls' varsity basketball



Dede Ayers, Kerigan Thompson, Kim Thomas, Ellie Minor, Morgan Coffey R2: Taylor Joens, Dragana Forcan, Sara Reed, Emily Parker, Steph Wilkinson, Shaylinn Crone R3: Abby Schutte, Kailey Kerr, Sammie Hildreth, Alex Hawks, Kristin Riley, Bri Handel, Emily Hanson, Rich Gradoville.

## girls' jv basketball



Erin Yocum, Radha Patel, Brenna Robinson, Stephanie Wilkinson, Joscey Miner, Shaylinn Crone, Kim Hughes R2: Coach Chris Harkin, Champagne Dings, Andrea Renner, Kelsi Larsen, Bernadette Willis, Dede Ayers, Kim Thomas, Coach Eric Shafer.



## boys' bowling



Cody Erickson, Adam Shaver, Jimmy Siebert, Connor Scholl, Drew Uding, Luke Bormann, Joe Bormann R2: Brandon McBride, Chase Fiedler, Jared Verpassalt, Matt Joslin, Sam McGinn, Kyle Skinner, Anthony Denny, Vickie Borich.

## girls' bowling



Amanda Teel, Erin Selinger, Megan Rice, Maddie Pilcher, Geena Pilcher, Ashley Norris R2: Vickie Borich, Olivia Jenkins, Danielle Greg, Connor Woody, Johanna Lemoine, Clara Sandoval.

## chamber choir



Molly Ward, Claire Nagel, Katy Davis, Alyssa Becker, Anna Belknap, Leah Bowman, Rachel Swanson, Amanda Teel, Claire Nichols R2: Erik Anderson, Dane Van Brocklin, Chris Dockum, Tim Gates, Sam Sparland, Matt Zinselmeier, Scott Syroka, Andrew Tubbs, Brenden Redshaw R3: Ben Stensrud, Jacob Hjelmaas, Ryan Smaha, Alex Hjelmaas, Tanner Grill, Nick Miller, Mitch Sparks, Joel Wittman, Matt Beary R4: Cindy Xu, Erika Gebard, Sarah Mayer, Claire Anderson, Julia Henning, Mariah Wellman, Alissa Campbell, Jocelyn Schneider, Kayla Flyckt.

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## varsity cheerleading



Caitlyn Trillet, Lindsey Curiel, Anna Belknap, Amanda Soda, Christina Davis, Kennady Loffredo, Alexa Probst, Jocelyn Schneider, Elissa Wiley R2: Brooke Vidmar, Brandi Jansen, Catherine Erb, Briana Wengert, Chrissy Clark, Casey Holt, Noelle Liljedahl, Kristen Gifford, Taylor Murray R3: Emilie Githens, Carly Crist, Madisen Quick, Monica Lindsey, Lexis Schumaker, Lyndsey Niebuhr, Ally Tack.

## sophomore cheerleading



Makayla Ruchti, Cynthia Tice, Ashley Shay, Sarah Lewis, Reid Lefler, Addie Cooper, Lindsey Clothier R2: Mackenzie Myers, Sarah Gunhus, Katey Brimeyer, Lauren Kimble, Karly Palmer, Marina Klaric, Ashley Norris R3: Katie Giles, Cassidy Farnsworth, Sammy Spartz, Joscey

## debate



Catherine Erb, Jiahui Huang, Hannah Wiles, Breanna Williams, Alex Milosevich R2: Ammar Pasalic, Jake Hunsberger, Cassidy Farnsworth, Erin Yocum.



## mixed choir-sopranos



Amy Bourne, Tessa DeLaria, Emily Barnes, Sarah Hainline, Abigale Abeyta-Martin, Katherine Regan, Michelle Hall R2: Lauren Oldsen, Danielle Greig, Kayla Dings, Alejandra Escoto, Laura Ausenhus, Sierra Larson, Chloe Keeney R3: Kayla Jansen, Ariana McMains, Isabella Engblom, Madison Morris, Samantha Strand, Lydia Krzyzak, Katherine Bischof Gillette.

## color guard



Erica White, Jessica Hansen, Frankie Shi, Lauren Stephens, Mackenzie Ellis, Anne Dieseth R2: Erin Selinger, Taylor Beebe, Claire Nagel, Kaitlyn Aldrich, Cathleen Dutcher.

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## mixed choir-altos



Makayla Mawhinney, Trinity Zeiger, Jenna Axtell, Ashlee Erickson, Ashley Ribordy, Alex Mitosevich, Kenzie DeBolt, Betsy Hourigan R2: Leigha Christenson, Abby Hanson, Nina Flattery, Dorinda Hoddenbagh, Johanna Lemoine, Holly Mestad, Jazmine Alaniz R3: Emily Stoen, Kai Van Zee, Amelia Hammond, Bailey Comegys, Katharine Selberg, D'Sharr Scott, Amila Sadićovic.



## concert band



Enya Dougherty, Morgan Meyer, Elizabeth Mills, Ervin Deumic, Daniel Kim, Ashlie Hodapp, Zhea Zhu, Jacey Elmer, Clara Sandoval, Mella Black, Megan Olson, Lauren Ulm, Victoria Rasavanh R2: Abby Hanson, Kipal Dhugga, Katy Clay, Rosemarie Lawrence, Erin Selinger, Gabe Nawak, Kayla Jansen, Erica White, Meghan Jansen, Michelle Hall, Marissa Hallaway, Jiahui Huang, Jarin Kreinbring, Hailey Kramling, Anne Dieseth R3: Aly Vukelich, Claire Sevenich, Josh Tindall, Connor Yocum, Reed Clabaugh, Emma Dickinson, Jeff Carley, Brian Tegeler, Michael Schwaderer, Joe Dailey, Cole Jewell, Cathleen Dutcher, Katie Kanauss R4: Dane Van Brocklin, John Finn, Matt Gibbons, Sam Maras, Ryan Tigges, Ryan Evans Ian Selinger, Cooper Wilde, Allison Clark, Taylor Beebe, Laura Smalley, Andy Jensen R5: Julia Ratekin, Alex Kaptain, Brandy Pohlman, Adam Rieck, Alex Swaford, Ammar Pasalic, Matthew Probst, Courtney Norelius, Erik Jurgensen, Elizabeth Hobbs, Taylor O'Bryan, Allison Wignall, Kayla Linscheid, Kendra Jensen, Megan Seibert, Erin Conlin, Sarah Thimmesch, Nick Kuehn R6: Tommy Schwaderer, Jake Swesey, A.J. Naanep, Brad Gott, Ian Dunshee, R.J. McGrew, Austin Busch, Trinity Zeiger, Caleb Gibson, Richard Schraeger.

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Anne Dieseth, Reed Iverson, Elissa Wiley, Catherina Ochoa, Manda Clark, Ethan Kumbera, Maddie Kreamer, Nick Holland, Rachel Beierschmitt, Chase Wallace, Emily Mentzer, Molly Thuente R2: Elizabeth Mills, Eric Bridgewater, Chelsea Elming, Amanda Soda, Chris Caracci, Lindsey Curiel, Joey Iregui, Chelsea Waltz, Andy Smith, Emma Henry, Anna Johnson, Kristen Gifford, Brandon Miller, Laura Smalley R3: Allison Wignall, Adam Jaschen, Stephanie Thimmesch, Lucas Wittman, Zach VanderPloeg, Justin Nicolet, Andrew Overton, Nolan Martz, Faisal Alabsi, Emma Gowey, Thomas Winkelman, Jake Hunsberger, Jeff Carley, Kyle Naig R4: Tommy Schwaderer, Richard Schraeger, Jake Swesey, Morgan Riessen, Alayna Spiece, Tayler Murray, Lisa Friesth, Kristine Hauser, Taylor Mithelman, Joy Tan, Aly Vukelich

## enviromental club



Tina Wu, Claire Nagel, Owen Ballard, Tim Gates R2: Kathryn Propstein, Mary Feng, Phoebe Cooper, Janelle Galang, Andy Jensen



## girls' cross country



Johanna Lemoine, Jenny Oester, Amber Clock, Alyssa Eaves, Victoria Horstman, Kelly McGowan, Emily Bisenius, Melinda Busch, Emily Linscheid, Alex Hawks, Kelsey Kruse, Brittany Trow R2: Taylor Mithelman, Lisa Friesth, Andi Holdsworth, Hannah Thayer, Millie Varley, Sammie Hildreth, Laura Schwartz, Ali Perman, Haley Souhrada, Taylor Kilstrom, Katharine Selberg, Sarah Birkett, Abby Dusen R3: Lydia Sinclair, Allie Bierle, Anna Marie Lawrence, Margaret Standish, Ronnoja Ayers, Shelby Costello, Nina Flattery, DeDe Ayers, Monica DeCarlo, Ashley Enger, Nicole Ackerman, Ivy Wu, Kenzie Foldes, Andrea Renner R4: Patrick Hennes, Kylie Krueger, Kelsey Acheson, Amanda Jensen, Bailey Eppard, Maddie Kleve, Kate Fjelstad, Rachel DeCarlo, Madeline Taylor, Madi Buckley, Megan Davis, Matti Kipp, Cassidy McCool, Chris Siewert.

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our loko banned in IA;  
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Chace Wallace, Denzel Juarez, Derek Jacobson, Casey Halder, Jerney Caracci, Adam Johanson, Kyle Natzke, Zach Robinson, Connor Westlake, Connor Mutch, Chris Coble, Nathan Grimes R2: Jacob Jensen, Austin Schenkelberg, Bryce Plew, Andrew Vander Zwaag, Thomas Thatcher, Ryan Decker, Hank Mandsager, Dalton Handel, Dakota Weeter, Andy Bevis, Craig O'Keefe, David Rice, Josh Boesch R3: Jon Houpp, Sam Altier, Alex Hershey, J.J. Worley, L.J. Lipscomb, Drew Jackson, Lincoln Eppard, Luke Thiiges, Daniel Stromgren, Andrew Boge, Jordan Boge R4: Matt Jaschen, Jake Foutch, Mirza Besic, David Miedema, Chris Caracci, Seth Daughetee, Taylor Burkhead, Alex Peterson, Jacob Randall, Connor Ward, Jake Davis, Shane Wiley, Pat Mattingly, Dave Beason.



## fencing club



Dane Berry, Alex Langenberger, Jordan Bailey, Sanjay Koduvallil, Brandon Gabbert. R2: Alex Casten, Jacob Bennett, Bryce Flew, Jamerris Holder, Adam Jaschen.

## film club



Thomas Winkelman, Geneva Mongar, Chris Dockum, Dane Van Brocklin, Collin Ward, Eddie Hepplewhite.

## french club



Kirpal Dhugga, Geneva Mongar, Alisa Pajser, Claire Sevenich, Kristine Hauser, Andy Jensen R2: Allison Crist, Julia Henning, Chris Dockum, Alissa Campbell, Ben Smith.

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Josh Bengston, Garrette Williams, Nathan DePenning, Owen Cooper, James Garlock, Zach Stitz, Justin Long, Spencer Lee, Tommy Morrissey, Alex Kramer, Andy Lovejoy, Blake Davidson, Nick Kuehn R2: Matt Darland, Logan moe, Gunnar Johnson, Nic Pierotti, Brandon McBride, Brian Aldrich, James Winterbottom, Joe Ridenour, Erik Bergstrom, Spencer Hyde, Alex Hjelmaas, Jake Hermanson, Zach Schneider R3: Jacob Knopf, Josh Cronin, Kyle Arnold, Mitch Wilson, Dillon Temple, Eric Bass, Marcus Montgomery, Zach Zinjum, Marcus McKay, Sam Wendell, Nick Holland, Isaac Laffey R4: Zach Boals, Matt Zinselmeier, Micheal Kinning, Richard Schraeger III, Connor Yocum, Nick Newton, Jullian Holder, Andre McKay, Chris Sexton, Deavon Richards, Skylar Wright R5: Carr Terpstra, Cameron Biondi, Adam Shaver, Shane Abbott, Tyler Morrissey, Eric Bridgewater, Tyler McCormick, Zach Waddell, Nate Perkins, Zach Vander Ploeg R6: Earl Williams, Brad Hagerla, Matt McDermott, Jeff Pavelka, Joe Gray, Clayton Bomann, Jacob Hjelmaas, Jessie Ceraso, Emily Stoen, Kayla Dings R7: Brian Lutter, Rod Wiebers, Brent Ksiazek, Brian Woodley, Mike McCuene, Zac Christenson, Mark Tegals, Tony Kruse, Casey Coughlon R8: Matt Chambers, Ben Stensrud, Jacob Jacoby, Derek Flack, Marc Beltrame, Eric Shafer, Brandon Jones, Kofi Manteaw, Robbie Rissman.



## sophomore football



Dylan Jones, Matt Benson, Marcus Devens, Blake Miller, Trevor McCauley, Ryan Evans, Elijah Kragt R2: Will Krone, Fez Bui, Jordan Mann, Craig Jimble, Gage Smith, Dustin Smith, Troy Barnesm Cullen Maahs R3: Will Hyde, Miles Fogelson, Conner Jacobsen, Ethan Huettman, Ryan Evans, Kris Queck, Semir Bahtagic R4: Jose Sandoval- Alvarez, Ben Garlock, Jason Kane, Kyle Timmerman, Noah Lang, Matt Guyer, Spencer Clock R4: Jordan Thede, Nick Nelson, A.J. Burns, Konrad Moore, Jordan Galle, Sam Schade, Jaryd Lawrence, Alex McCune R5: Emily Moe, Marc Beltrame, Tony Kruse, Derek Flack, Brandon Jones, Bonnie Le Page.

## gay-straight alliance history day



Paige Plaskit, Austin Kinsey, Kathryn Propstein R2: Phoebe Cooper, Nick Miller, Tim Gates.



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Kevin Han, Melinda Busch, Adam Jaschen, Joanna Kim, Delanie Couture, Clara Sandvick, Cooper, Megan Martin, Abby Abeyta- Martin R2: Ben Stensrud, Austin Busch, Josh Boesch, Alissa Campbell, Emily McDowell, Kaitlyn Aldrich, Lisa Van Wier, Eddie Hepplewhite, Reed Iverson R3: Joe Busing, Taylor Burkhead, Nick Miller, Emily Parker, Grant McDonald, Haris Kajazovic, Matt Beary.



Emma Dickinson, Sam Altier, Joe Lilly, Michael Schwaderer, Leanna McAllister, Brenden Redshaw, Nick Kuehn, Andrew Tubbs R2: Ian Dunshee, Victoria Rasavanh, Ian Selinger, Ryan Tigges, Ryan Evans, Ryan Evans, Alex Kaptain, Jake Swesey, Daniel Kim R3: Reed Iverson, Mason Waetke, Andrew Schwaderer, Brandy Pohlman, Taylor O'Bryan, Julia Ratekin, Ammar Pasalic, Austin Busch, Amelia Hammond.

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Sam Sparland, Josh Tindall, Alex Hjelmaas, Catherine Erb, Blake Schlavin, RJ McGrew R2: Kyle Naig, Delanie Couture, Duncan Sinclair, Brian Cherrier, Jacob Bennett, Blake Wilson R3: Josh Boesch, Emma Smith, Julia Henning, Ben Parsons, Jacob Hjelmaas, Leah Bowman, Nick Vogel.



Kristine Hayes, Elizabeth Mills, Megan Rice, Paige Collison, Megan Curtis, Amanda Soda R2: Alex Cordes, Lisa Friesth, Monika Sehic, Jordan Adams, Noelle Liljedahl, Ellie Minor, Jessie Sandmann R3: Taylor Burkhead, Chris Dockum, Alex Hjelmaas.



## girls' golf



Jessie Tindall, Courtney Nyberg, Brenna Robinson, Meghan Jansen, Bailey Chamberlin, Kali Van Zee, Jenna Francois, Taylor O'Bryan R2: Bianna Borup, Amanda Chance, Morgan Bridges, Hannah Tetmeyer, Liz Giesselmann, Courtney Norelius, Cory Upton, Abby Nelson, Rachel Walljasper R3: Meredith Lemon, Nicole Mali, Danielle Christian, Tressa Struber, Brittany Borup, Jordin Robinson, Kristen Waite, Margaret Brimeyer, Melinda Busch, Vickilee Thomas, Kayla Flyckt, Jessie Sandmann.

## boys' golf



Bryon Christensen, Chase Kramer, Matt Ruebbelke, Joe Dailey, Adam Gardner, Evan Bergman, Ryan Lowder R2: Ben Dygert, Jared Willson, Eric Welter, Kyle Fiala, Grant Smith, Matt Probst, Konnor Plagge, Andrew Dickelman, Joe Hawks R3: Brett McGinnis, Ethan Kumbera, Kyle Skinner, Alex Wendell, Mitch Sparks, Corey Schaefer, Jimmy Siebert, Collin Bisenius.

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## ncyl



Katy Davis, Leah Bowman, Janelle Galang, Katie Lashier, Chelsea Waltz, Kayla Flyckt, Corrin Larkin, Morgen Roshek, Megan Curtis R2: Jacob Hjelmaas, Josh Tindall, Chris Dockum, Blake Davidson, Alex Hjelmaas, Margaret Brimeyer, Andy Jensen, Victoria Horstman.



## varsity dance



photo credit to Tim McConnell Photography

Brooke Stephens, Allie Crist, Katelyn Lunders R2: Taylor Coakley, Amanda Judas, Stephanie Phillips R3: Carly Crist, Brittany Faley, Amelia Medici, Elin Tegels, Kenzie Foldes R4: Alex Cordes, Laura Smalley, Brianna DeMoss, Spencer Vines, Katie Hermanson.

## jv dance



photo credit to Patty Slitz

Kaitlin Landy, Alejandra Escoto, Katie Sterk, Laura Scieszinski, Taylor Holland, Kayla Merritt R2: Allie Bierle, Millie Varley, Sydney Houston, Kaitlin Stitz, Liz Giesselmann, Kara Ganzer, Jenna Tayloe.

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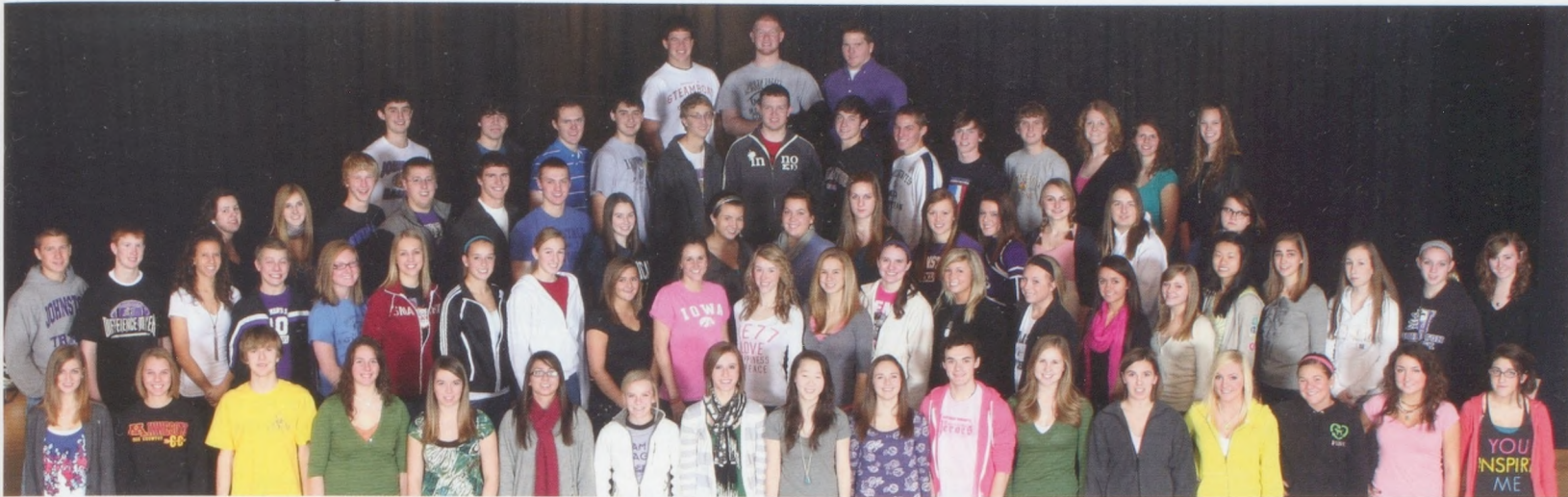
Alexa Anderson, Isabella Ingblom, Kristine Hayes, Kelsey Kruse, Evan Culbert, Kelly McGowan, Rachael Meyer R2: Wes Monroe, Ian Dunshee, Mike Shi, Ethan Meng, Zach Winjum, Spencer Vasey, Michael Knoedel, Lauren Coffey.

## mock trial



Olivia Guns, Jeff Carley, Sarah Lewis, Courtney Norelius, Molly Ward, Cindy Xu, Elizabeth Mills, Ananya Kumar, Hannah Wiles, Jiahui Huang, Breanna Williams, Zea Zhu, Kayla Flyckt, Joy Tan, Shianne Thomas, Fatiha Iqbal, Andrew Tubbs R2: Carly Crist, Alexa Anderson, Ashley Shay, Helen Lagerblade, Julia North, Mikhala Stutzman, Megan Martin, Kaitlyn Aldrich, Manda Clark, Sydney Rissler, Julia Henning, Dane Van Brocklin, Leah Bowman, Eric Welter, Mike Shi, Anna Pierce R3: Kayla Jansen, Spencer Vasey, Taylor Mithelman, Erika Gebard, Jacob Hjelmaas, Chris Dockum, Alex Hjelmaas, Hank Mandsager, Grant McDonald, Nick Holland, Matt Beary.





Rachael Meyer, Emily Bisenius, Matt Beary, Jacey Elmer, Katelyn Parsons, Janelle Galang, Lauren Goodale, Allie Crist, Cindy Xu, Elizabeth Mills, Owen Ballard, Julia Henning, Brittany Faley, Kenzie Berger, Alyssa Czapia, Mikhala Stutzman, Kelly McGowan R2: Drew Jackson, Alex Kramer, Spencer Vasey, Evan Culbert, Gaby Brass, Leah Bowman, Alex Hawks, Hailey Bridgewater, Paige Collison, Chelsea Waltz, Kayla Flyckt, Alyssa Eaves, Corrin Larkin, Morgen Roshek, Megan Curtis, Julia North, Elissa Wiley, Mary Feng, Alayna Spiece, Ashlee Hulbert, Morgan Meyer, Haley Beaver R3: Emily Parker, Sarah Cleveland, Dirk Opland, Reed Clabaugh, Connor Yocum, Eric Welter, Molly Ward, Monika Sehic, Margaret Brimeyer, Alyssa Campbell, Kristen Gifford, Lyndsey Niebehr, Emma Smith, Brittany Borup, Geneva Mongar R4: Jacob Hjelmaas, Josh Tindall, Chris Dockum, Alex Hjelmaas, Collin Schares, Mitch Sparks, Corey Schaefer, Ryan Larsen, Andy Jensen, Kyle Naig, Jordyn Robinson, Kaitlyn Aldrich, Victoria Horstman R5: Eric Bridgewater, Nick Pierotti, Blake Davidson.

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#### play



Trinity Zeiger, Hannah Soyer, Andrew Tubbs, Hannah Wiles, Joanna Kim, Katie Regan, Ashley Ribordy, Kristine Hauser, Sarah Hainline R2: Heath Danneri, Elin Tegels, Rachel Minter, Ariana McMains, James McDermott, Jamerris Holder, Trevor Fisch, Kayla Dings R3: Marc Brault, Olivia Guns, Raven Wells, D.J. Lott, Paul Miller, Andrew Overton, Delany Idleman, Anna Hathaway, Nick Celestino.

#### photo club



Paige Plaskitt, Tina Wu, Kristine Hayes, Ben Smith R2: Emily Welch, Delany Idleman, Mary Feng, Raven Wells, Izzy Passalacqua.





Courtney Morello, Emma Gowey, Chelsea Waltz, Katie Lashier, Jocelyn Schneider, Jimmy Siebert R2: Kerrigan Crofts, Carly Crist, Victoria Rissler, Mitch Sparks, Ryan Larsen, Matt Beary.



Rachel Wanniger, Bailey Wilmes, Katie Lashier, Lexie Willie, Jordan Colvin, Paige Elming R2: Ellie Wallace, Spencer Vasey, Adela Hodzic, Emily Scott, Chelsea Waltz, Maren Monson, Kerigan Thompson, Kenzie Erwine R3: Terra Boston, Allyson Veatch, Megan Faley, Victoria Horstman, Nicole Pirie, Kara Anderson, Megan Randolph, Rachel Janousek.



Mickey Seiler, Sarah Donahue, Makenzie Johnson, Shannon Beierschmitt, Katrina Fey, Susan Manning R2: Rachel DeCarlo, Alexa Anderson, Sanna Rasmussen, Madi Buckley, Lauren Kimble, Sarah Gunhus, Lindsey Clothier, Julia Ratekin, Hannah Thayer R3: Kate Fjelstad, Hannah White, Kelly Ridenour, Maddie Vestal, Anna Twickler, Alison Perman, Kelsi Larsen, Brooklyn Mazza.

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boys' varsity soccer



Josh Dicken, Cody Jacobson, Krister Anderson, Andy Smith, Logan Dean, Lucas Wittman, Pete Lashier R2: Sam Graving, Spencer Clock, Matthew Hanstand, Jacob Nelson, Jon Hankins, Eric Bass, Tyler Neumann, Ryan Harlow, Nick Payne R3: coach Dustin Mead, Dirk Opland, Hunter LaFollette, Scott Wanninger, Ryan Larsen, Dalton Leslie, Austin Kinsey, coach Heath Weeks.

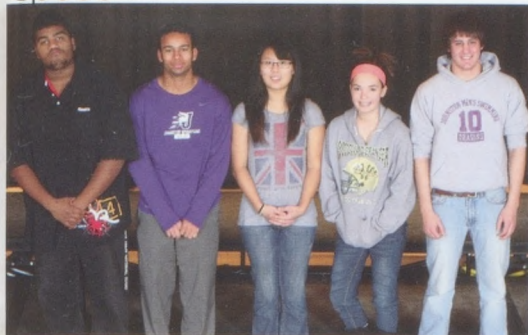
boys' jv soccer



Andrew Schwaderer, Connor O'Brien, Miquel Reyes, Hayden Woods, Ethan GeGroot, Cameron Brose, AJ Keech, Casey Halder, Tyler Koonce R2: Faisal Alabsi, Dakota Weeter, Ben Dygert, Josh Tindall, Connor Yocum, Dalton Handel, Myles Anderson, Spencer Moser, Tyler Smaha, Reed Siems, Tom Nieland, Ryan Evans R3: Seth Daughthete, Mirza Besic, Jordan Thede, Andrew Schultz, Sam Perrington, Eric Rasmussen, Kyle Gansmer, Ryan Seeninburg, Zach Wray R4: coach Russ Fortune, Tyler Britton, Colin Urgharta, Anid Nezirevic, Ricky Rugabisha, Semir Bahtagic, Michael Schwaderer, Andrew Evans, Dylan Johnson, Ryan Tiller, Michael Murdock, Toato Kpor.

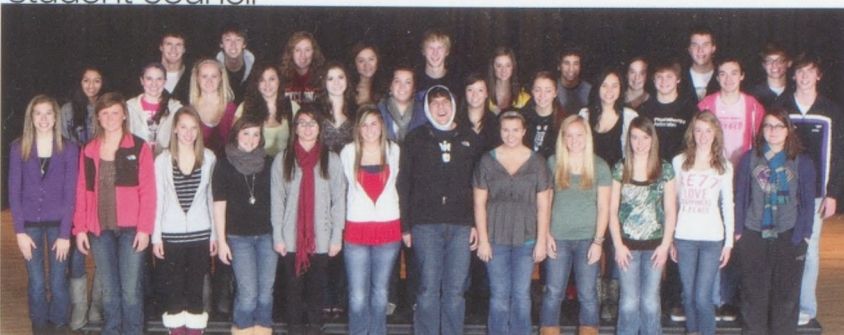


## speech



Jamerris Holder, James McDermott, Joanna Kim, Alex Milosevich, Conner McCool.

## student council



Carly Crist, Joscey Miner, Katie Marckmann, Katie Hermanson, Janelle Galang, Kerrigan Crofts, Scott Syroka, Monika Sehic, Katie Lashier, Katelyn Parsons, Kayla Flyckt, Geneva Mongar R2: Radha Patel, Corrin Larkin, Brandi Jansen, Kayla Dings, Emma Henry, Margaret Brimeyer, Cathleen Dutcher, Kensie Noble, Kathryn Propstein, Austin Kinsey, Owen Ballard, Andy Jensen R3: Connor Yocum, Cal Gruening, Stephanie Wilkinson, Mimi Nguyen, Dirk Opland, Lisa Friesth, Faisal Alabsi, Hannah Thayer, Charlie Hagget, Jordan Adams.

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## spanish club



Courtney Norelius, Sarah Lewis, Anna Johnson R2: Abby Dolan, Allison Clark, Nina Flattery, D'Sharri Scott.



## girls' swimming



Dani Davis, Dahlia Gordon, Janelle Galang, Brittany Borup R2: Katie Vryhof, Emma Billerbeck, Cecilia Shutt, Sara Beeler, Martha Carroll, Emily Rothfuss, Paige Dixon, Rae Gathenole, Caylee Shank, Molly Thuente, Maren Monson, Lauren Stenger R3: Samira Varma, Lydia Krzyzak, Mallorie Goodale, Sarah Margolin, Amre Gaskins, Tina Wu, Cheyenne Church, Emily Barnes, Nicole Davis, Emma Meyer R4: Abby Aller, Claire Timmerman, Emily Moore, Katie Maxcy, Megan Bradley, Emily Merritt, Joscey Miner, Malia Meyer, Nicole Greenwood, Megan Martin, Carmen Vajrt R5: Katherine Crowley, Kayla Cacy, Erin Selinger, Jensen Means, Phoebe Cooper, Ari Dalamaggas, Mariah Wellman, Emily Lammers, Victoria Trost, Morgan Stanley, Sydney Monahan.

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## boys' tennis



Corbin Buttrey, Vaibhav Srikan, Sam Wendell, Mason Lee, Justin Atterberg, Brandon Korkow, RJ McGrew, Charlie Goodwin, Kevin Wu, Mitch Langos. R2: Taner Burns, Jonny Katz, Andrew McKeighan, Nick Kuehn, Jacob Bennett, Will Rose, Daniel Kim, Joe Duan. R3: Chase Fiedler, Richard Wang, Collin Schares, Duncan Sinclair, Tommy Schwaderer, Vinson Lo, Ahmed Shahayar R4: AJ Naanep, Mitch Sparks, Connor Scholl, Charlie Haggett, Thomas Thatcher, Michael Knoedel, Reed Clabaugh, Blaine Schlawin.

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## jv girls' tennis



Emily McDowell, Claire Westemeyer, Amber Hodapp, Sindhu Guatalupe, Sarah Gail, Krista Gerhke, Fatiha Iqbal, Sarah Margolin, Megan Bradley.



## boys' track



Erik Bergstrom, Logan Moe, Lj Lipscomb, Drew Jackson, Carr Terpstra, Owen Cooper, Justin Long, Gunnar Johnson, Brandon McBride, Garret Kanwischer, Joe Lilly, Chris Coble R2: Andre McKay, Justin Becvar, Skylar Wright, Nick Barney, Matt Darland, Jimmy Seibert, Alex Wagner, TJ Schultz, Jacob Hjelmaas, Daniel Meyer, Jacob Foutch R3: Taylor Burkhead, Adam Shaver, Alex Hershey, JJ Worley, Zach Boals, Isaac Tuon, Chris Sexton, Marcus McKay, Cullen Maas, Jaryd Lawrence, Matt Benson, Sam Altier R4: Tyler Morrissey, Shane Abbott, Tyler McCormick, Josh Cronin, Shane Chafa, Connor Yocum, Brandon Thrane, Ryan Tigges, Jake Davis, Josh Ried, Dustin Smith R5: Hezekiah Smith, Andrew Haler, Miles Fogelson, Bryce Plew, Andrew Bevis, Logan Towers, Will Hyde, Troy Barnes, Kyle Timmerman, Elijah Kragt, Ben Garlock, Jason Kane R6: Cole Jewell, Josh Boeschen, Andrew Boge, Bryon Christensen, Jordan Kleinschmidt, Mitch Boals, Adam Bognar, Connor White, Matthew Larson, Camden Van Brocklin, Andrew Mills, Kyler Coburn R7: Shane Wiley, Connor Westlake, Jake Emblem, Andrew Cubit, Jacob Tinker, Brandon Sexton, Spenser Nelson, Luke McDermott, Eric Rhodes, Chris Kline, Daniel Stromgren, Tate Williams R8: Sammy Meyer, Jacob Jansen, Travis Sorci, Derek Van Blarcom, Travis Theisen, Tyler Bradford, Travis James, Nathan Grimes, Connor Mutch, Chad Connelly, Ethan Moran, David Rice R9: coach Matt Jaschen, coach Randy Barrick, coach Patrick Mattingly, coach Patrick Honkomp, coach Michael Dana, coach Brian Woodley.

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Brice Tegeler, Matt Gibbons, Joey Iregui, Wesley Belknap, Justin Nicolet, Adam Jaschen, Catherina Ochoa, Taylor Von Rentzell R2: Sam Sparland, Jessie Sandmann, Carlee Sabus, Chase Fiedler, Austin Busch, Mirza Besic, Ben Parsons, Vickilee Thomas.

## varsity/jv volleyball



Jenna Heil, Brianna Nelson, Jessica Mozga, Kerrigan Crofts, Morgen Roshek, Kayla Baird, Morgan Jungman, Claire Westemeyer R2: Brooke Tait, Taylor Joens, Sam Phillips, Taylor Anderson, Ashley Gray R3: Rick Brooks, Kenzie Noble, Abbey Wilmes, Ellie Minor, Emily McDowell, Elizabeth Schiefelbein, Nicole Gibbons, Kristin Howe, Corrin Larkin, Lacey Fulton.



## sophomore volleyball



Bailey Wilmes, Stephanie Stone, Emma Monthei, Julie Schultz, Kayla Sullivan R2: Alaina Despenas, Allyson Veatch, Sanna Rasmussen, Meghan Osterhout, Laura Ausenhuis, Paige Boyer, Rachel Anderson R3: Amanada Lynch, Spencer Vines, Isabella Engblom, Karsen Kramer, Sam Strand, Elle Scott, Simmone Doswell, Alyssa Swan.

## womens' choir



Reid Lefler, Jerin Kreinbring, Lauren Stephens, Joscey Miner, Taylor Beebe, Brandy Pohlman R2: Megan Seibert, Katelyn Lunders, Vivian Wu, Julia Ratekin, Emily Scott, Melia Black, Megan Martin, Rachel Minter, Katie Marckmann R3: Margaret Standish, Ashley Shay, Liz Giesselmann, Courtney Norelius, Clara Sandoval, Macenzie Johnson, Katie Giles, Sarah Lewis, Maddee Campbell R4: Bonnie Le Page, Paige Cramer, Mimi Nguyen, Sanna Rasmussen, Karsen Kramer, Olivia Guns, Hailey Kromminga, Emma Dickinson, Stephanie Phillips, Erin Andeweg, Victoria Trost.

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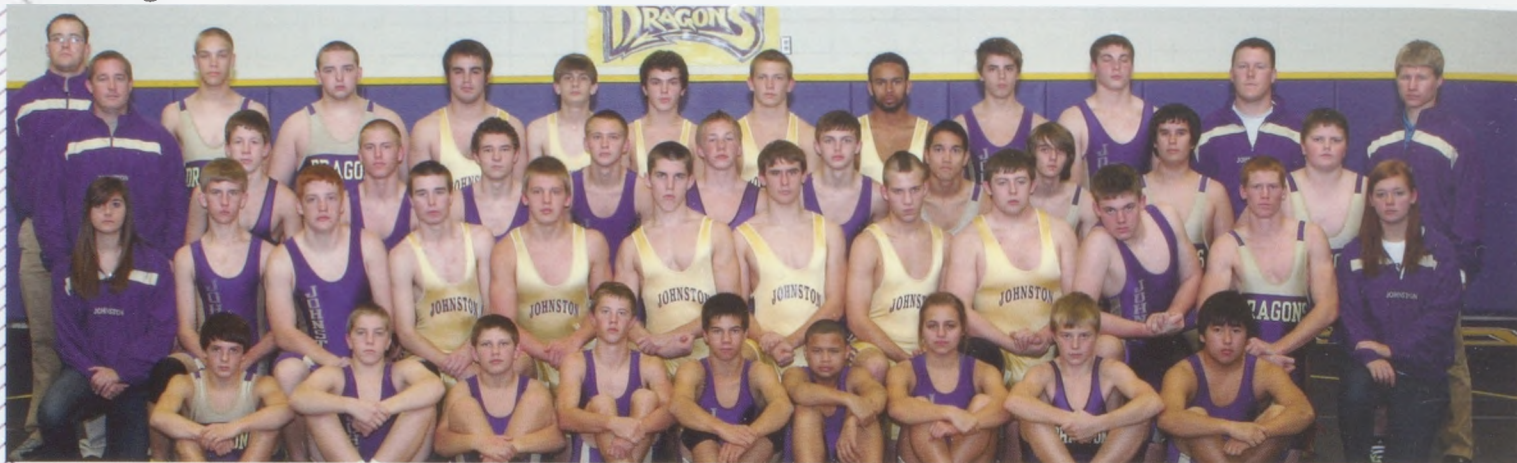
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Amelia Hammond, Kevin Han, Same Altier, Frankie Chi, Cory Upton, Catheline Erb, Elaine Kramme, Vivian Wu, Lauren Stephens, Stephanie Thimmesch R2: Margaret Brimeyer, Emily Lindscheid, Katie Giles, Cindy Xu, Kaitlyn Aldrich, Catherina Ochoa, Brandon Miller, Jenna Francois, Joanna Kim, Sarah Mayer, Katy Davis, Kayla Flyckt R3: Tim Gates, Anna Belknap, Alyssa Becker, Matt Guleen, Leanna McAllister, Brenden Redshaw, Alex Hjelmaas, Gaby Brass, Blaine Schlawin, Leah Bowman R4: Claire Nagel, Jacob Bennett, Delanie Couture, Duncan Sinclair, Bryan Cherrier, Anthony Frei, Jacob Hjelmaas, Andrew Schwaderer, Emma Smith, Julia Henning, Josh Boeschen R5: Blake Wilson, Nate Perkins, Owen Ballard, Chris Dockum, Blake Schlawin, Mason Waetke, Michael Murdock, Nick Vogel, Kyle Naig, Tim Gerezma, Reed Iverson, Adam Jaschen, Sam Sparland.





R1: Colton Milosevich, Logan Walkup, Haggen Meyer, AJ Keech, Brendan Woods, Emmett Butts, Margaret Standish, Johnny Walsh, Rory Coniconde R2: Bailey Comegys, Dakota Jackson, Conner Jacobsen, Bryan Johnson, Shastin Ross, Austin Schenkelberg, Issac Laffey, Joe Buckley, Joe Scanlan, Blake Wilson, Spencer Clock, manager Katy Clay R3: Coach Steve Price, Zach Robinson, Sam Shade, Noah Lang, Jacob Randall, Casey Halder, Andrew Mills, Brock Goux, Alex Hodge, Philip Hauser, Monte Friestad, Jesse Lyons R4: Coach Aaron Tecklenberg, Nate Eggleston, Jake Scanlan, Justin Becvar, Matt Gibbons, Will LeGrand, Nick Newton, James McDermott, Alex Kaptain, Brandon Sexton, Coach Tom Griffin.

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## **American Family Insurance**

5500 Merle Hay Rd, Suite C  
Johnston, IA 50131  
(515) 255-9300

## **Apex Athletics**

5750 NW Beaver Dr #3  
Johnston, IA 50131  
(515) 276-9137

## **Bandit Burrito**

5430 Merle Hay Rd  
Johnston, IA 50131  
(515) 657-3665

## **Bank Iowa**

5525 Merle Hay Rd, Suite 195  
Johnston, IA 50131  
(515) 727-4484

## **Barnum Floors**

9460 Swanson Blvd  
Des Moines, IA 50325  
(515) 270-2211

## **Bob Brown**

4224 Merle Hay Rd  
Des Moines, IA 50310  
(515) 278-7800

## **Bob Rogers Travel**

439 Marshall Street  
Dexter, IA 50070  
(515) 789-4033

## **Bronzing Experience**

5460 Merle Hay Rd, Suite E  
Johnston, IA 50131  
(515) 276-1340

## **Cabaret West Glen**

5525 Mills Civic Parkway #120  
West Des Moines, IA 50266  
(515) 223-7885

## **China Café**

5969 Merle Hay Rd  
Johnston, IA 50131  
(515) 276-6688

## **City of Johnston**

6221 Merle Hay Rd, P.O. Box 410  
Johnston, IA 50131  
(515) 727-7781

## **Climb Iowa**

3605 SE Miehe Dr.  
Grimes, IA 50111  
(515) 986-2505

## **Coach's Pizza**

560 Prairie View Drive  
West Des Moines, IA 50266  
(515) 223-2233

## **Coleman/Quiner Ltd.**

5460 Merle Hay Rd, #J  
Johnston, IA 50131  
(515) 331-3663

## **Coldwell Banker:**

**Danielle Manus**  
1922 SW 18th Street  
Ankeny, IA 50023  
(515) 208-4220

## **Community State Bank**

6175 Merle Hay Rd. P.O. Box 308  
Johnston, IA 50131  
(515) 252-1117

## **CTI Administrators**

6052 Greywood Circle  
Johnston, IA 50131  
(515) 252-0899

## **Dance Vision**

P.O. Box 679  
Johnston, IA 50131  
(515) 270-8299

## **Des Moines Creations**

7611 Douglas Ave, Suite 27  
Urbandale, IA 50322  
(515) 727-4815

## **Dewey Dodge Jeep**

3175 SE Delaware Ave  
Ankeny, IA 50021  
(515) 289-8700

## **Dewey Ford**

3055 SE Delaware Ave  
Ankeny, IA 50021  
(515) 289-4949

## **Drs. Langwith, Hull & Roush**

6105 NW 86th Street  
Johnston, IA 50131  
(515) 253-0911

## **Doors of Distinction**

5781 NW 92nd Ct  
Johnston, IA 50131  
(515) 277-5993

## **Duplication Media**

8126 Douglas Ave  
Urbandale, IA 50322  
(515) 334-3877

## **El Rodeo**

7420 Douglas Ave  
Urbandale, IA  
(515) 251-7647

## **Encore Pizza**

5775 Merle Hay Rd  
Johnston, IA 50131  
(515) 276-1625

## **Family Legacy Counseling**

5415 NW 88th St, Suite 100  
Johnston, IA 50131  
(515) 727-1338

## **Famous Dave's-Merle Hay**

4351 Merle Hay Rd  
Des Moines, IA 50310  
(515) 331-3300

## **Fareway**

8450 Meredith Drive  
Urbandale, IA 50322  
(515) 270-1325

## **Farrell's Extreme**

**Bodyshaping**  
5800 Merle Hay Rd  
Johnston, IA 50131  
(515) 251-4199

## **Fitness Sports**

7230 University Ave  
Windsor Heights, IA 50324  
(515) 277-4785

## **Four Corners Feed, Inc.**

5919 NW 62nd Ave  
Johnston, IA 50131  
(515) 276-0791

## **Frameworks**

5800 Merle Hay Rd P.O. Box 858  
Johnston, IA 50131  
(515) 270-9142

## **State Farm Insurance:**

**Glenn Waterhouse**  
5501 NW 86th St, Suite 700  
Johnston, IA 50131  
(515) 223-5566

## **Herff Jones**

1112 Main Street  
Adel, IA 50003  
(515) 993-3809

## **Hummel's Nissan**

4770 Merle Hay Rd  
Johnston, IA 50131  
(515) 253-0719

## **Ide Concrete Homes LLC**

P.O. Box 268  
Johnston, IA 50131  
(515) 771-5439

## **Imaging Technologies**

3950 NW Urbandale Dr  
Urbandale, IA 50322  
(515) 251-1662

## **Inspiring Dance**

3000 SE Grimes Blvd, Suite 300  
Grimes, IA 50111  
(515) 986-0007

## **Iowa Chinese Language School**

P.O. Box 648  
Johnston, IA 50131  
(515) 334-6912

## **Johnston ACE Hardware**

5800 Merle Hay Rd  
Johnston, IA 50131  
(515) 276-2854

## **Johnston Bait & Tackle**

6148 Merle Hay Rd  
Johnston, IA 50131  
(515) 254-1976

## **Johnston Barber Shop**

6180 Merle Hay Rd  
Johnston, IA 50131  
(515) 276-9884

## **Johnston Dry Cleaners**

5765 Merle Hay Rd  
Johnston, IA 50131  
(515) 278-3486



**Johnston HyVee**

5750 Merle Hay Road Box 9  
Johnston, IA 50131  
(515) 270-9045

**Johnston Physical Therapy**

5627 NW 86th St, Suite 200  
Johnston, IA 50131  
(515) 270-0303

**Johnston Public Library**

6700 Merle Hay Rd  
Johnston, IA 50131  
(515) 278-5233

**Johnston Tailors**

5765 Merle Hay Rd  
Johnston, IA 50131  
(515) 278-0998

**Johnston Volleyball Club**

6217 NW 95th Street  
Johnston, IA 50131  
(641) 990-3797

**Kaldenberg's PBS Landscaping**

5555 NW Beaver Dr  
Johnston, IA 50131  
(515) 278-1118

**Kness Signs**

3100 86th Street #A  
Urbandale, IA 50322  
(515) 253-0012

**Laser Resources**

4265 NW 109th St  
Urbandale, IA 50322  
(515) 278-4050 ext. 212

**Lights & More Showroom**

3334 100th St  
Urbandale, IA 50322  
(515) 251-8307

**M & M Sales Company**

4201 NW Urbandale Dr  
Urbandale, IA 50322  
(515) 251-1162

**Mark's Dancewear**

6212 Merle Hay Rd  
Johnston, IA 50131  
(515) 270-0744

**Max Life Chiropractic**

8671 Northpark Ct  
Johnston, IA 50131-2888  
(515) 278-2782

**Miller Nursery**

5155 NW 57th Ave  
Johnston, IA 50131  
(515) 276-7505

**MPS Iowa**

4201 NW Urbandale Dr  
Urbandale, IA 50322  
(515) 251-1181

**Nutrition 1**

7104 NW 95th Ct  
Johnston, IA 50131  
(515) 986-9851

**Oakmoor Racquetball & Health Center**

4731 Merle Hay Rd  
Des Moines, IA 50322  
(515) 270-2222

**Orlando's Auto LLC**

5245 NW Beaver Dr  
Johnston, IA 50131  
(515) 331-1922

**Pagliai's Pizza**

5312 Merle Hay Rd  
Johnston, IA 50131  
(515) 253-9800

**Paplow Roofing**

7373 133rd Ave  
Indianola, IA 50125  
(515) 979-4143

**Paplow Seamless Gutters, Siding and Windows**

7373 133rd Ave  
Indianola, IA 50125  
(515) 979-4143

**Perennial Gardens**

1633 NW 84th Ave  
Ankeny, IA 50023  
(515) 964-7702

**Pink Hippo**

11121 Plum Dr  
Urbandale, IA 50322  
(515) 276-4322

**Pioneer, A DuPont Business**

7200 NW 62nd Ave  
Johnston, IA 50131  
(515) 270-3200

**Platinum 3 Studio:**

**Dianne Kemp**  
2501 128th St  
Urbandale, IA 50323  
(515) 278-1543

**Plaza Lanes**

2701 Douglas Ave  
Des Moines, IA 50310  
(515) 255-1111

**Portraits by Deena & Co.**

6040 Nottingham Dr  
Johnston, IA 50131  
(515) 276-8178

**Prairie Engineering, Inc.**

5008 NW 57th Ave  
Johnston, IA 50131  
(515) 270-1019

**Professional Image Hair Designs**

2799 100th Street  
Urbandale, IA 50322  
(515) 270-6600

**Quality Service Corp.**

2326 NE Broadway  
Des Moines, IA 50317  
(515) 265-7266

**Quick Supply Company**

6620 NW Toni Drive  
Des Moines, IA 50313  
(515) 289-1271

**R Jones Bodypros**

4416 Merle Hay Rd  
Des Moines, IA 50310  
(515) 278-4170

**Rick's Towing**

P.O. Box 7504  
Des Moines, IA 50323  
(515) 276-1848

**RSS, LLC**

4734 92nd Ct  
Urbandale, IA 50322  
(515) 707-2480

**Salon Tec**

1234 Grand Ave  
West Des Moines, IA 50265  
(515) 222-0200

**Sandberg Chiropractic & Health Associates**

5460 Merle Hay Rd #G1  
Johnston, IA 50131  
(515) 276-5135

**Schaffers Impromptu**

5465 Mills Civic Parkway  
West Des Moines, IA 50266  
(515) 288-0356

**Snap Fitness**

5525 Merle Hay Rd, Suite 175  
Johnston, IA 50131  
(515) 276-5700

**Soleil Tan Spa**

8805 Chambers Blvd, Suite 700  
Johnston, IA 50131  
(515) 276-8267

**Syropa & Associates, Inc.**

8112 Durham Circle  
Johnston, IA 50131  
(515) 252-1455

**Texas Roadhouse**

8744 Northpark Dr  
Johnston, IA 50131  
(515) 251-4597

**The Learning Post**

2761 100th Street  
Urbandale, IA 50322  
(515) 331-8008

**The Livewell Clinic:**

**Dr. Tammy Watkins**  
2555 Berkshire Pkwy, Suite F  
Clive, IA 50325  
(515) 287-6332

**The UPS Store**

8805 Chambers Blvd, Suite 320  
Johnston, IA 50131  
(515) 334-0753

**Tips & Toes Salon**

4634 86th Street  
Urbandale, IA 50322  
(515) 270-8045

**Top Nails**

11111 Plum Dr  
Urbandale, IA 50322  
(515) 334-0838

**Trophy's Sports Bar & Grill**

2701 Douglas Ave  
Des Moines, IA 50310  
(515) 255-1111

**Trostel's Greenbriar**

5810 Merle Hay Rd  
Johnston, IA 50131  
(515) 253-0124

**Truly Nails**

8460 Birchwood Ct, Suite 400  
Johnston, IA 50131  
(515) 276-9872

**Two Rivers Bank & Trust**

4500 Merle Hay Rd  
Johnston, IA 50131  
(515) 331-3304

**University Photo**

7827 University Blvd  
Clive, Iowa 50325  
(515) 223-5462

**VanDee's Ice Cream Shoppe**

5915 Merle Hay Rd  
Johnston, IA 50131  
(515) 276-1040

**Village Inn**

8510 Birchwood Court  
Johnston, IA 50131  
(515) 727-6443

**Wellspring Parable**

10465 Hickman Rd  
Des Moines, IA 50322  
(515) 210-2315

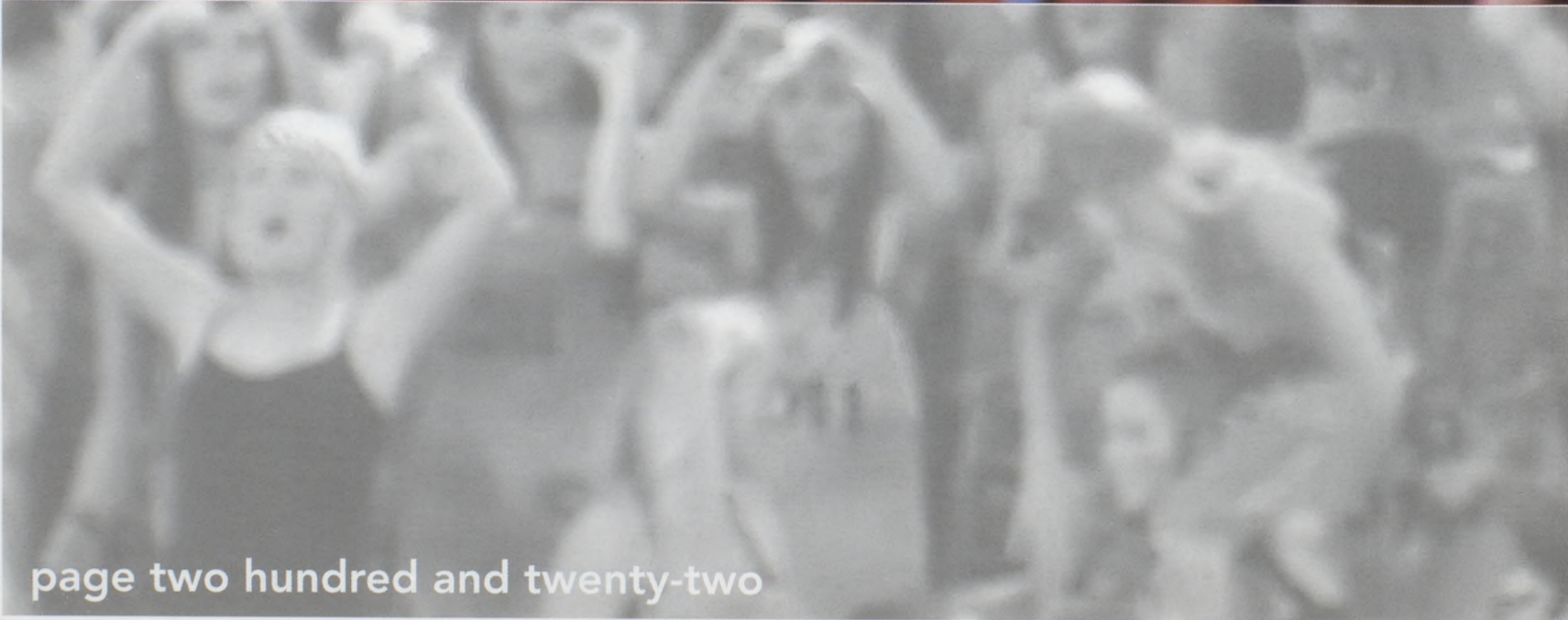
**Wolfe Machinery Co.**

P.O. Box 497  
Johnston, IA 50131-0497  
(515) 270-2766

**WorkSource, Inc.**

1231 8th St, Suite 216  
West Des Moines, IA 50265  
(515) 225-4355









HELLO

GOODBYE

**0 days. another year comes to a close.**

it's always the end of events that we anticipate. the state finals. the final exam. class day and commencement. we look forward to these final moments and can't wait for them to happen. why? with the end of any experience, you have hundreds waiting for you. college. internships. backpacking and traveling. marriage and family life. at the end of it all, it's these moments that create the essence of your life. it's filled with hundreds of hellos and hundreds of goodbyes, each running into one another making an impression. so goodbye, dragons, there's another hello waiting for you.

photo molly ward | words monika sehic

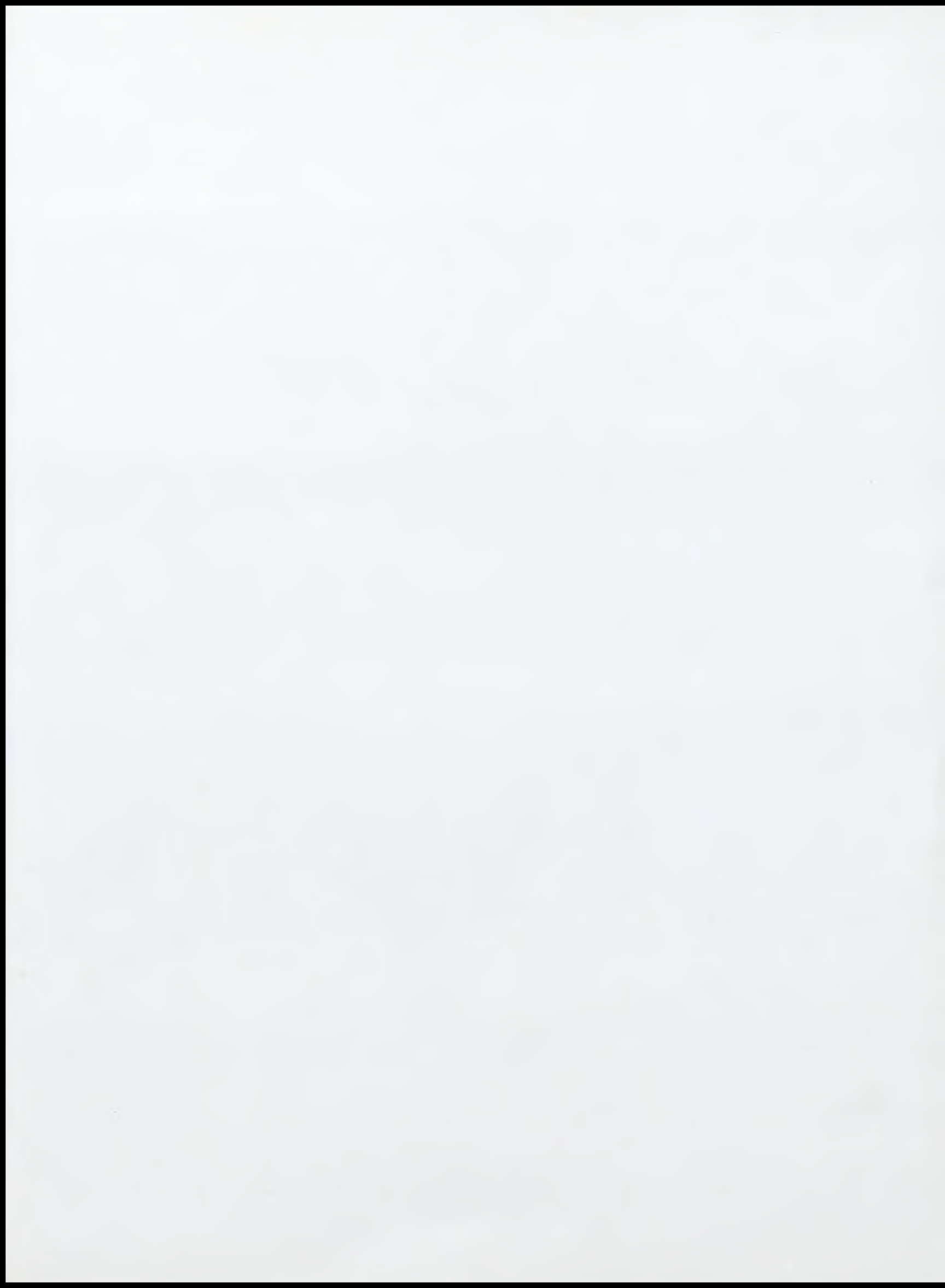


# GOODBYE PRINCIPAL GOODBYE BRUCE HUKKEE



Principal Hukee retired after 13 years of leadership and commitment to the district. For his first 8 or 10 years, he was ALWAYS here when I arrived and ALWAYS here when I left, no matter how late it was. I'm glad to see that he occasionally goes home now – family IS important, too! -**Sue Cline**







# AWARDS & RECOGNITION

## National

**2010 Best of Show  
All-American Rating**

Excellent

**Lisa Friesth  
Paige Plaskitt**

Honorable Mention

**Monika Sehic  
Faisal Alabsi  
Meredith Batz  
Paige Plaskitt  
Morgan Riessen**

## State

First

**Faisal Alabsi-Sports Writing  
Alex Peichl-Academics Writing  
Paige Plaskitt-Feature Writing  
Monika Sehic-Advertising Design  
Monika Sehic-Closing Spread  
Monika Sehic-Environmental Portrait  
Monika Sehic-People Design  
Monika Sehic-Typography**

Second

**Jesse Sandman-Academics Photo  
Monika Sehic-Sports Action Photo**

Third

**Kailey Kerr-Sports Writing  
Ellie Minor-Organizations Writing  
Monika Sehic-Academics Design  
Monika Sehic-Feature Presentation  
Monika Sehic-Infographic  
Monika Sehic-Organizations Design  
Monika Sehic-Sports Design  
Monika Sehic-Student Life Design  
Monika Sehic-Theme Concept**

# COLOP

Hello, ciao, hola, bonjour, howdy, aloha however you say hello, we say hello to a new year and a new book from the wonderful Dragon staff. Hello to the color that lies in these pages. This is the 64th edition of *The Dragon* that is bringing a splash of color to yearbook history. This is the first color book in the history of Johnston High School yearbooks & the existence of *The Dragon*. *Woah*. The book cost the small price of \$52 or with a shimmery nameplate for \$57. You may notice – or don't care – that the price has increased but we believe it is worth it so we can have color. Don't worry, our funds for the color didn't all come from your pockets – this year we raised \$9,095 in ad sales from local businesses that help support the book.

The concept of this book was a major collaborative effort of our staff the previous semester, meaning it was required to think of ideas as part of our final grade. Many great ideas stuck and were discussed through out the summer and the winner was chosen by Monika, Morgan, and Lisa, tada! Monika, Faisal, Jordin, and Meredith knew they wanted this book to be in full color since the previous year. When processing themes, we wanted something fitting and decided on saying Hello to color and Goodbye to black and white, so Hello Goodbye surfaced as an obvious choice. It fit in other ways for our school and book, it kind of worked out perfectly.

All of this creative genius occurred mainly within the hallowed walls of the Journalism lab, J-lab, Shipp's room, etc. We have 14, one year-old 20" Mac OS X computers that are installed with InDesign CS3 and Adobe Photoshop. When we don't understand a program or when the printer has a mental breakdown or if

we need someone to remind us of the no food lab rules, we can trust one man only, Mr. Tom Porter. We'd like to thank him for all the work and help he contributed to keep us operating.

We would like to take this time to write a little about the J-lab couch. Unfortunately, this year it took quite a beating and will be officially retired. It was originally brought in two years ago by J-lab alumni Dwight Lykins. This couch has provided so much for the students of JHS and most importantly, to us as aspiring journalists. It has assisted in conducting interviews, countless catnaps, sick days, friendly chatter, homework helper, flood absorber, secret keepers, trampoline, comfortable footrest, and a landmark of the journalism lab. We will miss you striped, odd couch.

The many colorful and skillfully shot photographs in this book were taken by our cameras, one Nikon D-90 that can be equipped with a large Nikon PowerLens which is mainly used for quick athletic shots. For our oh-so interesting academic photos we have three very nice and kind D-70's. This year we were lucky in not having any major hiccups with our babies that live in the wooden locker or in our car trunks.

We may seem or act like we are all that and a bag of chips but sometimes we struggle with the technical aspect of yearbook. But we have a great support system including Terri Schnell who is 900 some miles away in Utah. She is always patient with our many calls and questions when technology has seemed to triumph over us once again. As for home court advantage we have Marc, our Herff Jones rep, or the coolest guy you will ever meet. His excitement for our work encourages us to be bold and different. Oh, and it doesn't hurt that he brings us

candy every time he visits. We would also like to thank Glen and his flexibility for coming to take the rest of our senior photos for our mug shots.

For our grave and embarrassing grammatical errors, we have our English queen Koth. She looks through all of layouts checking these mistakes and providing a lovely smiling face to our days. We would like to thank you for volunteering your time and being awesome.

The book is the same size as the past couple years because it was a recent change so we believed in sticking with that decision for another year. It's a pretty nice size if we do say so ourselves. For the cover you may be thinking, "Oh, well, this is different." Well it is, shocker. It is simple yet the image stretched across and the emphasis of color really makes it unique and carries our theme from front to back. We choose a cornfield because we are from Iowa and we like corn, duh! Our own photographer/editor, Monika, took this beautiful photo while tramping around cornfields in the wee hours in the morning. Oh how fabulous does it look? Pretty fab.

So here is to the new era, we have our great, dedicated staff that knows how to have a good time and our deceased couch, but we continue to get our work done and out for our peers. The last person we would like to thank is our adviser, Shipp. Shipp, although you think we are crazy little kids, we appreciate your helpful tips and witty comments. You have no idea how much we appreciate your work, so thank you. We wear our hearts on these pages so we hope you can see our work and enjoy remembering this great year.

So for now we say, see you later, ciao, adios, sayonara, cheerio, ttyl, farewell, goodbye.



# STAFF

## Editors



Monika Sehic



Jordin Robinson



Faisal Alabsi



Meredith Batz

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Ellie Minor



Kristine Hauser



Paige Plaskitt



Morgan Riessen



Sydney DiMarco



Lisa Friesth



Helen Lagerblade

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Kofi Manteaw



Emily Welch



Katie Holcomb



Nicole Gibbons



Kara Ganzer



Kaitlyn Ellerman



Bonnie Le Page



Erica White



Amy Bourne



Hunter LaFollette  
JLAB Mascot

Adviser Leslie Shipp



